



ADVISING WORKSHEET
TEACHING MINOR IN HEALTH AND PHYSICAL
EDUCATION (K-12)
General Bulletin 2020-2021

TRANSFER INSTITUTION(S):

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Name _____

Student ID # _____

Course	Credits	Grade	Semester	Equivalent
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Required Courses

KIN	105	Foundations of Exercise Science	3			
KIN	106	Foundations of Exercise Science lab	1			
KIN	205	Foundation in Health and Human Performance	3			
CHTH	317	Health Behavior Theories	3			
HEE	340	Methods of Health Education	3			
HEE	308	Methods of Physical Education K-12	3			
KIN	320	Exercise Physiology	3			
OR						
KIN	327	Kinesiology and Biomechanics				

Select two (2) of the following teaching techniques courses:

HEE	303	Methods of Lifetime Fitness Activities	3			
HEE	305	Methods of Teaching Movement Exploration	3			
HEE	306	Methods of Conditioning Activities	3			

Total credits required for minor

25

Certain courses in this program have prerequisites; students should check the course descriptions in the General Bulletin for required prerequisites.

First Aid Competency

Health and Human Performance students who are completing the teacher licensure option are required to demonstrate current competency in first aid, CPR and AED. Presentation of certification documents for First Aid, current Adult/Child/Infant CPR and Automatic External Defibrillation will be accepted as proof of this competency if met through the following organizations:

- First Aid
 - American Academy of Orthopedic Surgeons
 - American Red Cross
 - National Safety Council
- CPR
 - American Academy of Orthopedic Surgeons
 - American Heart Association
 - American Red Cross
 - National Safety Council

Students can also achieve First Aid, Adult/Child/Infant CPR and AED certification through successful completion of ECP 100 First Aid and CPR.