

	4-Sep		14-Sep		20-Sep		4-Oct		11-Oct		25-Oct		8-Nov
Canfield, Taylor	17:39-4	2	24:12.18-48	4	29:59-97	3	29:32-49	1	30:15-52	3	29:48-54	2	41:29.20-110
Flatlip, Scott	19:56-14	6	25:31.94-56	6	31:28-109	6	31:14-61	5	31:12-61	5			
Hildebrand, Michael	19:39-13	5	25:16.31-55	5	31:00-108	5	31:41-62	6	31:41-65	6	31:29-56	4	41:43.70-111
Hopkins, James	20:19-15	7	26:16.92-58	7	32:40-114	7	34:00-64	7	34:59-73	7	33:18-60	5	
Hutchinson, Travis	17:42-5	3	22:52.76-25	1	29:15-89	2	29:35-50	2	30:02-47	2	29:20-51	1	39:44.90-100
Miller, Kelley	18:05-9	4	24:00.91-44	3	30:46-105	4	29:53-53	3	30:37-58	4	30:31-55	3	
Vanderby, Tyson	17:15-2	1	23:38.79-35	2	28:48-80	1	30:16-56	4	29:36-38	1			47:54.70-124
	5K		6k		5 Mile		8K		8K		8K		10K

	4-Sep		13-Sep		20-Sep		4-Oct		11-Oct		25-Oct		8-Nov	
Dornfield, Cierra	21:43-9	5	18:39.44-27	2	21:13-78	4	21:37-49	3	22:55-33	6	26:32.67-54	4	26:16.30-109	3
Gannon, Erin	24:02-13		20:11.61-39		23:01-94		24:17-66		24:46-50	7	28:47.14-78			
Holm, Cassie	22:20-10	6	19:21.17-32	5	21:21-82	6	23:00-62	7			28:14.37-61	6	28:19.40-136	5
Jackson, Sarah	21:01-5	2			20:24-67	2	20:36-39	1	21:56-20	2	24:49.15-42	1	25:33.40-95	1
Ler, Mykel	21:21-7	4	18:58.23-29	4	21:17-80	5	21:51-55	5	22:29-25	4	26:17.96-52	3	25:56.00-104	2
Stanley, Dianna	20:56-4	1	17:54.85-17	1	19:48-62	1	20:46-41	2	21:16-13	1	25:40.58-48	2		
Streeter, Morgan	23:00-12		20:08.27-35	7	22:27-91		23:41-65		25:18-54					
Thiel, Katie	21:19-6	3	18:55.94-28	3	21:10-75	3	21:44-52	4	22:13-21	3	27:10.77-57	5	27:35.20-133	4
Woodford, Malori	22:47-11	7	19:47.37-35	6	21:48-85	7	22:53-60	6	22:32-32	5	28:36.93-62	7		
	5K		4K		3 Mile		5K		5K		6K		6K	