

HHP Health & Wellness

Which employers have hired Montana State University Billings HHP Health & Wellness graduates and alumni?

RiverStone Health	YMCA	MSU Billings
miCare Health Center – EBMS	St. John’s United	State of Montana
Muscular Dystrophy Association	Messengers for Health	BodyLogic Health Management

What are the average annual wages and potential lifetime earnings for professionals working in the HHP Health & Wellness field?

Occupation	Annual Mean Wage in MT*	Potential Lifetime Earnings*
Health Education Specialist	\$39,900 - \$58,320	\$62,860 x 39 yrs = \$2,451,540
Community Health Specialist	\$50,930 - \$55,020	\$48,200 x 39 yrs = \$1,879,800
Activities / Recreation Worker	\$31,920 - \$33,850	\$34,410 x 39 yrs = \$1,341,990
Fitness Trainer / Instructor	\$40,800 - \$45,280	\$46,480 x 39 yrs = \$1,812,720

* Based on the 2023 state mean and national median wage of occupation per the U.S. Bureau of Labor Statistics. Lifetime earnings are based on the national median wage.

** Wage data is not available in the 2023 U.S. Bureau of Labor Statistics dataset for some occupations, such as Health and Wellness Coaches.

What percentage of HHP Health & Wellness graduates report having a job after graduating?

Out of the 33% of 2020 HHP Health & Wellness graduates that we received graduate data on, **100% reported being employed* after graduation.**

* Employment includes employment in major, employment not in major, continuing education, and military service.

Employment opportunities with advanced degrees:

- Athletic Trainer, MS in Athletic Training
- Public Health Program Manager, MS in Public Health or Master of Health Administration
- Registered Dietician, MS in Nutrition or ACEND-accredited dietetic coursework and internship

Not sure if HHP Health & Wellness is for you?

1. Take an introductory class in the program, such as Introduction to Public Health or Foundations of Exercise Science. Keep mental notes or a journal to track what you like and dislike!

2. Get a part-time job in the field. Check out CareerLink by scanning the QR Code for the latest job openings!



HEALTH AND HUMAN PERFORMANCE

Health and Wellness Option

Overview of the Health and Wellness program:

The Health and Wellness option prepares students to understand human behavior and behavior modification strategies, assess needs for health education, as well as plan and evaluate health promotion programs.

Upon graduation students will be prepared to work as health educators, health and wellness coaches and community or worksite health promotion coordinators. Many of our graduates seek employment as community health educators, health promotion and fitness consultants, community health outreach workers and corporate health promotion specialists.

What makes your program unique?

Upon graduation, students will be eligible for a variety of national certifications including: Certified Health Education Specialist, Certified Health Coach, Certified Personal Trainer, and Certified Group Exercise Instructor.

What students like most about the Health and Wellness program:

Students enrolled in Health and Wellness option enjoy the various internship opportunities and being able to apply what they learn in class to the real world.



Program Webpage:

<https://www.msubillings.edu/chps/hshp/health-wellness/index.htm>

