

# GREAT NORTHWEST ATHLETIC CONFERENCE

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## 2007-08 Report 25 (Feb. 4, 2008)

### Men's Basketball

	W	L	W	L	H	A	N
Alaska Anchorage	9	0	18	3	11-3	7-0	0-0
Northwest Nazarene	6	3	14	4	8-1	2-3	4-0
Seattle Pacific	6	3	14	4	7-2	4-2	3-0
Central Washington	6	3	12	6	7-3	2-2	3-1
Western Washington	5	4	12	6	8-1	2-3	2-2
Seattle University	4	5	11	7	5-2	2-4	4-1
Saint Martin's	4	5	9	9	5-2	2-5	2-2
Western Oregon	3	6	10	8	7-2	1-5	2-1
Alaska Fairbanks	1	8	4	14	3-5	1-7	0-2
Montana State Billings	1	8	1	19	1-9	0-4	0-6

**Division II Games:** Alaska Anchorage 18-0, Northwest Nazarene 10-3, Seattle Pacific 13-4, Central Washington 10-6, Seattle 11-7, Western Washington 9-6, Saint Martin's 7-9, Western Oregon 6-8, Alaska Fairbanks 1-11, MSU Billings 1-17.

**West Region Games:** Alaska Anchorage 12-0, Northwest Nazarene 8-3, Seattle Pacific 8-4, Seattle 9-6, Central Washington 9-6, Western Washington 8-6, Saint Martin's 5-8, Western Oregon 4-7, Alaska Fairbanks 1-9, MSU Billings 1-9.

**LAST WEEK: Thursday** – Seattle Pacific 71 at Alaska Anchorage 83; Northwest Nazarene 76 at Alaska Fairbanks 63; Seattle 83 at Central Washington 76; MSU Billings 66 at Western Washington 116. **Saturday** – Northwest Nazarene 61 at Alaska Anchorage 77; Seattle Pacific 96 at Alaska Fairbanks 65; MSU-Billings 64 at Central Washington 94; Western Oregon 76 at Saint Martin's 67; Seattle 68 at Western Washington 79.

**THIS WEEK: Thursday** – Central Washington at Saint Martin's; MSU Billings at Seattle Pacific; Seattle at Northwest Nazarene; Western Washington at Western Oregon. **Saturday** – Alaska Anchorage at Alaska Fairbanks, 7:30 p.m.; Central Washington at Western Oregon; MSU Billings at Northwest Nazarene; Western Washington at Saint Martin's; Seattle at Seattle Pacific.

**POLLS: NABC (Jan. 29)** – 5. Alaska Anchorage; 23. Northwest Nazarene; 24. Seattle Pacific. **NCAA West Region (Jan. 30)** – 1. Alaska Anchorage (16-0), 2. Cal State San Bernardino (15-2), 3. Chaminade (10-2), 4. Seattle Pacific (12-3), 5. Northwest Nazarene (9-2), 6. Central Washington (9-5), 7. Humboldt State (10-5), 8. Cal Poly Pomona (8-5), 9. Cal State L.A. (10-4), 10. BYU-Hawaii (10-5). **Note:** Records are versus Division II schools. **GNAC Coaches Pre-Season** – 1. Alaska Anchorage (7) 104; 2. Seattle Pacific (1) 87; 3. Seattle (2) 84; 4. Western Washington and Central Washington 62; 6. Saint Martin's 52; 7. Northwest Nazarene 40; 8. Western Oregon 35; 9. Montana State Billings 18; 10. Alaska Fairbanks 16.

**DOUBLE DOUBLES:** 7 – Carl Arts, UAA. 4 – Jake Beiting, CWU; Kevin Atkins, UAF. 3 – Rob Will, SPU; ; Luke Cooper, UAA; Liam Hughes, WOU. 2 – Calin Schell, WWU; Brendan Campbell, SMU; Steve Severin, WWU; McCade Olsen, UAA; Mike McLaughlin, WOU; Cameron Khoury, MSUB; JoJay Jackson, SPU. 1 – Ten with.

**NATIONAL STATISTICS (Through Jan. 27): Individuals (Top 50):** Scoring – 19. Ira Graham, WWU, 20.2. FG PCT. – 21. Rob Will, SPU, 61.2; 44. Ira Graham, WWU, 56.8. Three-Point FGs – 37. Chris Bryant, UAA, 2.9. Three-Point PCT. – 28. Chris Bryant, UAA, 44.7. Free Throw PCT. – 3. Jake Linton, SMU, 96.5; 12. Ryan Coldren, SU, 90.0. Rebounding – 50. Carl Arts, UAA, 8.5. Assists – 1. Luke Cooper, UAA, 8.4; 49. Tyler Roberts, NNU, 4.9. Blocks – 13. Steve Severin, WWU, 2.6; 35. Robbie Will, SPU, 1.8. Steals – None. Assist/Turnover – 5. Luke Cooper, UAA, 3.53; 34. Jared Moultrie, SPU, 2.13; 46. Marques Echols,

SPU, 1.94. **Team (Top 50):** Scoring – 7. Central Washington 87.2; 39. Western Washington 80.8; 50. Northwest Nazarene 79.1. Scoring Defense – 3. Alaska Anchorage 57.7. Scoring Margin – 15. Alaska Anchorage 14.7; 33. Central Washington and Western Washington 11.1; 47. Seattle 8.9. Field Goal PCT. – 25. Seattle Pacific 49.2; 27. Western Oregon 49.1; 29. Western Washington 49.0; 38. Alaska Anchorage 48.5; 47. Central Washington 48.0. Field Goal PCT. Defense – 30. Alaska Anchorage 40.6; 41. Western Washington 41.2; 47. Seattle 41.6. Three-Pointers – None. Three-Point Percentage – 27. Alaska Anchorage 40.1; 45. Northwest Nazarene 38.5. Free Throw Percentage – 1. Northwest Nazarene 79.4; 7. Saint Martin's 77.2; 12. Seattle 76.4; 50. Western Oregon 72.0. Rebounding – 6. Western Oregon 9.6; 22. Seattle 6.1. Assists – 2. Seattle Pacific 21.1; 21. Alaska Anchorage 17.7. Blocks – 8. Western Washington 5.5. Steals – None. Fewest Turnovers – 13. Alaska Anchorage 12.9; 18. Western Washington 13.1; 36. Seattle Pacific 13.8; 40. Seattle 13.9. Fewest Fouls – None. Assist/Turnover – 4. Seattle Pacific 1.52; 9. Alaska Anchorage 1.37; 25. Western Washington 1.22.

**ALL-TOURNAMENT TEAMS: UAF Top of the World (Nov. 15-18)** – Mladen Begojevic, UAF. **Central Washington (Nov. 16-17)** – Jake Beiting, CWU; Brandon Foote, CWU; Tyler Roberts, NNU; Adam Shildmyer, NNU. **Seattle Pacific (Nov. 16-17)** – Rob Will, SPU; Ira Graham, WWU. **Western Washington (Nov. 23-24)** – Ira Graham, WWU; Calin Schell, WWU; Rob Diederichs, SPU; Rob Will, SPU. **UAA Great Alaska Shootout (Nov. 21-24)** – Carl Arts, UAA. **Central Washington (Nov. 30-Dec. 1)** – Jake Beiting, CWU; Sam Kelly, WOU; Brad Krichevsky, WOU. **CSU Pueblo (Nov. 30-Dec. 1)** – Bill Richardson, SMU. **WWU Great Western Shootout (Dec. 18-19 at Las Vegas)** – Ira Graham, WWU; Calin Schell, WWU; Jake Beiting, CWU. **Humboldt State (Dec. 21-22)** – Michael Knight, Seattle; Ryan Coldren, Seattle. **Western Oregon (Dec. 28-29)** – Mike McLaughlin, WOU; Travis Kuhns, WOU; Nate Jackson, CWU; Jake Beiting, CWU. **Seattle Pacific (Dec. 28-29)** – Marques Echols, SPU; Rob Diederichs, SPU; Michael Knight, SU. **Alaska Anchorage (Dec. 28-29)** – Chris Bryant, UAA (MVP); McCade Olsen, UAA; Luke Cooper, UAA.

**GNAC PLAYERS-OF-THE-WEEK:** Luke Cooper, Alaska Anchorage (G, 6-0, Sr., Melbourne, Australia), who was named one of 16 finalists for the Bob Cousy Award Friday, scored 30 points and had 19 assists to lead the Seawolves to home wins over 24<sup>th</sup> ranked Seattle Pacific and 23<sup>rd</sup> ranked Northwest Nazarene. Cooper had a season-high 18 points and eight assists against NNU and 12 points and 11 assists against Seattle Pacific to record his third double-double of the season as UAA became the first team in GNAC history to finish the first-half of the conference season unbeaten.

**HONORABLE MENTION:** Justin Parnell, Northwest Nazarene (G, 6-4, So., Sutherlin, OR) scored 41 points, making 16 of 26 shots and six of 11 three-pointers as the Crusaders earned a split in Alaska. Parnell also had 12 rebounds (one less than team leader Kendall Gielow) and six assists. . Marques Echols, Seattle Pacific (G, 6-2, Sr., Seattle, WA – Garfield & Peninsula CC) scored 36 points, connecting on 10 of 14 three-pointers, including eight in the first half Saturday at UAF. He finished with nine treys, one short of the GNAC single-game record.

**AROUND THE GNAC:** Cooper is one of two Division II players among the Cousy finalists. Fans may vote for their favorite on-line at: [www.cousyaward.com](http://www.cousyaward.com). . Five teams –

Humboldt State and Seattle Pacific in 2002, Humboldt State in 2004 and Western Washington and Seattle Pacific in 2006 – previously shared the record for most wins (8) at the halfway point of the conference season. Two teams – Western Washington in 2002 and Alaska Fairbanks in 2004 – have posted 9-0 second-half marks. Northwest Nazarene went 8-1 in the second half in 2005. Echols is at least the second player in GNAC history to record eight three-pointers in a half. SPU's Dustin Bremerman had eight in the second-half against BYU-Hawaii on Dec. 2, 2006, though two of the eight were in overtime.

**AGAINST THE WEST REGION: GNAC (15) vs. CCAA (10)** - NNU 1-0, WOU 1-0, Seattle 5-1, CWU 3-1, WWU 3-2, SPU 1-1, SMU 1-3, UAF 0-1, MSUB 0-1. **GNAC (5) vs. PacWest (3)** - UAA 3-0, NNU 1-0, SPU 1-0, WOU 0-1, CWU 0-2. **CCAA (10) vs. GNAC (15)** - CSU San Bernardino 5-0, UC San Diego 1-0, Cal State L.A. 1-0, CSU Dominguez Hills 1-0, Humboldt State 2-1, San Francisco State 0-1, CSU Stanislaus 0-2, Sonoma State 0-2, Cal Poly Pomona 0-2, Chico State 0-3, CSU Monterey Bay 0-4. **PacWest (3) vs. GNAC (5)** - BYU-Hawaii 2-2, Notre Dame de Namur 1-1, Chaminade 0-1, Hawaii Hilo 0-1.

## TEAM NOTES

**Alaska Anchorage:** Cooper, who has 748 career assists (148 more than any other player in GNAC history), had three steals to move into 10<sup>th</sup> place on the all-time GNAC career list with 142. He is on pace to become the first player in GNAC history to win four conference statistical titles in the same category (assists). . . Carl Arts scored 50 points and had 20 rebounds, four assists and four steals in UAA's two victories. Arts made 14 of 27 shots and 19 of 23 free throws. McCade Olsen also had a big week, scoring 41 points (on 18 of 28 shooting) and grabbing 13 rebounds.

**Alaska Fairbanks:** Colin Matteson scored 34 points and had 12 rebounds and Kevin Atkins had 26 points and 15 rebounds in losses to Northwest Nazarene and Seattle Pacific. The Nanooks were outshot .529 to .351 in the two Patty Center contests.

**Central Washington:** Brandon Foote came off the bench to score 38 points and grab 10 rebounds as the Wildcats split two home games. Foote made nine of 16 shots, six of eight from beyond the arc. CWU's loss to Seattle University was its fifth in its last seven contests with the Redhawks. SU swept the season series in 2004-05 and 2006-07, while CWU won both games in 2005-06.

**Montana State Billings:** John Brooks led the Yellowjackets with 29 points and Aaron Terry had 22 in road losses at Bellingham and Ellensburg. MSUB was outscored by an average margin of 40 points in the two contests and outshot .576 to .341.

**Northwest Nazarene:** Parnell scored 30 percent of NNU's points against UAF and UAA. Kendall Gielow added 24 and a team-best 13 rebounds. . . NNU, which started the road trip ranked No. 1 nationally in free throw percentage (79.4), was outshot at the foul line .861 to .718.

**Saint Martin's:** Jake Linton scored 21 points, 15 from the three-point line (5 of 14) and Bill Richardson had 20 as the Saints lost for just the second time in seven starts at the SMU

Pavilion. Linton's latest free throw streak remained at 33 as he was not awarded a free throw in the contest.

**Seattle:** Ryan Coldren and Chris Gweth had identical 10 of 21 shooting performances on Seattle University's road trip. Coldren scored 31 points and Gweth had 26 points and 14 rebounds. Michael Wright led SU with 17 rebounds. . . The split left the defending co-champions 4-5 at the halfway point of the conference season. A year ago, the Redhawks were also 4-5 after nine games, but then ran off seven straight wins to finish 11-5 in the 16-game slate.

**Seattle Pacific:** JoJay Jackson fell two assists shy (21 points, 13 rebounds, eight assists) of recording the third triple-double in GNAC history in Saturday's win at Fairbanks. Jackson finished the trip with 31 points, 16 rebounds and 10 assists.

**Western Oregon:** The Wolves earned their first victory in six starts on an opponent's home court Saturday at Lacey, though they do have two neutral court road wins. Mike McLaughlin (23 points, 11 rebounds) and Liam Hughes (11 points, 13 rebounds) had double-doubles as WOU controlled the backboards 45-30.

**Western Washington:** Six players scored 22 or more points led by Ira Graham's 32 in the Vikings' two-game home sweep. Steve Severin, who had 23 points, had a team-high 19 rebounds as WWU outboarded its opponents 85-59 and outshot them .573 to .365. WWU's 8-1 home record matches Northwest Nazarene's 8-1 mark for the best home record of any team in the conference. The Vikings' handed NNU its only home loss, while Saint Martin's tagged WWU with its lone home defeat.

## GNAC CAREER LEADERS (Through Feb. 3)

### Scoring

1. Austin Nichols, Humboldt State (2001-04)	2501
17. Carl Arts, Alaska Anchorage (2005-08)	1284
24. Jake Linton, Saint Martin's (2006-08)	1165
29. Brendan Campbell, Saint Martin's (2005-08)	1129
37. Rob Will, Seattle Pacific (2006-08)	991

### Three-Pointers

1. Grant Dykstra, Western Washington (2003-06)	266
12. Jake Linton, Saint Martin's (2006-08)	173

### Rebounds

1. Fred Hooks, Humboldt State (2001-04)	1268
9. Carl Arts, Alaska Anchorage (2005-08)	665
14. Brendan Campbell, Saint Martin's (2005-08)	563
22. Rob Will, Seattle Pacific (2006-08)	504

### Assists

1. Luke Cooper, Alaska Anchorage (2005-08)	748
2. Kevin Tyner, Western Oregon (2003-06)	600
17. Jake Linton, Saint Martin's (2006-08)	301

### Steals

1. Grant Dykstra, Western Washington (2003-06)	210
10. Luke Cooper, Alaska Anchorage (2005-08)	142
21. Jake Linton, Saint Martin's (2006-08)	112

### Blocks

1. Brannon Stone, Seattle Pacific (1999-02)	269
5. Rob Will, Seattle Pacific (2006-08)	154
12. Steve Severin, Western Washington (2007-08)	89
23. Carl Arts, Alaska Anchorage (2005-08)	61
25. Travis Kuhns, Western Oregon (2006-08)	58

## Women's Basketball

	W	L	W	L	H	A	N
Seattle Pacific	9	0	18	0	9-0	7-0	2-0
Alaska Anchorage	8	1	19	2	13-0	6-1	0-1
Northwest Nazarene	6	3	13	5	8-2	5-1	0-2
Saint Martin's	6	3	13	5	8-2	3-1	2-2
Montana State Billings	5	4	8	10	5-2	3-6	0-2
Seattle University	4	5	13	5	8-2	5-3	0-0
Central Washington	2	7	10	7	2-4	2-3	6-0
Alaska Fairbanks	2	7	9	8	3-5	4-3	2-0
Western Washington	2	7	5	16	2-6	1-4	2-6
Western Oregon	1	8	5	13	3-4	1-6	1-3

**Division II Games:** Seattle Pacific 17-0, Alaska Anchorage 15-2, Northwest Nazarene 10-5, Seattle 10-5, Saint Martin's 10-5, Central Washington 9-7, Alaska Fairbanks 9-8, MSU Billings 7-10, Western Washington 5-16, Western Oregon 3-12.

**West Region Games:** Seattle Pacific 15-0, Alaska Anchorage 12-1, Saint Martin's 10-4, Northwest Nazarene 10-5, Seattle 10-5, Central Washington 7-7, MSU Billings 7-8, Alaska Fairbanks 6-8, Western Washington 4-14, Western Oregon 3-12.

**LAST WEEK: Thursday** – Alaska Anchorage 52 at Western Washington 48; Alaska Fairbanks 67 at Central Washington 63; Western Oregon 57 at MSU Billings 69; Saint Martin's 62 at Seattle 60 (ot). **Saturday** - Northwest Nazarene 61 at Alaska Anchorage 77; Seattle Pacific 96 at Alaska Fairbanks 65; MSU-Billings 64 at Central Washington 94; Western Oregon 76 at Saint Martin's 67; Seattle 68 at Western Washington 79.

**THIS WEEK: Thursday** – Seattle Pacific at Alaska Anchorage; Northwest Nazarene at Alaska Fairbanks; Seattle at Central Washington; MSU Billings at Western Washington. **Saturday** – Northwest Nazarene at Alaska Anchorage; Seattle Pacific at Alaska Fairbanks, 5:15 p.m.; MSU Billings at Central Washington; Seattle at Western Washington; Saint Martin's at Western Oregon, 5 p.m.

**POLLS: WBCA (Jan. 29)** – 2. Seattle Pacific; 9. Alaska Anchorage. **NCAA Division II West Region (Jan. 30)** – 1. Seattle Pacific (16-0), 2. Cal State San Bernardino (12-3), 3. Chico State (15-4), 4. Sonoma State (12-4), 5. Alaska Anchorage (13-2), 6. Northwest Nazarene (10-4), 7. UC San Diego (15-5), 8. Saint Martin's (8-5), 9. Seattle (9-4), 10. Central Washington (8-5). **Note:** Records are versus Division II schools. **GNAC Coaches Pre-Season** - 1. Seattle Pacific (5) 99; 2. Alaska Anchorage (4) 95; 3. Western Washington (1) 80; 4. Seattle 71; 5. Northwest Nazarene 57; 6. Montana State Billings 56; 7. Central Washington 43; 8. Saint Martin's 24; 9. Western Oregon and Alaska Fairbanks 19.

**ALL-TOURNAMENT: Notre Dame (Nov. 16-17)** – Shayla Corder, WOU. **UAA Great Alaska Shootout (Nov. 20-21)** – Rebecca Kielpinski, UAA (MVP); Maria Nilsson, UAA; Kahlie Quinones, UAA. **Western Washington (Nov. 23-24)** – India Soo, WWU; Tara Holgate, WWU; Jamey Gelhar, SMU. **Northwest Nazarene (Nov. 23-24)** – Jennifer Williams, NNU; Kristin Hein, NNU; Leada Berkey, WOU. **UAA Glacier Classic (Nov. 30-Dec. 1)** – Maria Nilsson, UAA (MVP); Dasha Basova, UAA; Rebecca Kielpinski, UAA; Cristina Bruketta, UAF; Sarah Herrin, UAA. **Seattle Pacific (Dec. 7-8)** – Beth Christensen, SPU (MVP); Libby Magnuson, SPU; Kelsey Hill, SPU; Amanda Dunbar, WWU. **Western Oregon (Dec. 21-22)** – Kassie Ludeman, SMU (MVP); Amber Harmon, SMU; Leada Berkey, WOU; Katie Torland, WOU. **UC San Diego (Dec. 28-29)** – Jackie Hollands, SPU (MVP); Kelsey Hill, SPU; Beth Christensen, SPU; India Soo, WWU. **Sonoma State (Dec. 28-29)** – Alira Carpenter, MSUB.

**DOUBLE DOUBLES:** 7 – Kristin Hein, NNU. 6 – Rebecca Kielpinski, UAA. 4 – Kelsey Hill, SPU; Leada Berkey, WOU. 3 – Claire Pallansch, WWU; Kari Reabold, UAF; Jennifer Williams, NNU; Shantell Marquis, MSUB. 2 – Katie Torland, WOU; Shaina Afoa, CWU.; Dara Zack, SMU; Laina Sobczak, SU. 1 – Twelve with.

**NATIONAL STATISTICS (Through Jan. 27): Individuals (Top 50):** Scoring - 20. Alira Carpenter, MSUB, 19.7; 29. Sheena Brown, UAF, 18.7. Rebounding - None. Assists - 19. Beth Christensen, SPU, 5.6; 32. Mallory Whipple, NNU, 5.2. Blocks - 21. Shaina Afoa, CWU, 2.1; 26. Rebecca Kielpinski, UAA, 2.1. Steals - 18. Shantell Marquis, MSUB, 3.3; 22. Jackie Thomas, SU, 3.3; 44. Kari Reabold, UAF, 2.7. FG Percentage - None. FT Percentage - 12. Jamey Gelhar, SMU, 89.1; 47. Alira Carpenter, MSUB, 83.3. Three-Point Percentage - 12. Hanna Hull, CWU, 45.1; 28. Alira Carpenter, MSUB, 41.2; 40. Jackie Hollands, SPU, 39.1; 47. Maria Nilsson, UAA, 38.5. Three-Pointers - 16. Alira Carpenter, MSUB, 2.9; 44. Jackie Hollands, SPU, 2.5. Assist/Turnover - 11. Jackie Hollands, SPU, 2.21; 44. Beth Christensen, SPU, 1.75; 45. Ashley Fenimore, CWU, 1.74. **Team (Top 50):** Scoring - 17. Northwest Nazarene 77.4; 21. Alaska Anchorage 76.4; 43. Central Washington 73.3. Scoring Defense - 2. Alaska Anchorage 49.2; 10. Seattle 53.5; 19. Seattle Pacific 55.6; 22. Saint Martin's 56.1. Scoring Margin - 1. Alaska Anchorage 27.3; 9. Seattle 19.1; 16. Seattle Pacific 15.6; 50. Central Washington 10.3. Field Goal Percentage - 6. Seattle 47.5; 29. Central Washington 45.3 33. Alaska Anchorage 45.1; 44. Seattle Pacific 44.3. FG Percentage Defense - 4. Alaska Anchorage 32.5; 11. Seattle 33.9; 17. Saint Martin's 34.7; 25. Seattle Pacific 35.4; 42. Central Washington 37.7. Free Throw Percentage - 28. Saint Martin's 74.4; 30. Northwest Nazarene 74.3; 47. Central Washington 73.0. Rebounds - 1. Alaska Anchorage 15.0; 17. Seattle 7.9; 20. Central Washington 7.5; 21. Northwest Nazarene 7.4. Three Pointers - 13. Alaska Anchorage 7.8; 27. Central Washington 7.0; 37. MSU Billings 8.7; 45. Seattle 6.4. Three-Point Percentage - 11. Seattle 39.3; 13. Central Washington 38.9; 37. Seattle Pacific 35.8; 48. Alaska Anchorage 35.0. Assists - 7. Alaska Anchorage 19.3; 10. Seattle Pacific 18.7; 18. Central Washington 17.5. Blocks - 19. Central Washington 4.6; 32. Alaska Anchorage 4.3; 40. Western Washington 4.1; 41. Alaska Fairbanks 4.0. Steals - 24. Alaska Anchorage 12.3; 27. Northwest Nazarene 11.9; 34. Seattle Pacific 11.8; 47. Alaska Fairbanks 11.4. Fewest Turnovers - None. Fewest Fouls - 30. Seattle Pacific 15.2; 39. MSU Billings 15.8. Assist/Turnover - 14. Alaska Anchorage 1.09; 18. Seattle Pacific 1.06.

**GNAC PLAYER-OF-THE-WEEK:** Dara Zack, Saint Martin's (F, 5-9, Fr., Spokane, WA – University) recorded her first two career double-doubles to lead the Saints to a pair of crucial road victories in its quest for a post-season berth. Zack had 24 points and 13 rebounds and snapped a 60-60 overtime tie on a jumper with 4.5 seconds remaining in a 62-60 win Thursday at Seattle University. She then had 13 points and 10 rebounds to lead SMU to a 68-67 win at Billings on Saturday. In the two contests, Zack finished with 37 points and 23 rebounds, shooting at a 62.5 percent clip (15-24).

**HONORABLE MENTION:** Kahlie Quinones, Alaska Anchorage (G, 5-7, Sr., Loveland, CO – Thompson Valley) scored a career-high 19 points in a 57-40 win at Central Washington and had three crucial free throws in the final 24 seconds in a 52-48 win at Western Washington. Quinones finished the two-game road trip with 31 points, eight rebounds, seven assists and three steals. . Megan Hoisington, Seattle Pacific (F, 5-11, So., Bremerton, WA – Central Kitsap) had 10 of her game-high 18 points in the second half as the Falcons ran their win streak to 18 with a one-point victory at Nampa. Hoisington made seven of 12 shots, including four of six in the decisive second-half. She also had six rebounds and three steals.

**AROUND THE GNAC:** Six GNAC teams were ranked in the Top 10 led by No. 1 Seattle Pacific in the inaugural NCAA Division II West Regional poll. The top eight teams in the final poll in March, assuming the GNAC and CCAA champions are in the Top 8, will qualify for the regionals. The CCAA will determine its automatic berth winner this year with a post-season tournament. The PacWest does not receive an automatic berth. . . Seattle University's Laina Sobczak needs 11 more

points to become the 31<sup>st</sup> player in conference history to score 1,000 or more career points.

**AGAINST THE WEST REGION: GNAC (16) vs. CCAA (17)** - SPU 5-0, CWU 2-0, Seattle 1-0, SMU 2-1, NNU 3-2, WOU 2-4, WWU 1-7, UAF 0-1, MSU Billings 0-2. **GNAC (21) vs. PacWest (0)** - Seattle 5-0, UAA 4-0, UAF 4-0, CWU 3-0, SMU 2-0, SPU 1-0, NNU 1-0, WWU 1-0. **CCAA (17) vs. GNAC (16)** - CSU Dominguez Hills 1-0, Chico State 4-1, Sonoma State 2-1, CSU San Bernardino 2-1, UC San Diego 3-2, Cal Poly Pomona 2-2, San Francisco State 1-2, CSU Stanislaus 1-2, Humboldt State 1-3, CSU Monterey Bay 0-2. **PacWest (0) vs. GNAC (21)** - Dixie State 0-2, Hawaii Hilo 0-2, Notre Dame de Namur 0-3 Hawaii Pacific 0-4, Chaminade 0-5, BYU-Hawaii 0-5.

## TEAM NOTES

**Alaska Anchorage:** Rebecca Kielpinski had 24 points and a team-best 25 rebounds as the Seawolves improved to 6-1 on opponent's home courts. She accounted for exactly one-third of UAA's 75 rebounds in the two contests.

**Alaska Fairbanks:** Sheena Brown scored 33 points and also had team-highs of 15 rebounds and five steals as the Nanooks earned a road split. Kari Reabold was credited with 25 points, 14 rebounds and 10 assists.

**Central Washington:** CWU's Alaska products led the Wildcats against UAA and UAF. Anchorage's Shaina Afoa had 23 points and 16 rebounds, while Wasilla's Kristina Klapperich had 22 points and 10 rebounds. The Wildcats, however, suffered their sixth and seventh losses in their last eight games since starting the season with nine straight wins.

**Montana State Billings:** Shantell Marquis just missed a triple-double in the Yellowjackets' 13-point home win over Western Washington finishing with 14 points, 10 rebounds and nine assists. In two games, she tallied 29 points and had 14 rebounds, 14 assists and eight steals leading her team in the latter three categories.

**Northwest Nazarene:** Nichole Schutte was perfect from the floor (5-5) and led the Crusaders with 15 points in their one-point home loss to nationally second-ranked Seattle Pacific. NNU had big edges in shooting (47.1 to 38.6) and rebounds (41-29), but turned the ball over 25 times, seven more than the Falcons.

**Saint Martin's:** Kassie Ludeman scored 16 points and had 14 rebounds in the Saints' one-point win at Montana State Billings. In two contests, she had 32 points on 13 of 21 shooting and helped lead the Saints to a 93-66 rebounding advantage, pulling down 22. She also had all five of SMU's blocks.

**Seattle:** Quinn Brewe scored 23 points and also had 13 rebounds and Laina Sobczak contributed 16 points and 18 rebounds as the Redhawks split a pair of two-point home contests, including one in overtime. Jackie Thomas had 10 steals to move into fourth place on the GNAC all-time career list with 212.

**Seattle Pacific:** Beth Christensen scored six of her 10 points in the final 2:31 to rally the Falcons from a 63-58 deficit to a 68-67

win. Christensen, who had three assists and a team-high four steals, sank two foul shots with one second left on the clock.

**Western Oregon:** The Wolves shot just 27.7 percent in road losses at Billings and Seattle University. Leada Berkey led the Wolves with 30 points and 19 rebounds, but was just 10 of 38 from the floor in the two contests.

**Western Washington:** Claire Pallansch scored 37 points and also had 10 rebounds and four blocks as the Vikings split two games, earning their first home win since Nov. 16. Gabby Wade had 17 points, 19 rebounds (12 at the offensive end) and seven of the Vikings' 12 steals.

## GNAC CAREER LEADERS (Through Feb. 3)

### Scoring

1.	Rose Shaw, Central Washington (1999-02)	1696
7.	Leada Berkey, Western Oregon (2005-08)	1379
15.	Rebecca Kielpinski, Alaska Anchorage (2006-08)	1191
22.	Hannah Hull, Central Washington (2005-08)	1106
29.	Kari Reabold, Alaska Fairbanks (2005-08)	1030
31.	Laina Sobczak, Seattle (2005-08)	989
<i>MSUB Career Totals</i>		
	Alira Carpenter, MSU Billings (2006-08)	1207

### Three-Pointers

1.	Mandy Wood, Seattle Pacific (2003-06)	234
10.	Hanna Hull, Central Washington (2005-08)	147
19.	Jackie Hollands, Seattle Pacific (2006-08)	114
21.	Cristina Bruketta, Alaska Fairbanks (2006-08)	113
<i>MSUB Career Totals</i>		
	Alira Carpenter, MSU Billings (2006-08)	186
	Kayla McPherson, MSU Billings (2006-08)	112

### Rebounds

1.	Carli Grant, Seattle Pacific (2003-06)	1083
9.	Rebecca Kielpinski, Alaska Anchorage (2006-08)	760
10.	Leada Berkey, Western Oregon (2005-08)	726
20.	Kari Reabold, Alaska Fairbanks (2005-08)	576
22.	Claire Pallansch, Western Washington (2006-08)	552
23.	Laina Sobczak, Seattle (2005-08)	541
25.	Kelsey Hill, Seattle Pacific (2006-08)	531

### Assists

1.	Melanie Wagoner, Alaska Fairbanks (1999-02)	500
3.	Beth Christensen, Seattle Pacific (2005-07)	435
13.	Mallory Whipple, Northwest Nazarene (2006-08)	287

### Steals

1.	Alysson Kollman, Northwest Nazarene (2000-03)	326
4.	Jackie Thomas, Seattle (2005-07)	212
21.	Mallory Whipple, Northwest Nazarene (2006-08)	158
25.	Beth Christensen, Seattle Pacific (2005-08)	152

### Blocks

1.	Brittney Kroon, Seattle Pacific (2003-06)	419
3.	Krystal Robinson, Western Washington (2004-08)	190
4.	Rebecca Kielpinski, Alaska Anchorage (2006-07)	154
10.	Claire Pallansch, Western Washington (2006-08)	78
19.	Joscelyn Shumate, Alaska Fairbanks (2005-08)	52
21.	Kelsey Hill, Seattle Pacific (2006-08)	51
23.	Kari Reabold, Alaska Fairbanks (2005-08)	50

## Indoor Track & Field

**GNAC ATHLETES-OF-THE-WEEK: Female** – Amy Carroll, Northwest Nazarene (Sr., Billings, MT) and Melissa Peaslee, Seattle Pacific (Fr., Fox Island, WA – Gig Harbor) . . . Carroll finished third in the shot put (42-8) and seventh in the weight throw (45-11 ¼) in the United Heritage Invitational at Nampa. Her shot put mark is the best in the GNAC this winter and ranks third all-time in the conference. It also is a NNU school record breaking the old mark by almost three feet. Peaslee added five inches to her provisional national qualifying mark in the women's pole vault, clearing 12-2 at the University of Washington Indoor. Her mark is the second best in GNAC history. **Male** – John Riak, Saint Martin's (Jr., Lacey, WA – North Thurston) ran the third fastest mile in GNAC indoor history at UW. He was clocked in a provisional national qualifying time of 4:12.53.

**UW INVITATIONAL (at Seattle):** Jessica Pixler posted an automatic qualifying time for the NCAA Division II national meet in the women's 800. The Seattle Pacific sophomore finished sixth in a GNAC record-time of 2:07.57, breaking the old mark of 2:09.53 set by Sarah Kraybill of SPU in 2003. . . In addition to Pixler's automatic mark and Riak's provisional mark, two other GNAC athletes posted first-time provisional national qualifying times Saturday. . . SPU's Jane Larson ran a PNQ in the 800, finishing 18th in a time of 2:14.42. Sabrina Freed of Western Oregon qualified in the weight throw, finishing 14th in a throw of 52-10 ¾. . . On Friday, Seattle Pacific chopped 7.58 seconds off its own GNAC record in placing sixth in the women's distance medley in a provisional mark of 11:38.24. . . Improving previous PNQs were Peaslee and SPU's Teona Golding. Golding added half an inch to her high jump PNQ finishing fifth with a leap of 5-6 ½. . . Western Washington's Sarah Porter improved her PNQ in the 5,000 meters on Friday, placing 11th with a school-record time of 17:25.84. . . Establishing individual GNAC season-best marks in addition to Pixler, Golding, Peaslee, Freed, Porter and Riak was Ashtin Mott of Western Oregon in the men's 60 meters (25th, 7.15) and 200 (15th, 22.66).

**UNITED HERITAGE (At Nampa):** NNU's Kevin Lambert ran the fastest 3,000-meter time in the GNAC so far this winter, placing fifth in a time of 8:48.39. Elisa Decker finished eighth in the women's 400 in a time of 58.52, which ranks second on the GNAC Top Marks list. She also posted a provisional national qualifying time of 2:16.19 in the 800, which ranks third in the conference. . . Greg Hamm had the GNAC's season's best triple jump, placing sixth with a leap of 44-10 ¾. . . NNU's men ran the fastest 4x400 relay this winter in the conference placing sixth in a time of 3:27.37.

**UI McDONALD'S INTERCOLLEGIATE (at Moscow):** Matt Rogstad of Central Washington ran the fastest time this winter in the GNAC in the men's 400. Rogstad placed fourth in a time of 49.85, moving into fourth place on the GNAC All-Time Top 10 in the event. . . CWU's Marcie Mullen swept the mile and 3000. She finished first in the mile in a time of 5:15.47 and won the 3000 in a time of 10:40.30.

**DAVE LITTLE INVITATIONAL (at Spearfish, S.D.):** Richie Pemberton had Montana State Billings' best finish placing third in the 3,000 meters in a time of 9:11.58. He was also fifth in the mile in a time of 4:36.70. MSUB's Sarah Jackson placed fourth in the women's mile in a time of 5:42.88.

**THIS WEEK: Friday** – UI Vandal Indoor (CWU, WWU); BSU Bronco Indoor (NNU). **Saturday** – Chiles Center Indoor at Portland (WOU, SU); UI Vandal Indoor (CWU, WWU); BSU Bronco Indoor (NNU).

**UW Indoor (Feb. 1-2 at Seattle): Men (Top 10):** Distance Medley - 10. Seattle Pacific 10:24.26. Weight Throw - 10. Anthony Marin, WOU, 51-7 ¾. **Women (Top 8):** 800 - 6. Jessica Pixler, SPU, 2:07.57. Distance Medley - 6. Seattle Pacific 11:38.24. High Jump - 5. Teona Golding, SPU, 5-6 1/2.

**United Heritage (Feb. 1-2 at Nampa): Men (Top 8):** 3000 - 5. Kevin Lambert, NNU, 8:48.39; 8. Seth Clark, NNU, 8:56.33. 4x400 - 6. Northwest Nazarene 3:27.37. High Jump - 6. Jess Keys, NNU, 6-2 1/4. Pole Vault - 8. Eric Zwiefelhofer, NNU, 13-7 1/4. Triple Jump - 6. Greg Hamm, NNU, 44-10 ¾; 8. Josh Heidegger, NNU, 41-2 1/2. Shot Put - 6. Grant Miller, NNU, 45-8; 7. Zach Barclay, NNU, 45-3 1/2; 8. Jordan Fenters, NNU, 45-1 ¾. **Women (Top 8):** 400 - 8. Elisa Decker, NNU, 58.52. 800 - 4. Elisa Decker, NNU, 2:16.19. 4x400 - 6. Northwest Nazarene 4:14.73. Long Jump - 7. Lynsie Powers, NNU, 15-7 1/2. Triple Jump - 4. Laura VonArx, NNU, 33-4. Shot Put - 3. Amy Carroll, NNU, 42-8; 8. Shayna Shute, NNU, 35-5 ¾. Weight Throw - 7. Amy Carroll, NNU, 45-11 1/4.

**UI McDonald's (Feb. 1-2): Men (Top 6):** 400 - 4. Matt Rogstad, CWU, 49.85. 4x400 - 6. Central Washington 3:35.53. Pole Vault - 6. Scott McCoy, CWU, 15-1. Long Jump - 3. Nick Collins, CWU, 21-11. **Women (Top 6):** Mile - 1. Marcie Mullen, CWU, 5:15.47; 2. Sarah Benson, CWU, 5:28.28. 800 - 3. Sarah Benson, CWU, 2:29.95; 5. Mary Seidler, CWU, 2:35.09; 6. Raquel Gonzalez, CWU, 2:35.21. 3000 - 1. Marcie Mullen, CWU, 10:40.30. 4x400 - 3. Central Washington 4:14.58. Triple Jump - 4. Amanda Rose, CWU, 34-6 ¾.

**Black Hills State Dave Little Invitational (Feb. 1 at Spearfish, SD): Men (Top 6):** Mile - 5. Richie Pemberton, MSUB, 4:36.70. 3000 - 3. Richie Pemberton, MSUB, 9:11.58. **Women (Top 6):** Mile - 4. Sarah Jackson, MSUB, 5:42.88; 6. Katie Thiel, MSUB, 6:07.99. 55 Hurdles - 5. Amanda Baum, MSUB, 9.79. Shot Put - 6. Lexi Halvorson, MSUB, 35-11 1/2.

## Baseball

	W	L	PCT	GB	W	L	PCT
Western Oregon	0	0	.000	--	2	1	.667
Saint Martin's	0	0	.000	--	0	0	.000
Central Washington	0	0	.000	--	0	0	.000
Northwest Nazarene	0	0	.000	--	0	0	.000
MSU Billings	0	0	.000	--	0	0	.000

**LAST WEEK: Friday** – Western Oregon 3 at UC San Diego 4. **Saturday** – Corban at Saint Martin's (2), postponed; Western Oregon 11-3 at UC San Diego 10-1. **Sunday** – Western Oregon at UC San Diego, postponed until Monday.

**THIS WEEK: Monday** – Western Oregon at UC San Diego, 2 p.m. **Tuesday** – Western Oregon at CSU Stanislaus, 2:30 p.m. **Thursday** – Western Oregon at Chico State, 5 p.m. **Friday** – Western Oregon at Chico State, 5 p.m. **Saturday** – Central Washington at CSU Stanislaus (2), 11 a.m.; Western Oregon at Chico State (2), 11 a.m.; Northwest Nazarene vs. Oregon Tech (at Redding), 1 p.m. **Sunday** – Central Washington at CSU Stanislaus (2), 11 a.m. **Monday (Feb. 11)** – Northwest Nazarene at Bethany, 3 p.m. **Tuesday (Feb. 12)** – Northwest Nazarene at Bethany (2), noon. **Wednesday (Feb. 13)** – Northwest Nazarene at Bethany, 3 p.m.

**POLLS: NCBWA (Pre-Season)** - 41. Western Oregon. **GNAC Coaches Pre-Season:** 1. Western Oregon (4) 28; 2. Central Washington (1) 20; 3. MSU Billings 13; 4. Northwest Nazarene 10; 5. Saint Martin's 9. (**Note:** First-place votes in parenthesis. Points awarded on 6-4-3-2-1).

**AROUND THE GNAC:** Western Oregon hit just .222, but still earned two wins in three games at nationally 15<sup>th</sup>-ranked UC San Diego. Dylan Bruck led the Wolves with five hits, including three doubles, in 10 at bats. Bruck and Drew Humphrey each had four RBI. Greg Bobnick allowed three hits in four innings to record a win in Saturday's 3-1 victory. The fourth game of the series was postponed until Monday because of rain. . Saint Martin's scheduled doubleheader with Corban on Saturday was also rained out.

## Softball

	W	L	PCT	GB	W	L	PCT
Seattle	0	0	.000	--	4	0	1.000
Western Oregon	0	0	.000	--	0	0	.000
Saint Martin's	0	0	.000	--	0	0	.000
Central Washington	0	0	.000	--	0	0	.000
MSU Billings	0	0	.000	--	0	0	.000
Western Washington	0	0	.000	--	0	0	.000
Northwest Nazarene	0	0	.000	--	0	4	.000

**LAST WEEK: Friday** – Dixie State Red Rock Invitational (Cal Baptist 3, Northwest Nazarene 1; NNU vs. Dixie State, 1:30 p.m.); CSUS Best of the West (Seattle 5, CSU Dominguez Hills 4; Seattle 4, CSU Stanislaus 0). **Saturday**–Dixie State Red Rock Invitational (Cal Baptist 19, Northwest Nazarene 1; Dixie State 24, Northwest Nazarene 6); CSUS Best of the West (Seattle 10, CSU Monterey Bay 3; Seattle 5, Davis & Elkins 0). **Sunday** - CSUS Best of the West (Seattle vs. Grand Canyon, cancelled; Seattle vs. Humboldt State, cancelled).

**THIS WEEK: Sunday** – Seattle at Saint Martin's (2), noon (non-conference).

**POLLS: NFCA (Pre-Season)** – 18. Seattle University. **GNAC Coaches Pre-Season:** 1. Seattle (4) 49; 2. Western Washington (3) 39; 3. Western Oregon 34; 4. Central Washington 30; 5. Montana State Billings 27; 6. Saint Martin's 14; 7. Northwest Nazarene 10. (**Note:** First-place votes in parenthesis. Points awarded on 11-9-8-7-6-5-4-3-2-1 basis.).

**GNAC PLAYERS-OF-THE-WEEK: Player** – Megan MacIsaac, Seattle University (SS, 5-10, Jr., Santa Barbara, CA – Dos Pueblos) had six hits in 12 at bats, scored three runs and drove in five to lead the Redhawks to a 4-0 record and the tournament title in the Mizuno Best of the West Invitational at Turlock, Calif. MacIsaac reached base 10 times in 16 at bats, also drawing four walks. **Pitcher** – Kelsey Reynolds, Seattle University (5-9, So., Kent, WA – Kentlake) pitched two shutouts at Turlock, allowing just 11 hits in 14 innings. In her two victories, Reynolds walked two and struck out eight.

**AROUND THE GNAC:** Reynolds' two shutouts earned Seattle University the tournament title when Sunday's scheduled games were rained out. Both SU and UC San Diego finished with 4-0 records, but the Redhawks were declared the tournament champion on the basis of most shutouts. . Sandra Hernandez batted a team-best .636 for SU, banging out seven hits in 11 at bats. . Seattle University and Cal State Stanislaus, the two teams that played in last spring's NCAA Division II West Regional title game, had quite different beginnings to their 2008 seasons. While the Redhawks went 4-0, the host Warriors were winless in four games. . Northwest Nazarene was outscored 58-8 in losing four games in the Dixie State Red Rock Invitational at St. George, Utah. NNU's opponents hit .517 in the tournament.

## All-Sports Standings

**GNAC: Overall (5 of 14 sports):** Western Washington 66, Western Oregon 61, Seattle Pacific 55, Seattle 54, Central Washington 46, Northwest Nazarene 43, MSU Billings 33, Alaska Anchorage 32, Alaska Fairbanks 21, Saint Martin's 21. **Men (2 of 7 sports):** Western Washington 26, Seattle 20, Western Oregon 18, Alaska Anchorage 16, Central Washington 14, Alaska Fairbanks 12, MSU Billings 10, Northwest Nazarene 8, Seattle Pacific 8, Saint Martin's 8. **Women (3 of 7 sports):** Seattle Pacific 47, Western Oregon 43, Western Washington 40, Northwest Nazarene 35, Seattle 34, Central Washington 32, MSU Billings 23, Alaska Anchorage 16, Saint Martin's 13, Alaska Fairbanks 9.

**Conference Champions: Men's Cross Country** – Western Washington. **Men's Soccer** – Seattle University. **Volleyball** – Western Washington. **Women's Cross Country** – Seattle Pacific. **Women's Soccer** – Seattle Pacific.

**NACDA (End of Fall):** 1. Grand Valley State 404; 12. Seattle Pacific 173; 18. Western Washington 147; 53. Seattle 75; 64. Central Washington 70; 100. Northwest Nazarene and Western Oregon 25.