

Fall 2009 SOS/TRiO Workshops

How to Approach Faculty, presented by Holly Hudson
Wednesday, September 16, 9:20 am - 10:20 am
OR-Friday, September 18, 10:30 am - 11:30 pm



Opening Up to Make New Friends, presented by Jessica Shultis
Tuesday, September 22, 2:00 pm - 3:00 pm
OR-Friday, September 25, 11:40 am - 12:40 pm

Learning Better Financial and Budgeting Skills, presented by Amber Kelly-Nash
Wednesday, September 30, 2:00 pm - 3:00 pm
OR-Friday, October 2, 10:30 am - 11:30 am



Resume Writing, presented by Amy Stark
Wednesday, October 7, 2:30 pm - 4:00 pm
OR-Thursday, October 8, 3:00 pm - 4:30 pm



Living Healthy While Managing a Hectic Lifestyle, presented by Sarah Shadel
Tuesday, October 13, 8:40 am - 9:40 am
OR-Friday, October 16, 2:00 pm - 3:00 pm



Stress Management, presented by Laurie Burton
Wednesday, October 21, 11:40 am - 12:40 pm
OR- Thursday, October 22, 12:30 pm - 1:30 pm



Going Green/Recycling, presented by Jen Gross
Monday, October 26, 9:20 am - 10:20 am
OR-Thursday, October 29, 2:00 pm - 3:00 pm

Fall 2009 SOS/TRiO Workshops



Resume Writing, presented by Amy Stark
Wednesday, November 4, 2:30 pm - 4:00 pm
OR-Thursday, November 5, 3:00 pm - 4:30 pm

Five Steps to Success, presented by Amy Stark
Monday, November 9, 2:30 pm - 4:00 pm
OR-Thursday, November 12, 3:00 pm - 4:30 pm



Supporting Your Troops and Yourself, presented by Amy Fladmo
Tuesday, November 17, 11:00 am - 12:00 pm
OR-Wednesday, November 18, 2:00 pm - 3:00 pm

Scholarships, presented by Charlotte Kobold
Tuesday, December 1, 12:15 pm - 1:15 pm
OR-Wednesday, December 2, 9:20 am - 10:20 am



Resume Writing, presented by Amy Stark
Tuesday, December 8, 3:00 pm - 4:30 pm
OR-Wednesday, December 9, 2:30 pm - 4:00 pm

As Requested, One on One Appointments Presented by Charlotte Kobold
Reading Comprehension
Note Taking
Studying for Tests
Time Management