



**ADVISING WORKSHEET  
MINOR IN HEALTH EDUCATION  
GENERAL BULLETIN 2011-2013**

TRANSFER INSTITUTION(S):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Montana State University Billings  
Advising Center  
Phone: 406-657-2240  
Fax: 406-657-2302  
advising@msubillings.edu  
[www.msubillings.edu/advise/](http://www.msubillings.edu/advise/)

Name \_\_\_\_\_

Student ID # \_\_\_\_\_

| Course | Credits | Grade | Semester | Equivalent |
|--------|---------|-------|----------|------------|
|--------|---------|-------|----------|------------|

**REQUIRED COURSES**

|           |                             |   |  |  |  |
|-----------|-----------------------------|---|--|--|--|
| *HHP 101  | Health Sciences             | 3 |  |  |  |
| <b>OR</b> |                             |   |  |  |  |
| HHP 201   | Core Concepts in Health     |   |  |  |  |
| HHP 211   | Community Health            | 3 |  |  |  |
| HHP 320   | Current Issues in Health    | 3 |  |  |  |
| HHP 330   | Health Behavior Theories    | 3 |  |  |  |
| HHP 340   | Health Education Strategies | 3 |  |  |  |

**CHOOSE 4 COURSES (MINIMUM OF 12 CREDITS) FROM THOSE LISTED BELOW:**

|          |   |   |  |  |  |
|----------|---|---|--|--|--|
| HHP 411  | Alcohol, Tobacco and Other Drug Prevention  | 3 |  |  |  |
| HHP 425  | Health and Sexuality                        | 3 |  |  |  |
| HHP 430  | Exercise Physiology                         | 3 |  |  |  |
| HHP 431  | Exercise Physiology Lab                     | 1 |  |  |  |
| HHP 433  | High Level Wellness through Decision Making | 3 |  |  |  |
| HHP 435  | Health Aspects of Aging                     | 3 |  |  |  |
| HHP 436  | Stress Management and Emotional Health      | 3 |  |  |  |
| HHP 445  | Exercise Testing and Prescription           | 3 |  |  |  |
| NUTR 411 | Nutrition for Sports and Exercise           | 3 |  |  |  |

**Total credits required for minor**

**27**

**\*May satisfy General Education requirements.**

*Certain courses in this program have prerequisites; students should check the course descriptions in the General Bulletin for required prerequisites.*