

# GREAT NORTHWEST ATHLETIC CONFERENCE

Contact: Bob Guptill (509-535-5291/Fax 535-5293/e-mail – [bguptill@gnacsports.com](mailto:bguptill@gnacsports.com))

## 2007-08 Report 9 (Oct. 15, 2007)

### Volleyball

	Conference				All			
	W	L	GW	GL	W	L	GW	GL
Western Washington	10	1	32	5	14	4	48	17
Western Oregon	10	1	31	10	13	5	45	25
Central Washington	7	4	25	16	8	12	37	41
Northwest Nazarene	6	4	22	18	12	6	42	30
MSU Billings	6	5	23	21	13	7	45	33
Seattle	5	6	22	23	8	11	35	38
Seattle Pacific	4	6	18	24	9	9	33	39
Alaska Fairbanks	3	8	16	26	9	10	35	40
Saint Martin's	2	9	9	28	2	19	13	58
Alaska Anchorage	1	10	5	32	5	12	17	45

**LAST WEEK: Tuesday** – Saint Martin's 1 at Pacific Lutheran 3 (30-20, 26-30, 30-20, 30-27). **Thursday** – Western Washington 3 at Alaska Anchorage 0 (30-24, 30-17, 30-14); Central Washington 3 at Alaska Fairbanks 1 (30-21, 27-30, 30-26, 30-26); MSU Billings 2 at Western Oregon 3 (31-29, 21-30, 24-30, 30-22, 15-11); Seattle 3 at Saint Martin's 1 (30-19, 31-29, 27-30, 30-19). **Saturday** – Central Washington 3 at Alaska Anchorage 0 (30-17, 30-21, 30-18); Western Washington 3 at Alaska Fairbanks 0 (30-18, 30-13, 30-24); Seattle 0 at Western Oregon 3 (30-24, 30-27, 30-19); MSU Billings 1 at Saint Martin's 3 (30-16, 21-30, 30-18, 30-28); Seattle Pacific 1 at Northwest Nazarene 3 (30-27, 30-21, 28-30, 30-19).

**UPCOMING: Thursday** – Alaska Anchorage at MSU Billings; Alaska Fairbanks at Seattle; Western Oregon at Northwest Nazarene; Saint Martin's at Seattle Pacific; Central Washington at Western Washington. **Saturday** – Alaska Anchorage at Seattle; Alaska Fairbanks at MSU Billings; Western Oregon at Seattle Pacific; Saint Martin's at Northwest Nazarene. (All matches begin at 7 p.m.).

**CSTV/AVCA National Division II (Oct. 9)** - 28. Western Washington. **NCAA Division II Pacific Region (Oct. 10)** - 1. Cal State San Bernardino (17-0); 2. Western Washington (11-3); 3. Cal State L.A. (10-6); 4. Cal Poly Pomona (13-4); 5. Chico State (11-6); 6. Western Oregon (11-5); 7. UC San Diego (11-6); 8. Northwest Nazarene (11-6); 9. Montana State Billings (12-5); 10. Seattle Pacific (9-8). (Note: Regional polls will also be released on Oct. 24 and Nov. 7).

**NCAA National Statistics (Oct. 7): Individuals (Top 50):** Kills - 28. Alyssa Given, SPU, 4.40; 38. Alicia Cazemier, MSUB, and Devon Crotteau, MSUB, 4.25. Hitting Percentage - 29. Rachael Schurman, CWU, .363; 41. Tiana Roma, WWU, .347. Assists - 42. S. A., MSUB, 11.65. Aces - 7. Alyssa Given, SPU, 0.81; 19. Stefania Aladjova, MSUB, 0.74; 50. Devon Crotteau, MSUB, 0.62. Digs - 2. Courtney Schneider, WWU, 7.46. Blocks - 6. Angie Alvord, WWU, 1.41; 22. Emily Powell, SU, 1.34; 23. Rachael Schurman, CWU, 1.31; 47. Cammy Dranginis, NNU, 1.21. **Team (Top 50):** Hitting PCT. - 38. Western Washington .241. Assists - 48. Montana State Billings 13.61. Digs - 6. Western Oregon 20.90, 30. Seattle 19.59. Blocks - 23. Central Washington 2.62; 40. Western Washington 2.48; 42. Seattle 2.46.

**GNAC PLAYERS-OF-THE-WEEK:** Cammy Dranginis, Northwest Nazarene (MB, 6-0, So., Nampa, ID - Skyview) and Erin Norris, Central Washington (OP-MB, 5-10, So., Spokane, WA - Mead). . Dranginis had 17 kills, 10 blocks and two aces in NNU's 3-1 home win over Seattle Pacific, its first win over the Falcons in more than four years. Her

six solo blocks was just one off the GNAC single-match record of seven. . Norris had 21 kills, 11 aces and nine blocks in two road wins in Alaska. Norris has had 20 aces in her last four matches to increase her season total to 51. She now ranks third in the conference in aces and is the leader in conference games with 40 in 41 contests. She also ranks fifth in the GNAC in blocks, averaging 1.17 per game.

**HONORABLE MENTION:** Stacey Bennett, Western Oregon (OH-MB, 6-3, Jr., Portland, OR - Westview) netted 35 kills, including a career-best 19 in Saturday's 3-0 sweep of Seattle. The 19 kills are the most for a GNAC player this fall in a three-game match. Bennett also hit .380 (35-8-73) in the Wolves' two victories and added seven blocks. . Jaime Anderson, Western Washington (OH, 6-0, Sr., SeaTac, WA - Mount Rainier) led the Vikings with 29 ½ points (24 kills, three aces, 5 blocking assists) in sweeps at UAA and UAF. Anderson also had 22 digs. . Kirstyn Druzianich, Saint Martin's (RS, 6-0, Fr., Puyallup, WA - Bellarmine) had 23 kills, 29 digs and five blocks and hit for a .375 average as the Saints split two conference matches. She also had six blocks in a non-conference loss to Pacific Lutheran.

**AROUND THE GNAC:** Rachael Schurman led Central Washington with 25 kills and 16 blocks in its two wins in Alaska. The Wildcats out blocked their two opponents 28-17 and held them to .063 attack percentage. . Much of Western Oregon's advantage in its home wins over MSU Billings and Seattle came at the serving line. The Wolves only out hit their opponents by 10 points (.174 - .164), but outscored them in service situations 39-18 (13 aces, 26 opponent errors compared to five aces, 13 opponent errors). . Western Washington's Courtney Schneider had 44 digs in two matches increasing her career total to 2,328, which is sixth on the NCAA Division II all-time career list. Her career average of 6.86 is on pace to set a NCAA record. The NCAA doesn't recognize per game performances until an athlete has completed their eligibility. . Shealun Campisi had 44 kills and 40 digs and accounted for 51 points in three matches. In SMU's two conference matches, she had 27 kills and 27 digs. . Nikole Thompson had 28 kills to move into third-place on Seattle University's career kill list with 1,120. Josie Christiansen led the Redhawks in their two matches with 12 blocks. . Joanna Johnson led Alaska Anchorage with 25 kills and Rachel Kidwell had 26 digs in losses to WWU and CWU. Jessica King led Alaska Fairbanks with 22 kills against the same two opponents. . MSU Billings' Devon Crotteau had 39 kills and 38 digs and scored 43 points and Alicia Cazemier had 36 kills, eight blocks and 41 ½ points in road losses at Western Oregon and Saint Martin's. The Yellowjackets had a 40-20 deficit on reception errors and ball-handling errors in the two matches. . Alyssa Given had 18 kills and 18 digs in Seattle Pacific's loss at Northwest Nazarene.

**W-L RECORDS:** Five GNAC teams were ranked in the Top 10, including three in the Top 8, in the first NCAA Pacific

Regional poll released last Wednesday. The next poll will be released Wednesday, Oct. 24. . . Western Washington has won nine straight, seven by 3-0 margins, while Western Oregon has won seven straight. Alaska Anchorage has lost five in a row. . . GNAC teams are 39-41 in non-conference matches following Saint Martin's 3-1 loss at Pacific Lutheran Tuesday. The only remaining non-conference contest is Nov. 1 when Montana State Billings hosts Rocky Mountain. . . GNAC teams finished 22-25 against Pacific Region opponents, including 17-18 against CCAA teams and 5-7 against the PacWest.

**ALL-TOURNAMENT: Sonoma State (Aug. 24-25)** – Cammy Dranginis, NNU (MVP); Allison James, NNU; Kayla Mainer, WOU. **Hawaiian Style Classic (Aug. 23-25)** – Megan Thigpen, UAF; Jessica Hill, UAF. **Ferris State (Aug. 24-25)** – Rachel Kidwell, UAA. **CSU San Bernardino (Aug. 23-25)** – Alyssa Given, SPU. **Western Washington (Aug. 31-Sept. 1)** – Jaime Anderson, WWU; Courtney Schneider, WWU; Emily Castro, WWU; Emily Powell, SU; Kayla Mainer, WOU. **Colorado Mines (Aug. 31-Sept. 1)** – Alicia Cazemier, MSUB. **Alaska Fairbanks (Aug. 31-Sept. 1)** – Jessica Hill, UAF; Jessica King, UAF.

## Women's Soccer

	Conference						All					
	W	L	T	GF	GA	Pts	W	L	T	GF	GA	
Seattle Pacific	9	0	0	21	6	27	15	0	0	41	8	
Seattle	8	1	0	20	5	24	13	2	0	39	7	
Western Washington	4	4	1	17	12	13	9	5	1	28	14	
MSU Billings	4	4	1	16	16	13	8	6	1	30	22	
Northwest Nazarene	4	5	0	14	12	12	7	6	1	24	18	
Central Washington	3	6	0	8	10	9	6	8	2	21	19	
Western Oregon	3	6	0	6	16	9	3	10	2	8	24	
Saint Martin's	0	9	0	5	30	0	1	14	0	12	53	

**LAST WEEK: Monday** – CSU Monterey Bay 2 at Saint Martin's 3. **Wednesday** – Saint Martin's 0 at Northwest Nazarene 3; Western Oregon 0 at Seattle Pacific 1; Western Washington 2 at Seattle 4. **Friday** – Central Washington 1 at MSU Billings 2. **Saturday** – Western Oregon 1 at Northwest Nazarene 0; Saint Martin's 0 at Seattle Pacific 3. **Sunday** – Central Washington 0 at Seattle 1; Western Washington 2 at MSU Billings 0.

**UPCOMING: Wednesday** – Seattle Pacific at Western Washington, 7 p.m. **Thursday** – Northwest Nazarene at Central Washington, 3 p.m. **Friday** – MSU Billings at Saint Martin's, 3 p.m.; Seattle at Western Oregon, 3 p.m. **Saturday** – Seattle Pacific at Central Washington, 1 p.m.; Northwest Nazarene at Western Washington, noon. **Sunday** – MSU Billings at Western Oregon, noon; Seattle at Saint Martin's, 2:30.

**NSCAA National (Oct. 9)** - 2. Seattle Pacific, 16. Seattle. **NSCAA Far West Regional (Oct. 9)** - 1. Seattle Pacific, 3. Seattle, 6. Western Washington. **NCAA Division II Far West Region (Oct. 10)** - 1. Seattle Pacific (13-0); 2. UC San Diego (10-0-1); 3. Seattle (11-2); 4. Cal State Dominguez Hills (8-1-2); 5. Chico State (8-4-1); 6. Western Washington (7-4-1); 7. Cal Poly Pomona (6-4); 8. Cal State Stanislaus (8-6-1); 9. Hawaii Hilo (5-2); 10. BYU-Hawaii (7-3-1). **Note:** Records listed are versus NCAA Division II opponents through Oct. 7. Polls will also be released on Oct. 17, Oct. 24, Oct. 31 and Nov. 5.

**NCAA National Statistics (Oct. 7): Individuals:** Points - 15. Sarah Martinez, SPU, 2.46; 22. Leah Wymer, SU, 2.23. Goals - 9. Sarah Martinez, SPU, 1.08; 15. Leah Wymer, SU, 1.00. Assists - 1. Ashley Porter, SU, 1.00; 5. Meredith Teague, SPU, 0.85; 40. Claire Morgan, WWU, 0.54. Goals Against - 6. Kaitlyn Jackson, SU, 0.38; 10. Jesslyn Rahm, SPU, 0.50; 24. Amber Easterbrook, CWU, 0.67; 34. Teresa Fish, WWU, 0.75. Save PCT. - 10. Amber Easterbrook, CWU, .886; 23. Kaitlyn Jackson, SU, .857; 34. Teresa Fish, WWU, .749. Saves - 33. Breanna

Klasen, SMU, 6.91. **Team:** Scoring - 20. Seattle Pacific 2.85; 33. Seattle 2.62. Goals Against - 7. Seattle 0.38; 15. Seattle Pacific 0.61; 27. Western Washington 0.75. Shutout Percentage - 4. Seattle .692; 20. Western Washington and Seattle Pacific .538. Save Percentage - 18. Seattle .861; 33. Western Washington .839.

**GNAC PLAYER-OF-THE-WEEK:** Sarah Martinez, Seattle Pacific (F, 5-6, Sr., Bothell, WA – Cedar Park Christian). Leah Wymer, Seattle (F, 5-6, Sr., Bothell, WA) and Erica Hibbard, Western Oregon (D, 5-6, Sr., Vancouver, WA – Hudson's Bay). . . Martinez became the GNAC's all-time point producer, scoring the game's only goal in a 1-0 shutout of Western Oregon Wednesday. The Falcons established a GNAC record for most consecutive wins in the game with their 14<sup>th</sup> straight victory, breaking the old record of 13 they set in 2004. Martinez is also the GNAC career leader with 47 goals. . . Wymer had two goals, including the game-winner in a 1-0 shutout of Central Washington, as she became the fourth member of the GNAC 100-point club, joining Martinez, Lovejoy and Seattle's Nichole Sauvageau (1999-02), who have 113, 111 and 110, respectively. She is also the fourth player in Redhawk history to reach the 100-point level. . . Hibbard has had four sensational games in a row as the Wolves have won three of their last four to rebound from a 0-9-2 start. In a 1-0 loss to nationally second-ranked Seattle Pacific, she caught players from behind at least half a dozen times and in a shutout win over Northwest Nazarene she never got beat and helped prevent the Crusaders from getting off a threatening shot off all day. "Erica has played an amazing role in helping this young team come together," WOU coach Rod Fretz said. "She is a leader on and off the field and will do what is necessary to bring success to our team."

**HONORABLE MENTION:** Kelsie Blachly, Western Oregon (GK, 5-7, Fr., Gresham, OR) had 14 saves while allowing only one goal as the Wolves split two 1-0 decisions, losing at SPU before beating Northwest Nazarene.

**AROUND THE GNAC:** Martinez and Wymer are tied for the GNAC goal scoring lead with 15 each. Martinez has one more point (34 to 33) and one more game-winning goal (6-5) than her Redhawk counterpart. . . Seattle's Maryann Boddy had two goals, including the game-winner in Wednesday's 4-2 win over Western Washington, and an assist in a pair of wins. . . Sunday's shutout was the 10<sup>th</sup> of the season for SU's Kaitlyn Jackson, two short of the GNAC single-season record of 12 set by SPU's Jennifer Hull in 2003. . . Kara Hamby had a goal and assist and helped anchor a Seattle Pacific defense which limited two opponents to a grand total of four shots. . . Naomi Shimabuku scored Western Oregon's goal in their 1-0 win at NNU. The Wolves have won three of four since opening 0-9-2. . . Claire Morgan had a goal and an assist in Western Washington's 2-0 win at MSU-Billings. Morgan leads the Vikings this fall in both goals (5) and assists (8). Teresa Fish had one save in recording her 28<sup>th</sup> career shutout, eight this season, extending her own GNAC career record. . . Senior Brittney Sandau, who will miss the remainder of the season with an injury, is Montana State Billings' leading scorer with 19 points (7 goals, 5 assists). With Brittney out, her freshman sister Samantha took over Brittney's old uniform number (7) to honor her and scored the winning goal in Saturday's 2-1 win over CWU. . . Carlee Stinton earned two assists in Northwest Nazarene's 3-0 shutout of Saint Martin's. Amanda Peters had 10 saves and allowed just one goal as the Crusaders' split two home games. . . Saint Martin's

was out shot 42-11 in a pair of 3-0 losses, extending its losing streak to 11.

**WON-LOSS RECORDS:** Seattle Pacific extended its new consecutive win record to 15 with Saturday's 3-0 shutout of Saint Martin's. The GNAC record for most consecutive games without a loss is 24 by the Falcons in 2005. Saint Martin's 11-game losing streak is four short of the GNAC record of 15 set by Northwest Nazarene in 2002. . GNAC teams are 27-16-5 against outside competition, including 22-13-1 against Division II schools. Conference teams are 19-11-1 against the Far West Region, 11-8 versus the CCAA and 8-3-1 against the PacWest.

**HEAD-TO-HEAD: GNAC vs. CCAA** – Seattle Pacific 4-0, Seattle 4-1, Western Washington 2-1, Western Oregon 0-3, Saint Martin's 0-3. **CCAA vs. GNAC** – CSU Dominguez Hills 1-0, Cal State L.A. 1-0, CSU Monterey Bay 1-0, Chico State 2-1, Humboldt State 1-2, San Francisco State 1-2, CSU Stanislaus 1-3, Sonoma State 0-3. **GNAC vs. PacWest** – Western Washington 2-0, Seattle Pacific 2-0, Seattle 1-0, Saint Martin's 1-1, Central Washington 2-2-1. **PacWest vs. GNAC:** Hawaii Hilo 2-2, Notre Dame de Namur 1-2, BYU-Hawaii 0-0-1, Hawaii Pacific 0-1, Chaminade 0-1, Grand Canyon 0-2.

**ALL-TOURNAMENT: Sonoma State (Aug. 23-25)** – Jasmine Wilson, SU; Madison Collins, SU; Ashley Porter, SU; Leah Wymer, SU; Kaitlyn Jackson, SU; Kate Edstrom, SU. **Humboldt State (Aug. 30-Sept. 1)** – Trisha Halvorson, SMU (MVP); Julianna Sackeyfio, SMU.

## Men's Soccer

	Conference						All					
	W	L	T	GF	GA	Pts	W	L	T	GF	GA	
MSU Billings	4	2	1	12	6	13	10	4	1	32	12	
Seattle	4	1	0	7	3	12	12	2	0	28	8	
Western Washington	2	2	0	7	4	6	11	4	0	31	12	
Seattle Pacific	1	1	1	3	3	4	6	3	5	23	13	
Saint Martin's	0	5	0	2	15	0	2	13	0	5	49	

**LAST WEEK: Monday** – CSU Monterey Bay 3 at Saint Martin's 0. **Thursday** – Western Washington 2, Hawaii Pacific 0 (at Phoenix). **Friday** – MSU Billings 2 at Mary 1; Western Washington 3, Hawaii Hilo 1 (at Phoenix). **Saturday** – Seattle Pacific 1 at Seattle 2. **Sunday** – Westminster 2, MSU Billings 0 (at Mary); Simon Fraser 5 at Saint Martin's 0.

**UPCOMING: Monday** – Western Washington at Grand Canyon, 7:30 p.m. **Tuesday** – Saint Martin's at Seattle Pacific, 7 p.m. **Friday** – Western Washington at Seattle Pacific, 7 p.m. **Saturday** – Jamestown at MSU Billings, 3 p.m. **Sunday** – Seattle at Saint Martin's, noon. **Monday (Oct. 22)** – Seattle Pacific at MSU Billings, 2:30 p.m. **Tuesday (Oct. 23)** – Northwest at Saint Martin's, 3 p.m.

**NSCAA National (Oct. 9)** - 7. Seattle. **Far West Regional (Oct. 9)** - 1. Seattle, 4. Seattle Pacific, 6. Western Washington; 8. MSU Billings. **NCAA Division II Far West Regional** – Polls will be released Oct. 23 and Oct. 30.

**NCAA National Statistics (Oct. 7): Individuals:** Points - 3. Sam Charles, MSUB, 2.77. Goals Per Game - 3. Sam Charles, MSUB, 1.32. Assists - None. Goals Against - 12. Emerson DeOliveira, SU, 0.59; 21. Kellen Rosten, SPU, 0.74; 24. Sander Tollefson, MSUB, 0.76; 28. Michael Lockwood, WWU, 0.79.. Saves - 23. Zac Lubin, SMU, 5.75. Save Percentage - 9. Kellen Rosten, SPU, .855; 20. Michael Lockwood, WWU, .822.**Team (Top 50):** Scoring - 41. Montana State Billings 2.31. Goals Against - 6. Seattle 0.53; 17. Montana State Billings 0.67; 27. Seattle Pacific 0.77; 29. Western Washington 0.85. . Shutout Percentage - 17. Seattle and Montana State Billings .538; 27. Western Washington .462.

Save Percentage - 8. Seattle Pacific .845; 31. Western Washington .814; 47. Montana State Billings .791.

**GNAC PLAYER-OF-THE-WEEK:** Dustin Allbery, Seattle (M, 5-10, 175, Sr., Spokane, WA – SFCC) had a pair of assists in the Redhawks' 2-1 win over Seattle Pacific. He leads the GNAC in assists this fall with seven and now ranks ninth in GNAC history with 15 career assists.

**HONORABLE MENTION:** Gibson Bardsley, Western Washington (F, 5-11, 165, Fr., Fall City, WA – Mount Si) scored two of the Vikings' five goals in wins over Hawaii Pacific and Hawaii Hilo as WWU ran its win streak to eight, its longest in 17 years. Bardsley ranks second in the conference in scoring with 22 points and his nine goals is a WWU freshman school record. . . Jason Cascio, Seattle (F, 5-11, 180, Sr., Gilbert, AZ – Hamilton) was the beneficiary of Allbery's two assists as the Redhawks ran their win streak to seven games. Cascio ranks sixth in GNAC history with 25 career goals, including seven this season. He is seventh on the GNAC charts in career points with 58 points.

**AROUND THE GNAC:** Western Washington goalkeeper Michael Lockwood had nine saves and ran his scoreless streak to 474 minutes, the third longest in GNAC history, before surrendering a goal with 12 seconds remaining in Friday's 3-1 win over Hawaii Hilo. . .Colin Kosco scored Seattle Pacific's goal which tied up the game at 1-1 in the second half in their loss to Seattle before 730 fans at Championship Field. . .Montana State Billings out shot its opponents 38-17 in splitting two games in the Marauder Classic at Bismarck, N.D. . .Saint Martin's Zac Lubin had 16 saves in a pair of contests.

**WON-LOSS RECORDS:** The GNAC's top four teams are 28-7-4 against outside competition. Including first-year program Saint Martin's, which has lost 10 straight, they are 30-15-4. Conference teams are 27-9-4 versus Division II opponents, 17-9-4 against Far West Region teams (10-8-2 vs. the CCAA, 7-1-2 against the PacWest.

**HEAD-TO-HEAD: GNAC vs. CCAA** – Seattle 6-1-0, Seattle Pacific 3-2-2, Western Washington 1-2-0, Saint Martin's 0-3-0. **CCAA vs. GNAC** – CSU Dominguez Hills 2-0, San Francisco State 1-1, UC San Diego 1-1, Cal State L.A. 1-1-1, Humboldt State 1-1, CSU Monterey Bay 1-1, Sonoma State 1-2, CSU Stanislaus 0-2-1, Chico State 0-1. **GNAC vs. PacWest** – Western Washington 4-0, Seattle 1-0, Saint Martin's 2-1, Seattle Pacific 0-0-2. **PacWest vs. GNAC:** Notre Dame de Namur 1-2, Grand Canyon 0-1-2, Hawaii Pacific 0-1, Hawaii Hilo 0-3

**ALL-TOURNAMENT: Sonoma State (Aug. 24-26)** – Jason Cascio, SU (Offensive MVP); John Fishbaugher, SU; Andrew Kreiter, SU; Emerson DeOliveira, SU. **Humboldt State (Aug. 30-Sept. 1)** – Tucker Maxwell, SMU; Vlad Voin, SMU; Daniel Palermo, SPU.

## Cross Country

**UPCOMING: Saturday** – GNAC Championships at Nampa (West Park); Bellevue CC Invitational (CWU, SPU, SU).

**WHAT'S LEFT: Saturday (Oct. 27)** – MSU Billings Yellowjacket Invitational (MSUB). **Saturday (Nov. 3)** – NCAA Division II West Regional (Eagle Island - Boise).

**Saturday (Nov. 17)** – NCAA Division II Nationals (at Joplin, MO).

**USTFCCA National (Oct. 10): Men** – 11. Western Washington; 19. Alaska Anchorage. **Women** – 7. Seattle Pacific. **West Regional (Oct. 9): Men** – 1. Chico State, 2. Western Washington, 3. Alaska Anchorage, 4. Humboldt State, 5. UC San Diego, 6. Hawaii Pacific, 7. Western Oregon, 8. Cal State Stanislaus, 9. BYU Hawaii, 10. Cal Poly Pomona. **Women** – 1. Cal State L.A., 2. Chico State, 3. Seattle Pacific, 4. UC San Diego, 5. Cal Poly Pomona, 6. Seattle, 7. Western Washington, 8. Central Washington, 9. Northwest Nazarene, 10. Alaska Anchorage.

**GNAC CHAMPIONSHIPS (Oct. 20 at Nampa):** Saturday's GNAC championships at Northwest Nazarene's West Park will begin at 10:30 a.m. (Mountain time) with the women's 6,000-meter race. The men's 8,000 meter will follow at 11:15 a.m. Seattle Pacific's women and Western Washington's men are the defending team champions. Jessica Pixler of Seattle Pacific and David Kiplagat of Alaska Anchorage are back to defend their 2006 individual titles.

**NCAA WEST REGIONALS (Nov. 3 at Eagle Island, Boise):** Regardless of Saturday's results, all teams are eligible to compete in the NCAA West Regional, Nov. 3 at Boise. The top four women's teams and the top three men's teams from the regional qualify for the NCAA Division II national meet Nov. 17 at Joplin, Mo. The top two individuals not on a qualifying team along with anyone else in the Top 5 also will qualify for the national meet. Pixler is the defending champion in the women's regional.

**LAST WEEK:** Most everyone in the conference took the week off. NNU, however, ran a pair of short courses at LaGrande in the Eastern Oregon Invitational. Ashley Puga won the women's 3,000 meter event in a time of 10:40 to lead the Crusaders to the team title, while Kevin Lambert took first in the men's 5,000 with a time of 15:43 as NNU finished second.

## Men's Golf

**THIS WEEK: Monday-Tuesday** - Chico State Invitational (NNU).

**WHAT'S LEFT (Fall Schedule): Monday-Tuesday (Oct. 22-23)** – Sonoma State Invitational (WWU). **Monday-Tuesday (Oct. 29-30)** – Hawaii Hilo Invitational (WWU, SMU).