## General Education Requirements – See Attached Page for Specific Courses

### Category I: Global Academic Skills (9 credits)
- A. Mathematics (3 credits)
  - STAT 216 Recommended
- B. English (3 credits)
  - WRIT 101
- C. Communication & Information Literacy (3 credits)

### Category II: Natural Sciences (7 credits)
- 2 lectures (6 credits) & 1 lab (1 credit)
  - (1 life science & 1 physical science & 1 lab)

### Category III: Social Sciences and History (6 credits)
- A. Social Science (3 credits)
  - BGEN 105 – Required Interdisciplinary Core
- B. History (3 credits)

### Category IV: Cultural Diversity (3 credits)
- HTH 270 – Major Core Requirement

### Category V: Arts & Humanities (6 credits)
- A. Fine Arts (3 credits)
- B. Humanities (3 credits)

A minimum grade of “C-” required in all General Education courses.

*Note: Certain degrees may require a minimum grade of “C” in General Education courses.*
## CATEGORY I: GLOBAL ACADEMIC SKILLS 9 credits
Students are required to take one course from each subcategory.

### Subcategory A - Mathematics 3 credits
- M 105 Contemporary Mathematics
- M 114 Extended Technical Mathematics
- M 121 College Algebra
- M 122 College Trigonometry
- M 131 Mathematics for Elementary Teachers II
- M 143 Finite Mathematics
- M 171 Calculus I
- STAT 141 Introduction to Statistical Concepts
- STAT 216 Introduction to Statistics

### Subcategory B - English 3 credits
- WRIT 101 College Writing I
- WRIT 121 Introduction to Technical Writing
- WRIT 122 Introduction to Business Writing
- WRIT 201 College Writing II
- WRIT 220 Business & Professional Writing
- WRIT 221 Intermediate Technical Writing

### Subcategory C - Communication & Information Literacy 3 credits
- COMX 111 Introduction to Public Speaking
- COMX 115 Introduction to Interpersonal Communication
- LSCI 125 Research in the Information Age
- BMIS 150 Computer Literacy

## CATEGORY II: NATURAL SCIENCES 6 cr. lecture & 1 cr. lab
Students are required to take one course from each subcategory and at least one corresponding lab or SCIN 101, 102, 103 & 104.

### Subcategory A – Life Sciences 3-4 credits
- BIOB 101 Discover Biology
- BIOB 102 Discover Biology Lab
- BIOB 160 Principles of Living Systems
- BIOB 161 Principles of Living Systems Lab

### Subcategory B – Physical Sciences 3-4 credits
- ASTR 110 Introduction to Astronomy
- ASTR 111 Introduction to Astronomy Lab
- CHMY 121 Introduction to General Chemistry
- CHMY 141 College Chemistry I
- CHMY 142 College Chemistry Laboratory I
- GEO 101 Introduction to Physical Geology
- GEO 102 Introduction to Physical Geology Laboratory
- GPHY 112 Introduction to Physical Geography Lab
- GPHY 111 Introduction to Physical Geography
- PHSX 102 Our Physical World
- PHSX 104 Our Physical World Lab
- PHSX 205 College Physics I
- PHSX 206 College Physics II Lab
- PHSX 105 Fundamentals of Phys Sci
- PHSX 106 Fundamentals of Phys Sci Lab

### Subcategories A and B – Integrated Sciences 7 credits
- SCIN 101, 102, 103 & 104 Integrated Sciences

## CATEGORY III: SOCIAL SCIENCES AND HISTORY 6 credits
Students are required to take one course from each subcategory.

### Subcategory A – Social Sciences 3 credits
- ANTY 217 Physical Anthropology & Archeology
- GEN 105 Introduction to Business
- COMX 106 Communicating in a Dynamic Workplace
- ECNS 201 Principles of Microeconomics
- ECNS 202 Principles of Macroeconomics
- EDU 105 Education and Democracy
- GPHY 141 Geography of World Regions
- HTH 110 Personal Health and Wellness
- PSCI 220 Introduction to Comparative Government
- PSCI 210 Introduction to American Government
- PSYX 100 Introduction to Psychology
- PSYX 231 Human Relations
- SOCI 101 Introduction to Sociology
- SOCI 201 Social Problems

### Subcategory B - History 3 credits
- HSTA 101 American History I
- HSTA 102 American History II
- HSTR 101 Western Civilization I
- HSTR 102 Western Civilization II
- HSTR 103 Honors Western Civilization I
- HSTR 104 Honors Western Civilization II
- PSCI 230 Introduction to International Relations

## CATEGORY IV: CULTURAL DIVERSITY 3 credits
- ANTY 220 Culture and Society
- ARTH 160 Global Visual Culture
- COMX 212 Introduction to Intercultural Communication
- GPHY 121 Human Geography
- HTH 270 Global Health Issues
- LIT 230 World Literature Survey
- MUSI 207 World Music
- NASX 105 Introduction to Native American Studies
- NASX 205 Native Americans in Contemporary Society
- PHL 271 Philosophy & Religion of India
- PHL 272 Philosophy & Religion of China/Tibet/Japan
- REHA 201 Introduction to Diversity
- RLST 170 The Religious Quest
- A&SC: SOCI/WS 274 Women, Culture, and Society
- SPNS 150 The Hispanic Tradition

## CATEGORY V: ARTS & HUMANITIES 6 credits
Students are required to take one course from each subcategory.

### Subcategory A – Fine Arts 3 credits
- ARTZ 101 Art Fundamentals
- ARTZ 131 Ceramics for Non-majors
- ARTZ 105 Visual Language-Drawing
- FILM 160 Introduction to World Cinema
- MANT 260 Computer Presentation and Animation
- CRWR 240 Intro Creative Writing Workshop
- LIT 270 Film & Literature
- MUSI 101 Enjoyment of Music
- MUSI 114 Band: MSUB Symphonic
- MUSI 131 Jazz Ensemble I: MSUB
- MUSI 147 Choral Ensemble: University Chorus
- THTR 101 Introduction to Theatre
- THTR 120 Introduction to Acting I

### Subcategory B - Humanities 3 credits
- ARTH 150 Introduction to Art History
- HON 121 Perspectives and Understanding
- HON 281 The American Intellectual Heritage (1620-1877)
- HON 282 The American Intellectual Heritage (1877-Present)
- LIT 110 Introduction to Literature
- LIT 240 The Bible as Literature
- PHL 110 Introduction to Ethics
- PHL 111 Philosophies of Life

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*Prerequisite NUTR 221.
#Prerequisite STAT 216.

**Health and Wellness Electives:** Select two courses (6 credits) from the following, each from a different rubric, with advisor assistance:

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**Required Interdisciplinary Core**

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*May satisfy General Education requirements.
A grade of C- or higher is mandatory in all health and human performance courses satisfying the major requirements.

*Certain courses in this program have prerequisites; students should check the course descriptions for required prerequisites.
Restricted Elective Requirements: Select 6 credits with advisor approval:

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Electives

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Bachelor of Science in Health and Human Performance – Health & Wellness Option

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It is the student’s responsibility to know and meet the requirements for graduation. A minimum of 36 credits must be upper division classes (300 and above).

All students desiring admission to the Health & Wellness Option are required to file an application for admission.

1. A minimum cumulative grade point average of 3.0 is required in all courses completed.

2. Each applicant also must complete 18 credits from the approved list of prerequisite courses with a GPA of at least 3.0 (see application for list of courses).

3. Applications will be accepted when the student has completed a minimum of 23 credits from the General Education Category requirements at Montana State University Billings, or at another regionally accredited institution of higher education, earning a minimum grade point average of 3.0. Courses taken on a pass/no pass or credit/noncredit basis will not be used to calculate the GPA requirement. Students should consult with their academic advisor.

4. Applications for admission to the Health and Wellness Option may be obtained online at www.msubillings.edu/hhp or from the Department of Health and Human Performance Office in the Physical Education Building, Room 120. The application should be submitted to the faculty advisor for review and approval, signed by the advisor and the Department Chairperson. A current working copy of the transcript will be attached to the application form.

5. Applications are handled on a rolling admissions basis. Students will be notified of the status of their application within 15 working days of submitting the complete application. Enrollment in some major courses is limited to students admitted to the program.

6. No student will be allowed to register for restricted upper division courses in Health and Human Performance without formal admission to the Health and Wellness Program.

It is the student’s responsibility to know and meet the requirements for graduation.