



**ADVISING WORKSHEET
MINOR IN HEALTH EDUCATION
GENERAL BULLETIN 2011-2013**

TRANSFER INSTITUTION(S):

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Name _____

Student ID # _____

Course	Credits	Grade	Semester	Equivalent
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REQUIRED COURSES

*HHP 101	Health Sciences	3			
OR					
HHP 201	Core Concepts in Health				
HHP 211	Community Health	3			
HHP 320	Current Issues in Health	3			
HHP 330	Health Behavior Theories	3			
HHP 340	Health Education Strategies	3			

CHOOSE 4 COURSES (MINIMUM OF 12 CREDITS) FROM THOSE LISTED BELOW:

HHP 411	Alcohol, Tobacco and Other Drug Prevention	3			
HHP 425	Health and Sexuality	3			
HHP 430	Exercise Physiology	3			
HHP 431	Exercise Physiology Lab	1			
HHP 433	High Level Wellness through Decision Making	3			
HHP 435	Health Aspects of Aging	3			
HHP 436	Stress Management and Emotional Health	3			
HHP 445	Exercise Testing and Prescription	3			
NUTR 411	Nutrition for Sports and Exercise	3			

Total credits required for minor

27

***May satisfy General Education requirements.**

Certain courses in this program have prerequisites; students should check the course descriptions in the General Bulletin for required prerequisites.