



**ADVISING WORKSHEET**  
**MINOR IN HEALTH EDUCATION**  
**GENERAL BULLETIN 2018-2019**

TRANSFER INSTITUTION(S):

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Montana State University Billings  
 Advising and Career Services  
 Phone: 406-657-2240  
 Fax: 406-657-2302  
 advising@msubillings.edu  
[www.msubillings.edu/advise/](http://www.msubillings.edu/advise/)

Name \_\_\_\_\_

Student ID # \_\_\_\_\_

Course	Credits	Grade	Semester	Equivalent
--------	---------	-------	----------	------------

**REQUIRED COURSES**

HTH 101	Opportunities in the Health Professions	3			
<b>OR</b>					
*HTH 110	Personal Health and Wellness				
CHTH 317	Health Behavior Theories	3			
HEE 340	Methods of Health Education	3			
HTH 391	Special Topics	3			

**Choose 4 courses from those listed below:**

CHTH 410	High Level Wellness through Decision Making	3			
CHTH 435	Human Response to Stress	3			
HTH 411	Alcohol, Tobacco and Other Drug Prevention	3			
HTH 425	Health and Sexuality	3			
HTH 435	Health and Wellness Across the Lifespan	3			
KIN 320	Exercise Physiology	3			
KIN 415	Advanced Exercise Testing and Prescription	3			
NUTR 411	Nutrition for Sports and Exercise	3			

**Total credits required for minor**

**24**

**\*May satisfy General Education requirements.**

*Certain courses in this program have prerequisites; students should check the course descriptions in the General Bulletin for required prerequisites.*