# GREAT NORTHWEST ATHLETIC CONFERENCE

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2007-08 Report 35 (Apr. 14, 2008)

#### **Baseball**

	W	L	PCT	GB	W	L	PCT
Western Oregon	15	5	.750		27	13	.675
Central Washington	13	6	.684	1.5	19	14	.576
Saint Martin's	9	10	.474	5.5	13	18	.419
Northwest Nazarene	8	12	.400	7	24	16	.600
MSU Billings	2	14	.125	11	11	25	.306

LAST WEEK: Wednesday – Mary 5-8 at MSU Billings 6-6. Friday – Saint Martin's 7-7 at Northwest Nazarene 10-8. Saturday – Central Washington 5-2 at Western Oregon 6-3; MSU Billings 8 at Northern Colorado 19; Saint Martin's 5-14 at Northwest Nazarene 16-10. Sunday – Central Washington 8-5 at Western Oregon 4-6; MSU Billings 1-3 at Northern Colorado 7-4.

**THIS WEEK: Friday** –Northwest Nazarene at Western Oregon (2), 1 p.m. **Saturday** – Dixie State at Central Washington (2), 1 p.m.; Saint Martin's at MSU Billings (2), 1 p.m.; Northwest Nazarene at Western Oregon (2), noon. **Sunday** – Dixie State at Central Washington (2), noon; Saint Martin's at MSU Billings (2), 1 p.m.

**NEXT WEEK (April 21-27): Friday** – Northwest Nazarene at MSU Billings (2), 1 p.m.; CSU Monterey Bay at Western Oregon, 1 p.m. **Saturday** – Saint Martin's at Central Washington (2), 1 p.m.; Northwest Nazarene at MSU Billings (2), 1 p.m.; CSU Monterey Bay at Western Oregon (2), noon. **Sunday** – Central Washington at Saint Martin's (2), 1 p.m.; CSU Monterey Bay at Western Oregon, 11 a.m.

WHAT'S LEFT: April 28-May 4: Tuesday — College of Idaho at Central Washington (2), noon; Northwest Nazarene at Utah Valley State (2), noon. Saturday — Central Washington at MSU Billings (2), 1 p.m.; Western Oregon at Saint Martin's (2), 1 p.m.; Western Oregon at Saint Martin's (2), noon. May 5-11: Friday — Central Washington at Northwest Nazarene (2), 4 p.m.; MSU Billings at Western Oregon (2), 1 p.m. Saturday — Central Washington at Northwest Nazarene (2), noon; MSU Billings at Western Oregon (2), noon. (End-of-regular-season).

POLLS: Collegiate Baseball (Apr. 6) – 30. Western Oregon. NCBWA West Region (Apr. 7) – 1. Sonoma State (32-4); 2. UC San Diego (31-8); 3. Metro State (30-6); 4. Chico State (27-9); 5. Mesa State (27-12); 6. Cal State Stanislaus (25-13); 7. Central Washington (18-11) and Western Oregon (24-12); 9. Hawaii Pacific (26-14-1); 10. Regis (18-13). GNAC Coaches Pre-Season: 1. Western Oregon (4) 28; 2. Central Washington (1) 20; 3. MSU Billings 13; 4. Northwest Nazarene 10; 5. Saint Martin's 9. (Note: First-place votes in parenthesis. Points awarded on 6-4-3-2-1).

HITTING STREAKS (10 or more): 20 - Dylan Bruck, WOU. 16 - Jamie Nilsen, CWU. 13 - Eric Renander, WOU. 11 - Cesar Lopez, WOU; Hank Anderson, CWU. 10 - Ryne Phillips, NNU; \*Jonathan Schlender, MSUB. \*Current

NATIONAL STATISTICS (Through Apr. 7): Individuals (Top 50): Batting None. Home Runs Per Game - 11. Holly Morris, SMU, 0.31; 22. Mallory Holtman, CWU, 0.28; 45. Jessica Frank, MSUB, 0.23. RBIs Per Game - None. Doubles Per Game - None. Triples Per Game - 11. Mallory Holtman, CWU, 0.16. ERA - 46. Katie Fleer, WOU, 1.59. Stolen Bases Per Game - 25. Katie Antich, SU, 0.62. Strikeouts (Per 7 Innings) - 32. Katie Fleer, WOU, 8.1. Wins - 25. Erin Martin, SU, 15. Saves - 32. Jessica Rosencrants, WWU, 2. Walks Per Game - Megan MacIsaac, SU, 0.62. Slugging PCT. - 9. Mallory Holtman, CWU, 867; 23. Holly Morris, SMU, 780. Runs Per Game - None. Sacrifice Hits Per Game - 24. Kelsey Anderson, WWU, 0.34. HBP Per Game - 23. Tarn Porter, CWU, 0.22; 44. Cortnee Crane, NNU, 0.17. Most ABs Per Strikeout - 11. Logan

Mohr, CWU, 50.5; 19. Stephanie Gosselin, MSUB, 38.0. On Base PCT. - None. Walks (Per 7 Innings) - 5. Erin Martin, SU, 0.63; 11. Jessica Rosencrants, WWU, 0.85. Hits Allowed (Per 7 Innings) - 27. Katie Fleer, WOU, 4.68. Sacrifice Flies - 5. Holly Rossman, CWU, 4.0. **Team (Top 50)**: Batting - None. ERA - 43. Western Oregon 2.08; 49. Seattle 2.14. Fielding - 8. Seattle .973; 32. Montana State Billings .967. Scoring - 37. Seattle 5.81. Home Runs - 21. Montana State Billings 0.84; 45. Central Washington 0.72. Doubles - 24. Seattle 1.65. Triples - None. Stolen Bases - None. Slugging - None. Double Plays - 3. Saint Martin's 0.57; 8. Northwest Nazarene 0.50; 24. Western Washington 0.41.

PLAYERS-OF-THE-WEEK: Player – Dylan Bruck, Western Oregon (OF, 6-0, Sr., Wilsonville, WA - Chemeketa) batted .462 (6 of 13) and had team-highs of five runs scored and four RBI as the Wolves won three of four games with Central Washington to move 1 1/2 games ahead of the Wildcats in the GNAC pennant race. Bruck figured prominently in two of WOU's three victories. In Saturday's 6-5 win, he led off the first inning with a single, then stole second and third before scoring on a ground out. An inning later, he staked WOU to a 5-0 lead with a grand slam home run. In Sunday's 6-5 win, his bunt single in the fifth led to two runs on a throwing error and then he scored on a single by Travis Fox as WOU overcame a 4-1 deficit. Pitcher – Alex VanOeveren, Northwest Nazarene (6-2, Sr., Fall City, WA - Mt. Si) had the best pitching performance in a series that produced 77 runs in four games. He allowed just six hits and one run and fanned eight in seven innings in Friday's 10-7 Crusader victory to improve to 5-2 on the season.

**HONORABLE MENTION:** A.J. Gosney, Central Washington (OF, 5-9, Jr., Spokane, WA – Central Valley & CCS), who came into the series with Western Oregon hitting just .250, had nine hits, including a double and triple, in 13 at bats. He scored two runs and drove in three.

AROUND THE GNAC: Western Oregon won three of four games with Central Washington despite being outhit .307 to .236 and being outscored 20-19. The Wolves won three games by a run to improve to 6-3 in one-run games. Reliever Ben Shivers pitched in three of the four games, earning a win and a save. . . CWU shortstop Jamie Nilsen had seven hits in 14 at bats and scored a series high six runs. Jake Millbauer retired all 10 hitters he faced to earn a save in CWU's 8-4 victory on Sunday. . CWU and WOU ended up dividing their eight-game season series with each team winning three of four on their home field. . .Ryne Phillips had seven hits in 13 at bats and Zach Aakhus went eight for 15 and scored seven runs as Northwest Nazarene won three of four games with Saint Martin's. NNU shortstop Severo Rodriguez had three home runs and eight RBI and Aakhus, who leads the GNAC in home runs (11) and RBI (42) had a pair of four-baggers. . . Tom Barlow had seven hits in 15 at bats to pace Saint Martin's. Brandon Kuykendall was six of 18, hit two home runs and drove in seven runs. . .Jonathan Schlender had eight hits – all singles – in 20 at bats in extending his hitting streak to 10 games as Montana State Billings won one of five non-conference contests. Matt Kakalecik had six hits in 17 at bats, including four doubles.

## Softball

	W	L	PCT	GB	W	L	PCT
Seattle	8	4	.667		26	10	.722
MSU Billings	9	5	.643		20	17	.541
Central Washington	9	5	.643		14	20	.412
Western Oregon	7	5	.583	1	19	14	.575
Western Washington	7	5	.583	1	18	15	.545
Saint Martin's	4	8	.333	4	16	23	.410
Northwest Nazarene	2	14	.125	8	8	32	.200

LAST WEEK: Tuesday — Eastern Oregon 2-4 at Northwest Nazarene 5-5. Thursday — Montana State Billings 11-4 at Central Washington 1-3. Friday — Seattle 8-9 at Saint Martin's 0-3; Western Oregon 2-1 at Western Washington 1-2; MSU Billings 6-9 at Northwest Nazarene 5-9. Saturday — MSU Billings 10-12 at Northwest Nazarene 2-3; Western Oregon 2-4 at Seattle 1-3. Sunday — Saint Martin's 0-6 at Western Washington 1-3; Western Oregon 1 at Seattle 0 (nonconference).

**THIS WEEK: Monday** - Great Falls at Northwest Nazarene (2), 3 p.m. **Tuesday** - Saint Martin's at Western Oregon (2), 2 p.m. **Thursday** - Northwest Nazarene at Seattle (2), 2:30 p.m. **Friday** - MSU Billings at Western Oregon (2), 2:30 p.m.; Northwest Nazarene at Western Washington (2), 2 p.m. **Saturday** - Central Washington at Seattle (2), noon; Northwest Nazarene at Western Washington (2), 11 a.m. (non-conference); Saint Martin's at Simon Fraser (2), noon. **Sunday** - Central Washington at Western Washington (2), 11 a.m.; MSU Billings at Saint Martin's (2), noon.

NEXT WEEK (Apr. 21-27): Thursday – Saint Martin's at Central Washington (2), 1 p.m.; Seattle at MSU Billings (2), 3 p.m.; Western Oregon at Northwest Nazarene (2), 3 p.m. Friday – Seattle at MSU Billings, 1 p.m. (non-conference); Saint Martin's at Northwest Nazarene, 3 p.m. (non-conference). Saturday – Western Oregon at Central Washington (2), noon; Western Washington at MSU Billings (2), noon; Saint Martin's at Northwest Nazarene (2), noon. Sunday – Western Oregon at Central Washington (2), 11 a.m. (non-conference); Western Washington at MSU Billings (2), 10 a.m. (non-conference).

WHAT'S LEFT: Apr. 28-May 4: Tuesday – Seattle at Western Washington (2), 2 p.m. Thursday – Western Washington at Saint Martin's (2), 1 p.m.; Seattle at Western Oregon (2), 2:30 p.m. Friday – Seattle at Western Oregon, 2 p.m. (non-conference). Saturday – Central Washington at MSU Billings (2), 2 p.m.; Saint Martin's at Seattle (2), noon; Western Washington at Western Oregon (2), noon. (End-of-regular-season).

POLLS: NFCA (Apr. 9) – No GNAC team is ranked. NCAA Division II West Region (Apr. 9) – 1. Humboldt State (36-14); 2. UC San Diego (27-11); 3. Seattle (24-7); 4. Cal State Stanislaus (23-17); 5. Cal State Monterey Bay (24-20); 6. Cal State Dominguez Hills (19-16); 7. San Francisco State (22-16); 8. Hawaii Pacific (25-5); 9. Cal State San Bernardino (21-21-1); 10. Western Oregon (15-13).GNAC Coaches Pre-Season: 1. Seattle (4) 49; 2. Western Washington (3) 39; 3. Western Oregon 34; 4. Central Washington 30; 5. Montana State Billings 27; 6. Saint Martin's 14; 7. Northwest Nazarene 10. (Note: First-place votes in parenthesis. Points awarded on 11-9-8-7-6-5-4-3-2-1 basis.).

HITTING STREAKS (10 or more): 16 -Megan MacIsaac, SU. 11 - Jamie Foote, SU. 10 - Kasey Druffel, CWU; Lauren Berin, SU; Michelle Wrigley, WWU. Current: 7 - Crystal Bentley, MSUB; Stephanie Gosselin, MSUB.

ALL-TOURNAMENT: CSUS Mizuno Best of the West (Feb. 1-2) – Kelsey Reynolds, Seattle (P, MVP); Megan MacIsaac, Seattle (SS); Sandra Hernandez, Seattle (2B-OF). CSUS Tournament of Champions (Mar. 28-30) – Lauren Berin, Seattle (1B-DP); Holly Rossman, Central Washington (C).

NATIONAL STATISTICS (Through Apr. 7): Individuals (Top 50): Batting - None. Home Runs Per Game - 11. Holly Morris, SMU, 0.31; 22. Mallory Holtman, CWU, 0.28; 45. Jessica Frank, MSUB, 0.23. RBIs Per Game - None. Doubles Per Game - None. Triples Per Game - 11. Mallory Holtman, CWU, 0.16. ERA - 46. Katie Fleer, WOU, 1.59. Stolen Bases Per Game - 25. Katie Antich, SU, 0.62. Strikeouts (Per 7 Innings) - 32. Katie Fleer, WOU, 8.1. Wins -

25. Erin Martin, SU, 15. Saves - 32. Jessica Rosencrants, WWU, 2. Walks Per Game - Megan MacIsaac, SU, 0.62. Slugging PCT. - 9. Mallory Holtman, CWU, .867; 23. Holly Morris, SMU, .780. Runs Per Game - None. Sacrifice Hits Per Game - 24. Kelsey Anderson, WWU, 0.34. HBP Per Game - 23. Tarn Porter, CWU, 0.22; 44. Cortnee Crane, NNU, 0.17. Most ABs Per Strikeout - 11. Logan Mohr, CWU, 50.5; 19. Stephanie Gosselin, MSUB, 38.0. On Base PCT. - None. Walks (Per 7 Innings) - 5. Erin Martin, SU, 0.63; 11. Jessica Rosencrants, WWU, 0.85. Hits Allowed (Per 7 Innings) - 27. Katie Fleer, WOU, 4.68. Sacrifice Flies - 5. Holly Rossman, CWU, 4.0. **Team (Top 50):** Batting - None. ERA - 43. Western Oregon 2.08; 49. Seattle 2.14. Fielding - 8. Seattle .973; 32. Montana State Billings .967. Scoring - 37. Seattle 5.81. Home Runs - 21. Montana State Billings .084; 45. Central Washington 0.72. Doubles - 24. Seattle 1.65. Triples - None. Stolen Bases - None. Slugging - None. Double Plays - 3. Saint Martin's 0.57; 8. Northwest Nazarene 0.50; 24. Western Washington 0.41.

**PLAYERS-OF-THE-WEEK:** Player – Jessica Frank, Montana State Billings (SS, 5-4, Sr., Great Falls, MT) had a huge week, leading the Yellowjackets to five conference wins in six road games. Frank had 13 hits, including a "double cycle", in 24 at bats Among her hit with seven singles, two doubles, two triples and two home runs. She also drove in nine runs and stole three bases. **Pitcher** – Katie Fleer, Western Oregon (6-2, Sr., Salem, OR – Chemeketa) and Lisa Moore, Montana State Billings (5-6, Jr., Bakersfield, CA – Liberty). Fleer posted a 3-0 record in four appearances, allowing just one run and recording a 0.40 ERA in 17 2/3 innings. She walked five and fanned 12. Moore won all four of her decisions, allowing 17 hits and fanning 21 in 21 2/3 innings. She doubled her season win total improving to 8-5.

**HONORABLE MENTION:** Jane Purdy, Seattle University (2B, 5-5, Sr., Missoula, MT – Sentinel) had 11 hits in 18 at bats, including two doubles and her first home run of the season. She also drove in five runs. . . Tyler Sutherland, Western Oregon (SS, 5-3, So., Gold Hill, OR – Crater) figured in half of WOU's runs as the Wolves won four of five road games. Sutherland had nine hits in 20 at bats, including two home runs, scored four runs and drove in three. Her two-run homer was the difference in a 2-1 win Friday at Bellingham and she scored the game's only run in a 1-0 non-conference win Sunday at Seattle University.

AROUND THE GNAC: Leslie Davis and Kelly Parsons also had "Player-of-the-Week" numbers for MSU Billings. Davis had 10 hits, including four doubles, a triple and a home run, and drove in 10 runs. Parsons was eight for 17, including two doubles and three homers and also drove in 10. MSUB finished the week with a .426 team batting average, scoring 52 runs in its six contests. . . Western Oregon carved out a 0.78 team earned run average in winning four of five road games, including a three-game sweep at Seattle University. Sutherland and Jessica Hallmark, who batted .538 (7 of 13), combined for almost half of WOU's hits (16 of 34) on the road trip. . .Katie Antich batted .455 (10 of 22) combining with Purdy to produce half of Seattle University's hits (21 of 42) in five games. Erin Martin split four decisions, though she allowed just 16 hits and three runs (two earned) in 25 innings. . .Western Washington earned a split of four games despite playing without its No.1 pitcher Jessica Rosencrants because of tendonitis. She is expected to return Friday when the Vikings entertain Northwest Nazarene. WWU was outscored in the four contests 9-7. Sarah McEnroe split two decisions allowing just 11 hits and three runs in 16 2/3 innings. . .Katie Free had seven hits in 17 at bats and a team-best five RBI as Northwest Nazarene split six games, winning one of four with Montana State Billings. Haley Hevern also drove in five runs. .

.Holly Morris had five hits in 11 at bats, including a pair of doubles as Saint Martin's won one of four decisions. . Central Washington was outhit 24-11 and outscored 15-4 in losing twice to MSU Billings. Still, the Wildcats found themselves in a virtual three-way tie for first place when the week ended.

## Track & Field

THIS WEEK: Wednesday – Mt. Sac Multis (SPU). Thursday – Mt. Sac Relays & Multis (SPU, WWU,SMU). Friday – Mt. Sac Relays (SPU, WWU, UAA, SMU); Azusa Pacific Invitational (SMU). Saturday – CWU Spike Arlt Invitational (CWU, NNU, SPU, SU, WWU); Mt. Sac Relays (UAA, SPU, SMU); Long Beach Invitational (UAA). Sunday – Mt. Sac Relays (UAA, SPU, SMU).

WHAT'S LEFT: Apr. 21-27: Monday-Tuesday – GNAC Multis at Ellensburg. Friday – WWU Twilight (SPU, SU, SMU, WWU); NNU Twilight (NNU); Oregon Relays (WOU). Saturday – Cougar Invitational (CWU); Oregon Relays (SU, SPU, CWU, WOU); Montana Invitational (MSUB); NNU Twilight (NNU). Apr. 28-May 4: Friday-Saturday - GNAC Championships at Ellensburg. May 5-11: Friday – WOU John Knight Twilight (WOU); Ken Foreman Invitational (SPU, SU, SMU, WWU, CWU, UAA). Saturday - Ken Foreman Invitational (SPU, SM, SMU, WWU, CWU, UAA). May 22-24: Thursday-Saturday - NCAA Nationals at Walnut, Calif. (Cal Poly Pomona).

ATHLETES-OF-THE-WEEK: Male – Greg Hamm, Northwest Nazarene (Sr., Hermiston, OR) posted the longest triple jump in the GNAC in four years in the Eastern Oregon Invitational at La Grande. Hamm added 13 inches to his previous career best, set two years ago, in winning the event with a provisional national qualifying leap of 47-5 3/4. It was also the third longest triple jump in GNAC history and the longest since 2004. Female – Suzie Strickler, Seattle Pacific (Jr., Richland, WA) cut 18 seconds off her previous provisional national qualifying time in establishing an automatic mark in the women's steeplechase at the 27th annual Ralph Vernacchia Invitational Track and Field Team meet. Strickler was clocked in the steeplechase in a meet-record time of 10:50.24, the second fastest in GNAC history.

## VIKINGS WIN 11<sup>TH</sup> STRAIGHT VERNACCHIA TITLE:

Western Washington claimed its 11th consecutive men's team championship and won its third straight women's team title in the 27th annual Vernacchia Invitational team event. Ten GNAC athletes either established or improved on previous national standards at Bellingham. . . In addition to Strickler, SPU's Karin Rohde finished second in the steeplechase in a time of 11:17.47. cutting .65 seconds over her previous PNO. In the women's 800, Jane Larson of SPU finished third in a PNQ of 2:13.72, while her teammate Lisa Anderberg cut .77 seconds off her previous PNQ, placing fourth in a time of 2:14.02. . . Heidi Dimmitt of Western Washington won the 400 meter hurdles in a PNQ of 1:02.78. . . In the pole vault, Seattle Pacific's Melissa Peaslee added two inches to her previous PNQ in winning the event with a meet-record vault of 12-3 1/2. Christy Miller of WWU established a first-time PNQ with a vault of 11-9 3/4. . . In the javelin, Jeeni Schantin and Brittany Aanstad of SPU finished 1-2 improving on their previous automatic marks by two feet and six inches, respectively, with throws of 150-5 and 148-3 and Monica Gruszecki of Western Washington placed fourth, adding nine inches to her previous PNQ with a throw of 144-9. . .Strickler, Larson, Peaslee, Schantin and Dimmitt all established GNAC season-best marks in their respective events as did

Megan Zukowski of Western Washington in the 100 and WWU in the 4x100 relay. Zukowski placed second in the sprint race in a time of 12.53.She also ran the anchor leg in the relay as the Vikings finished second in a time of 48.72. . .On the men's side, Keith Lemay of Western Washington had the lone GNAC season-best mark winning the 800 in a time of 1:53.39.

AROUND THE GNAC: Central Washington's Tyler Fischer had a GNAC season-best discus throw of 158-11 at the Pelluer Invitational track-and-field meet at Cheney. Fischer added 15 inches to his previous conference-leading mark. CWU also had the GNAC's best mark this spring in finishing second in the men's 4x400 relay in a time of 3:21.59. . . WOU's Lloyd Massey bettered his previous GNAC-leading time of 53.81 in the 400 hurdles finishing 11th in a time of 53.81 at the UCLA Invitational. . . Greg Hamm's triple jump victory at LaGrande was one of 18 for NNU in the meet, including 11 by the Crusader women and seven by the NNU men. Latoya Tidwell (100, 200), Laura VonArx (long jump, triple jump) and Amy Carroll (shot, discus) each won two events for NNU... Jonathan Hamilton of Central Washington and Bill Richardson of Saint Martin's tied for second in the high jump and the Saints' Sam Washington won the shot put with GNAC season-best performances at the PLU Invitational. Hamilton and Richardson each jumped 6-6, while Washington set a school-record in the shot with a put of 50-8 becoming the seventh athlete in GNAC history to surpass the 50-foot barrier. He also set a school record in winning the discus with a throw of 143-4. GNAC athletes won a total of 13 events in the meet with Washington and Central Washington's Raquel Gonzalez (100 hurdles, 400 hurdles) winning two each.

#### LAST WEEK'S RESULTS:

WWU Vernacchia Team Classic (Apr. 11 at Bellingham): Men - Western Washington 203, Puget Sound 62, British Columbia 61, Simon Fraser 41, Seattle Pacific 34, Whatcom CC 18, Everett CC 10. GNAC Winners: 400 - Matt O'Connell, WWU, 50.06. 800 - Keith Lemay, WWU, 1:53.39. 5000 - Grant Fujii, WWU, 15:48.48. 110 Hurdles - Ben Wargo, WWU, 16.19. 400 Hurdles - Kevin Myhre, WWU, 55.55. 4x100 - Western Washington 43.46. High Jump - Keefe Brockman, WWU, 6-4 3/4. Pole Vault - Josh Winters, WWU, 14-3 1/4. Long Jump - Shane Gruger, WWU, 21-6 1/4. Triple Jump - Shane Gruger, WWU, 21-6 1/4. Javelin - Ben Dekock, WWU, 186-5. Women - Western Washington 134, Seattle Pacific 95 1/2, Simon Fraser 94 1/2, British Columbia 68, Puget Sound 7, Northwest 1, Seattle 1, Everett CC 1. GNAC Winners: 1500 - Sarah Porter, WWU, 4:51.49. 5000 - Kate Harline, SPU, 18:10.26. 400 Hurdles - Heidi Dimmitt, WWU, 1:02.78. Steeplechase - Suzie Strickler, SPU, 10:50.24. Pole Vault - Melissa Peaslee, SPU, 12-3 1/2. Discus - Erica Rance, WWU, 126-10. Hammer - Erica Rance, WWU, 128-7. Javelin - Jeeni Schantin, SPU, 150-5.

**EWU 37th annual Pelluer Invitational (Apr.11): Men (Top 3):** 100 - 1. Christopher Fussell, SU, 11.18. 200 - 3. Matt Rogstad, CWU, 22.0. 400 Hurdles - 1. Daniel Sullivan, SU, 54.63. 4x100 - 1. Seattle 42.21. 4x400 - 2. Central Washington 3:21.59. Long Jump - 3. Ezekiel Hill, CWU, 22-11. Discus - 3. Tyler Fischer, CWU, 158-11. **Women (Top 3):** 800 - Rachael Johnson, SU, 2:18.14. 5000 - 2. Katie Hansen, SU, 17:58.70. 4x400 - 3. Central Washington 4:02.64.

UCLA Invitational (Apr. 11): Men (Top 10): 800 - 9. Jeff Long, WOU, 1:54.03. 5000 - 7. Zeke VanPatten, WOU, 14:57.63. Triple Jump - 5. Tyler Reisnaur, WOU, 45-10. Decathlon - 3. Zeb Udell, WOU, 5587. Women (Top 10): 800 - 10. Ashley Berry, WOU, 2:15.90. Steeplechase - 9. Jessica Harper, WOU, 11:06.62. Javelin - 2. Mandy Keifer, WOU, 129-5.

Montana State Invitational (Apr. 12 at Bozeman): GNAC Winners, Men: 100 - Nathan Diede, MSUB, 11.50. 10,000 - Ryan Ceynar, MSUB, 38:30.90. Long Jump - DeShawn Lewis, MSUB, 18-11 1/2. Women: 800 - Sarah Jackson, MSUB, 2:22.58.

EOU Invitational (Apr. 12 at LaGrande): GNAC Winners, Men: 400 - Daniel Hill, NNU, 51.09. 400 Hurdles - Dallas Beaty, NNU, 56.53. 4x400 - Northwest Nazarene 3:26.87. Triple Jump - Greg Hamm, NNU, 47-5 3/4. Shot Put - Zachary Barclay, NNU, 47-1 3/4. Discus - Grant Miller, NNU, 140-3. Javelin - Joshua Heidegger, NNU, 186-8. Women: 100 - Latoya Tidwell, NNU, 13.05. 200 - Latoya Tidwell, NNU, 25.98. 800 - Ashley Puga, NNU, 2:16.43. 5000 - Ashley Rendahl, NNU, 20:11.82. 400 Hurdles - Ann Larlee, NNU, 1:08.21. 4x400 - Northwest Nazarene 4:05.97. Pole Vault - MJ Usabel NNU, 10-6. Long Jump - Laura VonArx, NNU, 16-5. Triple Jump - Laura VonArx, NNU, 35-7 1/4. Shot Put - Amy Carroll, NNU, 39-7 1/4. Discus - Amy Carroll, NNU, 120-11.

Lewis & Clark Invitational (Apr. 12 at Portland): Men - Concordia 183 1/2, Linfield 100, Southwestern Oregon 79, Clackamas CC 78, Western Oregon 52, Willamette 46 1/2, George Fox 33, Lewis & Clark 31, Pacific 30, Warner Pacific 23, Corban 16, Cascade 11, Willamette Striders 10, Portland 3. 400 - 3. Ashtin Mott, WOU, 50.33. 110 Hurdles - 3. Jordan Werner, WOU, 16.40. 400 Hurdles - 1. Dallas Moses, WOU, 57.50. Women - Concordia 157, Clackamas CC 80 1/2, Willamette 78 1/2, Linfield 72, Lewis & Cark 66, George Fox 63, Southwestern Oregon 47, Western Oregon 43, Corban 38, Portland 28, Pacific 22, Warner Pacific 12, Cascade 1. 5000 - 3. Jackie Dent, WOU, 19:36.51. 400 Hurdles - 3. Kelsey Castrey, WOU, 4-9 1/2.

PLU Invitational (Apr. 12 at Tacoma): GNAC Winners, Men: 10,000 - John Riak, SMU, 33:12.97. Steeplechase - Trevor Kulvi, CWU, 10:19.45. Shot Put - Sam Washington, SMU, 50-8. Discus - Sam Washington, SMU, 143-4. Javelin - Andrew Steiger, CWU, 184-0. Women: 400 - Chelsi Claussen, SMU, 59.88. 800 - Annie Laweryson, SMU, 2:19.34. 1500 - Krinda Carlson, SMU, 4:54.60. 5000 - Mary Bakeman, CWU, 19:48.19. 100 Hurdles - Raquel Gonzalez, CWU, 15.82. 400 Hurdles - Raquel Gonzalez, CWU, 1:10.31. 4x400 - Saint Martin's 4:12.37.

## Men's Golf

**THIS WEEK:** Monday-Tuesday - CSU Stanislaus Invitational (SMU, NNU, WWU).

**NEXT WEEK: Monday-Tuesday** – GNAC Championships (at Indian Canyon, Spokane).

WHAT'S LEFT: May 5-7 – NCAA Super Regionals (at Petaluma, CA). May 14-17 – NCAA Nationals (at Houston, Tex).

GNAC Scoring Averages (Through Apr. 13): 1. Jake Koppenberg, WWU, 22-70.9; 2. Sean Packer, WWU, 22-72.7; 3. Julian Peters, WWU, 22-73.8; 4. Thomas Jun, WWU, 22-74.5; 5. John Eisentrout, SMU, 20-75.5; 6. Brandon Brown, WWU, 19-75.7; 7. Hiro Nezu, SMU, 20-75.8; 8. Justin Lanman, SMU, 20-75.90; 9. Dale Reybould, NNU, 13-75.9; 10. Olof Rosborg, SMU, 17-76.4.

## **All-Sports Standings**

GNAC: Overall (9 of 14 sports): Seattle Pacific 113, Western Washington 112, Western Oregon 99, Northwest Nazarene 97, Central Washington 87, Seattle 84, Alaska Anchorage 70, Saint Martin's 53, MSU Billings 51, Alaska Fairbanks 30. Men (4 of 7 sports): Western Washington 50, Western Oregon 44, Central Washington 42, Alaska Anchorage 36, Seattle 34, Northwest Nazarene 34, Seattle Pacific 30, Saint Martin's 22, Alaska Fairbanks 16, MSU Billings 14. Women (5 of 7 sports): Seattle Pacific 83, Western Washington 62, Northwest Nazarene 63, Western Oregon 55, Seattle 50, Central Washington 45, MSU Billings 37, Alaska Anchorage 34, Saint Martin's 31, Alaska Fairbanks 14.

Conference Champions: Men's Cross Country – Western Washington.

Men's Soccer – Seattle University. Volleyball – Western Washington.

Women's Cross Country – Seattle Pacific. Women's Soccer – Seattle

Pacific. Men's Indoor Track – Western Oregon. Women's Indoor Track –

Seattle Pacific. Men's Basketball – Alaska Anchorage. Women's Basketball –

Seattle Pacific.

NACDA (End of Winter): 1. Grand Valley State 719 ¼; 10. Seattle Pacific 356; 32. Alaska Anchorage 232; 51. Seattle University 181; 64. Alaska Fairbanks 154; 68. Western Washington 147; 112. Central Washington 81; 118. Northwest Nazarene 81; 158. Saint Martin's and Western Oregon 25.