Men’s Basketball

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Division II Games: Alaska Anchorage 23-2; Seattle Pacific 18-6; Central Washington 17-6; Seattle 17-9; Northwest Nazarene 13-7; Western Washington 11-11; Western Oregon 10-12; Saint Martin’s 10-13; Alaska Fairbanks 2-17; MSU Billings 1-25.

West Region Games: Alaska Anchorage 17-2; Central Washington 16-6; Seattle Pacific 13-6; Seattle 15-8; Northwest Nazarene 11-7; Western Washington 10-11; Western Oregon 8-11; Saint Martin’s 8-12; Alaska Fairbanks 2-17; MSU Billings 1-25.

LAST WEEK: Thursday – Alaska Anchorage 77 at Northwest Nazarene 59; Alaska Fairbanks 77 at Seattle Pacific 91; Central Washington 88 at MSU Billings 72; Western Washington 56 at Seattle 73. Saturday – Alaska Anchorage 58 at Seattle Pacific 65; Alaska Fairbanks 60 at Northwest Nazarene 77; Central Washington 77 at Seattle 72; Western Washington 93 at MSU Billings 67; Saint Martin’s 71 at Western Oregon 86.

THIS WEEK: Thursday – Saint Martin’s at Alaska Anchorage; Western Oregon at Alaska Fairbanks; Northwest Nazarene at Central Washington; Seattle Pacific at Western Washington. Saturday – Western Oregon at Alaska Anchorage; Saint Martin’s at Alaska Fairbanks 3 p.m.; Seattle Pacific at Central Washington; MSU Billings at Seattle; Northwest Nazarene at Western Washington (End of regular season).


DOUBLE DOUBLES: 8 – Carl Arts, UAA. 6 – Jake Beitinger, CWU; Luke Cooper, UAA. 5 - Liam Hughes, WOU; Rob Will, SPU; Mike McLaughlin, WOU. 4 - Kevin Atkins, UAF. 3 - Michael Wright, SU; Calvin Schell, WOU; McCade Olsen, UAA; Brendan Campbell, SMU. 2 – Steve Severin, WOU; Cameron Knoury, MSUB; JoJay Jackson, SPU; Adonal Arrington, WOU. 1 - Fourteen with.


ALL-TOURNAMENT TEAMS: UAF Top of the World (Nov. 15-18) – Mladen Bogejovic, UAF. Central Washington (Nov. 16-17) – Jake Beitinger, CWU; Brandon Foote, CWU; Tyler Roberts, NNU; Adam Shidlmeyer, NNU. Seattle Pacific (Nov. 16-17) – Rob Will, SPU; Ira Graham, WWU. Western Washington (Nov. 23-24) – Ira Graham, WWU; Calin Schell, WOU; Rob Diederichs, SPU; Rob Will, SPU. UAA Great Alaskan Shootout (Nov. 21-24) – Carl Arts, UAA. Central Washington (Nov. 30-Dec. 1) – Jake Beitinger, CWU; Sam Kelly, WOU; Brad Krichavsky, WOU. CSU Pueblo (Nov. 30-Dec. 1) – Bill Richardson, SMU. WWU Great Western Shootout (Dec. 18-19 at Las Vegas) – Ira Graham, WWU; Calin Schell, WOU; Jake Beitinger, CWU. Humboldt State (Dec. 21-22) – Michael Knight, Seattle; Ryan Coldren, Seattle. Western Oregon (Dec. 28-29) – Mike McLaughlin, WOU; Travis Kuhns, WOU; Nate Jackson, CWU; Jake Beitinger, CWU. Seattle Pacific (Dec. 28-29) – Marques Echols, SPU; Rob Diederichs; SPU; Michael Knight, SU. Alaska Anchorage (Dec. 28-29) – Chris Bryant, UAA (MVP); McCade Olsen, UAA; Luke Cooper, UAA.

COSIDA ACADEMIC ALL-REGION: Second Team - Jake Linton, Saint Martin’s (Business Administration, Jr., 3.33, Lynnwood, WA).

GNAC PLAYERS-OF-THE-WEEK: Rob Will, Seattle Pacific (C, 6-10, Sr., Seattle, WA – O’Dea) was nearly perfect converting on 21 of 22 shots as the Falcons solidified their No. 3 West Regional ranking and all but clinched a playoff berth with wins over Alaska Fairbanks and regionally top-ranked Alaska Anchorage. Will, who set a GNAC record by making 22 consecutive shots going back to SPU’s previous contest at Western Oregon on Feb. 23, finished the week with 48 points, 17 rebounds and five blocked shots.

HONORABLE MENTION: Bryce Daub, Central Washington (F, 6-6, Sr., Bellevue, WA – Newport & Bellevue CC) scored 25 points and had 22 rebounds as the Wildcats extended their win streak to eight games and finished 7-2 in the road in conference games. Daub, who had a season-high 18 points in a five-point road win at Seattle University, made 10 of 16 shots and also had seven assists. Ryan Coldren, Seattle University (F, 6-8, Sr., Fall Creek, OR - Marist) scored 36 points and had 11 rebounds.
as the Redhawks earned a split with Western Washington and Central Washington. Coldren scored 21 points against the Wildcats, making all seven of his field goal attempts, including five three-pointers. .Ira Graham, Western Washington (G, 6-1, Jr., Fontana, CA) scored 44 points, including 31 in a 26-point road win at Montana State Billings. It was the third 30-point game this season for Graham, who made 19 of 37 shots and also had six assists. Graham and Jake Linton of Saint Martin’s who has four, are the only players in the GNAC who have had more than one 30-point game this season.

AROUND THE GNAC: Will broke the old GNAC record for most consecutive shots made of 18 set by Yuri Whyms of Western Oregon in 2002. He’ll finish his career as the No. 2 percentage field goal shooter in GNAC history. Currently, he has a career percentage of 60.5, making 448 out of 741

Despite its two second-half losses, Alaska Anchorage is virtually assured to be the top seed in next week’s West Regionals. The Seawolves still have three fewer Division II losses than anyone else in the region. The NCAA Division II selection show will be streamed Sunday beginning at 7:30 p.m. at www.cstv.com. A link is available on the GNAC web site . . .

 staunchly held the GNAC record for most conference victories. Central Washington could equal the current record of 15 with two wins. Neither the Wildcats or Seawolves have ever won a GNAC men’s basketball title. . .

A link is also available on the conference web site.

AGAINST THE WEST REGION: GNAC (15) vs. CCAA (10) - NNU 1-0, WOU 1-0, Seattle 5-1, CWU 3-1, WWU 3-2, SPU 1-1, SMU 1-3, UAF 0-1, MSUB 0-1

GA (5) vs. PacWest (3) - UAA 3-0, NNU 1-0, SPU 1-0, WOU 0-1, CWU 0-2

CCAA (10) vs. GNAC (15) - CSU San Bernardino 5-0, UC San Diego 1-0, Cal State LA 1-0, CSU Dominguez Hills 1-0, Humboldt State 2-1, San Francisco State 0-1, CSU Stanislaus 0-2, Sonoma State 0-2, Cal Poly Pomona 0-2, Chico State 0-3, CSU Monterey Bay 0-4

PacWest (3) vs. GNAC (5) - BYU-Hawaii 2-2, Notre Dame de Namur 1-1, Chaminade 0-1, Hawaii Hilo 0-1

TEAM NOTES

Alaska Anchorage: Luke Cooper had 37 points with 11 rebounds (71-64) and nine fewer turnovers (30-39) in the two victories.

Montana State Billings: John Brooks and Aaron Terry each scored 23 points against about one-quarter of the Yellowjackets points. Brooks scored 33 and Aaron had 32 in home losses to Central and Western Washington.

Northwest Nazarene: Justin Parnell made seven of 13 three-point shots and led the Crusaders with 30 points. Parnell also had 11 rebounds and eight assists. Kendall Gielow (12-21 FGs) and Joel Ryman (6 of 11 three-pointers) each had 25 points.

Saint Martin’s: Jake Linton led the Saints with 21 points and Brendan Campbell added 16 in a 15-point road loss at Western Oregon.

Seattle University: Chris Gweth had 37 points and 12 rebounds in a pair of games. Gweth was perfect from the foul line (10-10) and also made five of 11 three-pointers.

Seattle Pacific: Seattle Pacific shot 60.2 percent from the floor, obviously aided by Will’s 21 of 22 performance, in wins over UAF and UAA. Jofay Jackson, who had 32 points and 15 rebounds, made 13 of 22. Guard Marques Echols scored 26 points and earned 15 assists.

Western Oregon: Travis Kuhn led five players in double figures with 20 points and Mike McLaughlin had his fifth double-double (13 points, 11 rebounds) of the season in a 15-point home win over Saint Martin’s. WOU, which ranks third nationally in rebounding margin (9.5), outrebounded the Saints by nine (43-34).

Western Washington: Ira Graham needs 75 more points to join the 1,000 point club. He currently ranks 45th in career scoring in the GNAC with 925 points. He also leads the GNAC this winter with a 19.0 average. In conference games, he ranks third with an 18.4 average trailing Jake Linton by 10 points and Carl Arts of Alaska Anchorage by five.

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GNAC CAREER LEADERS (Through Mar. 1)

Scoring
1. Austin Nichols, Humboldt State (2001-04) 2501
18. Jake Linton, Saint Martin’s (2006-08) 1307
23. Brendan Campbell, Saint Martin’s (2005-08) 1212
31. Rob Will, Seattle Pacific (2006-08) 1115

Three-Pointers
1. Grant Dykstra, Western Washington (2003-06) 266
10. Jake Linton, Saint Martin’s (2006-08) 199

Rebounds
1. Fred Hooks, Humboldt State (2001-04) 1268
7. Carl Arts, Alaska Anchorage (2005-08) 712
12. Brendan Campbell, Saint Martin’s (2005-08) 615
15. Rob Will, Seattle Pacific (2006-08) 599

Assists
1. Luke Cooper, Alaska Anchorage (2005-08) 817
2. Kevin Tyner, Western Oregon (2003-06) 600
14. Jake Linton, Saint Martin’s (2006-08) 332

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Assists
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2. Kevin Tyner, Western Oregon (2003-06) 600
14. Jake Linton, Saint Martin’s (2006-08) 332
Women's Basketball

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**LAST WEEK:** Thursday - Central Washington 53 at Alaska Anchorage 85; Western Washington 72 at Alaska Fairbanks 78; MSU Billings 45 at Saint Martin’s 73; Seattle 88 at Western Oregon 75. Saturday – Western Washington 53 at Alaska Anchorage 65; Central Washington 44 at Alaska Fairbanks 47; MSU Billings 80 at Western Oregon 79 (2ot); Seattle 52 at Saint Martin’s 53; Northwest Nazarene 58 at Seattle Pacific 75.

**THIS WEEK:** Thursday – Alaska Anchorage at Seattle; Alaska Fairbanks at MSU Billings; Saint Martin’s at Northwest Nazarene (at Skyview HS); Western Oregon at Seattle Pacific. Saturday – Alaska Anchorage at MSU Billings; Alaska Fairbanks at Seattle, 5 p.m.; Western Washington at Central Washington, 5 p.m.; Western Oregon at Northwest Nazarene (at Skyview HS); Saint Martin’s at Seattle Pacific. (End-of-season).


**ALL-TOURAMENT:** Notre Dame (Nov. 16-17) – Shayla Corder, WOU. UAA Great Alaska Shootout (Nov. 20-21) – Rebecca Kielbinski, UAA (MVP); Maria Nilsson, UAA; Katie Quinones, UAA. Western Washington (Nov. 23-24) – India Soo, WWU; Tara Holgate, WWU; Jamey Gelhar, SMU. Northwest Nazarene (Nov. 23-24) – Jennifer Williams, NNU; Kristin Hein, NNU; Leada Berkey, WOU. UAA Glacier Classic (Nov. 30-Dec. 1) – Maria Nilsson, UAA (MVP); Dasha Basova, UAA; Rebecca Kielbinski, UAA; Cristina Bruketta, UAF; Sarah Herrin, UAA. Seattle Pacific (Dec. 7-8) – Beth Christensen, SPU (MVP); Libby Magnuson, SPU; Kelsey Hill, SPU; Amanda Dunbar, WWU. Western Oregon (Dec. 21-22) – Kassie Ludeman, SMU (MVP); Amber Harmon, SMU. Leada Berkey, WOU; Katie Torland, WOU. UC San Diego (Dec. 29-29) – Jackie Hollands, SPU (MVP); Kelsey Hill, SPU; Beth Christensen, SPU; India Soo, WWU. Sonoma State (Dec. 28-29) – Alira Carpenter, MSUB.

**COSIDA ACADEMIC ALL-REGION: Second Team** - Libby Magnuson, Seattle Pacific (Visual Communication, Sr., 3.63, White Bear Lake, MN); Sade Smith, Saint Martin’s (Psychology, Sr., 3.94, Pullman, WA); **Third Team** - Alira Carpenter, MSUB Billings (Chemistry/Biology, Jr., 3.56, Lewiston, MT).

**DOUBLES POINTS: 9 – Rebecca Kielbinski, UAA. 7 – Kristin Hein, NNU. 4 - Kelsey Hill, SPU; Leada Berkey, WOU; Katie Torland, WOU; Nicole Schutte, NNU; Laina Sobczak, SU. 3 - Claire Pallansch, WWU, Kari Reabold, UAF; Jennifer Williams, NNU; Shantell Marquis, MSUB; Shaina Aaloa, CUW; – Dara Zack, SMU. 2 - Ruby Williams, UAA; Kristina Klappernich, CUW; Whitney Chase, WOU; Vanessa Wyffels, WOU; Kayla Ryan, MSUB; Kassie Ludeman, SMU. 1 – Eight with.


**GNAC PLAYERS-OF-THE-WEEK:** Cristina Bruketta, Alaska Fairbanks (G, 5-9, Jr., Ellensburg, WA – Kittitas) contributed offensively and defensively in the Nanooks sweep of Western Washington and Central Washington as UAF doubled its season conference win total. In the two contests she scored 26 points (9-22 FGs, 4-13 on three-pointers) and also had seven rebounds and three steals. Playing against her hometown team, she had a team-high 14 points in UAF’s three-point win over CUW and also took a hard charge on the right baseline to force a turnover with just seven seconds to play as Central’s Ashley Fenimore was driving for the game-tying basket.

**HONORABLE MENTION:** Leada Berkey, Western Oregon (G, 5-8, Sr., Amity, OR) scored 46 points to move into first-place on WOU’s all-time career scoring list with 1,545 points. Berkey also had 11 rebounds, six assists and four steals in a pair of losses, including a double overtime session with Montana State Billings. . Jessie Christensen, Seattle Pacific (F, 5-9, Sr.,
Enumclaw) had a double-double – her first of the season – in the Falcons’ 17-point home win over Northwest Nazarene. Christensen finished with 10 points, making four of seven shots and two of two free throws, and 11 rebounds.

AROUND THE GNAC: Seattle Pacific clinched at least a share of its fifth conference title in six seasons and the GNAC’s automatic berth in next week’s NCAA Regionals with Saturday’s 75-58 home win over Northwest Nazarene. Though it won’t be official until next Sunday’s announcement, the Falcons are also a lock to be the No. 1 seed, and presumably the host for the West Regional playoffs. The official announcement will be made Sunday at 7:30 p.m. at www.cstv.com.

AGAINST THE WEST REGION: GNAC (16) vs. CCAA (17) - SPU 5-0, CWU 2-0, Seattle 1-0, SMU 2-1, NNU 3-2, WOU 2-4, WWU 1-7, UAF 0-1, MSUB Billings 0-2. GNAC (21) vs. PacWest (0) - Seattle 5-0, UAA 4-0, UAF 4-0, CWU 3-0, SMU 2-0, SPU 1-0, NNU 1-0, WWU 1-0. CCAA (17) vs. GNAC (16) - CSU Dominguez Hills 1-0, Chico State 4-1, Sonoma State 2-1, CSU San Bernardino 2-1, UC San Diego 3-2, Cal Poly Pomona 2-2, San Francisco State 1-2, CSU Stanislaus 1-2, Humboldt State 1-3, CSU Monterey Bay 0-2. PacWest (0) vs. GNAC (21) - Dixie State 0-2, Hawaii Hilo 0-2, Notre Dame de Namur 0-3. Hawaii Pacific 0-3, Chaminade 0-5, BYU-Hawaii 0-5.

TEAM NOTES

Alaska Anchorage: Rebecca Kielpinski had team-highs for points (28), rebounds (18), assists (11) and blocks (2) as the Seawolves recorded their 24th and 25th wins to set a school single-season record for victories. UAA finished its home campaign with a 17-1 record improving its home record to 32-1 over the past two seasons under coach Tim Moser. Moser is 48-9 overall in his two seasons in Anchorage.

Alaska Fairbanks: Sheena Brown had team-high for points (33), assists (9), steals (4) and blocks (2) in the Nanooks’ six and three-point wins over Western Washington and Central Washington. Nicole Bozek led UAF with 18 rebounds.

Central Washington: No one averaged in double figures for the Wildcats in their two-game road trip to Alaska. CWU scored just 97 points in the two contests, shooting just 31.5 percent. The two losses dropped the Wildcats to 12-12 in Division II games. CWU was ranked eighth last week in the West Region, but will need a win Saturday against arch-rival Western Washington to become playoff-eligible.

Montana State Billings: Alira Carpenter scored 32 points and Kayla Ryan had 22 rebounds as the Yellowjackets split two road games. Carpenter made four of 13 three-pointers, but her teammates converted on only two of 24. MSUB got a split despite having almost twice as many turnovers (47-25) in the two contests.

Northwest Nazarene: Kristin Hein led the Crusaders with 13 points and nine rebounds in a 17-point road loss at Seattle Pacific. Point guard Mallory Whipple had eight points and five assists.

Saint Martin’s: Twice this season Dara Zack has hit nearly last second shots to beat Seattle University. Her jumper with five seconds left gave the Saints a crucial 53-52 win in the match-up between the regionally ninth and 10th ranked teams Saturday at Lacey. On Jan. 31 she made a basket with three seconds left in overtime in a 62-60 victory. Sade Smith had 24 points, 14 rebounds and eight steals as SMU earned two wins last week.

Seattle: Jackie Thomas led the Redhawks with 27 points, 10 assists and six steals as they split two road games. Kamrica Ary-Turner and Laina Sobczak each had 24 points. Sobczak had a team-high 13 rebounds. Thomas has 231 career steals and needs seven more to move into a tie for second place on the GNAC’s all-time career list.

Seattle Pacific: The Falcons will attempt to become the fourth team in GNAC history this weekend to complete the conference season unbeaten. SPU also posted perfect 18-0 records in 2002-03 and 2003-04, while Western Washington finished the 2005-06 season with a 18-0 record. In the seven-year history of the conference, SPU has lost just 11 games, while winning 111.

Western Oregon: Vanessa Wyffels scored 32 points, shooting 70 percent from the floor (7 of 10) and 75 percent from the foul line (18 of 24). She also had 19 rebounds, 11 at the offensive end. Katie Torland had 28 points and 21 rebounds in the two contests.

Western Washington: Amanda Dunbar had 42 points – one-third of the Vikings’ total – in losses at Fairbanks and Anchorage. Dunbar shot 50 percent from the floor (14 of 28) and 60 percent (9 of 15) from the three-point line. Claire Pallansch added 27 points and 11 rebounds to move into 19th place on the GNAC all-time career list with 611.

GNAC CAREER LEADERS (Through Mar. 1)

Scoring
1. Rose Shaw, Central Washington (1999-02) 1696
2. Leada Berkey, Western Oregon (2005-08) 1545
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4. Rebecca Kielpinski, Alaska Anchorage (2006-08) 1286
5. Hannah Hull, Central Washington (2005-08) 1177
7. Laina Sobczak, Seattle (2005-08) 1055
8. Maria Nilsson, UAA (2007-08) 118
9. Alira Carpenter, MSUB Billings (2006-08) 1357

Three-Pointers
1. Mandy Wood, Seattle Pacific (2003-06) 234
2. Hanna Hull, Central Washington (2005-08) 156
3. Jackie Hollands, Seattle Pacific (2006-08) 131
4. Cristina Bruketta, Alaska Fairbanks (2006-08) 128
5. Alira Carpenter, MSUB Billings (2006-08) 207

Rebounds
1. Carli Grant, Seattle Pacific (2003-06) 1083
2. Rebecca Kielpinski, Alaska Anchorage (2006-08) 827
3. Leada Berkey, Western Oregon (2005-08) 769
5. Claire Pallansch, Western Washington (2006-08) 611
6. Laina Sobczak, Seattle (2005-08) 583
7. Kelsey Hill, Seattle Pacific (2006-08) 575

Assists
1. Melanie Wagoner, Alaska Fairbanks (1999-02) 500
2. Beth Christensen, Seattle Pacific (2005-07) 471
3. Mallory Whipple, Northwest Nazarene (2006-08) 313
Steals
1. Alysson Kilman, Northwest Nazarene (2000-03) 326
3. Jackie Thomas, Seattle (2005-07) 231
15. Mallory Whipple, Northwest Nazarene (2006-08) 173

Blocks
1. Brittney Kroon, Seattle Pacific (2003-06) 419
9. Claire Pallansch, Western Washington (2006-08) 190

Track & Field
THIS WEEK: Saturday – UPS Joe Peyton Open (SPU, SMU, SU, WWU, CWU); UNLV Collegiate Classic (UAA).

ATHLETES-OF-THE-WEEK: Male – Zeb Udell, Western Oregon (Jr., Dallas, OR - Central) added 7 ½ inches to his provisional national qualifying mark and recorded the second best indoor pole vault mark in GNAC history with a winning vault of 16-2 ¾ in the SPU Last Chance Invitational at UW Saturday. Female – Christy Miller, Western Washington (Jr., Boise, ID – Bishop Kelly) added 7 ½ inches to her PNQ in winning the women’s pole vault at UW with a vault of 12-4 ¼. Miller’s mark is also the second best in GNAC history only topped by Melissa Peaslee of Seattle Pacific who won the GNAC championships two weeks ago at Nampa with a vault of 12-9.

SPU LAST CHANCE (Mar 1 at Seattle): Western Washington had two school-record performances, both of them NCAA Division II national provisional qualifying efforts. The Vikings' Christy Miller cleared a school-record 12-4 1/4 to win the women’s pole vault. The previous standard of 12-0 was set by Danielle Juarez in 2004. Two Seattle Pacific athletes - Tracie Lundsteen and Monica Anderson - also posted PNQs in the pole vault with jumps of 11-8. Anderson added 1 3/4 inches to her previous PNQ. For Lundsteen, it was a first-time PNQ. . .Western's Sarah Porter won the women's mile with a time of 5:04.91, breaking the school record by over 31 seconds. The old mark of 5:36.62 was set by Katrina Schwerdtfeger in 2006. . .Ryan Brown of Western Washington improved his provisional qualifying mark in the pole vault adding an inch in finishing second (15-11).

LINFIELD ICEBREAKER (Mar. 1 at McMinnville): Asin Mott won two events and Western Oregon had three provisional national qualifying marks in the Icebreaker. Mott swept the 100 (11.03) and 200 meters (22.40) to account for two of WOU’s 11 victories. . .Establishing PNQs were Sara Cole in the women’s hammer (164-4) and Jessica Harper in the steeplechase (11:21.66) with first-place marks. . .Anthony Marin also posted a provisional national qualifying mark in the hammer placing second with a throw of 176-2. . .In all Western Oregon posted nine automatic marks and 26 provisional qualifying marks for the GNAC championship meet in May.

Baseball

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LAST WEEK: Thursday – Northwest Nazarene 12-0 at Hawaii Pacific 7-7. Friday – Central Washington 5 at Saint Martin's 6 (2nde game, rained out); Northwest Nazarene 4-4 at Hawaii Pacific 3-1. Saturday – Saint Martin's 10-4 at Central Washington 11-12; Northwest Nazarene 7-4 at Hawaii Pacific 5-8; Western Oregon at Concordia, postponed. Sunday – Whitman 9-1 at Central Washington 10-12; Russ Matt Invitational at Phoenix (MSU Billings 8, Madonna 5); Concordia 4 at Western Oregon 8.

THIS WEEK: Monday - Russ Matt Invitational at Phoenix (MSU Billings vs. St. Cloud State, 2, noon). Wednesday - Russ Matt Invitational at Phoenix (MSU Billings vs. Mary, 2, 9:30 a.m.), Thursday - Russ Matt Invitational at Phoenix (MSU Billings vs. Madonna, 2, 9:30 a.m.). Friday – Russ Matt Invitational at Phoenix (MSU Billings vs. May, 2, 9:30 a.m.); Northwest Nazarene at Saint Martin's (2), 1 p.m. Saturday – Western Oregon at Central Washington (2), noon; Northwest Nazarene at Saint Martin's (2), noon. Sunday – Western Oregon at Central Washington (2), noon.


PLAYERS-OF-THE-WEEK: Player – Jimmy VanBeek, Northwest Nazarene (1B-OF, 6-0, Jr., Yakima, WA – Riverside Christian) and Nate Rylaardsdam, Central Washington (1B, 6-5, Sr., Mount Vernon, WA - SVCC). . .VanBeek had nine hits, including three doubles, one triple and one home run, in 21 at bats. He also scored five runs and drove in five as the Crusaders won four of six NCAA Division II West Region games at Hawaii Pacific. He had four hits in Thursday’s 12-7 win. In Friday’s 4-3 victory, he tripled for one run and then scored the game-winning run as NNU scored twice in the seventh inning to overcome a 3-2 deficit. . .Rylaardsdam had 10 hits in 21 at bats and drove in 12 runs to lead the Wildcats to four wins, including a 2-1 series win over Saint Martin’s. He had three home runs and eight RBI in Saturday’s doubleheader sweep of the Saints. Among his hits were a pair of doubles and three home runs. For the week, Rylaardsdam posted a 1.000 slugging average and struck out only three times. Pitcher – None selected.

AROUND THE GNAC: CWU shortstop Jamie Nilsen also had Player-of-the-Week type numbers, batting .600 (12 of 20) and driving in 10 runs. He had five doubles and a triple and scored eight runs. CWU had 14 stolen bases in its five contests and allowed just three in six attempts. . .Catcher Zach Aakhus had a team-best six RBI in Northwest Nazarene’s six-game series in Hawaii. Aakhus had eight hits, including three doubles and a triple, in 21 at bats. Corey Warburton pitched just two innings in the series, but recorded a pair of saves as he allowed just one hit and struck out four. . .Brandon Kuykendall had six hits in 11 at bats to lead Saint Martin’s in its opening conference series against Central Washington. Shane Schoeneberg hit three home runs, all in Saturday’s 11-10 loss to the Wildcats, to increase his GNAC league-leading total to six. He also leads the GNAC in RBI with 19. . .Second baseman Cole Pryor had three hits to
lead Montana State Billings to an 8-5 win in their opening game of the Russ Matt Invitational at Phoenix, Ariz. The Yellowjackets will play seven more games in the tournament this week. . . Designated hitter Dylan Bruck led Western Oregon with three hits and two RBI in an 8-4 win over Concordia.

**Softball**

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**LAST WEEK:**
- Albertson 2-9 at Northwest Nazarene 0-4.
- **Thursday** – CWU Invitational (Western Oregon 2, Central Washington 1; Western Washington 4, Sonoma State 3, MSU Billings 1; Seattle 4, Saint Martin’s 0; Western Oregon 8, Northwest Nazarene 5; Central Washington 4, Sonoma State 2; Seattle 5, Saint Martin’s 0; Montana State Billings 3, Sonoma State 2; Central Washington 4, Sonoma State 2; Seattle 5, Saint Martin’s 0; Montana State Billings 0, Saint Martin’s 11, Northwest Nazarene 6; Seattle 7, Saint Martin’s (2), noon.
- **Friday** - CWU Invitational (Western Washington 1, Central Washington 0; Western Oregon 9, Northwest Nazarene 0; Central Washington 8, Northwest Nazarene 0). Friday - CWU Invitational (Western Washington 1, Central Washington 0; Western Oregon 9, Montana State Billings 0; Saint Martin’s 11, Northwest Nazarene 6; Seattle 7, Sonoma State 2; Central Washington 4, Sonoma State 2; Seattle 5, Saint Martin’s 0; Western Oregon 8, Northwest Nazarene 5; Montana State Billings 3, Western Washington 2). **Saturday** - CWU Invitational (Seattle 4, Central Washington 3; Sonoma State 11, Northwest Nazarene 1; Saint Martin’s 4, MSU Billings 2; Western Washington 4, Western Oregon 2; MSU Billings 5, Central Washington 1; Western Washington 6, Northwest Nazarene 3; Western Oregon 5, Seattle 1; Sonoma State 5, Saint Martin’s 2. **Sunday** – CWU Invitational (Western Washington 4, Sonoma State 1; Seattle 3, MSU Billings 2; Saint Martin’s 2, Western Oregon 0).

**THIS WEEK:**
- **Thursday** – Central Washington at Western Oregon (2), 2:30 p.m.; MSU Billings at Western Washington (2), 1 p.m.; Northwest Nazarene at Saint Martin’s (2), noon. **Friday** – MSU Billings at Western Washington (2), 1 p.m. (non-conference); Northwest Nazarene at Western Oregon (2), 2:30 p.m.; Simon Fraser at Saint Martin’s (2), 1 p.m. **Saturday** – Central Washington at Saint Martin’s (2), noon; MSU Billings at Seattle (2), 11 a.m.; Northwest Nazarene vs. Humboldt State (at Monmouth), 11 a.m. **Sunday** – MSU Billings at Seattle, 11 a.m. (non-conference); Humboldt State at Western Oregon (2), 11 a.m.; Simon Fraser at Western Washington (2), 11 a.m. (exh).

**POLS: NFCA (Pre-Season)**

**ALL-Tournament: CSUS Mizuno Best of the West (Feb. 1-2)**
- Kelsey Reynolds, Seattle (P, MVP); Megan Maclsaac, Seattle (SS); Sandra Hernandez, Seattle (2B-OF).

**CWU INVITATIONAL (Final Standings):** Western Oregon 6-1, Seattle 6-1, Western Washington 5-2, Montana State Billings 3-4, Central Washington 3-4, Sonoma State 3-4, Saint Martin’s 2-5, Northwest Nazarene 0-7.

**PLAYERS-OF-THE-WEEK:**
- Player – Jane Purdy, Seattle University (2B, 5-5, Sr., Missoula, MT - Sentinel) was the leading hitter in the CWU Invitational at Richland with a .579 average, hanging out 11 hits in 19 at-bats. She tied for the team lead with four RBI and also handled 19 chances defensively without an error in leading the Redhawks to a 6-1 record.
- Pitcher – Katie Fleer, Western Oregon (6-2, Sr., Salem, OR - McKay) allowed just two runs and six hits in 14 innings pitching the Wolves to wins over Central Washington (2-1) and Seattle University (5-1). Fleer walked two and struck out 11 while holding opposing batters to a .118 average in her victories.

**HONORABLE MENTION:** Jessica Rosencrants, Western Washington (5-8, Jr., Sequim, WA – Peninsula) posted a 3-1 record and a 1.15 earned run average at Richland. She allowed just 19 hits and five runs in 30 1/3 innings while fanning 28. . .Leslie Davis, Montana State Billings (3B, 5-8, Jr., Federal Way, WA) batted .500 in leading the Yellowjackets to a 3-4 record. Davis tied Purdy for most hits with 11 and also led MSUB with five RBI. . .Mallory Holtman, Central Washington (1B, 5-9, Sr., White Salmon, WA) batted .391 (9 of 23) and was the tournament leader in home runs (3), total bases (22) and RBI (9) and ranked second in runs scored (6).

**AROUND THE GNAC:** Western Oregon’s pitching staff allowed just 11 runs in its seven Central Washington University Invitational games in finishing with a 6-1 record. The Wolves and Seattle University each finished the tournament with 6-1 records, but WOU was declared the champion on the basis of its win over Seattle. . . Jamie Becker led WOU offensively with eight hits in 17 at-bats, including a pair of doubles and a pair of home runs. Whitney Lee had six extra bases hits (5 doubles, 1 triple). . . Western Washington had a tournament low 1.14 earned run average, though they did allow two more runs than WOU. Michelle Wrigley led WWU with a .364 average and scored a team-high five runs. . . Four pitchers each won three games in the tournament – Rosencrants, Jessica Wood of Western Oregon and Kelsey Reynolds and Erin Martin of Seattle University. . . .CWU outscored its seven opponents 26-15 and carded a 1.71 team earned run average, but still finished the tournament with a losing record (3-4). The Wildcats lost three one-run games and now are 0-7 in games decided by one run. . . Holly Morris batted .421 (8 of 19) to lead the Saint Martin’s to a 2-5 tournament mark. Danni Ballard had seven hits in 18 at bats (.389) and a team-high three doubles. . . Haley Hevern and Katie Free each had seven hits for Northwest Nazarene.

**Men’s Golf**


**Men's Golf (Par 72):**
- Erik Flores, UCLA, 206 (68-69-69); 22. Chris Poulakidas, SMU, 218 (70-74-74); 49. Justin Larmann, SMU, 228 (78-78-72); 51. Olof Rosborg, SMU, 229 (76-77-76); 56. John Eisenrount, SMU, 231 (76-79-76); 66. Hiro Neko, SMU, 236 (79-79-79).

**Northwest Shootout**
- **Feb. 24-25 at Langdon Farms Golf Club, Aurora, OR**

**Individuals (Par 72)**
- 1. Alex Williams, OSU, 143 (69-74); 4. Jake Koppenberg, WWU, 146 (70-76); 10. Julian Peters, WWU, 150 (74-76-77); 19. Sean Parker, WWU, 154 (77-77); 22. Brandon Brown, WWU, 155 (79-78-79).

**UPCOMING:**
- Monday-Tuesday (Mar. 10-11) - Notre Dame de Namur Invitational (SMU); UC San Diego Invitational (WWU).
All-Sports Standings


Conference Champions:
Men’s Soccer – Seattle University.
Volleyball – Western Washington.
Women’s Cross Country – Seattle Pacific.
Women’s Soccer – Seattle Pacific.
Men’s Indoor Track – Western Oregon.
Women’s Indoor Track – Seattle Pacific.