

GREAT NORTHWEST ATHLETIC CONFERENCE

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2007-08 Report 4 (Sept. 10, 2007)

Volleyball

	Conference				All			
	W	L	GW	GL	W	L	GW	GL
Northwest Nazarene	2	0	6	3	8	2	26	15
Western Oregon	2	0	6	2	5	4	20	17
Alaska Fairbanks	1	0	3	0	7	2	22	14
MSU Billings	1	1	4	4	7	3	23	15
Seattle Pacific	1	1	4	5	6	4	19	20
Western Washington	1	1	5	3	5	4	21	15
Central Washington	1	1	3	3	2	9	15	28
Alaska Anchorage	0	1	0	3	4	3	12	16
Seattle	0	2	4	6	3	7	17	21
Saint Martin's	0	2	0	6	0	11	3	33

LAST WEEK: Tuesday – Hawaii Hilo 3 at Saint Martin's 1 (27-30, 30-22, 30-21, 30-23). **Wednesday** – Hawaii Hilo 3 at Central Washington 2 (30-27, 25-30, 30-24, 20-30, 15-11). **Thursday** – Central Washington 0 at Western Oregon 3 (30-21, 30-28, 30-24); Western Washington 3 at Saint Martin's 0 (30-13, 30-15, 30-14); Seattle 2 at Seattle Pacific 3 (27-30, 30-26, 31-29, 21-30, 15-6); MSU Billings 1 at Northwest Nazarene 3 (30-26, 30-21, 22-30, 30-23). **Saturday** – Alaska Anchorage 0 at Alaska Fairbanks 3 (30-26, 30-24, 30-16); Western Washington 2 at Western Oregon 3 (30-19, 28-30, 16-30, 30-27, 15-13); Central Washington 3 at Saint Martin's 0 (30-6, 30-20, 30-16); MSU Billings 3 at Seattle Pacific 1 (30-26, 30-22, 26-30, 30-21); Seattle 2 at Northwest Nazarene 3 (34-32, 19-30, 31-29, 28-30, 15-12).

THIS WEEK: Thursday – Saint Martin's at MSU Billings; Western Oregon at Seattle; Alaska Anchorage at Central Washington; Alaska Fairbanks at Western Washington. **Saturday** – Northwest Nazarene at Seattle Pacific; Western Oregon at MSU Billings; Saint Martin's at Seattle; Alaska Fairbanks at Central Washington; Alaska Anchorage at Western Washington. (All matches begin at 7 p.m.).

POLLS: CSTV/AVCA National Division II (Sept. 3) - 26. Seattle Pacific; 27. Western Washington; 30. Northwest Nazarene. **NCAA Pacific Regional** - The first poll will be released later this fall.

GNAC PLAYERS-OF-THE-WEEK: Kayla Mainer, Western Oregon (OH, 5-10, Jr., Spokane, WA – West Valley & North Idaho) had 36 kills, including 20 in a 3-2 win over Western Washington as the Wolves opened the conference season with two victories. Mainer hit .237 in the two contests and also led the Wolves defensively with 39 digs, 29 against the Vikings.

HONORABLE MENTION: Alicia Cazemier, Montana State Billings (MB, 6-0, Sr., Vauxhall, Alberta) led the Yellowjackets with 38 kills and nine blocks as MSUB earned a road split, including a win at Seattle Pacific, snapping the Falcons' 28-match conference win streak. Cazemier also had a team-best .291 attack percentage. . Cammy Dranginis, Northwest Nazarene (MB, 6-0, So., Nampa, ID - Skyview) had 33 kills and 11 digs as the Crusaders earned a home sweep defeating the Yellowjackets 3-1 and Seattle 3-2. Dranginis hit .305 in the two wins, 99 points better than the team average of .206. . Koryn Bolster, Alaska Fairbanks (MH, 6-1, Jr.,

Guerneville, CA – El Molino) had nine kills in 15 swings and also had four blocks, including two solos in the Nanooks' 3-0 sweep of Alaska Anchorage.

AROUND THE GNAC: Devon Crotteau had 22 digs as Montana State Billings held Seattle Pacific to a .059 hitting percentage in Saturday's 3-1 win. It was the Falcons first sub .100 percentage since it hit .063 against BYU-Hawaii on Aug. 24, 2006 and its lowest percentage since hitting .022 against Ferris State on Aug. 27, 2005. . Western Oregon earned its two victories despite being outblocked 23-6. In addition to Mainer, the Wolves got 33 kills from Haley Kostuba, 27 from Stacey Bennett and 22 from Sharon Peterson. . Rachel Biornstad had 23 kills and 17 blocks, including a career-high 10 in a 3-2 win over Seattle University as Seattle Pacific split its opening two conference matches. Torri Mount averaged 7.22 digs (65 total) in the two matches, including a GNAC season-best 45 in Thursday's win over SU. . Seattle's Libby Graff had 35 kills and Emily Powell had 30 kills and 17 blocks, including a school-record 10 in Saturday's 3-2 road loss at Nampa. . WWU's Courtney Schneider had 40 digs against Western Oregon, increasing her GNAC-record string of consecutive matches with 10 or more to 59. She now ranks 15th in NCAA Division II history with 2,085 career digs. She has had 40 or more digs six times, including twice this season, a feat that has been accomplished just 12 times in GNAC history. . Erica Gage hit for a .692 percentage (10-1-13) in Alaska Fairbanks' win over UAA. . Central Washington's Rachael Schurman had 49 kills, including a GNAC season-best 25 against Hawaii Hilo, and 18 blocks as the Wildcats won one of three matches. Erin Norris chipped in with 36 kills and 14 blocks. On the week Crotteau had 33 kills and 38 digs. . Shealun Campisi had 22 kills and 30 digs for Saint Martin's in three matches. The Saints have now lost 23 straight. . Rhea Cardwell led Alaska Anchorage with nine kills and three blocks in its loss to UAF.

AROUND THE REGION: With two losses with Hawaii Hilo last week, GNAC teams are now 38-40 in non-conference matches. The only two remaining non-conference contests remaining are in Billings as the Yellowjackets play at Rocky Mountain Oct. 2 and host the Bears Nov. 1. . GNAC teams finished 22-25 against Pacific Region opponents, including 17-18 against CCAA teams and 5-7 against the PacWest.

ALL-TOURNAMENT: Sonoma State (Aug. 24-25) – Cammy Dranginis, NNU (MVP); Allison James, NNU; Kayla Mainer, WOU. **Hawaiian Style Classic (Aug. 23-25)** – Megan Thigpen, UAF; Jessica Hill, UAF. **Ferris State (Aug. 24-25)** – Rachel Kidwell, UAA. **CSU San Bernardino (Aug. 23-25)** – Alyssa Given, SPU. **Western Washington (Aug. 31-Sept. 1)** – Jaime Anderson, WWU; Courtney Schneider, WWU; Emily Castro, WWU; Emily Powell, SU; Kayla Mainer, WOU. **Colorado Mines (Aug. 31-Sept. 1)** – Alicia Cazemier, MSUB. **Alaska Fairbanks (Aug. 31-Sept. 1)** – Jessica Hill, UAF; Jessica King, UAF.

Women's Soccer

	Conference						All					
	W	L	T	GF	GA	Pts	W	L	T	GF	GA	
Seattle	1	0	0	1	0	3	5	1	0	19	2	
Seattle Pacific	0	0	0	0	0	0	6	0	0	20	2	
Northwest Nazarene	0	0	0	0	0	0	3	1	1	10	6	
MSU Billings	0	0	0	0	0	0	3	2	0	12	5	
Central Washington	0	0	0	0	0	0	3	2	2	13	9	
Saint Martin's	0	0	0	0	0	0	1	4	0	5	20	
Western Oregon	0	0	0	0	0	0	0	3	2	1	6	
Western Washington	0	1	0	0	1	0	4	1	0	9	1	

LAST WEEK: Monday – Cal State Stanislaus 0 at Western Washington 3; San Francisco State 0 at Central Washington 1; Regis 1 at MSU Billings 3. **Tuesday** – Seattle Pacific 1 at Chico State 0; Northwest 1 at Central Washington 1 (2ot). **Wednesday** – Linfield 0 at Western Oregon 0 (2ot); MSU Billings 1 at Mary 2; Northwest Nazarene 1 at Westminster 1 (2ot). **Friday** – Notre Dame de Namur 1 at Central Washington 0. **Saturday** – Saint Martin's 0 at Whitworth 7; Notre Dame de Namur 0 at Seattle Pacific 3; Whitman 2 at Northwest Nazarene 3, Seattle 1 at Western Washington 0. **Sunday** – Pacific 1 at Western Oregon 1 (2 ot).

THIS WEEK: Thursday – Western Oregon at MSU Billings, 4 p.m. **Friday** – Saint Martin's at Seattle, 4 p.m. **Saturday** – Central Washington at Northwest Nazarene, noon; Western Washington at Seattle Pacific, 3 p.m. **Sunday** – Saint Martin's at MSU Billings, 11 a.m.; Western Oregon at Seattle, 1 p.m.

POLLS: NSCAA National (Sept. 4) - 10. Seattle Pacific, 25. Western Washington. **NSCAA Far West Regional (Sept. 4)** - 2. Seattle Pacific, 4. Western Washington; 5. Seattle; 10. Montana State Billings.

GNAC PLAYER-OF-THE-WEEK: Shannon Oakes, Seattle Pacific (M, 5-5, Jr., Boise, ID) earned assists on the Falcons' game-winning goals in wins over Chico State (1-0) and Notre Dame de Namur (3-0) as SPU improved to 6-0. Janae Godoy converted Oakes' shot off the crossbar against Chico into the game's only goal, while Oakes set up Sarah Martinez for the game-winning goal against the Argos.

HONORABLE MENTION: Katy McNutt, Northwest Nazarene (F, 5-3, Sr., Vancouver, WA - Evergreen) earned her fourth career hat trick in the Crusaders' 3-2 win over Whitman. McNutt is NNU's career scoring leader and ranks fifth in GNAC history with 33 career goals.

AROUND THE GNAC: McNutt's hat trick was the 27th in GNAC history, including four this season. No one else has had more than two, including Seattle's Leah Wymer and SPU's Sarah Martinez, who each earned their second earlier this season. . Jesslyn Rahm had three saves and didn't allow a goal in 165 minutes in Seattle Pacific's two victories. Rahm leads the GNAC with a 0.19 GAA average, allowing just one goal while making eight saves in six contests. . Jen Hamann scored the lone goal in Seattle's 1-0 win over Western Washington, snapping a string of 364 scoreless minutes to start the season for the Viking defense. . Central Washington allowed just two goals in three games - a win over San Francisco State (1-0), a tie with Northwest (1-1) and a loss to Notre Dame de Namur (1-0). CWU outshot its three opponents 64-29. Lynde Clarke figured in both of CWU's scores, getting an assist on Kaycie Hutchins' game-winning goal against SFSU and

scoring the goal against Northwest. . Brittney Sandau had a goal and an assist as Montana State Billings split two contests. . Emily Frankland scored two of Western Washington's three goals in a 3-0 win over Cal State Stanislaus. Western Oregon played to two draws, a scoreless deadlock with Linfield and a 1-1 tie with Pacific. Stephani Catt scored the Wolf goal, its first of the season.

ALL-TOURNAMENT: Sonoma State (Aug. 23-25) – Jasmine Wilson, SU; Madison Collins, SU; Ashley Porter, SU; Leah Wymer, SU; Kaitlyn Jackson, SU; Kate Edstrom, SU. **Humboldt State (Aug. 30-Sept. 1)** – Trisha Halvorson, SMU (MVP); Julianna Sackeyfio, SMU.

Men's Soccer

	Conference						All					
	W	L	T	GF	GA	Pts	W	L	T	GF	GA	
Seattle Pacific	1	0	0	1	0	3	4	0	1	7	3	
MSU Billings	0	0	0	0	0	0	4	0	0	13	0	
Seattle	0	0	0	0	0	0	5	1	0	9	4	
Western Washington	0	0	0	0	0	0	3	2	0	10	6	
Saint Martin's	0	1	0	0	1	0	2	5	0	3	20	

LAST WEEK: Monday – Sonoma State 1 at Seattle Pacific 2 (2ot); San Francisco State 1 at Western Washington 2. **Tuesday** – Seattle 1 at Cal State L.A. 0; Whitman 4 at Saint Martin's 0. **Friday** – Pacific 0 at Western Washington 2; Seattle Pacific 1 at Saint Martin's 0. **Saturday** – Mary 0 at MSU Billings 5. **Sunday** – Notre Dame de Namur 0 at Seattle 1.

THIS WEEK: Monday – Western Washington at MSU Billings, 2:30 p.m. **Tuesday** – Seattle Pacific at Cal State L.A., 7 p.m.; Notre Dame de Namur at Saint Martin's, 1:30 p.m. **Friday** – Seattle at MSU Billings, 2:30 p.m.; Seattle Pacific at Grand Canyon, 7:30 p.m. **Sunday** – Saint Martin's at MSU Billings, 1:30 p.m. **Monday (Sept. 17)** – Seattle at Western Washington, 7 p.m.

POLLS: NSCAA National (Sept. 4) – 11. Seattle Pacific. **NSCAA Regional (Sept. 4)** – 2. Seattle Pacific; 4. Seattle; 8. Western Washington. **NCAA Regional** - The first poll will be released later this fall.

GNAC PLAYER-OF-THE-WEEK: Kellen Rosten, Seattle Pacific (GK, 6-0, Sr., Colorado Springs, CO - Doherty) and Cameron Mertens, Seattle (M, 5-8, Jr., Kennewick, WA - Southridge). . Rosten had a career-high 10 saves in a 2-1 overtime win over Sonoma State, including a game-saving diving stop in the final seconds of the first overtime on a volley from close range. He then recorded his 19th career shutout, fourth on SPU's all-time list and second in GNAC history, in a 1-0 shutout of Saint Martin's. He made one save in that contest as the Falcons improved to 4-0-1. . Mertens scored the only goals in Seattle's 1-0 wins over nationally sixth-ranked Cal State L.A. and Notre Dame de Namur.

HONORABLE MENTION: Sam Charles, Montana State Billings (F, So., Chiswell, England) had three goals and an assist as the Yellowjackets extending their win streak to five with a 5-0 shutout of Mary. MSUB outshot its opponent 25-1 in the contest.

AROUND THE GNAC: Jeff Hallenbeck scored the game-winning goal in Seattle Pacific's 1-0 win over Saint Martin's and earned assists on both goals against Sonoma State. . Emerson DeOliveira and Jordan Jennings each recorded shutouts in Seattle's two wins. DeOliveira had two saves against Notre Dame de Namur, while Jennings made four stops

against CSLA. . Brendan Quilici had a goal and an assist in Western Washington's 2-0 shutout of Pacific. . MSU-Billings has posted five consecutive shutouts (including one in their final game last fall) and has outscored its opponents 13-0 in this year's four contests. Scott Dixon was credited with two assists in their win over Mary.

ALL-TOURNAMENT: Sonoma State (Aug. 24-26) – Jason Cascio, SU (Offensive MVP); John Fishbaugher, SU; Andrew Kreiter, SU; Emerson DeOliveira, SU. **Humboldt State (Aug. 30-Sept. 1)** – Tucker Maxwell, SMU; Vlad Voin, SMU; Daniel Palermo, SPU.

Cross Country

UPCOMING: Friday – West Coast Conference Preview at Pier Park, Portland (SU, WOU). **Saturday** – Montana State Invitational (MSUB); UW Sundodger at Lincoln Park (WWU, SMU, NNU, SPU, SU, UAA, CWU).

Northwest Invitational (Sept. 7 at Kirkland). Men - Central Washington 28, Everett CC 59, Whatcom CC 77, Saint Martin's 92, Northwest 102, Evergreen State inc. **Individuals (Four Miles)** - 1. John Riak, SMU, 19:37; 2. Sam Scotchmer, CWU, 19:57; 3. Nick Holt, CWU, 20:36; 5. Scott Palmer, CWU, 20:56 **Women** - Central Washington 35, Saint Martin's 36, Everett CC 83, Northwest 91, Evergreen State 104. **Individuals (Three Miles)** - 1. Marcie Mullen, CWU, 17:12; 2. Katie Hummel, CWU, 17:18; 3. Annie Lawreyson, SMU, 18:12.

South Dakota Tech Invitational (Sept. 8): Men – Black Hills State 15, South Dakota Mines 58, MSU Billings 66. **Individuals (8,000)** – 1. Allen Wood, Black Hills, 26:18.50; 7. Jarred Rensvold, MSUB, 28:33.47. **Women** – Black Hills State 17, MSU Billings 50, South Dakota Mines 74, Rocky Mountain 103. **Individuals (5,000)** – 1. Kerry Washburn, Black Hills, 19:23.50; 8. Diana Stanley, MSUB, 21:59.60; 9. Mykel Ler, MSUB, 22:11.02; 10. Katie Thiel, MSUB, 22:18.07.

Emerald City Invitational (Sept. 8 at Seattle, Lower Woodland): Men – Seattle 27, Seattle Pacific 51, Western Washington 55. **Individuals (8,000; Collegians only)** – 1. Blake Medhaug, WWU, 27:18.59; 2. Chad Meis, SPU, 27:30.97; 3. Nathan Heitzinger, SU, 27:34.83; 5. Nicholas Alvarado, SU, 28:14.43. **Women** – Seattle Pacific 22, Seattle 53, Western Washington 60. **Individuals (6,000)** – 1. Jessica Pixler, SPU, 22:28.14; 2. Sarah Porter, WWU, 23:45.35; 3. Suzie Strickler, SPU, 23:50.22; 4. Katie Hansen, SU, 23:54.99; 5. Karin Rohde, SPU, 24:07.90.

NNU Invitational (Sept. 8 at Nampa): Men – Boise State 29, Eastern Oregon 46, Albertson 58, Northwest Nazarene 95, Treasure Valley 146. **Individuals (6,000)** – 1. Cody Eaton, BSU, 18:41.3; 6. Kevin Lambert, NNU, 19:05.5. **Women** – Boise State 24, Albertson 59, Northwest Nazarene 69, Eastern Oregon 90. **Individuals (4,000)** – 1. Breanna Sande, BSU, 14:13.6; 2. Ashley Puga, NNU, 14:18.7.

GNAC ATHLETES-OF-THE-WEEK: Men – Blake Medhaug, Western Washington (Fr., Bothell, WA) finished first among the collegians in the Emerald City Invitational in a time of 27:18.59. He finished 12 seconds ahead of runner-up Chad Meis, who was clocked in a time of 27:30.97. **Women** – Jessica Pixler, Seattle Pacific (So., Sammamish – Eastlake) won the Emerald City Invitational by 77 seconds in a time of 22:28.14, to lead the Falcons to the team title. It was her fifth career win in six outings.

AROUND THE GNAC: In addition to Medhaug and Pixler, Saint Martin's John Riak and Marcie Mullen of Central Washington also finished first in the Northwest Invitational. Riak was clocked in a four-mile time of 19:37. It was his eighth collegiate win during his three-year career. Mullen, coming off a redshirt year after placing 24th in the conference meet two years ago, finished six seconds ahead of teammate Katie Hummel, who was the third place finisher in last year's GNAC championship meet. Mullen was clocked in a time of 17:12 on the three-mile layout.

POLLS: USTFCCA National (Pre-Season): Men – 22. Western Washington; 25. Alaska Anchorage. **Women** – 5. Seattle Pacific. **West Regional (Pre-Season): Men** – 1. Chico State, 2. Western Washington, 3. Alaska Anchorage, 7. Western Oregon, 10. Seattle Pacific. **Women (Pre-Season)** – 1. Seattle Pacific, 5. Central Washington; 6. Alaska Anchorage, 7. Western Oregon.