

Outdoor Adventure Leadership



BACHELOR OF SCIENCE

Department of Health and Human Performance

The Outdoor Adventure Leadership degree is designed to prepare students for careers in a wide variety of leadership settings with hands-on learning activities. The program develops student's skills in group dynamics, leadership principles, educational philosophy, as well as teaching and communication. This degree combines the study of educational and leadership theory and practice with technical outdoor travel and adventure. Students will acquire and enhance environmental skills and knowledge related to a variety of populations including senior citizens and youth at risk; and explore issues ranging from ethical controversies and risk management to program design.

Specialized skills acquired with Outdoor Adventure Leadership include sequencing, facilitation, and processing of activities, with specific attention to transferring the learning from activity-based experiences to the "real lives" of participants. In addition, the ability to safely engage in and provide outdoor activities and effectively teach skills in outdoor and indoor settings are central to the degree.

An Outdoor Adventure Leadership degree will allow the student to teach outdoor skills to others, safely oversee outdoor programs, and design programs for corporate and community organizations while preparing students for Professions with agencies that have a natural resource base foundation and public and private entities for utilizing the outdoors.

Career Possibilities:

- Adventure Business Companies
- Community Centers
- Travel Agencies
- Ski Resorts
- City, State and National Parks

- U.S. Forest Service
- Ecotourism
- Recreation Guide
- Outfitter Organizations
- Camp Management
- Youth Risk Programs
- Hotel and Resort Recreation Management
- National Outdoor Leadership School

Required Courses Include:

- HHP 200 Foundations of Outdoor/Adventure Leadership
- HHP 210 First Aid/CPR/AED
- HHP 214 Outdoor Recreation in the U.S.
- HHP 280 Challenge Course Fundamentals
- HHP 310 Adventure Leadership
- HHP 381 Camp Counseling and Leadership
- HHP 405 Outdoor and Camping Education
- HHP 466 Ethical & Legal Aspects in Outdoor Adventure Leadership
- HHP 490 Senior Internship

Possible Basic Skills Electives Include:

- HHP 131 Cross Country Skiing
- HHP 132 Beginning Downhill Skiing
- HHP 134 Beginning Snowboarding
- HHP 142 Lifeguarding
- HHP 180 Basic Navigation/Orienteering
- HHP 292 Rock Climbing

Possible Advanced Skills:

- HHP 143 Water Safety Instructor
- HHP 144 Lifeguarding Instructor/Waterfront Modules
- HHP 181 Advanced Navigation
- HHP 185 Winter Survival Skills
- HHP 230 Wilderness First Responder
- HHP 480 Advanced Challenge Skills and Facilitation

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