Men’s Basketball

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**Division II Games:**
- Alaska Anchorage 14-0, Northwest Nazarene 7-2, Seattle Pacific 10-3, Seattle 9-5, Central Washington 8-5, Western Washington 7-5, Saint Martin’s 7-6, Western Oregon 5-6, Alaska Fairbanks 1-7, MSU Billings 0-14.

**West Region Games:**
- Saint Martin’s at Northwest Nazarene, 7:30 p.m.;
- Western Oregon at Seattle Pacific, 7:30 p.m.
- Seattle at Saint Martin’s;
- Alaska Anchorage at MSU Billings;
- Saint Martin’s at Western Oregon;
- Seattle Pacific at Northwest Nazarene.

**LAST WEEK:**
- Thursday – Central Washington 73 at Alaska Anchorage 78;
- Western Washington 81 at Alaska Fairbanks 63;
- Saint Martin’s 81 at Seattle 72;
- Central Washington 79 at Alaska Fairbanks 83;
- Seattle Pacific 80 at Northwest Nazarene 85;
- Seattle Pacific 72 at Northwest Nazarene 87;
- Seattle at Saint Martin’s.

**THIS WEEK:**
- Thursday – Alaska Anchorage at Seattle;
- Alaska Fairbanks at MSU Billings;
- Saint Martin’s at Northwest Nazarene, 7:30 p.m.;
- Western Oregon at Seattle Pacific, 7:30 p.m.;
- Saturday – Alaska Anchorage at MSU Billings;
- Alaska Fairbanks at Seattle;
- Western Washington at Central Washington;
- Western Oregon at Northwest Nazarene, 2 p.m.;
- Saint Martin’s at Seattle Pacific, 3:30 p.m.


**NCAA West Region** – The first NCAA West Region weekly poll will be released Wednesday, Jan. 30.

**GNAC Coaches Pre-Season:**

**Note:** First-place votes in parenthesis. Points awarded on 1-9-8-7-6-5-4-3-2-1 basis.

**DOUBLE DOUBLES:**
- 5 – Carl Arts, UAA;
- 4 – Jake Beiting, CWU;
- 3 – Kevin Atkins, UAF;
- Rob Will, SPU;
- 2 - Luke Cooper, UAA; Liam Hughes, WOU.

**ALL-TOURNAMENT TEAMS:**
- UAF Top of the World (Nov. 15-18) – Michael Beergevic, UAF; Central Washington (Nov. 16-17) – Jake Beiting, CWU;
- Brandon Foote, CWU; Tyler Roberts, NNU; Adam Shildmyer, NNU; Seattle Pacific (Nov. 16-17) – Rob Will, SPU; Ira Graham, WWU;
- Western Washington (Nov. 23-24) – Ira Graham, WWU; Carl Schell, WWU; Rob Riederich, SPU; Rob Will, SPU; UAA Great Alaska Shootout (Nov. 21-24) – Carl Arts, UAA; Central Washington (Nov. 30-Dec. 1) – Jake Beiting, CWU;
- Sam Kelly, WOU; Brad Kicheski, WOU. CSU Pueblo (Nov. 30-Dec. 1) – Bill Richardson, SMU; WWU Great Western Shootout (Dec. 19-19 at Las Vegas) – Ira Graham, WWU; Carl Schell, WWU; Jake Beiting, CWU; Humboldt State (Dec. 21-22) – Michael Knight, Seattle; Ryan Coldren, Seattle;
- Western Oregon (Dec. 28-29) – Mike McLaughlin, WOU; Travis Kuhns, WOU; Nate Jackson, CWU; Jake Beiting, CWU;
- Seattle Pacific (Dec. 28-29) – Marques Echols, SPU; Rob Riederich, SPU; Michael Knight, SU; Alaska Anchorage (Dec. 28-29) – Chris Bryant, UAA (MVP); McCade Olsen, UAA; Luke Cooper, UAA.

**GNAC PLAYERS-OF-THE-WEEK:**
- Mike McLaughlin, Western Oregon (F, 6-7, So., Lake Oswego, OR) and Jake Linton, Saint Martin’s (G, 5-10, Jr., Lynnwood, WA – Meadowdale).
- McLaughlin and Linton led their respective teams to a pair of wins, including victories over defending GNAC co-champion Seattle University. McLaughlin scored 36 points, connecting on 16 of 23 shots, and also had 14 rebounds and four assists as the Wolves earned their first two conference wins of the season, defeating the Redhawks 78-72 and Montana State Billings 85-72. Linton took just 11 shots, but helped produce 59 points in wins over the Yellowjackets (81-52) and Seattle U. (88-77). He made seven of 11, including six of eight three-pointers and was perfect (16-16) at the foul line. In addition to his 36 points, he also had 11 assists and six steals and just two turnovers. His 11 assists led to an additional 23 Saint points.

**HONORABLE MENTION:**
- Chris Bryant, Alaska Anchorage (G, 6-4, Sr., Metlakatla, AK – Drake) scored 40 points to lead the SeaWolves to a pair of narrow home wins. Bryant made 13 of 26 shots, including six of 11 three-pointers. He also had 16 rebounds and three assists as UAA improved to 14-0 in Division II contests.

**AROUND THE GNAC:**
- Liam Hughes of Western Oregon and Steve Severin of Western Washington nearly equaled GNAC single-game records Thursday. Hughes had 11 offensive rebounds, one short of the record of 12 set by the Wolves’ Stanley Ratcliff against Northwest Nazarene on Jan. 7, 2006. Severin blocked eight shots, falling short of the GNAC record of...
nine by Rob Will of Seattle Pacific against Cal State L.A. on Nov. 17, 2006. Severin did set a GNAC record for conference games, breaking the old mark of seven by Jay Van Hook of Central Washington against Saint Martin’s on Feb. 14, 2004. Though he ranked just fifth in last week’s NCAA national statistical report, Linton’s current 96.1 free throw percentage is one of the best in NCAA Division II history. Among players who have qualified for the final national report, only Paul Claxton of Northern Kentucky has posted a better full-season percentage. In 1997, Claxton made all 94 of his attempts. Linton’s career percentage of 92.1 (257-279) ranks second all-time to Claxton’s 93.5 (272-291) though the NCAA doesn’t recognize career performances until a player completes their eligibility.

**CSTV GAMES:** CSTV will stream a doubleheader from Brougham Pavilion this Saturday. The Falcons will take on Seattle University in the women’s game at 1:30 p.m. and will play Saint Martin’s in the men’s game at 3:30. Later this season (Feb. 23), CSTV will stream a doubleheader from Bellingham. The Viking women will play Western Oregon at 2 and WWU’s men will play Central Washington at 7.

**AGAINST THE WEST REGION: GNAC (15) vs. CCAA (10)**

- NNU 1-0, WOU 1-0, Seattle 5-1, CWU 3-1, WWU 0-1, SPU 0-1, MSUB 0-1.
- GNAC (5) vs. PacWest (3)
- UAA 3-0, NNU 1-0, SPU 1-0, WOU 0-1, CWU 0-2.
- CCAA (10) vs. GNAC (15)
- CSU San Bernardino 5-0, UC San Diego 1-0, Cal State L.A. 1-0, CSU Dominguez Hills 1-0, Humboldt State 2-1, San Francisco State 0-1, CSU Stanislaus 0-2, Sonoma State 0-2, Cal Poly Pomona 0-2, Chico State 0-3, CSU Monterey Bay 0-4.
- PacWest (3) vs. GNAC (5)
- BYU-Hawaii 2-2, Notre Dame de Namur 1-1, Chaminade 0-1, Hawaii Hilo 0-1.

**TEAM NOTES**

**Alaska Anchorage:** Carl Arts had 38 points and a team-high 21 rebounds and Luke Cooper had 16 assists as the Seawolves edged Central Washington 78-73 and Western Washington 63-62 to open a two-game lead in the loss column in both the GNAC and West Region standings. UAA and Cal State San Bernardino began the week as the only unbeaten teams in the region in Division II and West Region games, but the Coyotes lost twice (at Cal Poly Pomona and UC San Diego).

**Alaska Fairbanks:** Mike Titus led Alaska Fairbanks with 30 points and Colin Matteson had 26 points and 12 rebounds in losses to Western Washington and Central Washington. Kevin Atkins, who had 21 points, led UAF with 16 rebounds.

**Central Washington:** Jake Beitinger and Matt Penoncello each had 25 points and Brandon Foote had 24 as the Wildcats split two games in Alaska. Beitinger had 23 against UAA, but just two at UAF. Penoncello netted 10 at Anchorage and 15 at Fairbanks and Foote had 21 of his 24 at Fairbanks. CWU shot 52 percent from the floor (66-127) in the two road contests, but just 54.5 (18-33) at the free throw line.

**Montana State Billings:** John Brooks scored 32 points in a 13-point loss at Western Oregon becoming the eighth player in the conference to score 30 or more points this season. In two games, Brooks netted 48 points, making eight of 21 treys.

**Northwest Nazarene:** Tyler Roberts led five players in double figures with 19 points in a 15-point home win against Seattle Pacific. The Crusaders also got 17 points from Kendall Gielow in rallying from a 41-31 halftime deficit.

**Saint Martin’s:** Bill Richardson made 17 of 28 shots and scored 35 points and also tied Brendan Campbell for most rebounds with 14 as the Saints won two games to extend their won-loss record to 8-2 since Dec. 1. Only Alaska Anchorage (12-0) has a better record in that time. Seattle Pacific is 7-2 since Dec. 1.

**Seattle:** Ryan Coldren and Chris Gweth led Seattle University with 27 and 26 points, respectively, in their road losses at Monmouth and Lacey. Michael Wright and Coldren led the Redhawks with 15 and 14 rebounds, respectively. In the two contests, SU was outshot .491 to .418.

**Seattle Pacific:** Rob Will led the Falcons with 16 points and seven rebounds in their 15-point road loss to Northwest Nazarene. SPU, which was outscoresd 56-31 in the second half, was outrebounded 38-29 in the contest.

**Western Oregon:** Brad Krichevsky (37 points), McLaughlin (36) and Sam Kelly (35) combined for 108 of Western Oregon’s 163 points in its two home wins. Krichevsky had seven three-pointers and Kelly made four. Liam Hughes had 21 rebounds (13 at the offensive end) as WOU outrebounded Seattle and MSU Billings by a combined margin of 86-60.

**Western Washington:** Derrick Webb scored 34 points, including 27 in a one-point loss at Alaska Anchorage. Webb made 13 of 20 shots, five of seven from the three-point line. Steve Severin had 14 points, 26 rebounds and 12 blocks as the Vikings split two games. After scoring 21 points in a 81-63 win at Fairbanks, Ira Graham was held to seven by UAA, snapping an 19-game double-digit scoring streak.

**GNAC CAREER LEADERS (Through Jan. 19)**

**Scoring**

1. Austin Nichols, Humboldt State (2001-04) 2501
2. Carl Arts, Alaska Anchorage (2005-08) 1919
3. Jake Linton, Saint Martin’s (2006-08) 1111
4. Brendan Campbell, Saint Martin’s (2005-08) 1086
5. Rob Will, Seattle Pacific (2006-08) 958

**Three-Pointers**

1. Grant Dykstra, Western Washington (2003-06) 266
2. Jake Linton, Saint Martin’s (2006-08) 164

**Rebounds**

1. Fred Hooks, Humboldt State (2001-04) 1268
2. Carl Arts, Alaska Anchorage (2005-08) 626
3. Brendan Campbell, Saint Martin’s (2005-08) 541
4. Rob Will, Seattle Pacific (2006-08) 481

**Assists**

2. Kevin Tyner, Western Oregon (2003-06) 600
3. Jake Linton, Saint Martin’s (2006-08) 283

**Steals**

1. Grant Dykstra, Western Washington (2003-06) 210
22. Jake Linton, Saint Martin’s (2006-08) 108
Women’s Basketball

Division II Games: Seattle Pacific 14-0, Alaska Anchorage 12-2, Seattle 9-2, Central Washington 9-4, Northwest Nazarene 8-4, Saint Martin’s 7-4, Alaska Fairbanks 8-6, Western Oregon 6-7, SPU Billings 6-7, Oregon 2-9, Western Oregon 3-14.

West Region Games: Seattle Pacific 12-0, Alaska Anchorage 9-1, Seattle 9-2, Saint Martin’s 7-3, Northwest Nazarene 8-4, Central Washington 6-4, SPU Billings 6-5, Alaska Fairbanks 5-6, Western Oregon 2-9, Western Washington 2-12.

LAST WEEK: Thursday – Saint Martin’s 52 at Alaska Anchorage 63; Western Oregon 60 at Alaska Fairbanks 77; Northwest Nazarene 107 at Central Washington 76; Seattle Pacific 86 at Western Oregon 44. Saturday – Western Oregon 39 at Alaska Anchorage 78; Saint Martin’s 63 at Alaska Fairbanks 61; Seattle Pacific 83 at Central Washington 71; Northwest Nazarene 69 at Western Oregon 53; SPU Billings 75 at Seattle 66.

THIS WEEK: Thursday – Central Washington at Saint Martin’s; Western Washington at Western Oregon; MSU Billings at Seattle Pacific, 5:30 p.m.; Seattle at Northwest Nazarene, 5:30 p.m. Saturday – Alaska Anchorage at Alaska Fairbanks, 3 p.m.; Central Washington at Western Oregon; Western Washington at Saint Martin’s; SPU Billings at Northwest Nazarene, 4 p.m.; Seattle at Seattle Pacific, 1:30 p.m.


ALL-TOURNAMENT: Notre Dame (Nov. 16-17) – Shayla Corder, WOU. UAA 1 – Ten with.


GNAC PLAYER-OF-THE-WEEK: Jackie Hollands, Seattle Pacific (G, 5-9, Sr., Oregon City, OR) and Mallory Whipple, Northwest Nazarene (G, 5-7, Jr., Redmond, OR). Hollands scored 45 points (14-26 FGs, 8-16 three-pointers, 9-10 FTs) and also had nine assists, eight steals and eight rebounds as the Falcons stayed unbeaten in 15 games heading Western Washington its worst home loss in history and beating Central Washington by 12 at Ellensburg. Whipple scored 19 points and also led the Crusaders with 14 assists and six steals in double-digit round wins at Ellensburg and Bellingham. Whipple made seven of 14 shots, four of six from the three-point line, in addition to directing a defense that shot 49.6 percent (67-135) and had just 25 turnovers and a plus 13 takeaway advantage.

HONORABLE MENTION: Rebecca Kielpinski, Alaska Anchorage (C, 6-2, Jr., Mandan, ND) scored 31 points and also had 15 rebounds and 10 blocks as the Seawolves extended their school-record home win streak to 29 games. Kielpinski, who also had seven assists and four steals, made 13 of 20 shots. Joscelyn Shumate, Alaska Fairbanks (F, 6-0, Sr., Fairbanks, AK - Lathrop) scored 28 points and also had 15 rebounds and 12 blocks as the Nanooks split two games. Shumate, who had six blocks in both games, made 12 of 19 shots.

AROUND THE GNAC: Seattle Pacific’s 42-point win over Western Washington was the Vikings’ third worst loss ever and its most lopsided home loss in Carver Gymnasium history. The only WWU losses by a larger margin were a 99-49 loss at Portland in 1982-83, and a 97-51 loss to St. Joseph’s, Penn., at the 1977 AIAW National tournament.

CSTV GAMES: CSTV will stream a doubleheader from Brougham Pavilion this Saturday. The Falcons will take on
Seattle University in the men’s game at 1:30 p.m. and will play Saint Martin’s in the men’s game at 3:30. Later this season (Feb. 23), CSTV will stream a doubleheader from Bellingham. The Viking women will play Western Oregon at 2 and WWU’s men will play Central Washington at 7.

AGAINST THE WEST REGION: GNAC (16) vs. CCAA (17) - SPU 5-0, CWU 2-0, Seattle 1-0, SMU 2-1, NNU 3-2, WOU 2-4, WWU 1-7, UAF 0-1, MSU Billings 0-2. GNAC (21) vs. PacWest (0) - Seattle 5-0, UAA 4-0, UAF 4-0, CWU 3-0, SMU 2-0, SPU 1-0, NNU 1-0, WWU 1-0. CCAA (17) vs. GNAC (16) - CS Wallace 1-0, Chaminade 1-0, UAF 1-0, Sonoma State 2-1, CSU San Bernardino 2-1, UC San Diego 3-2, Cal Poly Pomona 2-2, San Francisco State 1-2, CSU Stanislaus 1-2, Humboldt State 1-3, CSU Monterey Bay 0-2.

PacWest (0) vs. GNAC (21) - Dixie State 0-2, Hawaii Hi 0-2, Notre Dame de Namur 0-3 Hawaii Pacific 0-4, Chaminade 0-5, BYU-Hawaii 0-5.

TEAM NOTES

**Alaska Anchorage:** Alaska Anchorage held its two opponents to a .307 shooting percentage and a total of 91 points in improving to 13-0 at home this season. In addition to Kiepinski’s 31 points, the Seawolves got 28 points from Kallie Quinones and 26 from Maria Nilsson.

**Alaska Fairbanks:** Sheena Brown led the Nanooks with 34 points and Shumate and Kari Reabold had 28 apiece as UAF split two games. Reabold had team-highs of 17 rebounds and five steals. Reabold also became the 36th member of the GNAC 1000-Point Club increasing her total to 1,002.

**Central Washington:** Hanna Hull scored 33 points and Ashley Fenimore had 22 points, nine assists and seven rebounds in a pair of home losses. Shaina Afoa led the Wildcats with 17 rebounds and seven blocked shots.

**Montana State Billings:** Alira Carpenter scored 20 points and Kayla McPherson had 16 as the Yellowjackets ran their win streak to four with a nine-point win at Seattle University, handing the Redhawks only their second loss of the season.

**Northwest Nazarene:** Britney Roggenkamp led a balanced attack with 28 points (11-20 FG, 4-9 three-pointers) in 31 and 16-point road wins at CWU and WWU, respectively. The Crusaders also got 24 points each from Nichole Schutte and Dara Zack had 25 points and 11 rebounds as the Saints split two games. In Saturday’s game at UAF, Michelle Short scored 13 of her 15 points in the final five minutes as the Saints rallied from an 11-point deficit. Short’s three-pointer with 28 seconds left was the difference in a 63-61 win.

**Seattle:** Jackie Thomas scored a career-high 17 points in the Redhawks’ home loss to MSU Billings. Thomas made six of nine shots and all five of her free throws. She also led SU with three assists and tied for the team lead with three steals.

**Seattle Pacific:** The Falcons shot 52.7 percent from the floor (59-112) and 84.4 percent (38-45) from the foul line in their two wins. They also finished with 18 more rebounds (73-55) and 12 fewer turnovers (28-40) than their opponents.

**Western Oregon:** Leada Berkey had 29 points and 18 rebounds and Vanessa Wyffels scored 26 points in a pair of losses in Alaska. The Wolves made just 30.7 percent of their shots (35-114).

**Western Washington:** Claire Pallansch had 33 points and Amanda Dunbar had 32, but no one else had more than eight as the Vikings suffered their seventh and eighth losses in a row. WWU was outshot .471 to .339, outrebounded 77-64 and had 11 more turnovers (44-33).

**GNAC CAREER LEADERS (Through Jan. 19)**

### Scoring
1. Rose Shaw, Central Washington (1999-02) 1696
2. Leada Berkey, Western Oregon (2005-08) 1636
3. Rebecca Kieplinski, Alaska Anchorage (2006-08) 1153
5. Laina Sobczak, Seattle (2005-08) 951

### MSUB Career Totals
- Alira Carpenter, MSU Billings (2006-08) 1134

### Three-Pointers
1. Mandy Wood, Seattle Pacific (2003-06) 234
2. Hannah Hull, Central Washington (2005-08) 137

### Assist
1. Jackie Thomas, Seattle Pacific (2003-06) 514
2. Claire Pallansch, Western Washington (2005-08) 517

### Rebounds
1. Carl Grant, Seattle Pacific (2003-06) 525
2. Leada Berkey, Western Oregon (2005-08) 521

### Steals
1. Alysson Kollman, Northwest Nazarene (2000-03) 326
2. Jackie Thomas, Seattle (2005-07) 192
3. Mallory Whipple, Northwest Nazarene (2006-08) 149

### Blocks
1. Brittney Kroon, Seattle Pacific (2003-06) 419
2. Krystal Robinson, Western Washington (2004-08) 190
3. Rebecca Kieplinski, Alaska Anchorage (2006-07) 147

### Indoor Track & Field

**GNAC ATHLETES-OF-THE-WEEK: Male** – Justin Felt, Seattle Pacific (So., Eugene, OR – Churchill) finished sixth in the long jump with a leap of 22-2 ½ at the UW Indoor Preview at Seattle. Felt, who had a career-best of 22-8 ¼ last year, is one of just four athletes in GNAC history to clear 22 feet indoors in the long jump.

**Female** – Jessica Pixler, Seattle Pacific (So., Sammamish – Eastlake) posted an NCAA Division II automatic qualifying times in the mile at UW. She finished second in a...
time of 4:42.65, .23 seconds off her own conference record time. She also finished second in the 3,000, in a GNAC record time of 9:32.08, eclipsing the old record by 37 seconds.

UW HIGHLIGHTS: SPU’s Jane Larson also posted a NCAA Division II automatic qualifying times in the mile in a time of 4:56.42. She was fifth in the 3,000 in a time of 9:50.17, also breaking the former record of 10:09 by Ashley Puga of Northwest Nazarene. In addition to Pixler and Larson, four other GNAC athletes established provisional national qualifying marks. Teona Golding of SPU qualified in the high jump with a winning leap of 5-6. Christy Miller of Western Washington and Carrie Hauk and Mellisa Peaslee of SPU qualified in the pole vault, all tying for sixth with a vault of 11-9. Zeb Udell of Western Oregon added a quarter inch to his PNQ in the pole vault finishing second with a mark of 15-7 1/4. Matt Valdez of Central Washington and Anthony Marin of Western Oregon earned second place finishes in the shot put (47-4 3/4) and weight throw (55-10 3/4), respectively.


All-Sports Standings

