

2009 Men's Outdoor Track

Luke Barrett 17-7 4/4

100 M Dash

Nick Kessler	:11.47	4/4
Luke Barrett	:12.34	4/4
Nathan Diede	:15.34	4/4

200 M Dash

Noah Vallincourt	:23.60	4/4
Chase Berg	:24.23	4/4

400 M Dash

Deshawn Lewis	:54.06	4/4
Chase Berg	:54.38	4/4
Kelly Miller	:55.60	4/4

800

Matt Roseberry	2:03.20	4/4
Tyson Vanderby	2:06.58	4/4

1500

Daniel Lombardi	4:15.00	4/4
Tyson Vanderby	4:23.30	4/4
Taylor Canfield	4:32.10	4/4
Travis Hutchinson	4:33.90	4/4

5000

x

10,000

x

Steeplechase

x

110M Hurdles

x

400M Hurdles

James Hopkins	:59.86	4/4
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Discus

Kyle Richards	129-2	4/4
Jade Haynie	124-8	4/4
Bryce Jensen	88-1	4/4

Hammer

Jade Haynie	120-10	4/4
Kyle Richards	103-1	4/4

High Jump

x

Javelin

Jade Haynie	153-0	4/4
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Long Jump**Pole Vault**

x

Shot Put

Kyle Richards	43-6.50	4/4
Kent Schmidt	37-3.25	4/4
Jade Haynie	35-7.25	4/4
Bryce Jensen	34-11.25	4/4

Triple Jump

x

400 M Relay

x

1600 M Relay

3:38.17 4/4

2009 Women's Outdoor Track

100 M Dash

Justine Simons	:12.89	4/4
Britney Derhak	:13.03	4/4
Cassie Holm	:13.49	4/4

200 M Dash

Justine Simons	:26.87	4/4
Britney Derhak	:27.28	4/4
Erika Halle	:27.47	4/4
Malori Woodford	:28.57	4/4

400 M Dash

Erika Halle	1:02.16	4/4
Malori Woodford	1:03.01	4/4

800

x

1500

WHitney Mickelson	5:13.70	4/4
Katie Thiel	5:27.30	4/4

5000

Lisa Minnehan	19:22.87	4/4
Mykel Ler	20:51.26	4/4

10,000

x

Steeplechase

x

100M Hurdles

Cassie Holm	:15.60	4/4
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400M Hurdles

x

Discus

Alexi Halvorson	126-5	4/4
Hillary Gourneau	109-2	4/4
Kelsee Clark	98-7	4/4
Kacie Vanderloos	86-9	4/4

Hammer

Alexi Halvorson	125-7	4/4
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High Jump

x

Javelin

x

Long Jump

Erika Halle	15-6.75	4/4
Britney Derhak	14-10.75	4/4
Rachel Hansen	14-7.75	4/4

Pole Vault

x

Shot Put

Kacie Vanderloos	34-2.25	4/4
Hillary Gourneau	32-9.75	4/4
Kelsee Clark	32-0	4/4

Triple Jump

x

400 M Relay

:50.10 4/4

1600 M Relay

x