



## Montana Career Information System (MCIS)

Making good career decisions involves identifying jobs at the intersection of occupations and your personal interests, values, skills, and abilities. MCIS can help you identify, explore and generate options to consider in your journey toward a career match. When you complete the assessments below it will provide personal insight and an opportunity to learn more about yourself.

MCIS won't tell you what to be when you grow up, but it will generate options you may not have considered and to expand your horizons.

To access the MCIS website and information, go to web site: [www.mtcis.intocareers.org](http://www.mtcis.intocareers.org)



**When logging in for the first time the user name is msubillings, and the password is plan7ing.**

Next, set up a portfolio with a user name and password in order to save **your** assessment results. Just click on *My Portfolio* in the tool bar and follow the instructions.

Now you're ready to explore the **Assessments & Occupations!**

**Assessments:** Answer questions about yourself and connect to occupations that match your interests, skills, and employment preferences.

***Interest Profiler:*** Find out what your interests are and how they relate to the world of work. Your Interest Profiler scores will help you identify your strongest work-related interests to help you decide what kinds of jobs and careers you want to explore.

***SKILLS:*** helps you identify occupations that use the skills you find satisfying and also helps you recognize skills that transfer between occupations. SKILLS lists the Top 30 occupations that best match your skills, and calculates a Holland Personality Type based on your skills.

***Work Importance Locator:*** Learn more about work values that are important to you in a job as you rank different aspects of work that represent 20 important work values. Knowing your work values can help you decide what kinds of jobs and careers you might want to explore.

**Occupations:** Explore occupations to discover what people do at work. Learn about industries, investigate careers in the military, and find out if self-employment is a good fit for you.

***Occupation Sort:*** Designed to identify what you know about yourself, and your likes and dislikes, this assessment creates a list of occupations that match your preferences. It doesn't tell you what you should be. Instead, it locates occupations that match factors you regard as important.