



ADVISING WORKSHEET

BACHELOR OF SCIENCE DEGREE MAJOR IN HEALTH AND HUMAN PERFORMANCE
TEACHING LICENSURE OPTION (HEALTH AND PHYSICAL EDUCATION K-12)
General Bulletin 2025-2026

TRANSFER INSTITUTION(S):

Montana State University Billings

Advising Center

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Name _____

Student ID # _____

GENERAL EDUCATION REQUIREMENTS – SEE ATTACHED PAGE FOR SPECIFIC COURSES

General Education Category		Course #	Credits	Grade	Semester	Equivalent
Category I: Global Academic Skills (10 credits)	#					
A. Mathematics (3 credits)						
B. English (3 credits)	#	WRIT 101				
C. Communication & Information Literacy (3 credits)	#	COMX 111 or 115				
D. Skills for College Success ¹ (1 credit)		COLS 108				
Category II: Natural Sciences ² (6 credits)	#					
A. Life Sciences (3 credits)						
B. Physical Sciences (3 credits)						
Category III: Social Sciences and History (6 credits)		EDU 105				
A. Social Science (3 credits)						
B. History (3 credits)	#	HSTA 101 or 102				
Category IV: Cultural Diversity (3 credits)	#	NASX 105 or 205				
Category V: Arts & Humanities (6 credits)						
A. Fine Arts (3 credits)						
B. Humanities (3 credits)						

¹ In addition to the MUS Transfer Policies (see MUS Core Curriculum (<https://catalog.msubillings.edu/undergraduate/admissions-registration/registrars-office/>), transfer and re-admit students who transfer in 30 or more credits are not required to meet this category.

² Some majors are required to take specific science labs as part of their requirements. Please speak with an advisor for more information.

A minimum grade of “C-” required in all General Education courses.

= Required for Admission to the Educator Preparation Program

Note: Certain degrees may require a minimum grade of “C” in General Education courses.

Reviewed:

GENERAL EDUCATION REQUIREMENTS

CATEGORY I: GLOBAL ACADEMIC SKILLS 10 credits

Students are required to take one course from each subcategory

Subcategory A - Mathematics 3 credits

M	105	Contemporary Mathematics	3
M	114	Extended Technical Mathematics	3
M	121	College Algebra	3
M	122	College Trigonometry	3
M	130	Mathematics for Elementary Teachers I	3
M	140	College Math for Healthcare	3
M	143	Finite Mathematics	4
M	161	Survey of Calculus	3
M	171	Calculus I	4
STAT	141	Introduction to Statistical Concepts	3
STAT	216	Introduction to Statistics	4

Subcategory B - English 3 credits

WRIT	101	College Writing I	3
WRIT	121	Introduction to Technical Writing	3
WRIT	122	Introduction to Business Writing	3

Subcategory C- Communication & Information Literacy 3 credits

COMX	111	Introduction to Public Speaking	3
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OR

COMX	115	Introduction to Interpersonal Communication	3
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Subcategory D – Skills for College Success ¹ 1 credit

COLS 108	The College Experience	
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CATEGORY II: NATURAL SCIENCES 6 credits

Students are required to take one course from Life Sciences and one course from Physical Sciences, which include lab exercises. ²

Subcategory A – Life Sciences 3 credits

BIOB	101	Discover Biology ³	3
BIOB	102	Discover Biology Lab ³	1
BIOB	120	Fundamentals of Biology Plants and People ³	3
BIOB	121	Fundamentals of Biology for Allied Health	3
BIOB	123	Fund of Biology: The Nature of Nutrition	3
BIOB	160	Principles of Living Systems	3
BIOB	161	Principles of Living Systems Lab ³	1
SCIN	101	Integrated Sciences I ^{3^}	4

Subcategory B – Physical Sciences 3 credits

ASTR	110	Introduction to Astronomy	3
ASTR	111	Introduction to Astronomy Lab ³	1
CHMY	121	Introduction to General Chemistry	3
CHMY	122	Introduction to General Chemistry Lab ³	1
CHMY	141	College Chemistry I	3
CHMY	142	College Chemistry Laboratory I ³	1
GEO	101	Introduction to Physical Geology	3
GEO	102	Introduction to Physical Geology Laboratory ³	1
GEO	112	Montana Geology	3
GPHY	262	Spatial Sciences Technology & Applications	3
GPHY	263	Spatial Sciences & Technology Lab ³	1
PHSX	103	Our Physical World ³	3
PHSX	104	Our Physical World Lab ³	1
PHSX	205	College Physics I	3
PHSX	206	College Physics I Lab ³	1
SCIN	103	Integrated Sciences II ^{3^}	4

CATEGORY III: SOCIAL SCIENCES AND HISTORY 6 credits

Students are required to take one course from each subcategory

Subcategory A – Social Sciences 3 credits

BGEN	105	Introduction to Business	3
COMX	106	Communicating in a Dynamic Workplace	3
ECNS	201	Principles of Microeconomics	3
ECNS	202	Principles of Macroeconomics	3
EDU	105	Education and Democracy	3
HTH	110	Personal Health and Wellness	3
PSCI	210	Introduction to American Government	3
PSCI	220	Introduction to Comparative Government	3
PSYX	100	Introduction to Psychology	3
SOCI	101	Introduction to Sociology	3
SOCI	201	Social Problems	3

Subcategory B - History 3 credits

HSTA	101	American History I	3
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OR

HSTA	102	American History II	3
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CATEGORY IV: CULTURAL DIVERSITY 3 credits

NASX	105	Introduction to Native American Studies	3
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OR

NASX	205	Native Americans in Contemporary Society	3
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CATEGORY V: ARTS & HUMANITIES 6 credits

Students are required to take one course from each subcategory

Subcategory A – Fine Arts 3 credits

ARTZ	105	Visual Language-Drawing	3
ARTZ	106	Visual Language-2-D Foundations	3
ARTZ	108	Visual Language-3-D Foundations	3
ARTZ	131	Ceramics for Non-majors	3
CRWR	240	Intro Creative Writing Workshop	3
FILM	160	Introduction to World Cinema	3
LIT	270	Film & Literature	3
MUSI	101	Enjoyment of Music	3
MUSI	114	Band: MSUB Symphonic	1
MUSI	131	Jazz Ensemble I: MSUB	1
MUSI	147	Choral Ensemble: University Chorus	1
PHOT	154	Exploring Digital Photography	3
THTR	101	Introduction to Theatre	3

Subcategory B - Humanities 3 credits

ARTH	150	Introduction to Art History	3
HONR	111	Perspectives and Understanding	3
LIT	110	Introduction to Literature	3
LIT	213	Montana Literature	3
PHL	110	Introduction to Ethics	3
PHL	111	Philosophies of Life	3
PHL	254	People and Politics	3

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² Some majors are required to take specific science labs as part of their requirements. Please speak with an advisor for more information.

³ Course includes lab exercises.

[^] Elementary Education majors can satisfy Natural Sciences by taking SCIN 101 and SCIN 103.

Course			Credits	Grade	Semester	Equivalent
<i>A minimum grade of C or better is required in all major coursework</i>						
Professional Education Core						
*#EDU	105	Education and Democracy	3			
^#EDU	220/ 220L	Human Growth and Development/ Lab (45 hour practicum required)	3			
^#EDU	221	Educational Psychology and Measurement	3			
^#EDSP	204	Introduction to Teaching Exceptional Learners (15 hour practicum required)	3			
#HTH	412	Drugs and Alcohol	1			
EDU	333	Reading and Writing Across the Curriculum	3			
EDU	343	Strategies for Managing Diverse Learners	2			
EDU	354	Secondary Junior Field	2			
EDU	381	Curriculum Theory and Practice	3			
HEE	308	Methods of Physical Education K-12	3			
EDU	495A	Student Teaching: K-12	9			
OR EDU	495C	Student Teaching: 5-12				
EDU	406	Philosophical, Legal & Ethical Issues in Education	3			

***May satisfy General Education requirements.**

#Required for Admission to the Educator Preparation Program

^ Course requires a completed Federal Criminal Background Check in order to complete the required practicum hours within the class. Packets may be picked up at either the Advising Center in McMullen Hall or in the College of Education or can be printed off the website at <http://www.msbillings.edu/coe/etp/FieldExper/FingerprintInfo.htm>.

Required Courses

ECP	120	Emergency Medical Responder	3			
HEE	303	Methods Lifetime Fitness Act	3			
HEE	305	Methods of Teaching Movement Expl	3			
HEE	306	Methods of Conditioning Activities	3			
HEE	310	Methods of Adapted Health Enhancement	2			
HEE	340	Methods of Health Education	3			
HTH	201	Health Issues of Educators	3			
HTH	411	Alcohol, Tobacco Drug Prevention	3			
HTH	435	Health and Wellness Across the Lifespan	3			
KIN	105	Foundations of Exercise Science	3			
KIN	106	Foundations of Exercise Science lab	1			
KIN	320	Exercise Physiology	3			
KIN	321	Exercise Physiology Lab	1			
KIN	322	Kinesiology	3			
KIN	323	Anatomical Kinesiology Lab	1			
KIN	330	Motor Learning and Control	3			
KIN	331	Motor Learning and Control Lab	1			
NUTR	221	Basic Human Nutrition	3			

REC and ACT Required Courses

REC	280	Challenge Course Facilitation	3			
REC	281	Challenge Course Facilitation Lab	1			
Select one additional ACT or REC course in consultation with advisor			1-2			

Restricted Electives: (2-6)

**BACHELOR OF SCIENCE IN HEALTH AND HUMAN PERFORMANCE – TEACHER LICENSURE OPTION
(HEALTH AND PHYSICAL EDUCATION K-12)**

Categories	Credits	Earned	Remaining
General Education	31	_____	_____
Professional Education Core	**38	_____	_____
Required Courses	45	_____	_____
Rec and ACT Courses	5-6	_____	_____
Restricted Electives	2-6	_____	_____
Total	120	_____	_____

****Three (3) credits also satisfy General Education requirements and are not included in the total credits for the Professional Education Core.**

**It is the student's responsibility to know and meet the requirements for graduation.
A minimum of 36 credits must be upper division classes (300 and above).**

Health and Human Performance students who are completing the teacher licensure option are required to demonstrate current competency in first aid, CPR and AED. Presentation of certification documents for First Aid, current Adult/Child/Infant CPR and Automatic External Defibrillation will be accepted as proof of this competency if met through the following organizations:

First Aid

- American Academy of Orthopedic Surgeons
- American Red Cross
- National Safety Council

CPR

- American Academy of Orthopedic Surgeons
- American Heart Association
- American Red Cross
- National Safety Council

Students can also achieve First Aid, Adult/Child/Infant CPR and AED certification through successful completion of ECP 100.

NOTES: