

Montana State University – Billings
College of Allied Health Professions
Department of Health and Human Performance

HHP 111 – Bowling
Fall 2006

Instructor: David D. Blair
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Office Hours: M/W/F 9:15-10:15 and M/W 1:15-2:00

Class Location: Center Bowling Lanes, 109 N. 30th Street
Class Time: T/Th 10:30-11:30, September 7 – October 19

Course Description: This course covers all fundamentals of bowling, including and understanding of how to improve skills, etiquette and courtesies of bowling, terminology, and scoring a game.

Course Goals and Purpose:

1. To learn basic skills of bowling.
2. Develop an understanding of how to improve skills.
3. To learn the etiquette and courtesies of bowling
4. Learn and understand scoring
5. Develop an appreciation for bowling

Prerequisites: None

Course Outline:

1. Introduction of basic skills: ball selection, approach, carry, delivery, release
2. Scoring principles
3. Skill tests
4. Competitive bowling
5. Final Exam on October 19, at Center Lanes

Lane Fee: \$35.00 payable to Center Bowling Lanes

Grading: Grading is based on class attendance (90%) and Final Exam (10%)

Attendance

1. 0-1 Absences = A
2. 2-3 Absences = B
3. 4-5 Absences = C
4. 6-7 Absences = D
5. 8 or more = F

