



Access & Excellence

Teacher Certification

Health and Physical Education (K-12)

Department of Health and Human Performance
(406) 657-2370

Admissions and Records
657-2158

Advising Center
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- Bachelor of Science (BS) - Health and Human Performance: Teacher Certification Option

The degree program in Health and Human Performance Teacher Certification Option prepares the pre-service professional to teach physical education and health education in a variety of school settings, grades K-12. The program has been designed to provide a comprehensive, sequential professional preparation combining liberal arts, professional education and specialty studies. Extensive field work enables the student to apply skills in a supervised setting. The degree program provides teaching competencies in:

- personal health education
- community health and safety
- health prevention and intervention
- motor learning, physiology & kinesiology
- individual, dual and team sports
- rhythm and dance
- outdoor education
- Native American games and activities
- organization and administration of health and physical education programs.

Requirements

The General Education requirements for secondary and K-12 education majors have been designed to prepare pre-service educators in a liberal arts curriculum which stimulates scholarship; promotes a critical understanding of human concepts; fosters individual fulfillment; nurtures the development of free, rational, and responsible professionals; cultivates an appreciation for the values associated with life in a free, democratic society; develops intellectually competent, imaginative and vigorous educators; and encourages an analysis of values inherent in foreign cultures, the variety of American ethnic cultures, and Native American cultures with an aim toward developing a clearer understanding of other peoples. The General Education program for secondary and

K-12 education majors is similar to the General Education program established for all students at Montana State University-Billings.

First Aid Competency

Health and Human Performance students who are completing the teacher certification option are required to demonstrate competency in first aid and CPR. Presentation of certification documents for First Aid and Adult/Child/Infant CPR will be accepted as proof of this competency if met through the following organizations:

First Aid

- National Safety Council
- American Red Cross

CPR

- National Safety Council
- American Red Cross
- American Heart Association

Students can also achieve First Aid and Adult/Child/Infant CPR certification through successful completion of HHP 210: First Aid and CPR.

Core Classes include:

- Foundations & Scientific Fundamentals
- Motor Learning
- Healthy Lifestyle Management
- Current Issues in HHP
- Health Ed Strategies
- Competitive Team and Individual Sports
- Lifelong Leisure Team & Individual Sports
- Rhythms and Game Activities
- Elementary Health Enhancement Activities
- Fitness and Wellness Activities
- Basic Strength and Conditioning Activities
- Research Methods in HHP
- Special Populations
- Health Enhancement Strategies K-12
- Junior Field
- Outdoor Camping
- Exercise Physiology
- Organization and Administration
- Kinesiology.

Suggested Plan of Study

This sample schedule is a suggested plan for students to follow in completing the four-year Teaching Major in Health and Physical Education (K-12). If students choose the Teaching Major, a Teaching Minor is also required. Due to course schedule changes and staff assignments, students may not be able to follow the plan exactly. Students should consult with their advisors to plan classes before registering each semester to assure that all prerequisites and General Education requirements are met, and to plan for student teaching.

EDF 450		3
Educ 484		9
Minor	9	
Total	14	12

*Apply to Student Teach Fall Semester
Apply for Graduation Fall Semester
Apply for Certification Spring Semester*

First Year	F	S
HHP 201		3
EDF 225		3
Biol 101		3
Comt 110 or 101 or 130	3	
EDF 100	3	
Engl 150	3	
Minor		3
General Education	6	6
Total	15	18

Second Year	F	S
HHP 260	3	
HHP 300		3
HHP 320	3	
HHP 330	3	
HHP 340		3
EDF 250		3
Engl 226		3
Hist 204 or 205	3	
Nams 181, 211, or 307	3	
SPED 260	3	
General Educ. with Lab	4	
Total	16	18

*Apply for Admission to Teacher Education Program
Spring Semester*

Third Year	F	S
HHP 363		3
HHP 364		3
HHP 365	2	
HHP 430	3	
HHP 461		3
EDCI 310	3	
RD 310	3	
Skills and Techniques	4	2
Minor	3	6
Total	18	17

Fourth Year	F	S
HHP 370	3	
HHP 405	2	

This document does not replace the official University catalog. Please contact your advisor or member of the Department of Health and Human Performance for more information regarding this program. 04/2004