



Unsure of what you want to do? Unsure of how to get where you want to be? Thinking of changing your major again?

Then let Career Services help you organize your thoughts and ideas about majors, careers and you.

Students meet one-on-one with a career counselor to explore their career-related values, interests, and abilities and to discuss their academic, internship and career options.

Who are Career Counselors?

The professionals in Career Services are aware of the concerns that students face as they explore the future. They can guide you toward useful resources that will inform your academic and career decision-making, and will help you make a decision that is in your best interests.

Call Career Services at 657-2168 (Senior Campus), 247-3006 (COT) or e-mail careers@msubillings.edu to schedule an appointment.

Initial appointments are typically 30 minutes.

Some students require two or three sessions, others require more.

Career Counseling for the Undecided Student



MSU Billings Career Services

Platinum Partners



Explore Hire Education

Montana State University Billings
(406) 657-2168
careers@msubillings.edu
www.msubillings.edu/careers

What Career Counseling is . . .

- A process that everyone goes through at a different pace.
- A plan to identify your strengths and interests.
- A resource available to you as an MSU Billings student.

What Career Counseling isn't . . .

- Simply taking "tests or assessments" that will "tell you what to do"
- One size fits all. You and the counselor will determine what fits your needs.
- An "expert" telling you what to major in or what career to pursue

What will happen at the first appointment?

- Clarify your concerns
- Identify interests, work values/skills, strengths & weaknesses, personal goals
- Determine best course of action to achieve goals
- Discuss what you can do on your own to resolve your concerns
- Introduce you to useful resources related to your concerns, including other MSUB resources

What will I do during career counseling?

- Complete exercises, assignments & assessments
- Learn about resources
- Connect with professionals who are knowledgeable about majors or careers

How can I help myself during the career counseling process?

Career counseling will be most successful when you commit to the process by:

- Attending all appointments
- Being open about issues that are relevant to your career concerns
- Conducting career research and completing career-related tasks
- Giving honest feedback about what is helpful and what is not

Other common questions

- Are discussions confidential?
→ Yes
- Is there a cost?
→ No, there is no charge. However, some career assessments may have a small fee.
- Will you help with course selection?
→ No, although we may discuss majors, minors and MSUB courses. We will refer you to an academic advisor to select and register for classes.

