

HHP Human Performance

Which employers have hired Montana State University Billings HHP Human Performance graduates?

Hansen Athletics	Montana Amateur Sports	Intermountain Health
APEX Fitness & Personal Training	Big West Conference	Baseball Performance Academy
Anytime Fitness	Montana Chiropractic & Nutrition	Nevada Physical Therapy

What are the average annual wages and potential lifetime earnings for professionals working in the HHP Human Performance field?

Occupation	Annual Mean Wage in MT*	Potential Lifetime Earnings*
Exercise Physiologist	\$55,000 - \$58,550**	\$54,860 x 39 yrs = \$2,139,540
Recreational Therapist	\$50,750 - \$56,110	\$57,120 x 39 yrs = \$2,227,680
Coach / Scout	\$37,640 - \$51,320	\$45,910 x 39 yrs = \$1,790,490
Activities / Recreation Worker	\$31,920 - \$33,850	\$34,410 x 39 yrs = \$1,341,990
Fitness Trainer / Instructor	\$40,800 - \$45,280	\$46,480 x 39 yrs = \$1,812,720
Physical Therapy Aide	\$30,490 - \$33,550	\$33,520 x 39 yrs = \$1,307,280

^{*} Based on the 2023 state mean and national median wage of occupation per the U.S. Bureau of Labor Statistics. Lifetime earnings are based on the national median wage.

What percentage of HHP Human Performance graduates report having a job after graduating?

Out of the 77% of 2024 HHP Human Performance graduates that we received graduate data on, 100% reported being employed* after graduation.

Not sure if HHP Human Performance is for you?

1. Take an introductory class in the program, such as Foundations of Exercise Science. Keep mental notes or a journal to track what you like and dislike!

Employment opportunities with advanced degrees:

- Athletic Trainer, MS in Athletic Training
- Physical Therapist, Doctor of Physical Therapy
- Occupational Therapist, MS in Occupational Therapy
- Physician Assistant, MS in Physician Assistant Studies
- Registered Nurse, ABSN in Nursing

2. Get a part-time job in the field. Check out CareerLink by scanning the QR Code for the latest job openings!



Updated: Summer 2025

^{**} The Montana Department of Labor and Industry classifies Exercise Physiologists with Athletic Trainers for wage rate and employment statistics.

^{*} Employment includes employment in major, employment not in major, continuing education, and military service.

HEALTH AND HUMAN PERFORMANCE Human Performance Option

Overview of the Human Performance program:

Through coursework, research, laboratory and internship experiences, the Human Performance option prepares students with a thorough understanding of human movement and exercise science.

The Human Performance option is structured to prepare students for national certification examinations in Strength and Conditioning, Exercise Physiology and Health Coaching. A degree in Human Performance also prepares students for graduate education in Athletic Training, Exercise Physiology, Kinesiology, Occupational Therapy, Physical Therapy and Physicians' Assistant.

What makes your program unique?

The new Yellowstone Science and Health Building includes state of the art laboratory facilities and classrooms where students learn practical skills they will utilize in the field. Small class sizes and experienced faculty give students the edge in learning employable skills.

What students like most about the Human Performance program:

Students enjoy working with faculty, participating in internships, and conducting research to accomplish their academic goals and earn their degree.



Program Webpage:

https://www.msubillings.edu/chps/hshp/human-performance/index.htm



