

# GREAT NORTHWEST ATHLETIC CONFERENCE

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## 2007-08 Report 34 (Apr. 7, 2008)

### Baseball

	W	L	PCT	GB	W	L	PCT
Central Washington	12	3	.800	—	18	11	.621
Western Oregon	12	4	.750	.5	24	12	.667
Saint Martin's	8	7	.533	4	12	15	.444
Northwest Nazarene	5	11	.313	7.5	21	15	.583
MSU Billings	2	14	.125	10.5	10	23	.303

**LAST WEEK:** **Tuesday** – Concordia at Saint Martin's (2), cancelled; Western Oregon 7 at Corban 3. **Wednesday** – Dickinson State 11-7 at MSU Billings 5-10. **Friday** – Northwest Nazarene 4-8 at Central Washington 5-6. **Saturday** – Northwest Nazarene 4-3 at Central Washington 6-4; Western Oregon 15-13 at MSU Billings 1-9. **Sunday** – Western Oregon 7-9 at MSU Billings 3-1.

**THIS WEEK:** **Wednesday** – Mary at MSU Billings (2), 1 p.m. **Friday** – MSU Billings at Northern Colorado, 2 p.m.; Saint Martin's at Northwest Nazarene (2), 4 p.m. **Saturday** – Central Washington at Western Oregon (2), 1 p.m.; MSU Billings at Northern Colorado, 1 p.m.; Saint Martin's at Northwest Nazarene (2), noon. **Sunday** – Central Washington at Western Oregon (2), noon; MSU Billings at Northern Colorado, noon.

**NEXT WEEK (Apr. 14-20):** **Friday** – Western Oregon at Northwest Nazarene (2), 4 p.m. **Saturday** – Dixie State at Central Washington (2), 1 p.m.; Saint Martin's at MSU Billings (2), 1 p.m.; Western Oregon at Northwest Nazarene (2), noon. **Sunday** – Dixie State at Central Washington (2), noon; Saint Martin's at MSU Billings (2), 1 p.m.

**POLLS: NCBWA West Region (Apr. 7)** – 1. Sonoma State (32-4); 2. UC San Diego (31-8); 3. Metro State (30-6); 4. Chico State (27-9); 5. Mesa State (27-12); 6. Cal State Stanislaus (25-13); 7. Central Washington (18-11) and Western Oregon (24-12); 9. Hawaii Pacific (26-14-1); 10. Regis (18-13). **GNAC Coaches Pre-Season:** 1. Western Oregon (4) 28; 2. Central Washington (1) 20; 3. MSU Billings 13; 4. Northwest Nazarene 10; 5. Saint Martin's 9. (**Note:** First-place votes in parenthesis. Points awarded on 6-4-3-2-1).

**HITTING STREAKS (10 or more):** 20 – Dylan Bruck, WOU. 16 – Jamie Nilsen, CWU. 13 – Eric Renander, WOU. 11 – Cesar Lopez, WOU; Hank Anderson, CWU. 10 – Ryne Phillips, NNU. **Current** – Jonathan Schlender, MSUB, 5; Shane Schoeneberg, SMU 5.

**NATIONAL STATISTICS (Through Mar. 30): Individuals (Top 50):** Batting Average - None. Runs Per Game - None. Runs - None. Hits - None. Doubles Per Game - 15. Dylan Bruck, WOU, 0.52. Doubles - 17. Dylan Bruck, WOU, 14; 48. Zach Aakhus, NNU, 12.0. Triples Per Game - 33. Andy Cole, SMU; Brandon Kuykendall, SMU, and Cole Pryor, MSUB, 0.15. Triples - 16. Andy Cole, SMU; Brandon Kuykendall, SMU, and Cole Pryor, MSUB, 4. Home Runs Per Game - 28. Shane Schoeneberg, SMU, 0.30; 41. Zach Aakhus, NNU, 0.28. Home Runs - 33. Zach Aakhus, NNU, 9; 50. Shane Schoeneberg, SMU, 8. RBI Per Game - None. RBI - None. Slugging - 27. Shane Schoeneberg, SMU, .785; 32. Zach Aakhus, NNU, .777. Total Bases - None. On Base - None. SB Per Game - 20. Dylan Bruck, WOU, 0.67; 31. Shane Schoeneberg, SMU, 0.59. Stolen Bases - 19. Dylan Bruck, WOU, 18; 34. Shane Schoeneberg, SMU, 16. Walks Per Game - None. Walks - None. HBP Per Game - 10. Tyler Moore, WOU, 0.48; 12. Jamie Nilsen, CWU, 0.48. HBP - 8. Tyler Moore, WOU, 14; 14. Jamie Nilsen, CWU, 12. Most ABs Per Strikeout - None. Sacrifice Bunts Per Game - None. Sacrifice Bunts - 29. Cesar Lopez, WOU, 6. Sacrifice Flies - 16. Luke Abbott, SMU, 5; 29. Andy Cole, SMU, 4. ERA -- None. Wins - None. Saves - 31. Cory Warburton, NNU, 4; 50. Jared Neyens, WOU, 3. Strikeouts (Per 9 Innings) - None. Strikeouts - 44. Mike Cusick, WOU, 45. Hits Allowed - 22. Derek Shoemaker, CWU, 6.11. Walks Allowed - 7. Andrew Neisinger, SMU, 0.87; 8. Jeremy Knowles, MSUB, 0.90; 15. Mike Ward, WOU, 1.13; 27. Tyler Levin, CWU, 1.32.

**Team (Top 50):** Batting Average - None. Runs Per Game - None. Runs - None. Hits - None. Doubles Per Game - None. Doubles - None. Triples Per Game - 10. Saint Martin's 0.56; 49. Montana State Billings 0.33. Triples - 14. Saint Martin's 15. Home Runs Per Game - None. Home Runs - None. Slugging Percentage - None. Stolen Bases Per Game - 34. Western Oregon 2.03. Stolen Bases - 24. Western Oregon 63. Walks - None. Sacrifice Bunts - 34. Western Oregon 22. Hit By Pitch - 16. Western Oregon 54; 22. Northwest Nazarene 49; 29. Central Washington 46. Sacrifice Flies - 29. Saint Martin's 18. ERA - 32. Western Oregon 4.02. Strikeouts - 43. Central Washington 7.7. Hits Allowed - 45. Central Washington 9.37. Walks Allowed - 8. Western Oregon 2.85. Fielding Percentage - 17. Western Oregon .967; 47. Central Washington .962. Double Plays Per Game - None. Double Plays - None.

**PLAYERS-OF-THE-WEEK: Player** – Jamie Nilsen, Central Washington (SS, 6-0, Sr., Federal Way, WA - Jefferson) reached base 77.8 percent of the time (14 of 18) and scored a third of his team's runs (7 of 21) as the Wildcats beat Northwest Nazarene three times, twice winning in their final at bat. Nilsen, who is batting .509 in conference games, had eight hits in 12 at bats, walked three times and was hit by pitches three times. He also had two doubles to tie the GNAC career record for most doubles of 53 set by Adam Siler of Saint Martin's between 2004 and 2007. He has been hit by pitches 52 times in his career, 23 more than anyone else in GNAC history. **Pitcher** – Mike Eisenhauer, Western Oregon (6-0, Jr., West Linn, OR – College of the Desert) didn't allow an earned run in eight innings in a 15-1 win at Montana State Billings as he won his fifth straight game after an 0-3 start. In two contests, he allowed two earned runs in 10 innings, walking just one and striking out eight.

**HONORABLE MENTION:** Michael McCanna, Central Washington (P, 6-5, So., Addy, WA - Jenkins) allowed just four hits in six innings pitching the Wildcats to a 6-4 win over Northwest Nazarene in Saturday's opener. McCanna is unbeaten in five decisions and in conference games is the GNAC leader in wins (4) and ERA (3.04). . Dylan Bruck, Western Oregon (OF, 6-0, Sr., Wilsonville, OR – Chemeketa) had 10 hits in 22 at bats (.455), scored six runs and drove in seven. In four games at Billings, he batted .474 (9 of 19). Among his hits were three doubles and a home run.

**CWU, WOU IN A SHOWDOWN IN MONMOUTH:** Central Washington will take a half game lead over six-time GNAC champion Western Oregon into this weekend's four-game series at Monmouth. . The series will feature the conferences' top six pitchers in ERA – CWU's Michael McCanna (2.38), Tyler Levin (2.70) and Derek Shoemaker (2.93) rank 1-2-3 and Western Oregon's Mike Cusick (3.31), Mike Eisenhauer (3.39) and Mike Ward (4.23) rank 4-5-6 – and the league's top two hitters – Nilsen (.447) and WOU's Dylan Bruck (.420). . Western Oregon has won 10 straight and 13 of 14 since losing three of four games to the Wildcats in Ellensburg. Central has won seven of eight and 18 of 22 since opening the season with seven consecutive losses. . Including this weekend's series, Central plays 15 of its last 17 conference contests on the road, while the Wolves play 12 of their final 16 at home.

**AROUND THE GNAC:** Though he made only four outs in four games, Nilsen's 16-game hitting streak – which equals the 10<sup>th</sup> longest in GNAC history – came to an end in Friday's second game when he was officially 0 for 1. He did reach base three times in the contest, walking once and being hit twice. . . CWU was also led offensively by Nate Rylaarsdam who had six hits in 13 at bats, including the game-winning hit in the bottom of the ninth in Friday's 5-4 win and Frank Donangelo who had five hits in 12 at bats and a team-high six RBI. . . Bruck extended his hitting streak to 20 games, the third longest in GNAC history, before drawing the collar in Saturday's second game at Billings. WOU shortstop Cesar Lopez had six hits in 14 at bats and drove in a team-best nine runs. . . Ryan Bailey led Northwest Nazarene with six hits and four runs in its series against CWU. Jimmy VanBeek drove in a team-best four runs. . . Jonathan Schlender batted .429 (9 of 21) as MSUB won one of six contests. The Yellowjackets hit .298 during the week, but its pitching staff gave up 62 runs and allowed its opponents to hit for a .372 average.

## Softball

	W	L	PCT	GB	W	L	PCT
Central Washington	9	3	.750	–	14	18	.438
Seattle	6	2	.750	1	24	7	.774
Western Washington	5	3	.625	2	16	13	.552
Western Oregon	4	4	.500	3	15	13	.536
MSU Billings	4	4	.500	3	15	16	.484
Saint Martin's	3	5	.375	4	15	20	.429
Northwest Nazarene	1	11	.091	7	5	29	.147

**LAST WEEK:** **Monday** – Humboldt State 4-7, Central Washington 0-3 (at Turlock). **Tuesday** – Northwest Nazarene 9-2 at College of Idaho 4-5. **Wednesday** – MSU Billings 6-4 at Mary 7-2. **Friday** – Seattle at Western Washington (2), postponed. **Saturday** – Northwest Nazarene 2-0 at Central Washington 4-8; MSU Billings at Great Falls (2), postponed until Sunday, 2 p.m.; Saint Martin's at Western Oregon (2), postponed. **Sunday** – Western Washington 2-1 at Seattle 7-3; MSU Billings 9-11 at Great Falls 0-3.

**THIS WEEK:** **Tuesday** – Eastern Oregon at Northwest Nazarene (2), 2:30 p.m. **Thursday** – Montana State Billings at Central Washington (2), 11 a.m. **Friday** – Seattle at Saint Martin's (2), 2 p.m.; Western Oregon at Western Washington (2), 2 p.m.; MSU Billings at Northwest Nazarene (2), 2 p.m. **Saturday** – MSU Billings at Northwest Nazarene (2), 11 a.m.; Western Oregon at Seattle (2), noon. **Sunday** – Saint Martin's at Western Washington (2), 11 a.m.; Western Oregon at Seattle, noon (non-conference).

**NEXT WEEK (April 14-20):** **Monday** – Great Falls at Northwest Nazarene (2), 3 p.m. **Thursday** – Northwest Nazarene at Seattle (2), 2:30 p.m. **Friday** – MSU Billings at Western Oregon (2), 2:30 p.m.; Northwest Nazarene at Western Washington (2), 2 p.m. **Saturday** – Central Washington at Seattle (2), noon; Northwest Nazarene at Western Washington (2), 11 a.m. (non-conference); Saint Martin's at Simon Fraser (2), noon. **Sunday** – Central Washington at Western Washington (2), 11 a.m.; MSU Billings at Saint Martin's (2), noon.

**POLLS: NFCA (Apr. 2)** – No GNAC team is ranked. **NCAA Division II West Region** – 1. Humboldt State (34-12); 2. UC San Diego (25-9); 3. CSU Dominguez Hills (18-12); 4. Seattle (22-7); 5. Cal State Monterey Bay (22-18); 6. San Francisco State (19-15); 7. Cal State Stanislaus (18-17); 8. Hawaii Pacific (21-5); 9. Cal State San Bernardino (19-19); 10. Western Washington (16-11). **GNAC Coaches Pre-Season:** 1. Seattle (4) 49; 2. Western Washington (3) 39; 3. Western Oregon 34; 4. Central Washington 30; 5. Montana State Billings 27; 6. Saint Martin's 14; 7. Northwest Nazarene 10. (**Note:** First-place votes in parenthesis. Points awarded on 11-9-8-7-6-5-4-3-2-1 basis.).

**HITTING STREAKS (10 or more):** 16 – \*Megan MacIsaac, SU. 10 – Kasey Druffel, CWU; Lauren Berin, SU; Michelle Wrigley, WWU. \*Current

**ALL-TOURNAMENT: CSUS Mizuno Best of the West (Feb. 1-2)** – Kelsey Reynolds, Seattle (P, MVP); Megan MacIsaac, Seattle (SS); Sandra Hernandez, Seattle (2B-OF). **CSUS Tournament of Champions (Mar. 28-30)** – Lauren Berin, Seattle (1B-DP); Holly Rossman, Central Washington (C).

**NATIONAL STATISTICS (Through Mar. 30): Individuals (Top 50):** Batting - None. Home Runs - 11. Mallory Holtman, CWU, 0.36; 45. Holly Morris, SMU, 0.25. RBIs - 34. Mallory Holtman, CWU, 1.09. Doubles - 32. Whitney Lee, WOU, 0.42. Triples - 11. Mallory Holtman, CWU, 0.32; 15. Holly Morris, SMU, 0.31; 36. Holly Rossman, CWU, 0.25. RBI - None. Doubles Per Game - None. Triples Per Game - 14. Mallory Holtman, CWU, 0.18. ERA - None. Stolen Bases - 24. Katie Antich, SU, 0.67. Strikeouts - 32. Katie Fleer, WOU, 8.1. Wins - 25. Erin Martin, SU, 14. Saves - 28. Jessica Rosencrants, WWU, 2. Walks - None. Slugging - 6. Mallory Holtman, CWU, 0.91; 28. Holly Morris, CWU, .780. Runs - None. Sacrifices - 20. Kelsey Anderson, WWU, 0.37; 50. Cortnee Crane, NNU, 0.27. HBP - 31. Jenna Mohrweis, WWU, 0.19; 39. Tarn Potter, CWU, 0.18. Most ABs Per Strikeout - 14. Logan Mohr, CWU, 44.5; 30. Stephanie Gosselin, MSUB, 35.0. Fewest Walks Allowed (Per 7 Innings) - 4. Jessica Rosencrants, WWU 0.58; 6. Erin Martin, SU, 0.60. On Base Percentage - None. Fewest Hits Allowed (Per 7 Innings) - 29. Katie Fleer, WOU, 4.68. Sacrifice Flies - 5. Holly Rossman, CWU, 4. **Team (Top 50):** Batting - None. ERA - 46. Western Oregon 2.08. Fielding - 15. MSU Billings .971; 16. Seattle .971. Scoring - 40. Seattle 5.86. Home Runs - 27. Central Washington 0.82. Doubles - 32. Seattle 1.66. Triples - None. Slugging - None. Double Plays - 2. Saint Martin's 0.57; 8. Northwest Nazarene 0.50; 34. Western Oregon 0.37; 46. MSU Billings 0.33.

**PLAYERS-OF-THE-WEEK: Player** – Liz Wallace, Central Washington (SS, 5-6, Jr., Florence, MT – Florence-Carlton) went six for six and drove in five runs to lead the Wildcats to a doubleheader sweep of Northwest Nazarene. Among her hits in the opener was a fifth-inning single that snapped a 2-2 tie. **Pitcher** – Katriina Reime, Central Washington (6-0, So., Hoquiam, WA) and Kelsey Reynolds, Seattle University (5-9, So., Kent, WA – Kentlake). . Reime allowed just four hits and one run in three relief appearances, including two against regionally top-ranked Humboldt State. In 7 1/3 innings, she didn't walk a batter, fanned six and picked up a victory. Reynolds allowed six hits in a 3-1 win over defending GNAC champion Western Washington as the Redhawks swept the Vikings to move into a tie for first-place with CWU.

**HONORABLE MENTION:** Jessica Frank, Montana State Billings (SS, 5-4, Sr., Great Falls, MT – C.M. Russell) had seven hits, including two doubles and three home runs in 13 at bats to lead the Yellowjackets to three wins in a pair of non-conference doubleheaders. Frank scored eight runs and drove in seven and also stole four bases. . Jamie Foote, Seattle University (3B, 5-4, Jr., Lynnwood, WA – Mountlake Terrace) had three hits, including a pair of doubles to lead the Redhawks to a doubleheader sweep of Western Washington. One of her doubles snapped a 1-1 tie in SU's 3-1 second-game victory.

**AROUND THE GNAC:** Frank set a GNAC record with 12 total bases in MSUB's 9-0 win Sunday at Great Falls. She had four hits including two home runs and two doubles. The old record was 10. MSUB has won nine of its last 10 games with the lone loss coming in a game in which it had a 6-0 lead. . Katie Gould had four hits in five at bats in Seattle University's sweep of Western Washington. She also scored two runs and drove in one. SU outhit the Vikings .340 to .216 in the twinbill. . Jael Henthorn had four hits as Northwest Nazarene won one of four games, splitting with College of Idaho before losing twice

at Ellensburg. . .Holly Rossman had six hits in 13 at bats as CWU split four games, losing twice to Humboldt State before sweeping NNU. . .Kelsey Anderson had two of Western Washington's three RBI in their twinbill loss at Seattle University. The Vikings have now lost six straight.

## Track & Field

**THIS WEEK:** **Thursday** – EWU Pelleur Multi-Events (CWU). **Friday** – WWU Vernacchia Team Classic (SPU, SU, CWU, WWU); EWU Pelleur Invitational & Multi-Events (CWU). **Saturday** – Montana State Invitational (MSUB); EOU Invitational (NNU); UCLA Invitational (WOU); PLU Invitational (SMU).

**NEXT WEEK:** **Wednesday** – Mt. Sac Multis (SPU). **Thursday** – Mt. Sac Relays & Multis (SPU, WWU, SMU). **Friday** – Mt. Sac Relays (SPU, WWU, UAA, SMU); Azusa Pacific Invitational (SMU). **Saturday** – CWU Spike Arlt Invitational (CWU, NNU, SPU, SU, WWU); Mt. Sac Relays (UAA, SPU, SMU); Long Beach Invitational (UAA). **Sunday** – Mt. Sac Relays (UAA, SPU, SMU).

**WHAT'S LEFT:** **Apr. 21-27: Monday-Tuesday** – GNAC Multis at Ellensburg. **Friday** – WWU Twilight (SPU, SU, SMU, WWU); NNU Twilight (NNU); Oregon Relays (WOU). **Saturday** – Cougar Invitational (CWU); Oregon Relays (SU, SPU, CWU, WOU); Montana Invitational (MSUB); NNU Twilight (NNU). **Apr. 28-May 4: Friday-Saturday** – GNAC Championships at Ellensburg. **May 5-11: Friday** – WOU John Knight Twilight (WOU); Ken Foreman Invitational (SPU, SU, SMU, WWU, CWU, UAA). **Saturday** – Ken Foreman Invitational (SPU, SU, SMU, WWU, CWU, UAA). **May 22-24: Thursday-Saturday** – NCAA Nationals at Walnut, Calif. (Cal Poly Pomona).

**ATHLETES-OF-THE-WEEK: Male** – Jordan Welling, Western Washington (Fr., Burlington, WA – Burlington-Edison) ran the third fastest 5,000 meter time in GNAC history at Stanford, placing sixth in his heat in a time of 14:34.08. **Female** – Laura Carr, Alaska Anchorage (Jr., South Bend, Ind.) and Jane Larson, Seattle Pacific (So., Fall City, WA – Cedar Park Christian). . .Both Carr and Larson established automatic qualifying times for the NCAA national meet at Stanford. Carr set a GNAC record in the 5,000, bettering the automatic national standard by almost 15 seconds with a time of 16:56.48, and eclipsing the old conference record of 16:59.08 set by Ashley Vincent of Western Washington in 2003. She is just the third GNAC athlete to run below 17 minutes. . .Larson finished 1.34 seconds below the automatic standard in the 1,500 with a time of 4:28.66. Her time was the third fastest in GNAC history.

**WILLAMETTE INVITATIONAL HIGHLIGHTS:** Alaska Anchorage won six events and also set or tied four GNAC season-best marks. Michael Madrid won the 100 meters, tying his own GNAC season-best mark of 10.89. He also finished second in the 200 in a time of 21.92, cutting .22 seconds off his GNAC leading mark. Madrid also led UAA to a win in the 4x400 relay in a GNAC season-best time of 3:22.99 as the Seawolves chopped .35 seconds off their previous best. UAA's Mick Boyle won two different 800 races, running a GNAC season-best 1:54.14 on Friday. . .Western Oregon got two wins as Jacque Postlewait won the women's 100 hurdles in a GNAC season-best time of 14.63 and Sabrina Freed won the hammer with a throw of 168-5. Freed added 16 inches to her previous GNAC season-best and provisional national qualifying mark. . .Melissa Peaslee of Seattle Pacific won the women's pole vault (11-5 ¾) and Central Washington's Marcie Mullen won the women's 10,000 in a GNAC season-best and PNQ time of 36:41.83. Mullen's time was the third fastest in GNAC history

. . . John Riak of Saint Martin's took the conference lead in the men's 10,000, placing second in a time of 31:12.77. In Friday's women's 800, Lisa Anderberg of Seattle Pacific finished second in a time of 2:14.79, cutting .17 seconds off her previous PNQ and GNAC season-best time. . .Two other athletes established new PNQs and two improved on previous PNQs. In the men's 5,000, Bennett Grimes of Western Washington placed sixth in a time of 14:42.57, bettering the provisional standard by 2 1/2 seconds. His mark ranks sixth all-time in the GNAC. In the women's steeplechase, Suzie Strickler of Seattle Pacific cut 15 seconds off her previous PNQ in finishing second in a time of 11:08.40, the fourth quickest time in GNAC history. Lyndsey McKillip of Western Oregon placed third in a time of 11:17.93, 1 1/2 seconds better than her previous PNQ. Sara Benson of Central Washington placed fifth in a new PNQ of 11:22.51.

**STANFORD INVITATIONAL HIGHLIGHTS:** In addition to Carr, Larson and Welling, there were several other outstanding performances by GNAC athletes at Stanford. . .UAA's Elizabeth Chepkosgei improved her previous provisional national qualifying time in the 1500 by .77 seconds posting a time of 4:39.44. . .Matt Valdez of Central Washington established a GNAC season-best mark in the shot with a put of 49-8 1/2. . .Western Washington freshman Sarah Porter had a first-time NCAA Division II national provisional qualifying in the women's 5,000 in 17:38.86, Porter's time ranks eighth on the GNAC all-time list (No. 3 this season). . .Tyler Fischer of Central Washington had a GNAC season-best mark placing fifth in his section of the discus with a throw of 157-8. He added 10 feet to his previous season best mark. . .Monika Gruszecki of Western Washington had the best finish of any GNAC athlete in the meet, placing fifth in the women's javelin (144-0). Gruszecki improved her previous provisional national mark by over two feet.

**UPS SHOTWELL HIGHLIGHTS:** Western Washington outscored host Puget Sound 198 1/2 to 118 to win the men's division and Central Washington 170 1/2 to 115 to win the women's team title. . .The Vikings established three GNAC season-bests in the meet. Sarah Brownell won the women's 400 in a conference-leading time of 58.55. Heidi Dimmitt won the 400 hurdles in a time of 1:03.18, improving her previous GNAC season-leading mark by .84 seconds. Keefe Brockman won the men's high jump in a GNAC-best mark of 6-5. . .The only other GNAC-best mark was by Andrew Steiger of Central Washington who won the men's javelin with a provisional national qualifying mark of 197-6.

**IDAHO COLLEGIATE:** Northwest Nazarene's Latoya Tidwell finished third in the women's 200 meters (25.71) and Greg Hamm won the triple jump with a leap of 44-6 ¼ in GNAC season-best performances. The Crusaders won a total of six events in the two-day meet. On Friday, Ashley Puga won the women's 1500 and Amy Carroll won the hammer. On Saturday, Dallas Beaty swept the 110 (15.80) and 400 hurdles (56.16) and Grant Miller won the discus (142-3).

**UM AL MANUEL INVITATIONAL:** Sarah Jackson finished third in the women's 800 for Montana State Billings' best individual finish Saturday in the Al Manuel Invitational Track and Field meet at Missoula. Jackson's time of 2:19.80 was an automatic mark for the GNAC meet in May. Richie Pemberton

placed fourth in the men's steeplechase with a time of 9:40.30, the third fastest so far this spring in the GNAC.

## LAST WEEK'S RESULTS:

**Stanford Invitational (Apr. 4-5 at Palo Alto): Men (Top 16):** Javelin - 8. Ian Wells, CWU, 188-3; 10. Matt Rogstad, CWU, 48.83; Shot Put - 14. Matt Valdez, CWU, 49-8 1/2. **Women (Top 16):** Javelin - 5. Monika Gruszecki, WWU, 144-0.

**Willamette Invitational (Apr. 4-5): Men:** 100 - Michael Madrid, UAA, 10.89; 800 - Mick Boyle, UAA, 1:54.14 (Friday), 1:54.91 (Saturday). 400 Hurdles - Shaun Ward, UAA, 54.96. 4x400 - Alaska Anchorage 3:22.99. Long Jump - David Registe, UAA, 24-0 1/4. **Women:** 10,000 - Marcie Mullen, CWU, 36:41.83. 100 Hurdles - Jacque Postlewait, WOU, 1:04.85. Pole Vault - Melissa Peaslee, SPU, 11-5 3/4. Triple Jump - Kim Brady, UAA, 37-2 1/4. Hammer - Sabrina Freed, WOU, 168-5.

**Idaho Collegiate Cup (Apr. 4-5 at Boise): Men:** Triple Jump - Greg Hamm, NNU, 44-6 1/4. 110 Hurdles - Dallas Beaty, NNU, 15.80. 400 Hurdles - Dallas Beaty, NNU, 56.16; Discus - Grant Miller, NNU, 142-3. **Women:** 1500 - Ashley Puga, NNU, 4:45.27; Hammer - Amy Carroll, NNU, 156-2.

**UPS Shotwell Invitational (Apr. 5 at Tacoma): Men** - Western Washington 198 1/2, Puget Sound 118, Linfield 107, Central Washington 68, Seattle 62 1/2, Pacific Lutheran 55, Saint Martin's 29, Seattle Pacific 27, Lewis & Clark 16, Northwest 15, Whatcom 7, Evergreen State 5. **GNAC Winners:** 200 - Travis Glover, SU, 22.50; 800 - Michael Gavareski, SPU, 1:58.60; 1500 - Keith Lemay, WWU, 3:57.70; 400 Hurdles - Kevin Myhre, WWU, 56.06; 4x100 - Seattle 42.85; 4x400 - Seattle 3:24.02. Pole Vault - Ryan Brown, WWU, 15-5; Long Jump - Justin Felt, SPU, 22-3; Shot Put - Sam Washington, SMU, 49-6 1/2; Javelin - Andrew Steiger, CWU, 197-6. **Women** - Western Washington 170 1/2, Central Washington 115, Seattle Pacific 91, Linfield 74, Pacific Lutheran 67, Puget Sound 61, Lewis & Clark 58 1/2, Seattle 52 1/2, Saint Martin's 38, Northwest 4 1/2, Evergreen State 2. **GNAC Winners:** 100 - Megan Zukowski, WWU, 12.66; 200 - Jessica Hinton, SPU, 26.02; 400 - Sarah Brownell, WWU, 58.55; 800 - Annie Laweryson, SMU, 2:20.85; 1500 - Katie Hansen, SU, 4:47.91. 400 Hurdles - Heidi Dimmitt, WWU, 1:03.18. 4x100 - Western Washington 48.88. 4x400 - Western Washington 4:01.81. Long Jump - Gail Butler, WWU, 16-7. Triple Jump - Megan Paulsen, WWU, 35-7 3/4. Javelin - Jeeni Schantlin, SPU, 144-11.

**Montana Al Manuel Invitational (Apr. 5): Men (Top 6):** 100 - 5. Noah Vallincourt, MSUB, 11.52; 6. Nathan Diede, MSUB, 11.56. 200 - 6. Nick Kesler, MSUB, 23.26. 400 - 5. Nick Kesler, MSUB, 52.14. Steeplechase - 4. Richie Pemberton, MSUB, 9:40.30. 4x100 - 3. MSU Billings 44.32. **Women (Top 6):** 800 - 3. Sarah Jackson, MSUB, 2:19.80. 100 Hurdles - 6. Amanda Baum, MSUB, 17.87. Shot Put - 6. Kacie Vanderloos, MSUB, 36-6 3/4. Discus - 5. Lexi Halvorson, MSUB, 131-10.

**WWU Multi-Events (Apr. 6-7 at Bellingham): Decathlon** - 1. Josh Freeman, CNW, 6345; 2. Darren Edwards, WWU, 5694; 3. Alex Harrison, WWU, 5620; 4. Kevin Iverson, WWU, 5098; 5. Josh Kirk, CWU, 4918; 6. Nick Collins, CWU, 4644. **Heptathlon** - 1. Clara Cook, WWU, 3687; 2. Raquel Gonzalez, CWU, 3618; 3. Michelle Howe, WWU, 3583; 4. Shayna Prause, Northwest, 3533; 5. Amanda Rose, CWU, 3254; 6. Mary Seidler, CWU, 3074.

## Men's Golf

**THIS WEEK: Monday-Tuesday** - CSU Monterey Bay Invitational (SMU).

**UPCOMING: Apr. 14-15** - CSU Stanislaus Invitational (SMU, NNU, WWU). **Apr. 21-22** - GNAC (at Spokane). **May 5-7** - NCAA Super Regionals (at Petaluma, CA). **May 14-17** - NCAA Nationals (at Houston, Tex).

**PLAYER-OF-THE-WEEK:** Jake Koppenberg, Western Washington (Jr., Everett, WA) finished second in the Grand Canyon Invitational at Goodyear, Ariz. to lead the Vikings to a fourth-place team finish. It was Koppenberg's sixth Top 10

finish in eight tournaments this season and dropped his scoring average to 70.9, which is a school-record pace.

**Colorado Mines Spring Invitational (Mar. 30-31 at Bear Creek GC and Fox Hollow GC, Lakeland, CO): Team Scores** - 1. Northern Colorado 611 (328-283); 2. Montana State Billings 614 (322-292); 3. Colorado Christian 621 (323-298); 4. Regis 624 (337-287); 5. Regis B 654 (342-312). **Individuals** (7,601 yards-Par 72 & 6,808 yards-Par 71): 1. Stephen Bidne, UNC, 145 (81-64); 5. Michael Konrad, MSUB, 150 (77-73); 7. Tyler Nicholas, MSUB, 152 (82-70); 16. Mike Watson, MSUB, 159 (87-72), and Kruse Kemp, MSUB, 159 (82-77); 23. Jeff Allen, MSUB, 163 (81-82).

**Grand Canyon Invitational (Mar. 31-Apr. 1 at Palm Valley GC, Goodyear, Ariz.): Team Scores** - 1. Wayland Baptist 845 (290-278-277); 2. Central Oklahoma 849 (281-283-285); 3. Grand Canyon 863 (295-281-287); 4. Western Washington 864 (295-281-288); 5. Point Loma Nazarene 870 (289-292-289); 14. Saint Martin's 902 (301-300-301); Northwest Nazarene inc. **Individuals** (7,015 yards-Par 72): 1. Kevin Stinson, WBU, 205 (72-69-64); 2. Jake Koppenberg, WWU, 208 (69-73-66); 17. Sean Packer, WWU, 218 (76-68-74); 20. Thomas Jun, WWU, 219 (76-69-74); 34. Julian Peters, WWU, 221 (74-73-74); 38. Brandon Brown, WWU, 222 (77-71-74) and Hiro Nezu, SMU, 222 (76-71-75); 44. Rowdy Hope, NNU, 223 (75-73-75); 53. Justin Lanman, SMU, 225 (73-77-75); 57. Dale Reybould, NNU, 227 (76-72-79); 66. John Eisentrout, SMU, 229 (75-74-80) and Olof Rosborg, SMU, 229 (77-79-73); 81. Chris Poulakidas, SMU, 233 (77-78-78); 89. Aaron VandeHey, NNU, 236 (81-75-80).

**GNAC Scoring Averages (Through Apr. 1):** 1. Jake Koppenberg, WWU, 22-70.9; 2. Sean Packer, WWU, 22-72.7; 3. Julian Peters, WWU, 22-73.8; 4. Thomas Jun, WWU, 22-74.5; 5. John Eisentrout, SMU, 20-75.5; 6. Brandon Brown, WWU, 19-75.7; 7. Hiro Nezu, SMU, 20-75.8; 8. Justin Lanman, SMU, 20-75.90; 9. Dale Reybould, NNU, 13-75.92; 10. Olof Rosborg, SMU, 17-76.4.

## Men's Basketball

**POLLS: NABC (Final)** - 4. Alaska Anchorage. **NCAA West Region (Final)** - 1. Alaska Anchorage, 2. Cal State San Bernardino, 3. Seattle Pacific, 4. Chaminade; 5. Humboldt State; 6. BYU-Hawaii; 7. Central Washington; 8. Seattle; 9. Cal State L.A.; 10. Cal State Dominguez Hills. **Note:** Final rankings taken prior to final weekend and do not necessarily reflect regional seedings. **GNAC Coaches Pre-Season** - 1. Alaska Anchorage (7) 104; 2. Seattle Pacific (1) 87; 3. Seattle (2) 84; 4. Western Washington and Central Washington 62; 6. Saint Martin's 52; 7. Northwest Nazarene 40; 8. Western Oregon 35; 9. Montana State Billings 18; 10. Alaska Fairbanks 16.

**NATIONAL STATISTICS (Final): Individuals (Top 50):** Scoring - 38. Jake Linton, SMU, 19.0; 44. Ira Graham, WWU, 18.5; 47. Carl Arts, UAA, 18.5. FG PCT. - 14. Rob Will, SPU, 62.6; 34. Bill Richardson, SMU, 57.4. Three-Point FGs - 30. Jake Linton, SMU, 2.9. Three-Point PCT. - 13. Chris Bryant, UAA, 44.3; 36. Jake Linton, SMU, 41.1. Free Throw PCT. - 1. Jake Linton, SMU, 96.4; 31. Ryan Coldren, SU, 84.3; 42. Travis Kuhns, WOU, 83.9. Rebounding - None. Assists - 1. Luke Cooper, UAA, 8.9. Blocks - 17. Steve Severin, WWU, 2.4; 27. Robbie Will, SPU, 2.1. Steals - None. Assist/Turnover - 2. Luke Cooper, UAA, 3.56; 32. Jared Moultrie, SPU, 2.16; 47. Shaun Burl, SU, 1.93. **Team (Top 50):** Scoring - 7. Central Washington 85.7; 31. Western Washington 79.1; 50. Western Oregon 77.8. Scoring Defense - 4. Alaska Anchorage 60.1. Scoring Margin - 10. Alaska Anchorage 13.0; 19. Central Washington 11.0; 43. Western Washington 8.2; 45. Seattle 8.1. Field Goal PCT. - 12. Western Oregon 50.0; 23. Seattle Pacific 49.2; 25. Alaska Anchorage 49.2; 32. Western Washington 48.6. Field Goal PCT. Defense - 38. Western Washington 41.2; 48. Seattle 42.0. Three-Pointers - 38. Northwest Nazarene 8.2. Three-Point Percentage - 5. Alaska Anchorage 41.3; 20. Northwest Nazarene 39.7; 31. Central Washington 38.9; 41. Alaska Fairbanks 38.6. Free Throw Percentage - 2. Northwest Nazarene 78.4; 8. Alaska Anchorage 76.2; 13. Seattle 75.9; 20. Saint Martin's 74.8. Rebounding - 6. Western Oregon 8.1; 39. Seattle 4.3; 47. Alaska Anchorage 3.9. Assists - 3. Seattle Pacific 19.9; 21. Alaska Anchorage 17.1. 38. Western Oregon 16.3. Blocks - 8. Western Washington 5.4; 38. Seattle Pacific 4.2. Steals - None. Fewest Turnovers - 5. Alaska Anchorage 12.0; 26. Seattle 13.1; 40. Western Washington 13.6; 50. Seattle Pacific 13.8. Fewest Fouls -

None. Assist/Turnover - 4. Seattle Pacific 1.47; 5. Alaska Anchorage 1.45; 36. Western Washington 1.15.

**COSIDA ACADEMIC ALL-REGION: Second Team** - Jake Linton, Saint Martin's (Business Administration, Jr., 3.33, Lynnwood, WA).

**DAKTRONICS WEST REGION (SIDs): First Team** - Devin Peal, Humboldt State; Carl Arts, Alaska Anchorage; Lucas Alves, BYU-Hawaii; Marko Kolaric, Chaminade; Luke Cooper, Alaska Anchorage; Larry Gordon, Cal Poly Pomona. **Second Team** - Jake Beiting, Central Washington; Rob Will, Seattle Pacific; Michael Earl, Cal State San Bernardino; Vincent Camper, Cal State L.A.; Joe Mitchell, CSU Monterey Bay; Lance Ortiz, Cal State San Bernardino.

**NABC WEST REGION (Coaches): First Team** - Devin Peal, Humboldt State; Carl Arts, Alaska Anchorage; Marlon Pierce, CSU San Bernardino; Larry Gordon, Cal Poly Pomona; Luke Cooper, Alaska Anchorage; Lucas Alves, BYU-Hawaii. **Second Team** - Marko Kolaric, Chaminade; Rob Will, Seattle Pacific; D'Shon Cannon, CSU Monterey Bay; Jake Beiting, Central Washington; Vincent Camper, Cal State L.A. **Coach-of-the-Year** - Rusty Osborne, Alaska Anchorage.

**ALL-AMERICAN TEAMS: Basketball Times** - Luke Cooper, Alaska Anchorage (2<sup>nd</sup> team). **Division II Bulletin** - Luke Cooper, Alaska Anchorage (1<sup>st</sup> team); Carl Arts, Alaska Anchorage (HM). **NABC** - Carl Arts, Alaska Anchorage (1<sup>st</sup> team). **Daktronics** - To Be Announced.

## Women's Basketball

**POLLS: WBCA (Final)** - 4. Alaska Anchorage; 7. Seattle Pacific. **NCAA Division II West Region (Final)** - 1. Seattle Pacific; 2. Chico State; 3. Alaska Anchorage; 4. Cal State San Bernardino; 5. UC San Diego; 6. Sonoma State; 7. Northwest Nazarene; 8. Saint Martin's; 9. Humboldt State; 10. San Francisco State. **Note:** Final rankings taken prior to final weekend and do not necessarily reflect regional seedings. **GNAC Coaches Pre-Season** - 1. Seattle Pacific (5) 99; 2. Alaska Anchorage (4) 95; 3. Western Washington (1) 80; 4. Seattle 71; 5. Northwest Nazarene 57; 6. Montana State Billings 56; 7. Central Washington 43; 8. Saint Martin's 24; 9. Western Oregon and Alaska Fairbanks 19.

**COSIDA ACADEMIC ALL-REGION: Second Team** - Libby Magnuson, Seattle Pacific (Visual Communication, Sr., 3.83, White Bear Lake, MN); Sade Smith, Saint Martin's (Psychology, Sr., 3.94, Pullman, WA). **Third Team** - Alira Carpenter, MSU Billings (Chemistry/Biology, Jr., 3.56, Lewistown, MT).

**DAKTRONICS WEST REGION (SIDs): First Team** - Rebecca Kielpinski, Alaska Anchorage (C, 6-2, Jr., Mandan, ND); Vanessa Wilt, Cal State San Bernardino (C, 6-1, Sr., Hesperia, CA); Michelle Osier, UC San Diego (F, 6-1, Jr., Placerville, CA); Audriana Spencer, Chico State (G, 5-9, Sr., Chico, CA); Jackie Hollands, Seattle Pacific (G, 5-9, Sr., Oregon City, OR). **Second Team** - Kelsey Hill, Seattle Pacific (C, 6-2, Jr., Portland, OR); Leada Berkey, Western Oregon (F, 5-8, Sr., Amity, OR); Alicia Carpenter, Montana State Billings (G, 5-8, Jr., Lewiston, MT); Ashley Jenkins, Hawaii Pacific (G, 5-8, Sr., Fort Washington, MD); Meaghan Noud, UC San Diego (G, 6-0, Sr., Auburn, CA); Sheena Brown, Alaska Fairbanks (G, 5-8, Jr., Fairbanks, AK).

**WBCA WEST REGION (Coaches): First Team** - Beth Christensen, Seattle Pacific (G, 5-5, Sr.); Jackie Hollands, Seattle Pacific (G, 5-9, Sr.); Rebecca Kielpinski, Alaska Anchorage (C, 6-2, Jr.); Audriana Spencer, Chico State (G, 5-9, Sr.); Vanessa Wilt, Cal State San Bernardino (C, 6-1, Sr.).

**ALL-AMERICAN TEAMS: WBCA** - Rebecca Kielpinski, UAA (HM); Jackie Hollands, SPU (HM); Beth Christensen, SPU (HM). **Division II Bulletin** - Rebecca Kielpinski, UAA (2<sup>nd</sup>); Jackie Hollands, SPU (4<sup>th</sup>); Beth Christensen, SPU (HM). **Daktronics** - No GNAC player selected.

**NATIONAL STATISTICS (Final): Individuals (Top 50):** Scoring - 16. Alira Carpenter, MSUB, 20.0. Rebounding - None. Assists - 22. Beth Christensen, SPU, 5.5; 41. Mallory Whipple, NNU, 4.9. Blocks - 28. Rebecca Kielpinski, UAA, 2.0; 35. Shaina Afoa, CWU, 1.8. Steals - 15. Shantell Marquis, MSUB, 3.2; 20. Jackie Thomas, SU, 3.1. FG Percentage - None. FT Percentage - 4. Jamey Gelhar, SMU, 90.0; 37. Katie Torland, WOU, 84.1; 41. Jackie Hollands, SPU, 83.7; 49. Alira Carpenter, MSUB, 83.2. Three-Point Percentage - 19. Alira Carpenter, MSUB, 41.2; 41. Maria Nilsson, UAA, 38.6. Three-Pointers - 14. Alira Carpenter, MSUB, 3.0. Assist/Turnover - 32. Beth Christensen, SPU, 1.76. **Team (Top 50):** Scoring - 29. Northwest Nazarene 73.5. Scoring Defense - 5. Alaska Anchorage 51.7; 11. Seattle Pacific 55.5; 20. Seattle 57.2; 49. Saint Martin's 59.2. Scoring Margin - 4. Alaska Anchorage 19.0; 10. Seattle Pacific 15.5; 32. Seattle 10.1. Field Goal Percentage - None. FG Percentage Defense - 7. Alaska Anchorage 34.5; 19. Seattle 35.7; 29. Saint Martin's 36.2; 37. Seattle Pacific 36.7. Free Throw Percentage - 23. Saint Martin's 75.0; 41. Central Washington 73.7; 44. Seattle Pacific 73.5; 47. Montana State Billings 73.4. Rebounds - 3. Alaska Anchorage 10.8; 19. Northwest Nazarene 6.4. Three Pointers - 34. Central Washington 6.8; 39. Alaska Anchorage 6.7; 45. Seattle 6.4. Three-Point Percentage - 15. Seattle 37.3; 33. Central Washington 35.9. Assists - 10. Seattle Pacific 18.0; 22. Alaska Anchorage 16.9; 47. Central Washington 15.8. Blocks - 24. Central Washington 4.4; 30. Western Washington 4.1; 43. Alaska Anchorage 3.8. Steals - 29. Seattle Pacific 11.6; 45. Northwest Nazarene 11.0. Fewest Turnovers - 44. Seattle Pacific 16.3. Fewest Fouls - 17. Seattle Pacific 14.6. Assist/Turnover - 8. Seattle Pacific 1.10; 23. Alaska Anchorage 1.00.

## All-Sports Standings

**GNAC: Overall (9 of 14 sports):** Seattle Pacific 113, Western Washington 112, Western Oregon 99, Northwest Nazarene 97, Central Washington 87, Seattle 84, Alaska Anchorage 70, Saint Martin's 53, MSU Billings 51, Alaska Fairbanks 30. **Men (4 of 7 sports):** Western Washington 50, Western Oregon 44, Central Washington 42, Alaska Anchorage 36, Seattle 34, Northwest Nazarene 34, Seattle Pacific 30, Saint Martin's 22, Alaska Fairbanks 16, MSU Billings 14. **Women (5 of 7 sports):** Seattle Pacific 83, Western Washington 62, Northwest Nazarene 63, Western Oregon 55, Seattle 50, Central Washington 45, MSU Billings 37, Alaska Anchorage 34, Saint Martin's 31, Alaska Fairbanks 14.

**Conference Champions: Men's Cross Country** - Western Washington. **Men's Soccer** - Seattle University. **Volleyball** - Western Washington. **Women's Cross Country** - Seattle Pacific. **Women's Soccer** - Seattle Pacific. **Men's Indoor Track** - Western Oregon. **Women's Indoor Track** - Seattle Pacific. **Men's Basketball** - Alaska Anchorage. **Women's Basketball** - Seattle Pacific.

**NACDA (End of Winter):** 1. Grand Valley State 719 ¼; 10. Seattle Pacific 356; 32. Alaska Anchorage 232; 51. Seattle University 181; 64. Alaska Fairbanks 154; 68. Western Washington 147; 112. Central Washington 81; 118. Northwest Nazarene 81; 158. Saint Martin's and Western Oregon 25.