



ADVISING WORKSHEET

BACHELOR OF SCIENCE DEGREE MAJOR IN HEALTH AND HUMAN PERFORMANCE
TEACHING LICENSURE OPTION (HEALTH AND PHYSICAL EDUCATION K-12)
General Bulletin 2011-2013

TRANSFER INSTITUTION(S):

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Name _____

Student ID # _____

GENERAL EDUCATION REQUIREMENTS – SEE ATTACHED PAGE FOR SPECIFIC COURSES

General Education Category	Course #	Credits	Grade	Semester	Equivalent
Category I: Global Academic Skills (12 credits) # A. Mathematics (3 credits) B. English (6 credits) # C. Communication and Information Literacy (3 credits) <i>See COMT requirement below (#)</i>					
	WRIT 101				
Category II: Natural Sciences (7 credits) # 2 lectures (6 credits) & 1 lab (1 credit) (1 life science & 1 physical science & 1 lab) <i>BIOB and CHMY - Recommended</i>					
Category III: Social Sciences (6 credits) Courses must be from separate prefixes <i>EDU 105 – Professional Education Core requirement</i> <i>See COMT requirement below(#)</i>	EDU 105				
Category IV: History & Cultural Diversity (6 credits) A. History (3 credits) # B. Cultural Diversity (3 credits) #	HSTA 101 or 102				
	NASX 105 or 205				
Category V: Arts & Humanities (6 credits) A. Arts (3 credits) B. Humanities (3 credits)					

A minimum grade of "C" is required in all General Education courses.

Students pursuing the Teaching Licensure Option are required to earn a minimum grade of "C" in all required coursework.

Students should consult with their advisors to determine if specific courses are necessary in order to satisfy the General Education requirements within this program.

Certain courses in this program have prerequisites; students should check the course descriptions in the General Bulletin for required prerequisites.

COMT 130 (I.C.) or COMT 110 (III) is required for admission to the Teacher Education Program.

#Required for Admission to the Teacher Education Program

Reviewed:

GENERAL EDUCATION REQUIREMENTS

CATEGORY I: GLOBAL ACADEMIC SKILLS		12 credits
Subcategory A - Mathematics		3 credits
M 105	Contemporary Mathematics	3
M 114	Extended Technical Mathematics	3
M 121	College Algebra	3
M 131	Mathematics for Elementary Teachers II	3
M 143	Finite Mathematics	4
M 151	Precalculus	5
M 171	Calculus I	4
STAT 141	Introduction to Statistical Concepts	3
STAT 216	Introduction to Statistics	4
Subcategory B - English		6 credits
WRIT 101	College Writing I	3
WRIT 201	College Writing II	3
WRIT 220	Business & Professional Writing	3
WRIT 121	Introduction to Technical Writing	3
WRIT 122	Introduction to Business Writing	3
Subcategory C - Communication & Information Literacy		3 credits
COMT 130	Introduction to Public Speaking	3
LS 125	Research in the Information Age	3
MIS 150	Information Access and Organization	3

CATEGORY II: NATURAL SCIENCES		6 cr. lecture & 1 cr. lab
<i>Students are required to take one course from each subcategory and at least one corresponding lab or SCIN 101, 102, 103 & 104</i>		
Subcategory A – Life Sciences		
BIOB 101	Discover Biology	3
BIOB 102	Discover Biology Lab	1
BIOB 160	Principles of Living Systems	3
BIOB 161	Principles of Living Systems Lab	1
Subcategory B – Physical Sciences		
ASTR 110	Introduction to Astronomy	3
ASTR 111	Introduction to Astronomy Lab	1
CHMY 121	Introduction to General Chemistry	3
CHMY 122	Introduction to General Chemistry Lab	1
CHMY 141	College Chemistry I	3
CHMY 142	College Chemistry Laboratory I	1
GEO 101	Introduction to Physical Geology	3
GEO 102	Introduction to Physical Geology Laboratory	1
GPHY 112	Introduction to Physical Geography Lab	1
GPHY 111	Introduction to Physical Geography	3
PHSX 103	Our Physical World	3
PHSX 104	Our Physical World Lab	1
PHSX 205	College Physics I	3
PHSX 206	College Physics I Lab	1
PHSX 105	Fundamentals of Phys Sci	3
PHSX 106	Fundamentals of Phys Sci Lab	1
Subcategories A and B – Integrated Sciences		3, ½, 3, ½
SCIN 101, 102, 103 & 104 Integrated Sciences		

Revised 6/9/2011

CATEGORY IV: HISTORY & CULTURAL DIVERSITY		6 credits
Subcategory A - History		3 credits
HSTA 101	American History I	3
<i>or</i>		
HSTA 102	American History II	3
Subcategory B - Cultural Diversity		3 credits
NASX 105	Introduction to Native American Studies	3
<i>or</i>		
NASX 205	Native Americans in Contemporary Society	3
CATEGORY V: ARTS & HUMANITIES		6 credits
Subcategory A - Arts		3 credits
ARTZ 101	Art Fundamentals	3
ARTZ 131	Ceramics for Non-majors	3
ARTZ 105	Visual Language-Drawing	3
COMT 155	Global Cinema	3
DSGN 248	Computer Presentation and Animation	3
ENGL 204	Fundamentals of Creative Writing	3
LIT 270	Film & Literature	3
MUSI 101	Enjoyment of Music	3
MUSI 114	Band: MSUB Symphonic	1
MUSI 131	Jazz Ensemble I: MSUB	1
MUSI 147	Choral Ensemble: University Chorus	1
THTR 101	Introduction to Theatre	3
THTR 120	Introduction to Acting I	3
Subcategory B - Humanities		3 credits
ARTH 150	Introduction to Art History	3
HON 121	Perspectives and Understanding	3
HON 281	The American Intellectual Heritage (1620-1877)	3
HON 282	The American Intellectual Heritage (1877-Present)	3
LIT 110	Introduction to Literature	3
LIT 240	The Bible as Literature	3
PHL 110	Introduction to Ethics	3
PHL 111	Philosophies of Life	3

Course		Credits	Grade	Semester	Equivalent
Professional Education Core					
*#EDU	105	Education and Democracy	(3)		
#EDU	220/ 220L	Human Growth and Development/ Lab	3		
#EDU	221	Educational Psychology and Measurement	3		
#SPED	260	Introduction to Teaching Exceptional Learners	3		
#HHP	412	Alcohol, Tobacco and Other Drug Awareness (ATOD)	1		
EDU	333	Reading and Writing Across the Curriculum	3		
EDU	380	Introduction to Curriculum Planning/Practice	2		
EDU	354	Secondary Junior Field	2		
HHP	370	Methods of Physical Education K-12	3		
EDU	406	Philosophical, Legal & Ethical Issues in Education	3		
EDU OR EDU	495A 495C	Student Teaching: K-12 Student Teaching: 5-12	9		

#Required for Admission to the Teacher Education Program

*May satisfy Academic Foundations/General Education requirements.

Required Courses

HHP	100	Foundations of Exercise Science	3		
HHP	102	Foundations of Exercise Science Lab	1		
HHP	260	Foundations and Scientific Fundamentals in Health and Human Performance	3		
HHP	300	Motor Learning and Control	3		
HHP	301	Motor Learning and Control Lab	1		
HHP	330	Health Behavior Theories	3		
HHP	340	Health Education Strategies	3		
HHP	344	Physical Education Techniques I	3		
HHP	346	Physical Education Techniques II	3		
HHP	348	Physical Education Techniques III	3		
HHP	365	Special Populations in Health and Physical Education	2		
HHP	390	Junior Field Experience	1		
HHP	405	Outdoor and Camping Education	3		
HHP	411	Alcohol, Tobacco and Other Drug Prevention	3		
HHP	430	Exercise Physiology	3		
HHP	431	Exercise Physiology Lab	1		
HHP	461	Organization and Administration in Health Enhancement	3		
HHP	463	Kinesiology and Biomechanics	3		
HHP	464	Kinesiology and Biomechanics Lab	1		
NUTR	411	Nutrition for Sports and Exercise	3		

Restricted Electives

Select 9 credits from the following:

HHP	211	Community Health	3			
HHP	214	Outdoor Recreations in the United States	3			
HHP	310	Adventure Leadership	3			
HHP	320	Current Issues in Health	3			
HHP	364	Research Methods in Health and Human Performance	3			
HHP	425	Health and Sexuality	3			
HHP	435	Health Aspects of Aging	3			
HHP	436	Stress Management and Emotional Health	3			
HHP	445	Exercise Testing and Prescription	3			

BACHELOR OF SCIENCE IN HEALTH AND HUMAN PERFORMANCE – TEACHER LICENSURE OPTION – HEALTH AND PHYSICAL EDUCATION (K-12)

Categories	Credits	Earned	Remaining
Academic Found. / General Ed.	37	_____	_____
Professional Education Core	**32	_____	_____
HPE Major	58	_____	_____
Electives	V	_____	_____
Total	128	_____	_____

****Three (3) credits also satisfy General Education requirements and are not included in the total credits for the Professional Education Core.**

**It is the student's responsibility to know and meet the requirements for graduation.
A minimum of 36 credits must be upper division classes (300 and above).**

First Aid Competency

Health and Human Performance students who are completing the teacher certification option are required to demonstrate competency in first aid and CPR. Presentation of certification documents for First Aid and Adult/Child/Infant CPR will be accepted as proof of this competency if me through the following organizations:

First Aid: National Safety Council or American Red Cross
 CPR: National Safety Council, American Red Cross, American Heart Association

Students can also achieve First Aid and Adult/Child/Infant CPR certification through successful completion of HHP 210 First Aid and CPR.

NOTES: