# SPRING '25 TRIO NEWSLETTER



#### Happy New Year!

In this new year, we want to offer a gentle reminder to embrace the opportunities around you, such as volunteering. Being involved with your local community not only helps others but also enriches your own life. It's an opportunity to learn, grow, and make meaningful connections with your community. Your contributions, no matter how big or small, can make a significant impact. Whether it's through volunteering, joining clubs, or participating in local events, your involvement helps build a stronger, more supportive community for everyone.

We also encourage you to stay focused on your academic journey. Remember, every step you take, no matter how small, is a step toward your future. Focus on your growth, stay resilient, and know that you are not alone. As always, our TRIO staff is here to guide and assist you in making the most of your education!

-TRIO staff

#### **Upcoming Events**

ACT Prep Session (10th graders and up) Wednesday, February 26th from 4-6pm MSUB - Student Union Building (meet at entrance)

Come take advantage of receiving support without any pressure.

- · Address test anxiety
- Strategies for each test section
- How to develop test stamina
- Exposure to practice tests

  Delaney and Wanda look forward
  to providing TRIO students a path
  for success for the ACT.

MSUB Campus Tour (all grades) Friday, May 2nd 9:30am Cisel Hall parking lot

Join us for a tour of the Montana State University Billings campus! The admissions office will show us a more in-depth look at what the MSUB campus has to offer.

\*\* Please contact our office
to sign up for events! \*\*

### October College Tour Trip

In October, our staff took 24 high school students to Denver to visit a variety of colleges including Casper College, Colorado School of Mines, Metro State, University of Colorado Denver, and Community College of Denver. The trip itinerary also included visiting the Denver Aquarium, Meow Wolf Art Museum, and seeing Hamilton on stage at the Buell Theatre. Students were able to take firsthand look at college life and potential career paths while being exposed to life in a metropolitan area.

















### **Alumni Highlight**

the earth is spinning

Senior Capstone Exhibition Magnolia West January 30-February 6

Artist Reception: Thursday, January 30th 5-7pm Artist Talk at 5:30pm in LI 148 at MSUB



Magnolia West is not only an alum of Upward Bound but has dedicated several summers as Team Leader for the residential program. A glimpse of her continued fierce dedication and senior capstone as a double major at MSU Billings will be showcased in the Northcutt Steele Gallery, first floor of the Liberal Arts Building through February 6, 2026.

She describes her collection, the earth as spinning, as an exhibition "questioning the realities of being a person and examining growth and change as represented through nature."

Please join in celebrating not only an advocate for students and education but as a leader in our educational community.

## CONTACT US

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#### SENIORS, HAVE YOU FILLED OUT YOUR FAFSA YET?

Visit **studentaid.gov** to create an account and fill out the form!

FAFSA is one type of financial aid that helps pay for college expenses. Questions? Contact your TRIO advisor!



