



# Health Science Career Pathways

## PARENT CHECKLIST

### Suggestions and Reminders for Student Success in the Health Science Career Pathways

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#### ▶ Junior High/Freshman Year

- Talk with your teens about their high school schedule and encourage them to take college prep courses. Visit with them about how their courses will translate into a career.
- Help your teens to identify their strengths and interests. Talk with them about how their strengths and interests translate into a career. Remember that the healthcare field has a wide range of career options to match a variety of interests.
- Encourage your teens to get involved in clubs, organizations, or volunteer work that will help them to develop key skills and learn more about careers in the health field.
- Encourage your teens to job shadow. If you have friends or members of your family working in the health field, ask if your teen might follow them around for a day.
- Suggest that your teens enroll in local health camps to expose them to health careers.
- Save for college and investigate college expenses.
- Help your teens to develop strong study and time management skills.

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#### ▶ Sophomore Year

Continue all activities above and also:

- Begin to research colleges online and visit colleges that have programs that might interest your teens.
- Begin to research scholarship programs.

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#### ▶ Junior Year

Continue all activities above and also:

- Review possible college courses your teens can take while still in high school. MSU Billings has a variety of general education and health courses available.
- Remind your teens to visit with their high school guidance counselors to stay on track in their plan of study.
- Remind your teens to stay in touch with their guidance counselors and register for college entrance exams such as the ACT or SAT.
- Help your teens to research scholarship opportunities.
- Assist your teens in narrowing potential career options and college majors.
- Remind your teens to begin writing colleges for admission applications at the end of their junior year.

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#### ▶ Senior Year

Continue with relevant activities above and also:

- Assist your teens in completing the Free Application for Student Aid (FAFSA) to get assistance for paying for college in the form of loans, grants, or work study. Remind your teens to apply for scholarships.
- Remind your teens to complete admission applications.
- Make final visits to colleges and assist your teens in selecting a college.