

The Staff Senate Voice

January/February 2008



MSUB Staff Senate Enrichment Series Presentation

“Mastering Negotiation as a Life Skill”
with **Simon Atkins, CEO of Advanced Forecasting Corporation**

Date: Tuesday, March 25

Time: 10:00 – 11:30 AM

Location: Cisel Hall Auditorium



You may remember Simon from his time on the faculty of the MSUB College of Business, or from his uplifting philosophical Web site, “Simon Says.” Simon believes that “Negotiation is the game of life and business, the lifeblood of relationships, and a positive way of structuring the communication process.”

He’ll share his international business experiences, and ways negotiation can enhance your life.

Who Should Attend: Everyone in the MSU Billings community who is interested in increasing their vitality and confidence by enhancing their negotiating skill.

What to Expect: A lively and positive talk, with the chance to share a situation for which you’d like to have a positive outcome through negotiation.

Save the date! Tell your campus friends and colleagues! “This will be fun and potentially life-changing!”

Staff Senate Presents the First in a Series of Craft Lunch and Learn Sessions:

BEAD JEWELRY-MAKING 101

Date: Tuesday, Feb. 12th

Time: 12:00 – 1:00 PM

Location: SUB Beartooth Room (2nd floor)

Make a pair of earrings or a bracelet during this one-hour craft session. Instructor Martha Hintt will help you make a nice finished piece you can wear home. Use her tools, learn the techniques, and see finished work by Martha and others, too! Bring your sack lunch, if you like.

Kits are furnished at cost: earrings \$12.00 and bracelet \$15.00

To participate in the hands-on session you must RSVP by Friday, February 8th to Martha Hintt at 657-2290.

Theatre at MSU Billings

Are you looking for something different to do on your weekend? Why not indulge in a just little bit of theatre put on by students of Montana State University Billings and also locals in the community. First up is “That Championship Season” running February 6-9 in LA 620. The show is scheduled to begin at 7:30 p.m. each night and tickets are \$8 for general admission. This play details the reunion of a championship basketball team and their beloved coach 20 years later and features an all male cast.

The MSUB theatre program is actively trying to reinvigorate itself and community support is strongly encouraged. Coming up in April, it will be the ladies’ turn to take the stage as the program will be staging “Five Women Wearing the Same Dress”, a play featuring five female actresses. This play was written by Alan Ball, writer of *American Beauty* and also the HBO television series *Six Feet Under*.

Opening night for that will be April 16th also in the LA building room 620.

See you at the theatre!



CORNER OF SAFETY & FIRST...

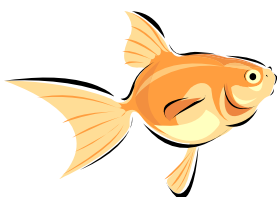


Driving safely on icy roads:

- Brake gently to avoid skidding. If your wheels start to lock up, ease off the brake.
- Turn on your lights to increase your visibility to other motorists.
- Don't use cruise control or overdrive on icy roads.
- Decrease your speed and leave yourself plenty of room to stop. You should allow at least three times more space than usual between you and the car in front of you.
- Be especially careful on bridges, overpasses and infrequently traveled roads, which will freeze first. Even at temperatures above freezing, if the conditions are wet, you might encounter ice in shady areas or on exposed roadways like bridges.
- Don't pass snow plows and sanding trucks. The drivers have limited visibility, and you're likely to find the road in front of them worse than the road behind.

FISH PATROL...

Watch out for members of Staff Senate on FISH! Patrol...



Staff Senate wants you to know that we appreciate your talents, participation and your hard work at MSU Billings! As a small token of thanks, members of Staff Senate will be out and about on various Fridays to see if you are wearing your "Yellowjacket Spirit Day" clothes. If we 'catch' you, you will be given the opportunity to snag a prize from our fish tank!

You never know when or where the Staff Senate FISH! Patrol will strike, so be ready. Catch the spirit; wear your Spirit clothes each and every Friday!

YELLOWJACKET SUPPORT...

UPCOMING HOME EVENTS: ALL GAMES ARE PLAYED IN THE ALTEROWITZ GYM

Date	Event	Time
January 31	Women's Basketball vs. Western Oregon	7:00pm
February 2	Women's Basketball vs. Saint Martin's	7:00pm
February 14	Men's Basketball vs. Western Oregon	7:00pm
February 16	Women's Basketball vs. Seattle	5:00pm
February 16	Men's Basketball vs. Saint Martin's	7:00pm
February 21	Women's Basketball vs. Northwest Nazarene	7:00pm
February 23	Women's Basketball vs. Seattle Pacific	7:00pm
February 28	Men's Basketball vs. Central Washington	7:00pm
March 1	Men's Basketball vs. Western Washington	7:00pm
March 6	Women's Basketball vs. Alaska Fairbanks	7:00pm
March 8	Women's Basketball vs. Alaska Anchorage	7:00pm



HR HAPPENINGS...

NEW HIRES (SINCE DECEMBER 2007)

Kristin Baule	Admissions & Records
Tamara Finley	Facilities Services - Custodial
Shondelle Geiss	College of Technology
Barbara Larson	Montana Center on Disabilities
Leslie Ryan	Admissions & Records
Christopher Strief	Athletics
Karla Wickens	Disability Support Services
Jennifer Woegens	College of Technology

BODY & MIND...

WellNotes

Employee Wellness Classes:

***NEW* YOGA at the COT**

Instructor: Michelle Luff
Tuesdays, 5:30-6:30pm
Location: B002
Fee: \$35 per semester

YOGA

Instructor: Michelle Luff
Wednesdays, 5:30-6:30pm
Location: Beartooth Room (SUB)
Fee: \$30 per semester

PILATES

Instructor: Becky Meisenheimer
Tuesday & Thursday, 12:10-12:40pm
Location: Main gym in the PE building
Fee: \$38 per semester

WATER AEROBICS

Instructor: Laurie Murphy
Tuesday & Thursday, 5:30-6:30pm
Location: Pool in the PE building
Fee: \$55 per semester

The first class is free to NEW students wanting to try it out!

- You can join at any time.
- Must pay in full when you start.
- Make checks payable to "MSUB Wellness" and send through campus mail to: Cindy Millard, Apsaruke Hall, Room 111

*The MSUB PE Center requires that you pay the PE facility user fee if you attend a class in the PE building. Passes are paid per semester or year. Passes can be purchased at the Rec. Center desk. This pass allows you to use all of the facility!

Questions?

Call Cindy Millard, Employee Wellness Coordinator at 896-5836.

Hope to see you in class!

- ***NEW* Weight Watchers meeting**
Wednesdays, 12 noon-1pm starting January 30th, 2008
Location: 3rd floor conference room in the Library
Cost: \$144 for 12 sessions
- MSUB is thrilled to have 7 teams with 54 people participating in **Shape Up Montana** this year!
- Check out the Employee Wellness Website www.montana.edu/wellness for MUS Wellness information and programs, community health related events, and healthy recipes!

MARK YOUR CALENDARS!

April 1, 2008 Spring WellCheck/Healthfair at the COT from 6:45-9:30am



Laugh For The Day

For Those Who Take Life Too Seriously...

An Interview With An 80-year-old Woman

The local news station was interviewing an 80-year-old lady because she had just gotten married -- for the fourth time.

The interviewer asked her questions about her life, about what it felt like to be marrying again at 80, and then about her new husband's occupation.

"He's a funeral director," she answered.

"Interesting," the newsman thought. He then asked her if she wouldn't mind telling him a little about her first three husbands and what they did for a living.

She paused for a few moments, needing time to reflect on all those years. After a short time, a smile came to her face and she answered proudly, explaining that she'd first married a banker when she was in her early 20s, then a circus ringmaster when in her 40s, later on a preacher when in her 60s, and now in her 80s, a funeral director.

The interviewer looked at her, quite astonished, and asked why she had married four men with such diverse careers.

She smiled and explained, "I married one for the money, two for the show, three to get ready, and four to go."

Taken from the Good Clean Funnies List at www.gcff.net

OFFICE FOR COMMUNITY INVOLVEMENT...

Only 1 in 20 people regularly give blood. For every person in need of blood, the simple act of giving is heroic.

We need more heroes...

Blood Drive

Date: Thursday, February 7th

Time: 10:00am - 3:00pm

Place: SUB Ballroom

Date: Thursday, February 14th

Time: 10:00am - 3:00pm

Place: College of Technology

AND

Staff, faculty, and students interested in donating can register online at www.bloodhero.com (passcode: msub) or call the OCI office to schedule an appointment (896-5815). Walk-ins are welcome.

ODDS & ENDS...

Star of the Month Awards for December & January



Presented by MSU Billings Staff Senate

December
Pat Amundsen, History

January
*Sarah Sherman Brockel
Provost's Office*

NOMINATE A STAR!

Do you know a MSU Billings staff member who constantly goes out of his or her way for the campus community?

Do you know someone who goes the extra mile doing his or her job?

To nominate someone for Star of the Month, please visit the website at www.msubillings.edu/staffsenate.

The Voice Trivia

During the 1980s, what industry began to promote their product as a good Valentine's Day gift?

This issue's winner will receive a free tee-shirt!

Submit answers via email to Amy Beatty (abeatty@msubillings.edu). Please put **Voice Trivia** in subject line. Correct answers received by Friday, February 15th, will be entered into a drawing for the prize.

Last month's winner was Mary Anna Carls from the College of Technology.

The correct answer was Montgomery Wards.