GREAT NORTHWEST ATHLETIC CONFERENCE

Contact: Bob Guptill (509-535-5291/Fax 535-5293/e-mail – bguptill@gnacsports.com)


Baseball

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LAST WEEK: Wednesday – Mary 5-8 at MSU Billings 6-6. Friday – Saint Martin’s 7-7 at Northwest Nazarene 10-8. Saturday – Central Washington 5-2 at Western Oregon 6-3; MSU Billings 8 at Northern Colorado 19; Saint Martin’s 5-14 at Northwest Nazarene 16-10. Sunday – Central Washington 8-5 at Western Oregon 4-6; MSU Billings 1-3 at Northern Colorado 7-4.

THIS WEEK: Friday – Northwest Nazarene at Western Oregon (2), 1 p.m. Saturday – Dixie State at Central Washington (2), 1 p.m.; Saint Martin’s at MSU Billings (2), 1 p.m.; Northwest Nazarene at Western Oregon (2), noon. Sunday – Dixie State at Central Washington (2), noon; Saint Martin’s at MSU Billings (2), 1 p.m.

NEXT WEEK (April 21-27): Friday – Northwest Nazarene at MSU Billings (2), 1 p.m.; CSU Monterey Bay at Western Oregon, 1 p.m. Saturday – Saint Martin’s at Central Washington (2), 1 p.m.; Northwest Nazarene at MSU Billings (2), 1 p.m.; CSU Monterey Bay at Western Oregon (2), noon. Sunday – Central Washington at Saint Martin’s (2), 1 p.m.; CSU Monterey Bay at Western Oregon, 11 a.m.

WHAT’S LEFT: April 28-May 4: Tuesday – College of Idaho at Central Washington (2), noon; Northwest Nazarene at Utah Valley State (2), 2 p.m. Saturday – Central Washington at MSU Billings (2), 1 p.m.; Western Oregon at Saint Martin’s (2), noon. May 5-11: Friday – Central Washington at Northwest Nazarene (2), 2 p.m.; Saturday – Central Washington at MSU Billings (2), noon; Saint Martin’s at MSU Billings (2), noon; MSU Billings at Western Oregon (2), noon. (End-of-season).


PLAYERS-OF-THE-WEEK: Player – Dylan Bruck, Western Oregon (OF, 6-0, Sr., Wilsonville, WA - Chemeketa) batted .462 (6 of 13) and had team-highs of five runs scored and four RBI as the Wolves won three of four games with Central Washington to move to ½ games ahead of the Wildcats in the GNAC pennant race. Bruck figured prominently in two of WOU’s three victories. In Saturday’s 6-5 win, he led off the first inning with a single, then stole second and third before scoring on a ground out. An inning later, he staked WOU to a 5-0 lead with a grand slam home run. In Sunday’s 6-5 win, his bunt single in the fifth led to two runs on a throwing error and then he scored on a single by Travis Fox as WOU overcame a 4-1 deficit. Pitcher – Alex VanOeveren, Northwest Nazarene (6-2, Sr., Fall City, WA – Mt. Si) had the best pitching performance in a series that produced 77 runs in four games. He allowed just six hits and one run and fanned eight in seven innings in Friday’s 10-7 Crusader victory to improve to 5-2 on the season.

HONORABLE MENTION: A.J. Gosney, Central Washington (OF, 5-9, Jr., Spokane, WA – Central Valley & CCS), who came into the series with Western Oregon hitting just .250, had nine hits, including a double and triple, in 13 at bats. He scored two runs and drove in three.

AROUND THE GNAC: Western Oregon won three of four games with Central Washington despite being out-hit .307 to .236 and being out-scored 20-19. The Wolves won three games by a run to improve to 6-3 in one-run games. Reliever Ben Shivers pitched in three of the four games, earning a win and a save. .CWU shortstop Jamie Nilsen had seven hits in 14 at bats and scored a series high six runs. Jake Millbauer retired all 10 hitters he faced to earn a save in CWU’s 8-4 victory on Sunday. . CWU and WOU ended up dividing their eight-game season series with each team winning three of four on their home field. . Ryne Phillips had seven hits in 13 at bats and Zach Aakhus won three of four games as Montana State Billings won one of five non-conference contests. Matt Kakalecik had six hits in 17 at bats, including four doubles.
Softball

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LAST WEEK: Tuesday – Eastern Oregon 2-4 at Northwest Nazarene 5-5. Thursday – Montana State Billings 1-4 at Central Washington 1-3. Friday – Seattle 8-9 at Saint Martin’s 0-3; Western Oregon 2-1 at Western Washington 1-2; MSU Billings 6-9 at Northwest Nazarene 5-9. Saturday – MSU Billings 10-12 at Northwest Nazarene 2-3; Western Oregon 2-4 at Seattle 1-3. Sunday – Saint Martin’s 0-4 at Western Washington 1-3; Western Oregon 1 at Seattle 0 (non-conference).

THIS WEEK: Monday – Great Falls at Northwest Nazarene (2), 3 p.m. Tuesday – Saint Martin’s at Western Oregon (2), 2 p.m. Thursday – Northwest Nazarene at Seattle (2), 2-30 p.m. Friday – MSU Billings at Western Oregon (2), 2:30 p.m.; Northwest Nazarene at Western Washington (2), 2 p.m. Saturday – Central Washington at Seattle (2), noon; Northwest Nazarene at Western Washington (2), 11 a.m. (non-conference); Saint Martin’s at Simon Fraser (2), noon. Sunday – Central Washington at Western Washington (2), 11 a.m.; MSU Billings at Saint Martin’s (2), noon.

NEXT WEEK (Apr. 21-27): Tuesday – Saint Martin’s at Central Washington (2), 1 p.m.; Seattle at MSU Billings (2), 3 p.m.; Western Oregon at Northwest Nazarene (2), 3 p.m. Friday – Seattle at MSU Billings, 1 p.m. (non-conference); Saint Martin’s at Northwest Nazarene, 3 p.m. (non-conference). Saturday – Western Oregon at Central Washington (2), noon; Western Washington at MSU Billings (2), noon; Saint Martin’s at Northwest Nazarene (2), noon. Sunday – Western Oregon at Central Washington (2), 11 a.m. (non-conference); Western Washington at MSU Billings (2), 10 a.m. (non-conference).

WHAT’S LEFT: Apr. 28-May 4: Tuesday – Seattle at Western Washington (2), 2 p.m. Thursday – Western Washington at Saint Martin’s (2), 1 p.m.; Seattle at Western Oregon (2), 2:30 p.m. Friday – Seattle at Western Oregon, 2 p.m. (non-conference). Saturday – Central Washington at MSU Billings (2), 2 p.m.; Saint Martin’s at Seattle (2), noon; Western Washington at Western Oregon (2), noon. (End-of-regular-season).


HITTING STREAKS (10 or more): 16 – Megan Maciasac, SAU, 11 – Jamie Foote, SU, 10 – Kasey Druffel, CWU; Lauren Berin, SU; Michelle Wrigley, WWU. Current: 7 – Crystal Bentley, MSUB; Stephanie Gosselin, MSUB.

ALL-TOURNAMENT: CSUS Mizuno Best of the West (Feb. 1-2) – Kelsey Reynolds, Seattle (P, MVP); Megan Maciasac, Seattle (SS); Sandra Hernandez, Seattle (2B, OF). CSUS Tournament of Champions (Mar. 28-30) – Lauren Berin, Seattle (1B-OP); Holly Rossman, Central Washington (C).


PLAYERS-OF-THE-WEEK: Player – Jessica Frank, Montana State Billings (SS, 5-4, Sr., Great Falls, MT) had a huge week, leading the Yellowjackets to five conference wins in six road games. Frank had 13 hits, including a “double cycle”, in 24 at bats. Among her hit with seven singles, two doubles, two triples and two home runs. She also drove in nine runs and stole three bases. Pitcher – Katie Fleer, Western Oregon (6-2, Sr., Salem, OR – Chemeketa) and Lisa Moore, Montana State Billings (5-6, Jr., Bakersfield, CA – Liberty). Fleer posted a 3-0 record in four appearances, allowing just one run and recording a 0.40 ERA in 17 2/3 innings. She walked five and fanned 12. Moore won all four of her decisions, allowing 17 hits and fanning 21 in 21 2/3 innings. She doubled her season win total improving to 8-5.

HONORABLE MENTION: Jane Purdy, Seattle University (2B, 5-5, Sr., Missoula, MT – Sentinel) had 11 hits in 18 at bats, including two doubles and her first home run of the season. She also drove in five runs. . .Tyler Sutherland, Western Oregon (SS, 5-3, So., Gold Hill, OR – Crater) figured in half of WOU’s runs as the Wolves won four of five road games. Sutherland had nine hits in 20 at bats, including two home runs, scored four runs and drove in three. Her two-run homer was the difference in a 2-1 win Friday at Bellingham and she scored the game’s only run in a 1-0 non-conference win Sunday at Seattle University.

AROUND THE GNAC: Leslie Davis and Kelly Parsons also had “Player-of-the-Week” numbers for MSU Billings. Davis had 10 hits, including four doubles, a triple and a home run, and drove in 10 runs. Parsons was eight for 17, including two doubles and three homers and also drove in 10. MSUB finished the week with a .426 team batting average, scoring 52 runs in its six contests. . .Western Oregon carved out a 0.78 team earned run average in winning four of five road games, including a three-game sweep at Seattle University. Sutherland and Jessica Hallmark, who batted .538 (7 of 13), combined for almost half of WOU’s hits (16 of 34) on the road trip. . .Katie Antich batted .455 (10 of 22) combining with Purdy to produce half of Seattle University’s hits (21 of 42) in five games. Erin Martin split four decisions, though she allowed just 16 hits and three runs (two earned) in 25 innings.. .Western Washington earned a split of four games despite playing without its No.1 pitcher Jessica Rosencrans because of tendonitis. She is expected to return Friday when the Vikings entertain Northwest Nazarene. WWU was outscored in the four contests 9-7. Sarah McEnroe split two decisions allowing just 11 hits and three runs in 16 2/3 innings. . .Katie Free had seven hits in 17 at bats and a team-best five RBI as Northwest Nazarene split six games, winning one of four with Montana State Billings. Haley Heveren also drove in five runs. .
. Holly Morris had five hits in 11 at bats, including a pair of doubles as Saint Martin’s won one of four decisions. . Central Washington was outhit 24-11 and outscored 15-4 in losing twice to MSU Billings. Still, the Wildcats found themselves in a virtual three-way tie for first place when the week ended.

**Track & Field**

**THIS WEEK:** Wednesday – Mt. Sac Multis (SPU). Thursday – Mt. Sac Relays & Multis (SPU, WWU, SU, SMU). Friday – Mt. Sac Relays (SPU, WWU, SU, SMU); Azusa Pacific Invitational (SMU). Saturday – CWU Spike Art Invitational (CWU, SPU, SU, WWU); Mt. Sac Relays (UAA, SPU, SMU); Long Beach Invitational (UAA). Sunday – Mt. Sac Relays (UAA, SPU, SMU).

**WHAT’S LEFT:** Apr. 21-27: Monday-Tuesday – GNAC Multis at Ellensburg. Friday – WWU Twilight (SPU, SU, SMU, WWU); NNU Twilight (NNU); Oregon Relays (WOU). Saturday – Cougar Invitational (CWU); Oregon Relays (SU, WWU, CWU, WWU); Montana Invitational (MSUB); NNU Twilight (NNU). Apr. 28-May 4: Friday-Saturday - GNAC Championships at Ellensburg. May 1-11: Friday – WOU John Knight Twilight (WOU); Ken Foreman Invitational (SPU, SU, WWU, CWU, UAA). Saturday – Ken Foreman Invitational (SPU, SU, SMU, WWU, CWU, UAA). May 22-24: Thursday-Saturday - NCAA Nationals at Walnut, Calif. (Cal Poly Pomona).

**ATHLETES-OF-THE-WEEK: Male** – Greg Hamm, Northwest Nazarene (Sr., Hermiston, OR) posted the longest triple jump in the GNAC in four years in the Eastern Oregon Invitational at La Grande. Hamm added 13 inches to his previous career best, set two years ago, in winning the event with a provisional national qualifying leap of 47-5 3/4. It was also the third longest triple jump in GNAC history and the longest since 2004. **Female** – Suzie Strickler, Seattle Pacific (Jr., Richland, WA) cut 18 seconds off her previous provisional national qualifying time in establishing an automatic mark in the women's steeplechase at the 27th annual Ralph Vernacchia Invitational Track and Field Team meet. Strickler was clocked in the steeplechase in a meet-record time of 10:50.24, the second fastest in GNAC history.

**VIKINGS WIN 11TH STRAIGHT VERNACCHIA TITLE:** Western Washington claimed its 11th consecutive men's team championship and won its third straight women's team title in the 27th annual Vernacchia Invitational Track and Field Team Meet. Veracchia was one of 18 for NNU in the meet, including 11 by the Crusader women and seven by the NNU men. Latoya Tidwell (100, 200), Laura VonArx (long jump, triple jump) and Amy Carroll (shot, discus) each won two events for NNU. . . Jonathan Hamilton of Central Washington and Bill Richardson of Saint Martin’s tied for second in the high jump and the Saints’ Sam Washington won the shot put with GNAC season-best performances at the PLU Invitational. Hamilton and Richardson each jumped 6-6, while Washington set a school-record in the shot with a put of 50-8 becoming the seventh athlete in GNAC history to surpass the 50-foot barrier. He also set a school record in winning the discus with a throw of 143-4. GNAC athletes won a total of 13 events in the meet with Washington and Central Washington’s Raquel Gonzalez (100 hurdles, 400 hurdles) winning two each.

**LAST WEEK’S RESULTS:**


Men’s Golf

THIS WEEK: Monday-Tuesday - CSU Stanislaus Invitational (SMU, NNU, WWU).

NEXT WEEK: Monday-Tuesday – GNAC Championships (at Indian Canyon, Spokane).


All-Sports Standings


Men’s Sports Standings
