



**ADVISING WORKSHEET
MINOR IN HEALTH EDUCATION
GENERAL BULLETIN 2013-2015**

TRANSFER INSTITUTION(S):

Montana State University Billings
Advising Center
Phone: 406-657-2240
Fax: 406-657-2302
advising@msubillings.edu
www.msubillings.edu/advise/

Name _____

Student ID # _____

Course	Credits	Grade	Semester	Equivalent
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REQUIRED COURSES

*HTH 101	Personal Health and Wellness	3			
OR					
HTH 201	Health Issues for Educators				
CHTH 262	Community Health	3			
CHTH 317	Health Behavior Theories	3			
HEE 340	Methods of Health Education	3			
HTH 391	Special Topics	3			

CHOOSE 4 COURSES (MINIMUM OF 12 CREDITS) FROM THOSE LISTED BELOW:

HTH 411	Alcohol, Tobacco and Other Drug Prevention	3			
HTH 425	Health and Sexuality	3			
KIN 320/321	Exercise Physiology & Exercise Physiology lab	4			
CHTH 410	High Level Wellness through Decision Making	3			
HHP 435	Health Aspects of Aging	3			
CHTH 435	Human Response to Stress	3			
KIN 415	Advanced Exercise Testing and Prescription	3			
NUTR 411	Nutrition for Sports and Exercise	3			

Total credits required for minor

28

*May satisfy General Education requirements.

Certain courses in this program have prerequisites; students should check the course descriptions in the General Bulletin for required prerequisites.