# GREAT NORTHWEST ATHLETIC CONFERENCE

Contact: Bob Guptill (509-535-5291/Fax 535-5293/e-mail – bguptill@gnacsports.com)

2007-08 Report 16 (Dec. 3, 2007)

# Men's Basketball

	W	L	W	L	Н	Α	N
Seattle University	0	0	5	0	3-0	0-0	2-0
Northwest Nazarene	0	0	5	0	3-0	0-0	2-0
Western Washington	0	0	5	1	4-0	0-0	1-1
Seattle Pacific	0	0	4	1	2-1	0-0	2-0
Central Washington	0	0	3	2	3-2	0-0	0-0
Alaska Fairbanks	0	0	3	2	3-2	0-0	0-0
Western Oregon	0	0	3	2	1-0	0-1	2-1
Alaska Anchorage	0	0	2	3	2-3	0-0	0-0
Saint Martin's	0	0	2	4	0-0	0-2	2-2
Montana State Billings	0	0	0	7	0-0	0-1	0-6

Division II Games: Seattle 5-0, Northwest Nazarene 4-0, Alaska Anchorage 2-0, Western Washington 3-1, Seattle Pacific 3-1, Central Washington 2-2, Western Oregon 2-2, Saint Martin's 2-4, Alaska Fairbanks 0-0, MSU Billings 0-7. West Region Games: Seattle 4-0, Northwest Nazarene 2-0, Western Washington 2-1, Seattle Pacific 1-1, Central Washington 1-2, Saint Martin's 1-3, Alaska Fairbanks 0-0, Alaska Anchorage 0-0, Western Oregon 0-1, \*MSU Billings 0-6. (\*MSUB region record includes games against schools in states of North Dakota, South Dakota, Nebraska and Colorado).

LAST WEEK: Friday - CWU Tournament #2 (BYU-Hawaii 107, Western Oregon 77; Central Washington 97, Ohio Valley 61); NNU Shilo Inn Classic (Colorado Mines 114, MSU Billings 70; Northwest Nazarene 82, Colorado Christian 74); CSU Pueblo Chuck Stephens (Colo. St. Pueblo 90, Saint Martin's 77; Western State 63 at Seattle Pacific 67. Saturday- CWU Tournament #2 (Western Oregon 87, Ohio Valley 67; BYU-Hawaii 102, Central Washington 101, ot); NNU Shilo Inn Classic (Colorado Christian 103, MSU Billings 69; Northwest Nazarene 77, Colorado Mines 71); CSU Pueblo Chuck Stephens (Saint Martin's 71, Regis 67); Western State 39 at Seattle 60; Walla Walla 54 at Western Washington 99.

UPCOMING: Wednesday - Pacific Lutheran at Saint Martin's; Multnomah Bible at Western Washington. Thursday - Alaska Fairbanks at UC San Diego. Friday - Texas-Permian Basin at Alaska Anchorage, 7:30 p.m.; Albertson Classic (Westmont vs. Northwest Nazarene, 6 p.m.). Saturday - Texas-Permian Basin at Alaska Anchorage; Alaska Fairbanks at UC Irvine; Albertson Classic (Montana - Western vs. Northwest Nazarene, 6 p.m.); Northwest Christian at Western Oregon; Douglas at Seattle, 3 p.m. (exh).

ALL-TOURNAMENT: UAF Top of the World (Nov. 15-18) – Mladen Begojevic, UAF. Central Washington (Nov. 16-17) – Jake Beitinger, CWU; Brandon Foote, CWU; Tyler Roberts, NNU; Adam Shildmyer, NNU. Seattle Pacific (Nov. 16-17) – Rob Will, SPU; Ira Graham, WWU. Western Washington (Nov. 23-24) – Ira Graham, WWU; Calin Schell, WWU; Rob Diederichs, SPU; Rob Will, SPU. Great Alaska Shootout (Nov. 21-24) – Carl Arts, UAA. Central Washington (Nov. 30-Dec. 1) – Jake Beitinger, CWU; Sam Kelly, WOU; Brad Krichevsky, WOU. CSU Pueblo (Nov. 30-Dec. 1) – Bill Richardson, SMU.

GNAC COACHES POLL: 1. Alaska Anchorage (7) 104; 2. Seattle Pacific (1) 87; 3. Seattle (2) 84; 4. Western Washington and Central Washington 62; 6. Saint Martin's 52; 7. Northwest Nazarene 40; 8. Western Oregon 35; 9. Montana State Billings 18; 10. Alaska Fairbanks 16. Note: First-place votes in parenthesis. Points awarded on 11-9-8-7-6-5-4-3-2-1 basis. MSUB record in Heartland Conference).

**GNAC PLAYERS-OF-THE-WEEK:** Kendall Gielow, Northwest Nazarene (F, 6-7, So., Medford, OR – South

Medford) scored 31 points and also had seven rebounds and four assists as the Crusaders won a pair of games to improve to 4-0. Gielow made 13 of 21 shots, three of five from the three-point line.

HONORABLE MENTION: Jake Beitinger, Central Washington (F, 6-8, Jr., Port Orchard, WA – South Kitsap) and Brad Krichevsky, Western Oregon (G, 5-10, Sr., Beaverton, OR - Pacific) both earned all-tournament honors at the Tarp-It Classic in Ellensburg. . .Beitinger scored 42 points (16-32 FG, 8-8 FTs) and also had 21 rebounds as the Wildcats split two games. Beitinger had 30 points in Saturday's 102-101 overtime loss to the Seasiders. . .Krichevsky scored 46 points on 13 of 28 shooting, including 11 of 22 from the three-point line. He also had six assists, six steals and five rebounds.

**AROUND THE GNAC:** GNAC teams won eight of 13 contests last week with two of the losses to nationally 20<sup>th</sup> ranked BYU-Hawaii at the CWU Tarp-It Classic in Ellensburg. . On the season conference teams are 23-17 (.575) against Division II opponents. Officially GNAC teams are 11-14 in region games, though they are 11-9 against West Region teams. Under the NCAA regionalization plan, five of MSUB's losses against non-region teams count in their region record.

# **TEAM NOTES**

Central Washington: Jake Beitinger's three-pointer with five seconds left forced overtime and his dunk with 22 seconds remaining in the extra period put CWU up 101-100 Saturday before BYU-Hawaii got the game-winner on a rebound basket with three seconds remaining. . .Both of CWU's losses have been in overtime, leaving the Wildcats 1-8 in overtime games over the past three seasons.

**Montana State Billings**: John Brooks led the Yellowjackets with 43 points and also had five assists and four steals in a pair of losses at the NNU Shilo Classic. Brooks was nine of 17 from the three-point line.

**Northwest Nazarene:** The Crusaders posted the only 2-0 record in a tournament for the second time this season at the NNU Shilo Classic, beating Colorado Christian by eight points and Colorado Mines by six. In addition to Gielow's 31 points, Northwest Nazarene got 25 points each from Tyler Roberts, Scott Helpenstell and Joel Ryman. Ryman was five of nine on three-pointers. Roberts led NNU with 10 assists and tied for the team lead in rebounds (9) and steals (4).

**Saint Martin's:** Bill Richardson scored 33 points and had 13 rebounds to earn all-tournament honors as the Saints split two games at Pueblo. Richardson made 13 of 21 shots and also all seven of his free throws. Jake Linton had 30 points, converting on 16 of 18 free throws. He extended his GNAC record streak

to 44, including 28 this season before missing. He is the GNAC all-time leader with a 90.9 career free throw percentage

**Seattle University:** Leigh Swanson led Seattle University with 15 points and also had seven rebounds in a 21-point home win over Western State as the Redhawks extended their two-season regular-season win streak to 12 games. Ryan Coldren had eight rebounds and Shaun Burl had five steals in the victory.

**Seattle Pacific:** Rob Will led Seattle Pacific with 20 points, seven rebounds and five blocks in a four-point win over Western State. Will made nine of 13 shots. Marques Echols had 18 point. SPU shot just 42.3 percent, but outscored the RMAC school 21-8 from the free throw line.

**Western Oregon:** Krichevsky and Sam Kelly earned all-tournament honors at Ellensburg as the Wolves split two contests, losing by 30 to BYU-Hawaii before beating Ohio Valley by 20. The two combined for 53 percent of WOU's scoring as Kelly had 41 points, making 11 of 20 shots, including five of 10 from the arc. Krichevsky had 46.

Western Washington: Ira Graham led five players in double figures with 17 points in a 45-point win over Walla Walla. The Vikings have won five straight since losing to Cal State San Bernardino in their season opener. WWU will get another shot at the Coyotes later this month in Las Vegas.

# Women's Basketball

	W	L	W	L	Н	Α	N
Alaska Anchorage	0	0	6	0	6-0	0-0	0-0
Seattle University	0	0	6	0	5-0	1-0	0-0
Central Washington	0	0	6	0	2-0	0-0	4-0
Seattle Pacific	0	0	3	0	3-0	0-0	0-0
Northwest Nazarene	0	0	4	1	3-0	1-0	0-1
Saint Martin's	0	0	4	1	3-0	0-0	1-1
Alaska Fairbanks	0	0	3	1	1-1	0-0	2-0
Montana State Billings	0	0	2	3	1-1	1-1	0-1
Western Washington	0	0	2	4	1-2	0-0	1-2
Western Oregon	0	0	1	3	0-0	0-0	1-3

Division II Games: Central Washington 5-0, Seattle 4-0, Seattle Pacific 2-0, Alaska Anchorage 2-0, Northwest Nazarene 3-1, Saint Martin's 3-1, Alaska Fairbanks 3-1, MSU Billings 2-3, Western Washington 2-4, Western Oregon 1-3. West Region Games: Seattle 4-0, Central Washington 3-0, Saint Martin's 3-0, Alaska Anchorage 1-0, Northwest Nazarene 3-1, \*MSU Billings 2-1, Alaska Fairbanks 1-1, Western Washington 1-2, Western Oregon 1-3, Seattle Pacific 0-0, (\*MSUB region record includes games against schools in states of North Dakota, South Dakota, Nebraska and Colorado).

LAST WEEK: Tuesday – Puget Sound 58 at Seattle Pacific 65. Wednesday – Notre Dame de Namur 51 at Saint Martin's 68; Hawaii Pacific 44 at Central Washington 90. Friday – UAA Glacier Classic (Alaska Fairbanks 71, Mesa State 67; Alaska Anchorage 98, Chaminade 31); SU Dave Cox Classic (Central Washington 76, Hawaii Pacific 60; Seattle 103, Notre Dame de Namur 39). Saturday – UAA Glacier Classic (Alaska Fairbanks 76, Chaminade 45; Alaska Anchorage 94, Mesa State 58); SU Dave Cox Classic (Central Washington 70, Notre Dame de Namur 58; Seattle 83, Hawaii Pacific 49.); MSU Billings 67 at Colorado Mines 55; Whitman 56 at Northwest Nazarene 68; Puget Sound 58 at Saint Martin's 67.

UPCOMING: Monday - Chaminade at Alaska Anchorage.
 Wednesday - Great Falls at MSU Billings.
 Thursday - Texas-Permian Basin at Alaska Fairbanks; Cascade at Northwest Nazarene; Seattle at Evergreen State, 6 p.m.
 Friday- Texas-Permian Basin at Alaska Anchorage, 5:30 p.m.; Warner Pacific

at Saint Martin's; SPU GNAC/CCAA Classic (Chico State vs. Western Washington, 5 p.m.; Sonoma State vs. Seattle Pacific, 7 p.m.); Corban at Western Oregon. Saturday – Texas-Permian Basin at Alaska Anchorage, 5 p.m.; Alaska Fairbanks at BYU-Hawaii, 7:30 p.m.; SPU GNAC/CCAA Classic (Sonoma State vs. Western Washington, 5 p.m.; Chico State vs. Seattle Pacific, 7 p.m.). Monday (Dec. 10) – Alaska Fairbanks at Chaminade, noon. Tuesday (Dec. 11) – Alaska Fairbanks at Hawaii Hilo.

GNAC Coaches Poll: 1. Seattle Pacific (5) 99; 2. Alaska Anchorage (4) 95; 3. Western Washington (1) 80; 4. Seattle 71; 5. 57; 6. Montana State Billings 56; 7. Central Washington 43; 8. Saint Martin's 24; 9. Western Oregon and Alaska Fairbanks 19. (Note: First-place votes in parenthesis. Points awarded on 11-9-8-7-6-5-4-3-2-1 basis.).

ALL-TOURNAMENT: UAA (Nov. 20-21) – Rebecca Kielpinski, UAA (MVP); Maria Nilsson, UAA; Kalhie Quinones, UAA. Western Washington (Nov. 23-24) – India Soo, WWU; Tara Holgate, WWU; Jamey Gelhar, SMU. Northwest Nazarene (Nov. 23-24) – Jennifer Williams, NNU; Kristin Hein, NNU; Leada Berkey, WOU. UAA Glacier Classic (Nov. 30-Dec. 1) – Maria Nilsson, UAA (MVP); Dasha Basova, UAA; Rebecca Kielpinski, UAA; Cristina Bruketta, UAF; Sarah Herrin, UAA:

**GNAC PLAYER-OF-THE-WEEK:** Jenn Jacobs, Central Washington (W, 5-9, Fr., Bremerton, WA) scored 49 points and hit for a 69.2 percentage (18 of 26) as the Wildcats won three games to remain unbeaten in six starts. Jacobs, who converted on six of 11 treys and seven of eight free throws, also had nine rebounds and three assists and was charged with just one turnover.

HONORABLE MENTION: Leah Stepovich, Seattle University (G, 5-9, Jr., Fairbanks, AK) made 10 of 11 shots (six of seven three-pointers) and led the Redhawks with 26 points in a pair of wins in the Dave Cox Classic. . .Maria Nilsson, Alaska Anchorage (G, 6-0, Sr. Skovde, Sweden) was named the Most Valuable Player in the UAA Glacier Classic. Nilsson scored 26 points (8-14, 6-12 three-pointers) and also had six assists as the Seawolves posted 67- and 36-point victories.

**AROUND THE GNAC:** GNAC teams posted a perfect 12-0 record during the week, including 4-0 marks in the Dave Cox Classic at SU and in the Glacier Classic at Anchorage. . .UAA's Rebecca Kielpinski scored 25 points to become the 28<sup>th</sup> member of the GNAC 1,000-point club. She now ranks 27<sup>th</sup> in GNAC history with 1,019 points.

# **TEAM NOTES**

Alaska Anchorage: Joining Maria Nilsson on the all-tournament team in the UAA Glacier Classic were teammates Dasha Basova and Rebecca Kielpinski. Basova led UAA in scoring with 32 points, making 13 of 25 shots, five of 10 treys. Kielpinski had 25 points, 20 rebounds, four assists, three steals and four blocks. . .UAA has won a school-record 22 straight home games, four of them against Division I teams. In his brief career at UAA, head coach Tim Moser (21-0) has never lost a home game.

**Alaska Fairbanks:** Cristina Bruketta and Sarah Herrin earned all-tournament honors at the Glacier Classic. Bruketta scored 27 points (10-16 FGs, 5-9 three-pointers) and had six steals and Herrin added 26 points (10-19 FG, 3-4 three-pointers), 11 rebounds and six assists.

**Central Washington:** Five players averaged in double figures in CWU's three victories, including Jenn Jacobs (16.3), Hanna Hull (12.3), Shaina Afoa (12.0), Kristina Klapperich (11.0) and Brooke Fernandez (10.3). Afoa led the Wildcats with 20 rebounds and nine blocks. CWU outrebounded its foes 141-99.

**MSU Billings:** Alira Carpenter scored 14 points and Dani Henderson and Kayla McPherson each had 13 as the Yellowjackets beat Colorado Mines for their second win in a row after opening with three losses.

**Northwest Nazarene:** Krista Oliver was four of five and led the Crusaders with 11 points in a 12-point win over Whitman. The Crusaders had 23 offensive rebounds in outboarding the Missionaries 44-28.

Saint Martin's: Dara Zack missed just four shots (11 of 15) and scored 23 points in leading the Saints to home wins over Notre Dame De Namur and Puget Sound. Amber Harmon had 22 points and Kassie Ludeman was credited with 14 rebounds and five blocks.

**Seattle:** The Redhawks finished with a shooting percentage (.573) more than twice its opponent's (.265) in winning two Dave Cox Classic games by an average margin of 49 points. In addition to Stepovich's 26 points, Seattle U. got 23 points each from Quinn Brewe and Kamrica Ary-Turner and 21 each from Cassidy Murillo and Laina Sobczak.

**Seattle Pacific:** Kelsey Hill scored 14 points (7-9) and had eight rebounds and Libby Magnuson had 13 points and three steals as the Falcons beat Puget Sound by seven points.

# **Indoor Track and Field**

GNAC ATHLETES-OF-THE-WEEK: Male – Zeb Udell, Western Oregon (Jr., Dallas, OR) posted a provisional national qualifying mark in the pole vault (15-7) and also posted the best long jump (21-6 ½) by a GNAC athlete in the UW Winter Preview. His pole vault was the seventh best indoor performance in GNAC history and his long jump tied for the ninth best mark in GNAC indoor history. Female – Sarah Porter, Western Washington (Fr.., Hockinson, WA) ran a school-record time of 17:34.37 in winning the 5,000 meters at UW in her collegiate track-and-field debut. Her time is the third best in GNAC Indoor history and bettered the NCAA provisional national qualify standard by 15 seconds.

AROUND THE GNAC: Udell, Porter and Teona Golding were the lone GNAC athletes to post provisional national qualifying marks during the opening weekend. Golding qualified in the women's 800 with a time of 2:17.65. . . Udell (pole vault, long jump) was one of five GNAC athletes to post the best GNAC mark in two different events on the opening weekend. Dylan Wells of Western Oregon took the early-lead in the men's 60 (7.19) and 200 (22.98). Zach Barclay of Northwest Nazarene posted the best GNAC mark in the 35-pound weight (50-9) and shot put (47-7 <sup>1</sup>/<sub>4</sub>). On the women's side, Jacque Postlewait of Western Oregon is the first-week leader in the 60 hurdles (9.38) and long jump (17-0) and Amy Carroll of NNU is the early-leader in the 20-pound weight (45-0 <sup>3</sup>/<sub>4</sub>) and shot put (39-7 <sup>1</sup>/<sub>2</sub>).

UW Winter Preview (Dec. 1 at Seattle): GNAC Winners, Men: 5000 – Jordan Welling, WWU, 15:10.54. 60 Hurdles – Lloyd Massey, WOU, 8.68. 4x400 – Western Oregon 3:27.77. Shot Put – Andrew Matchiner, SPU, 46-7 ¼. Women: 400 – Latasha Essien, SPU, 58.48. 800 – Teona Golding, SPU, 2:17.65. Mile – Krinda Carlson, SMU, 5:19.20. 5000 – Sarah Porter, WWU, 17:34.37.

Boise State Jackson Open (Dec. 1 at Nampa): GNAC Winners, Men: 500 – Mitch Ward, NNU, 1:05.02. Shot Put – Zach Barclay, NNU, 14.51 – 47-7 <sup>1</sup>/<sub>4</sub>. Women: None (High Jump – 3. Amanda Merrell, NNU, 1.52 – 4-11 <sup>3</sup>/<sub>4</sub>).

# Volleyball

	С	onfer	ence					
	W	L	GW	GL	W	L	GW	GL
Western Washington	17	1	53	7	26	5	85	25
Western Oregon	13	5	42	24	16	10	56	42
Northwest Nazarene	12	6	42	27	18	9	64	42
Central Washington	12	6	40	25	13	14	52	50
MSU Billings	10	8	36	36	18	10	61	49
Seattle Pacific	10	8	39	32	15	11	54	47
Seattle	7	11	30	39	10	16	43	54
Alaska Fairbanks	4	14	23	45	10	16	42	59
Saint Martin's	4	14	16	43	4	24	20	73
Alaska Anchorage	1	17	10	53	5	19	22	66

NCAA PACIFIC REGIONALS (Nov. 15-17 at San Bernardino): Thursday – #3 UC San Diego d. #6 Northwest Nazarene, 23-30, 30-25, 30-25, 26-30, 15-13; #2 Western Washington d. #7 Chico State, 30-26, 30-19, 30-28; #5 Cal State L.A. d. #4 Cal Poly Pomona 28-30, 30-26, 30-22, 32-34, 19-17; #1 Cal State San Bernardino d. #8 Western Oregon, 30-21, 30-15, 30-10. Friday – Western Washington d. UC San Diego, 23-30, 26-30, 30-21, 30-25, 15-12; CSU San Bernardino d. Cal State L.A., 30-26, 21-30, 30-24, 30-19. Saturday – Western Washington d. Cal State San Bernardino, 30-28, 30-24, 30-23.

NCAA ELITE EIGHT (Nov. 29-Dec. 1 at Topeka, Kans.): Thursday - Concordia-St. Paul d. California, Penn. 30-26, 30-25, 30-22; West Texas A&M d. Grand Valley State 27-30, 30-24, 30-27, 26-30, 22-20; Western Washington d. Dowling, 30-17, 30-28, 30-19; Washburn d. Tampa, 24-30, 22-30, 30-18, 31-29, 15-8. Friday - Concordia-St. Paul d. West Texas A&M, 30-17, 30-22, 29-31, 30-19; Western Washington d. Washburn, 23-30, 30-23, 30-26, 30-20. Saturday - Concordia-St. Paul d. Western Washington, 30-26, 23-30, 30-19, 31-29.

CSTV/AVCA National Division II (Nov. 19) - 15. Western Washington. NCAA Division II Pacific Region (Final) - 1. Cal State San Bernardino); 2. Western Washington; 3. UC San Diego; 4. Cal Poly Pomona; 5. Cal State L.A.); 6. Northwest Nazarene; 7. Chico State; 8. Western Oregon); 9. Seattle Pacific; 10. Sonoma State.

NCAA National Statistics (Through Regionals): Kills - 20. Alyssa Given, SPU, 4.56; 42. Devon Crotteau, MSUB, 4.23. Hitting Percentage - 30. Tiana Roma, WWU, .358; 37. Rachael Schurman, CWU, .342. Assists - 40. Katie Robinson, WWU, 11.90. Aces - 22. Erin Norris, CWU, 0.69; 23. Alyssa Given, SPU, 0.68; 32. Angie Alvord, WWU, 0.65; 33. S. A., MSUB, 0.65. Digs - 1. Courtney Schneider, WWU, 7.58; 50. Toril Mount, SPU, 5.36. Blocks - 9. Cammy Dranginis, NNU, 1.42; 10. Angie Alvord, WWU, 1.39; 25. Rachael Schurman, CWU, 1.29; 27. Emily Powell, SU, 1.29. Team (Top 50): Kills - 34. Western Washington 15.37. Hitting PCT. - 20. Western Washington .254. Assists - 41. Western Washington 13.90. Digs - 10. Western Oregon 20.89, 39. Seattle 19.47; 40. Western Washington 19.45. Blocks - 24. Western Washington 2.56; 48. Northwest Nazarene 2.46.

NCAA ELITE EIGHT: Emily Castro led Western Washington with 47 kills and Angie Alvord had 46 as the Vikings won two

of three matches, losing to Concordia-St. Paul in the NCAA national championship match. Alvord hit for a team-best .384 percentage, committing just eight errors in 99 swings. She also led WWU with 14 blocks. Jaime Anderson had 42 kills and Tiana Roma had 34 kills and a .355 percentage. . .Setter Katie Robinson had 162 assists, averaging 14.73 per game, while libero Courtney Schneider had 101 digs (9.18), including a NCAA national tournament record 44 in a 3-1 win over Washburn. Anderson, Alvord, Robinson and Schneider all were named to the all-tournament team.

**COURTNEY SCHNEIDER UPDATE:** Courtney Schneider completed her career as the No. 3 all-time dig leader in NCAA Division II history with 2,695. Her final career average of 7.00 easily outdistanced the No. 2 average of 6.06 by Dawn Peipjer of East Stroudsberg (2003-06).

#### **ALL-AMERICAN TEAMS**

AVCA (Coaches): First Team - Courtney Schneider, Western Washington (L, 5-9, Sr., Snohomish, WA). Third Team - Alyssa Given, Seattle Pacific (OH, 5-10, Sr., Salinas, CA). Honorable Mention - Jaime Anderson, Western Washington (OH, 6-0, Sr., SeaTac, WA); Cammy Dranginis, Northwest Nazarene (MB, 6-0, So., Nampa, ID); Tiana Roma, Western Washington (MB, 6-0, Jr., Edmonds, WA); Rachael Schurman, Central Washington (MB, 6-0, Jr., Spokane, WA).

#### ALL-REGION TEAMS

DAKTRONICS PACIFIC REGION (SIDs): First Team – Alyssa Given, Seattle Pacific (OH, 5-10, Sr., Salinas, CA); Rebecca Bailey, UCSD (OH, 5-9, Jr., Escondido, CA); Sharea Drawn, CSU San Bernardino (MB, 6-0, Sr., Sun City, CA); Fabiane Seben, Hawaii Hilo (MB, 6-1, So., Caxias Do Sul, Brazil); Jessica Granados, CSU San Bernardino (RS, 6-0, Jr., Beaumont, CA); Sara Hoffman, CSU San Bernardino (S, 5-6, So., San Clemente, CA); Courtney Schneider, WWU (L, 5-9, Sr., Snohomish, WA). Second Team – Lindsay Macias, Chico State (OH, 5-11, Jr., Irvine, CA); Jaime Anderson, WWU (OH, 6-0, Sr., SeaTac, WA); Antoinette Kathol, Cal Poly Pomona (MB, 6-2, Sr., Sierra Madre, CA); Cammy Dranginis, NNU (MB, 6-0, So., Nampa, ID); Amber Ries, UC San Diego (RS, 6-1, Sr., La Verne, CA); Erica Brick, Chico State (S, 5-6, Jr., Laguna Biguel, CA); Taylor Manton, Sonoma State (L, 5-9, Sr., Santa Rosa, CA).

AVCA PACIFIC REGION (Coaches): First Team - Jaime Anderson, Western Washington (OH, 6-0, Sr., SeaTac, WA); Rebecca Bailey, UC San Diego (OH, 5-9, Jr., Escondido, CA); Alyssa Given, Seattle Pacific (OH, 5-10, Sr., Salinas, CA); Lindsay Macias, Chico State (OH, 5-11, Jr., Irvine, CA); Cammy Dranginis, Northwest Nazarene (MB, 6-0, So., Nampa, ID); Sharea Drawn, CSU San Bernardino (MB, 6-0, Sr., Sun Valley, CA); Tiana Roma, Western Washington (MB, 6-0, Jr., Edmonds, WA); Rachael Schurman, Central Washington (MB, 6-0, Jr., Riverside, CA); Jessica Granados, CSU San Bernardino (RS, 6-0, Jr., Reaumont, CA); Sara Hoffman, CSU San Bernardino (S, 5-6, So., San Clemente, CA); Courtney Schneider, Western Washington (L, 5-9, Sr., Snohomish, WA). Coach-of-the-Year - Diane Flick, Western Washington

CoSIDA ALL-DISTRICT (Academic): District 7, First Team – Alicia Cazemier, MSU Billings (Biology/Chemistry, 3.74, Sr., Vauxhall, ALB). District 8, Second Team – Courtney Schneider, WWU (Community Health, 3.59, Sr., Snohomish, WA): Lisa Martini, WOU (Exercise Science, So., 3.94, Philomath, OR); Stacey Bennett, WOU (Psychology, Jr., 3.89, Portland, OR). Third Team – Alyssa Given, SPU (Nursing, Sr., 3.82, Salinas, CA).

NCAA PACIFIC REGION ALL-TOURNAMENT (Nov. 15-17 at San Bernardino): Western Washington – Jaime Anderson, Emily Castro, Angie Alvord, Courtney Schneider. CSU San Bernardino – Sharea Drawn, Jessica

Granados, Sara Rice, Sara Hoffman. Cal State L.A. – Bianco Gorospie, Lindsay Laakso. UC San Diego – Rebecca Bailey, Sylvia Schmidt.

NCAA Elite Eight All-Tournament (Nov. 29-Dec. 1 at Topeka, Kans.): Jaime Anderson, Angle Alvord, Katie Robinson, Courtney Schneider.

#### Women's Soccer

	Conference										
	W	L	Τ	GF	GΑ	Pts	W	L	Τ	GF	GΑ
Seattle Pacific	14	0	0	32	8	42	23	1	0	61	12
Seattle	12	2	0	29	9	36	17	3	1	48	11
Western Washington	8	5	1	26	16	25	13	6	1	37	17
MSU Billings	5	8	1	23	25	16	9	10	1	37	31
Central Washington	4	8	2	15	19	14	7	10	4	28	28
Western Oregon	4	8	2	11	23	14	4	12	4	13	31
Northwest Nazarene	4	9	1	18	26	13	7	10	2	28	32
Saint Martin's	1	12	1	9	38	3	2	17	1	16	61

NCAA FAR WEST REGIONALS (Nov. 8-15): Thursday - #5 CSU Dominguez Hills 2, #4 UC San Diego 1 (ot; at SPU). Friday - #6 Cal State L.A. 0, #3 Chico State 0 (CSLA wins shootout 3-1; at SU). Saturday - CSUDH 0 at Seattle Pacific 3. Sunday - Cal State L.A. 0 at Seattle 0 (CSLA wins shootout 4-2). Thursday - Seattle Pacific 2, Cal State L.A. 0. NCAA QUARTERFINALS (Nov. 17 at Seattle): Saturday - Seattle Pacific 4, Incarnate Word 0.

NCAA FINAL FOUR (Nov. 29-Dec. 1 at Orange Beach, Ala): Thursday – Tampa 2, Grand Valley 1; Franklin Pierce 2, Seattle Pacific 0. Saturday – Tampa 0, Franklin Pierce 0 (Tampa wins shootout 3-1).

NSCAA National (Oct. 30) - 2. Seattle Pacific, 11. Seattle. NSCAA Far West Regional (Final) - 1. Seattle Pacific, 2. Seattle, 7. Western Washington. NCAA Division II Far West Region (Final) - 1. Seattle Pacific; 2. Seattle; 3. UC San Diego; 4. Cal State Dominguez Hills; 5. Chico State; 6. Western Washington; 7. Cal State L.A.; 8. BYU-Hawaii; 9. Hawaii Hilo.

NCAA National Statistics (Prior to Final Four): Individuals: Points - 31. Sarah Martinez, SPU, 1.87; 34. Leah Wymer, SU, 1.81. Goals - 29. Leah Wymer, SU, 0.81; 40. Sarah Martinez, SPU, 0.74. Assists - 4. Meredith Teague, SPU, 0.70; 5. Ashley Porter, SU, 0.67; 33. Claire Morgan, WWU, 0.50. Goals Against - 4. Jesslyn Rahm, SPU, 0.38; 10. Kaitlyn Jackson, SU, 0.52; 30. Teresa Fish, WWU, 0.83. Save PCT. - 38. Amber Easterbrook, CWU, .835. Saves - 31. Breanna Klasen, SMU, 7.16. Team: Scoring - 21. Seattle Pacific 2.62; 42. Seattle 2.29. Goals Against - 7. Seattle Pacific 0.47; 9. Seattle 0.52; 34. Western Washington 0.82. Shutout Percentage - 9. Seattle and Seattle Pacific 6.19; 21. Western Washington .550.

ALL-TOURNAMENT: Sonoma State (Aug. 23-25) – Jasmine Wilson, SU; Madison Collins, SU; Ashley Porter, SU; Leah Wymer, SU); Kaitlyn Jackson, SU; Kate Edstrom, SU. Humboldt State (Aug. 30-Sept. 1) – Trisha Halvorson, SMU (MVP); Julianna Sackeyfio, SMU.

**SPU LOSES IN FINAL FOUR:** Franklin Pierce dealt Seattle Pacific its only loss of the season, beating the Falcons 2-0 in the semifinal round of the NCAA DII National Championships at Orange Beach, Ala. . .The Ravens held SPU scoreless for the first time all year. Meanwhile, SPU conceded two goals for the first time since Sept. 22 when Western Oregon scored twice . . .SPU outshot Franklin Pierce 18-7 to finish with a 56-13 edge in total shots in its three playoff games.

#### **ALL AMERICAN TEAMS**

COSIDA ACADEMIC: Second Team- Ashley Porter, Seattle (MF, Marketing, Sr., 3.81, Redmond, WA). Third Team - Katie McNutt, NNU (F, Elementary Education, Sr., 3.99, Vancouver, WA).

#### **ALL REGION TEAMS**

DAKTRONICS (SIDs): First Team, Forwards - Sarah Martinez, SPU (Sr., Bothell, WA); Leah Wymer, Seattle (Sr., Bothell, WA). Midfielders - Meredith Teague, SPU (Jr., Redmond, WA). Defenders - Madison Collins, Seattle (Jr., Boise, ID); Claire Grubbs, SPU (Jr., Sterling, VA). Player-of-the-Year - Sarah Martinez, SPU. Second Team, Forwards - Claire Morgan, WWU (Fr., Bellingham, WA). Midfielders - Kara Hamby, SPU (Sr., Spokane, WA); Shannon Oakes, SPU (Jr., Boise, ID); Ashley Porter, Seattle (Sr., Redmond, WA). Defenders - Abby Bennett, MSU Billings (Sr., Livingston, MT); Katie Warner, WWU (Jr., Burlington, WA). Goalkeeper - Jesslyn Rahm, SPU (So., Eugene, OR).

Academic District VIII Women (First Team): Forward - Katie McNutt, NNU (Elementary Education, Sr., 3.99, Vancouver, WA). Midfield - Ashley Porter, Seattle (Marketing, Sr., 3.81, Redmond, WA); Amanda Font, WWU (Computer Science, Sr., 3.89, Federal Way, WA). Defender - Kate Edstrom, Seattle (Nursing, So., 3.96, Portland, OR); Claire Grubbs, SPU (Psychology, Jr., 3.95, Sterling, VA); Mickey Pelland, Seattle (Spanish, Sr., 3.86, Seattle). Goalkeeper - Amanda Peters, NNU (Biology & Chemistry, Sr., 4.00, Spokane, WA).

# Men's Soccer

NSCAA National (Oct. 30) - 5. Seattle. Far West Regional (Final) - 1. Seattle, 5. MSU Billings; 7. Seattle Pacific, 8. Western Washington. NCAA Division II Far West Regional (Final) - 1. Cal State Dominguez Hills; 2. Seattle; 3. Sonoma State; 4. Grand Canyon; 5. MSU Billings; 6. Western Washington.

NCAA National Statistics (Prior to Final Four): Individuals: Points - 3. Sam Charles, MSUB, 2.56; 45. Jason Cascio, SU, 1.61. Goals Per Game - 3. Sam Charles, MSUB, 1.19; 33. Jason Cascio, SU, 0.72. Goals Against - 6. Emerson DeOliveira, SU, 0.60; 16. Sander Tollefson, MSUB, 0.74; 26. Michael Lockwood, WWU, 0.81; 36. Kellen Rosten, SPU, 0.96. Saves - 27. Zac Lubin, SMU, 5.53. Save Percentage - 22. Michael Lockwood, WWU, .823; 24. Kellen Rosten, SPU, .818. Team (Top 50): Scoring - 18. Montana State Billings 2.56; 36. Seattle 2.16. Goals Against - 9. Seattle 0.67; 14. Montana State Billings 0.71; 24. Western Washington 0.84; 41. Seattle Pacific 1.01. Shutout Percentage - 13. Montana State Billings .500, 29. Seattle .421; 34. Western Washington .400. Save Percentage - 23. Western Washington .817; 29. Seattle Pacific .805.

ALL-TOURNAMENT: Sonoma State (Aug. 24-26) – Jason Cascio, SU (Offensive MVP); John Fishbaugher, SU; Andrew Kreiter, SU; Emerson DeOliveira, SU. Humboldt State (Aug. 30-Sept. 1) – Tucker Maxwell, SMU; Vlad Voin, SMU; Daniel Palermo, SPU.

#### ALL REGION TEAMS

DAKTRONICS (SIDs): Forwards - Sam Charles, MSUB (So., Redmond, WA); Jason Cascio, SU (Sr., Gilbert, AZ). Midfielders - John Fishbaugher, Seattle (Sr., Redmond, WA); Jeff Hallenbeck, SPU (Sr., Redmond, WA). Defenders - Dustin Allbery, Seattle (Sr., Spokane, WA). Second Team, Forwards - Gibson Bardsley, WWU (Fr., Fall City, WA). Midfielders - Matt Pele, WWU (Jr., Kennewick, WA). Defenders - Matt Kemper, SPU (Sr., Colorado Springs, CO). Goalkeepers - Michael Lockwood, WWU (Sr., Canby, OR); Kellen Rosten, SPU (Sr., Colorado Springs, CO).

Academic District VIII (First Team): Forward - James Coggan, SPU (Biology, Sr., 3.70, San Jose, CA). Midfield - Jeff Hallenbeck, SPU (Business Administration, Sr., 3.71, Redmond, WA); John Fishbaugher, Seattle (Biology, Sr., 3.45, Redmond, WA). Defender - Drew Macha, SPU (Business Administration, Sr., 3.82, Eugene, OR): Chris Hodges, Seattle (Finance & Management, Jr., 3.55, Redmond, WA). Goalkeeper - Michael Lockwood, WWU (Economics/Accounting, Sr., 3.36, Canby, OR). Academic District VII Men (First Team): Forward - Sam Charles, MSU Billings (Health & Human Performance, So., 3.81, Weymouth, England). Midfield - Justin Hoskins, MSU Billings (Accounting, Jr., 3.93, Billings, MT).

# **Cross Country**

USTFCCAA NATIONAL AWARDS: Female Athlete of the Year – Jessica Pixler, Seattle Pacific. West Region: Female Athlete of the Year – Jessica Pixler, Seattle Pacific. Male Athlete of the Year – John Riak, Saint Martin's. Female Team Coach of the Year – Doris Heritage, Seattle Pacific.

USTFCCA NATIONAL POLL (Nov. 7 ): Men — 16. Western Washington. Women — 4. Seattle Pacific. West Regional (Final): Men — 1. Chico State, 2. Western Washington, 3. UC San Diego, 4. Western Oregon; 5. Alaska Anchorage; 6. CSU Stanislaus; 7. Humboldt State; 8. Central Washington; 9. BYU-Hawaii; 10. San Francisco State. Women — 1. Seattle Pacific, 2. Cal State L.A.; 3. Chico State; 4. UC San Diego, 5. Northwest Nazarene; 6. Seattle; 7. Cal Poly Pomona, 8. Western Oregon; 9. Central Washington; 10. Western Washington.

# **Football**

CoSIDA ALL-DISTRICT (Academic): Quarterback – Mike Reilly, CWU (Mechanical Engineering, 3.49, Jr., Kalispell, MT). Offensive Line – David Lambo, CWU (Graphic Design, 3.41, Sr., Woodinville, WA); Brett Rhodes, WOU (Physical Education, 3.57, Sr., Canby, OR). Linebackers – Buddy Wood, CWU (Exercise Science, 3.50, So., Chattaroy, WA). Defensive Backs – Zach Christopherson, WOU (Chemistry, 3.37, Sr., Portland, OR); Jon Rogers, CWU (History, 3.34, Jr., North Pole, AK).

# **All-Sports Standings**

Overall (5 of 14 sports): Western Washington 66, Western Oregon 61, Seattle Pacific 55, Seattle 54, Central Washington 46, Northwest Nazarene 43, MSU Billings 33, Alaska Anchorage 32, Alaska Fairbanks 21, Saint Martin's 21.

Men (2 of 7 sports): Western Washington 26, Seattle 20, Western Oregon 18, Alaska Anchorage 16, Central Washington 14, Alaska Fairbanks 12, MSU Billings 10, Northwest Nazarene 8, Seattle Pacific 8, Saint Martin's 8.

Women (3 of 7 sports): Seattle Pacific 47, Western Oregon 43, Western Washington 40, Northwest Nazarene 35, Seattle 34, Central Washington 32, MSU Billings 23, Alaska Anchorage 16, Saint Martin's 13, Alaska Fairbanks 9.

Conference Champions: Men's Cross Country – Western Washington.

Men's Soccer – Seattle University. Volleyball – Western Washington.

Women's Cross Country – Seattle Pacific. Women's Soccer – Seattle

Pacific.