Meet the New Peer Mentors

Hi, my name is Laurel Lawrence. I am a senior and will be graduating this spring with my B.S. in Rehabilitation & Related Services. I started my degree 16 years ago and am so excited to finally complete it! I have lived in Billings for many years although I was born and raised in the mountains of California. I enjoy being outdoors and love sitting down with a good book and a hot cup of tea! I am a registered yoga instructor with a certification in trauma sensitive yoga. I hope to work holistically with people to overcome their past trauma and hardship and to become the person they aspire to be!

Hello, my name is Liz and I am currently in my senior year at MSUB. I will graduate this spring with my B.S. in Human Services and my A.A. in Rehab and Related Services. This fall I plan to move to Missoula and attend the University of Montana to obtain my MSW. With my degrees, I hope to ultimately work with sex and violent offenders in some sort of capacity, more than likely in a therapeutic way. In addition to schooling, I also work full-time at the YWCA and am a very busy single mom to a rambunctious three-year-old little girl. Currently, I just enjoy spending all of my free time with her doing anything that peaks our interests.

Have you made a meeting with your Peer Mentor yet?

If not, you can do so by calling 406-657-2162 or stop by the TRIO Student Support Services office between 8AM and 5PM, Monday through Friday.
National TRIO Week takes place across the nation during the last week of February every year. TRIO Week is based off of National TRIO Day, where the success of former and current TRIO students is celebrated. The goal of TRIO Week is to bring awareness to the importance of TRIO programs and the educational opportunities they provide for low-income, first-generation, and students with disabilities. This year at MSUB, TRIO Student Support Services and the TRIO Advocates Club will collaborate with other MSUB organizations to put on a series of events around campus including:

Monday, February 25th
Time: 8AM-10AM  Location: Library 141
Event: Roll out of bed and wake up to energize your week with a FREE cup of coffee and a delicious muffin. All MSUB students are welcome!

Time: 11AM-12:30PM  Location: Library 121
Event: TRIO Rocks! Come paint rocks to spread warmth and cheer throughout MSUB!

Tuesday, February 26th
Time: 11AM—2PM  Location: Library 141
Event: Stay positive, contribute, and take what you need from the Positive Affirmation Board.

Time: 6PM  Location: Glacier Room at the SUB
Event: TRIO Advocates will be teaming up with HEROES for Microwave Chopped, a cooking competition using microwavable foods. Teams of two will compete against each other. One more Judge is needed. To sign up, stop by the housing desks at Petro or Rimrock Hall.

Wednesday, February 27th
Time: 11AM-1PM  Location: Library 141
Event: Try TRIO and come find out how TRIO SSS can benefit you as a student. Enjoy a slice of scrumptious pizza and cake and mingle with current TRIO SSS students. All MSUB students are welcome!
Thursday, February 28th
**Time:** 11AM-1PM  
**Location:** SUB Atrium  
**Event:** Spark your creative juices and make a *vision board* to share your aspirations. A *light lunch* will be provided to fuel your brain.

**Time:** 6PM-8PM  
**Location:** SUB Atrium  
**Event:** Play and win awesome prizes at *BINGO with TRIO*!

Friday, March 1st
**Time:** 11AM-1PM  
**Location:** Library 141  
**Event:** Relieve your stress by *making your own stress ball*. All materials will be provided. Drop-in anytime during the session.

(From the Food Drive in 2018)

**Time:** All Week  
**Location:** Library 141  
**Event:** TRIO SSS will be collecting nonperishable food items all throughout TRIO Week for the 2nd Annual Food Drive. All donations will be given to the Yellowjacket Emergency Food Pantry. Bring any donations to the TRIO SSS main office in Library 141 anytime during TRIO Week.

We hope to see you at one or all of these events. If you have any questions about please call 406-657-2162 or email Stephen at stephen.stefan@msubillings.edu.

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1. What lake in Montana is the largest freshwater lake between the Mississippi River and Pacific Ocean?

2. Eleven tribal nations live on seven reservations in Montana. What is the name of a twelfth tribe who lives in the state or on the reservation without its own land?

3. Why is Montana called the Treasure State?

4. In January 1972, Loma, Montana, broke the national record for the greatest temperature change within a 24-hour period which was a __________ degree climb from __________ to __________ degrees Fahrenheit. (Answers on Page 6)
Pedro Sosa is a non-traditional student and Marine Corp Veteran studying Business Management. After graduation, he plans to get his Master’s Degree in Clinical Rehabilitation and Mental Health Counseling. He is highly involved in the Billings community as a Mentor for the Courts Assisting Military Offenders (CAMO) Program and is a leader for his son’s Cub Scout Pack.

What campus organizations and activities are you involved in?
Pedro: “I am a board member for the Student Veterans Organization and a work study student for the Veterans Center.”

How has TRIO SSS helped you?
Pedro: “TRIO SSS has helped me by giving me the support, resources, and guidance needed to be a successful student.”

What is your dream job?
Pedro: “I want to be a counselor and help Veterans and other people learn how to cope with the struggles of life and live a better life.”

What are 5 random facts about you?
1. I like spending time with my family.
2. I enjoy working out.
3. I like motorcycles.
4. I like music.
5. I like art.
Activities & Important Dates

Last Day for Withdrawing/Dropping Classes with a Partial Refund — February 6th

University Campus Internship & Career Fair— February 13th, 1-4PM, Student Union Building

Cultural Presentation on South Korea—February 13th, 5PM, Library Room 311
Sip N’ Paint—February 14th, 7-9PM, Glacier Room, Student Union Building
Student Leadership Market—February 19th, 11:30AM—2PM, 2nd Floor of the LA Building

Registration for Summer Session 2019 Begins—February 19th
Cultural Presentation on South Korea—February 20th, 5PM, Library Room 311
Cultural Presentation on Germany—February 27th, 5PM, Library Room 311

Spring Break No Classes - March 2nd-March 10th

For more information click here to see the master calendar

Puppy Kissing Booth

On Valentines Day
(Feb 14th)
11AM – 1PM
@ the SUB Atrium

Get your picture taken for FREE!

Trivia answers:
1. Flathead Lake
2. The Little Shell Band of Chippewa
3. Because of its large gold and silver mines
4. A 103 degree climb from -54 Fahrenheit to 49 degrees Fahrenheit