
Baseball

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THIS WEEK: – Mary at MSU Billings (2), 1 p.m. – Friday – MSU Billings at Northern Colorado, 2 p.m.; Saint Martin’s at Northwest Nazarene (2), 4 p.m. – Saturday – Central Washington at Western Oregon (2), 1 p.m.; MSU Billings at Northern Colorado, 1 p.m.; Saint Martin’s at Northwest Nazarene (2), noon. – Sunday – Central Washington at Western Oregon (2), noon; MSU Billings at Northern Colorado, noon.

NEXT WEEK (Apr. 14-20): – Friday – Western Oregon at Northwest Nazarene (2), 4 p.m. – Saturday – Dixie State at Central Washington (2), noon; Saint Martin’s at Northwest Nazarene (2), 1 p.m. – Sunday – Dixie State at Central Washington (2), noon; Saint Martin’s at Northwest Nazarene (2), noon.

PLAYERS-OF-THE-WEEK: – Jamie Nilsen, Central Washington (SS, 6-0, Sr., Federal Way, WA – Jefferson) reached base 77.8 percent of the time (14 of 18) and scored a third of his team’s runs (7 of 21) as the Wildcats beat Northwest Nazarene three times, twice winning their final at bat. Nilsen, who is batting .509 in conference games, had eight hits in 12 at bats, walked three times and was hit by pitches three times. He also had two doubles to tie the GNAC career record for most doubles by a player with 53 set by Adam Siler of Saint Martin’s between 2004 and 2007. He has been hit by pitches 52 times in his career, 23 more than anyone else in GNAC history. – Mike Eisenhauer, Western Oregon (6-0, Jr., West Linn, OR – College of the Desert) didn’t allow an earned run in eight innings in a 15-1 win at Montana State Billings as he won his fifth straight game after an 0-3 start. In two contests, he allowed two earned runs in 10 innings, walking just one and striking out eight.

HONORABLE MENTION: – Michael McCanna, Central Washington (P, 6-0, 3.38 ERA, Federal Way, WA – Jefferson) reached base 77.8 percent of the time (14 of 18) and scored a third of his team’s runs (7 of 21) as the Wildcats beat Northwest Nazarene three times, twice winning their final at bat. Nilsen, who is batting .509 in conference games, had eight hits in 12 at bats, walked three times and was hit by pitches three times. He also had two doubles to tie the GNAC career record for most doubles by a player with 53 set by Adam Siler of Saint Martin’s between 2004 and 2007. He has been hit by pitches 52 times in his career, 23 more than anyone else in GNAC history. Pitcher – Mike Eisenhauer, Western Oregon (6-0, Jr., West Linn, OR – College of the Desert) didn’t allow an earned run in eight innings in a 15-1 win at Montana State Billings as he won his fifth straight game after an 0-3 start. In two contests, he allowed two earned runs in 10 innings, walking just one and striking out eight.

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AROUND THE GNAC: Though he made only four outs in four games, Nilsen’s 16-game hitting streak – which equals the 10th longest in GNAC history – came to an end in Friday’s second game when he was officially 0 for 1. He did reach base three times in the contest, walking once and being hit twice. . . CWU was also led offensively by Nate Rylaarsdam who had six hits in 13 at bats, including the game-winning hit in the bottom of the ninth in Friday’s 5-4 win and Frank Donangelo who had five hits in 12 at bats and a team-high six RBI. . . Bruck extended his hitting streak to 20 games, the third longest in GNAC history, before drawing the collar in Saturday’s second game at Billings. WOU shortstop Cesar Lopez had six hits in 14 at bats and drove in a team-best nine runs. . Ryan Bailey led Northwest Nazarene with six hits and four runs in its series against CWU. Jimmy VanBeek drove in a team-best four runs. . Jonathan Schlender batted .429 (9 of 21) as MSUB won one of six contests. The Yellowjackets hit .298 during the week, but its pitching staff gave up 62 runs and allowed its opponents to hit for a .372 average.

Softball

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LAST WEEK: Monday – Humboldt State 4-7, Central Washington 0-3 (at Turlock). Tuesday – Northwest Nazarene 9-2 at College of Idaho 4-5. Wednesday – MSU Billings 6-4 at Mary 7-2. Friday – Seattle at Western Washington (2), postponed. Saturday – Northwest Nazarene 2-0 at Central Washington 4-8; MSU Billings at Great Falls (2), postponed until Sunday, 2 p.m.; Saint Martin’s at Western Oregon (2), postponed. Sunday – Western Washington 2-1 at Seattle 7-3; MSU Billings 9-11 at Great Falls 0-3.

THIS WEEK: Tuesday – Eastern Oregon at Northwest Nazarene (2), 2:30 p.m. Thursday – Montana State Billings at Central Washington (2), 11 a.m. Friday – Seattle at Saint Martin’s (2), 2 p.m.; Western Oregon at Western Washington (2), 2 p.m.; MSU Billings at Northwest Nazarene (2), 2 p.m. Saturday – MSU Billings at Northwest Nazarene (2), 11 a.m.; Western Oregon at Seattle (2), noon. Sunday – Saint Martin’s at Western Washington (2), 11 a.m.; Western Oregon at Seattle, noon (non-conf.)

NEXT WEEK (April 14-20): Monday – Great Falls at Northwest Nazarene (2), 3 p.m. Thursday – Northwest Nazarene at Seattle (2), 2:30 p.m. Friday – MSU Billings at Western Oregon (2), 2:30 p.m.; Northwest Nazarene at Western Washington (2), 2 p.m. Saturday – Central Washington at Seattle (2), noon; Northwest Nazarene at Western Washington (2), 11 a.m. (non-conf); Saint Martin’s at Simon Fraser (2), noon. Sunday – Central Washington at Western Washington (2), 11 a.m.; MSU Billings at Saint Martin’s (2), noon.

POLLS: NFCA (Apr. 2) – No GNAC team is ranked. NCAA Division II West Region – 1. Humboldt State (34-12); 2. UC San Diego (25-9); 3. CSU Dominguez Hills (18-12); 4. Seattle (22-7); 5. Cal State Monterey Bay (22-18); 6. San Francisco State (19-15); 7. Cal State Stanislaus (18-17); 8. Hawaii Pacific (21-5); 9. Cal State San Bernardino (19-19); 10. Western Washington (16-11).


HITTING STREAKS (10 or more): 16 – *Megan Maclusão, SU. 10 – Kasey Druffel, CWU; Lauren Berin, SU; Michelle Wrigley, WWU. *Current

ALL-TOURNAMENT: CSUS Mizuno Best of the West (Feb. 1-2) – Kelsey Reynolds, Seattle (P, MVP); Megan MacIsaac, Seattle (SS); Sandra Hernandez, Seattle (2B-OF). CSUS Tournament of Champions (Mar. 28-30) – Lauren Berin, Seattle (1B-DP); Holly Rossman, Central Washington (C).


PLAYERS-OF-THE-WEEK: Player – Liz Wallace, Central Washington (SS, 5-6, Jr., Florence, MT – Florence-Carlton) went six for six and drove in five runs to lead the Wildcats to a doubleheader sweep of Northwest Nazarene. Among her hits in the opener was a fifth-inning single that snapped a 2-2 tie. Pitcher – Katriina Reime, Central Washington (6-0, So., Hoquiam, WA) and Kelsey Reynolds, Seattle University (5-9, So., Kent, WA – Kentlake). . Reime allowed just four hits and one run in three relief appearances, including two against regionally top-ranked Humboldt State. In 7 1/3 innings, she didn’t walk a batter, fanned six and picked up a victory. Reynolds allowed six hits in a 3-1 win over defending GNAC champion Western Washington as the Redhawks swept the Vikings into a move to tie for first-place with CWU.

HONORABLE MENTION: Jessica Frank, Montana State Billings (SS, 5-4, Sr., Great Falls, MT – C.M. Russell) had seven hits, including two doubles and three home runs in 13 at bats to lead the Yellowjackets to three wins in a pair of non-conference doubleheaders. Frank scored eight runs and drove in seven and also stole four bases. . Jamie Foote, Seattle University (3B, 5-4, Jr., Lynnwood, WA – Mountlake Terrace) had three hits, including a pair of doubles to lead the Redhawks to a doubleheader sweep of Western Washington. One of her doubles snapped a 1-1 tie in SU’s 3-1 second-game victory.

AROUND THE GNAC: Frank set a GNAC record with 12 total bases in MSUB’s 9-0 win Sunday at Great Falls. She had four hits including two home runs and two doubles. The old record was 10. MSUB has won nine of its last 10 games with the lone loss coming in a game in which it had a 6-0 lead. . .Katie Gould had four hits in five at bats in Seattle University’s sweep of Western Washington. She also scored two runs and drove in one. SU outhit the Vikings .340 to .216 in the twinbill. . .Jael Henthorn had four hits as Northwest Nazarene won one of four games, splitting with College of Idaho before losing twice.
at Ellensburg. . .Holly Rossman had six hits in 13 at bats as CWU split four games, losing twice to Humboldt State before sweeping NNU. . .Kelsey Anderson had two of Western Washington's three RBI in their twinbill loss at Seattle University. The Vikings have now lost six straight.

Track & Field

THIS WEEK: Thursday – EWU Pelleur Multi-Events (CWU). Friday – WWU Vernacchia Team Classic (SPU, SU, CWU, WWU); EWU Pelleur Invitational & Multi-Events (CWU). Saturday - Montana State Invitational (MSUB); EOU Invitational (NNU); UCLA Invitational (WOU); PLU Invitational (SMU).

NEXT WEEK: Wednesday – Mt. Sac Relays & Multis (SPU, Thursday – Mt. Sac Relays & Multis (SPU, WWU,SMU). Friday – Mt. Sac Relays (SPU, WWU, UAA, SMU); Azusa Pacific Invitational (SMU). Saturday – CWU Spike Art Invitational (CWU, NNNU, SU, WWU, SUU); Mt. Sac Relays (UAA, SUU, SMU); Long Beach Invitational (UAA). Sunday – Mt. Sac Relays (UAA, SUU, SMU).


ATHLETES-OF-THE-WEEK: Male – Jordan Wellin, Western Washington (Fr., Burlington, WA – Burlington-Edison) ran the third fastest 5,000 meter time in GNAC history at Stanford, placing sixth in his heat in a time of 14:34.08. Female – Laura Carr, Alaska Anchorage (Jr., South Bend, Ind.) and Jane Larson, Seattle Pacific (So., Fall City, WA – Cedar Park Christian). . .Both Carr and Larson established automatic qualifying times for the NCAA national meet at Stanford. . .The Vikings established three GNAC division and Central Washington 170 1/2 to 115 to win the women's steeplechase, Suzie Strickler of Seattle Pacific cut 15 seconds off her previous PNQ in finishing second in a time of 11:08.40, the fourth quickest time in GNAC history. Lyndsay McKillip of Western Oregon placed third in a time of 11:17.93, 1 1/2 seconds better than her previous PNQ. Sara Benson of Central Washington placed fifth in a new PNQ of 11:22.51.

STANFORD INVITATIONAL HIGHLIGHTS: In addition to Carr, Larson and Wellin, there were several other outstanding performances by GNAC athletes at Stanford. . .UAA's Elizabeth Chepkosgei improved her previous provisional national qualifying time in the 1500 by .77 seconds posting a time of 4:39.44. . .Matt Valdez of Central Washington established a GNAC season-best mark in the shot put with a put of 49-8 1/2. . .Western Washington freshman Sarah Porter had a first-time NCAA Division II national provisional qualifying in the women's 5,000 in 17:38.86, Porter's time ranks eighth on the GNAC all-time list (No. 3 this season). . .Tyler Fischer of Central Washington had a GNAC season-best mark placing fifth in his section of the discus with a throw of 157-8. He added 10 feet to his previous season best mark. . .Monika Gruszinski of Western Washington had the best finish of any GNAC athlete in the meet, placing fifth in the women's javelin (144-0). Gruszinski improved her previous provisional national mark by over two feet.

UPS SHOTWELL HIGHLIGHTS: Western Washington outscored host Puget Sound 198 1/2 to 118 to win the men's division and Central Washington 170 1/2 to 115 to win the women's team title. . .The Vikings established three GNAC season-bests in the meet. Sarah Brownell won the women's 400 in a conference-leading time of 58.55. Heidi Dimmott won the 400 hurdles in a time of 1:03.18, improving her previous GNAC season-leading mark by .84 seconds. Keefe Brockman won the men's high jump in a GNAC-best mark of 6-5. . .The only other GNAC-best mark was by Andrew Steiger of Central Washington who won the men's javelin with a provisional national qualifying mark of 197-6.

IDAHO COLLEGIATE: Northwest Nazarene's Latoya Tidwell finished third in the women's 200 meters (25.71) and Greg Hamm won the triple jump with a leap of 44-6 ¾ in GNAC season-best performances. The Crusaders won a total of six events in the two-day meet. On Friday, Ashley Puga won the women's 1500 and Amy Carroll won the hammer. On Saturday, Dallas Beach swept the 110 (15.80) and 400 hurdles (56.16) and Grant Miller won the discus (142-3).

UM AL MANUEL INVITATIONAL: Sarah Jackson finished third in the women's 800 for Montana State Billings' best individual finish Saturday in the Al Manuel Invitational Track and Field meet at Missoula. Jackson's time of 2:19.80 was an automatic mark for the GNAC meet in May. Richie Pemberton
placed fourth in the men’s steeplechase with a time of 9:40.30, the third fastest so far this spring in the GNAC.

LAST WEEK’S RESULTS:


Men’s Basketball


NATIONAL STATISTICS (Final): Individuals (Top 50): - Scor.inf in eight tournaments this season and dropped his scoring average to 70.9, which is a school-record pace.

Men’s Golf

THIS WEEK: Monday-Tuesday - CSU Monterey Bay Invitational (SMU).


PLAYER-OF-THE-WEEK: Jake Koppenberg, Western Washington (Jr., Everett, WA) finished second in the Grand Canyon Invitational at Goodyear, Ariz. to lead the Vikings to a fourth-place team finish. It was Koppenberg's sixth Top 10 finish in eight tournaments this season and dropped his scoring average to 70.9, which is a school-record pace.


Grand Canyon Invitational (Mar. 31-Apr. 1 at Palm Valley GC, Goodyear, Ariz.): Team Scores - 1. Wayland Baptist 845 (290-276-277); 2. Central Oklahoma 849 (281-283-285); 3. Grand Canyon 863 (295-281-287); 4. Western Washington 864 (295-281-282); 5. Point Loma Nazarene 870 (289-292-289); 14. Saint Martin’s 902 (301-300-301); Northwest Nazarene inc. Individuals (7.015 yards-Par 72): 1. Kevin Stinson, WBU, 205 (72-69-64); 2. Jake Koppenberg, WWU, 208 (69-73-66); 17. Sean Packer, WWU, 218 (76-68-74); 20. Thomas Jun, WWU, 219 (76-69-74); 34. Julian Peters, WWU, 221 (74-73-74); 38. Brandon Brown, WWU, 222 (77-71-74) and Hiro Nezu, SMU, 222 (76-71-75); 44. Rowdy Hope, NNU, 223 (73-75-75); 53. Juan Llanman, SMU, 225 (73-77-75); 77. Dale Reybold, NNU, 227 (76-72-79); 6. John Eisenhower, SMU, 229 (75-74-80) and Olof Rosborg, SMU, 229 (77-79-73); 81. Chris Poulakidas, SMU, 233 (77-76-78); 89. Aaron VanderHey, NNU, 236 (81-75-80).


Men’s Golf

COSIDA ACADEMIC ALL-REGION: Second Team - Jake Linton, Saint Martin's (Business Administration, Jr., 3.33, Lynnwood, WA).

DAKTRONICS WEST REGION (SIDs): First Team - Devin Peal, Humboldt State; Carl Arts, Alaska Anchorage; Lucas Alves, BYU-Hawaii; Marko Kolaric, Chaminade; Luke Cooper, Alaska Anchorage; Larry Gordon, Cal Poly Pomona. Second Team - Jake Beltinger, Central Washington; Rob Will, Seattle Pacific; Michael Earl, Cal State San Bernardino; Vincent Camper, Cal State L.A.; Joe Mitchell, CSU Monterey Bay; Lance Ortiz, Cal State San Bernardino.


Women’s Basketball


All-Sports Standings

