

### National TRIO WEEK 2019 Montana State University Billings



# **Monday** February 25th

### Learn About TRIO SSS!

TRIO SSS Main Office (LI 141) 8 A.M – 10 A.M.



### TRIO SSS Rocks at MSUB

Student Lounge (Library 121) 11 A.M. – 12:30 P.M. Come paint rocks to spread warmth and cheer throughout MSUB!

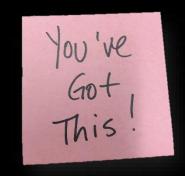




## **Tuesday**February 26th

### Positive Affirmation Board

Write a note of inspiration for another student...
TRIO SSS Main Office (LI 141)
11 A.M. – 2 P.M



### Microwave Chopped with HEROES

Teams of two compete in a microwave cooking competition. Register at Petro or Rimrock Hall



6 P.M. Start Time Glacier Room, SUB

### Wednesday February 27th

#### TRY TRIO!

Visit the TRIO SSS offices and learn how you may benefit as a student! TRIO SSS Main Office (LI 141) 11 A.M. – 1 P.M.





Eat cake and celebrate
National TRIO
Week!

# **Thursday** February 28th

### Create a Vision Board

Learn what a vision board is, why you need one, and how to create one.

TRIO SSS Main Office (LI 141)

11 A.M. – 1 P.M

## Bingo with TRIO Advocates

featuring HEROES
Win cool prizes!
Glacier Room, SUB
6 P.M. – 8 P.M.



### Friday March 1st

#### Stressed?

Make your own STRESS ball!

TRIO SSS

Student Lounge (LI 121)

11 A.M. – 1 P.M.



### Help Feed Students

10AM - 2PM

Bring nonperishable food to TRIO SSS (LI 141) or call us (406-657-1688) and we'll pick up from your residence hall or office! Food will be delivered to the Yellowjacket Emergency Pantry!

TRIO Week brings awareness to the importance of TRIO Programs and the opportunities they provide students. If you have any questions about TRIO Week events please call 406-657-2162 or visit http://www.msubillings.edu/sss/.