



ADVISING WORKSHEET
TEACHING MINOR IN HEALTH AND PHYSICAL
EDUCATION (K-12)
General Bulletin 2011-2013

TRANSFER INSTITUTION(S):

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Name _____

Student ID # _____

	Course	Credits	Grade	Semester	Equivalent
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Required Courses

HHP	100	Foundations of Exercise Science	3		
HHP	102	Foundations of Exercise Science	1		
HHP	260	Foundations and Scientific Fundamentals in Health and Human Performance	3		
HHP	330	Health Behavior Theories	3		
HHP	340	Health Education Strategies	3		
HHP	370	Methods of Physical Education K-12	3		
HHP	405	Outdoor and Camping Education	3		
HHP	430	Exercise Physiology	3		
HHP	431	Exercise Physiology Lab	1		
or					
HHP	463	Kinesiology and Biomechanics	3		
HHP	464	Kinesiology and Biomechanics Lab	1		
Select two (2) of the following teaching techniques courses:					
HHP	344	Physical Education Techniques I	3		
HHP	346	Physical Education Techniques II	3		
HHP	348	Physical Education Techniques III	3		

Other Courses

Total credits required for minor **29**

Certain courses in this program have prerequisites; students should check the course descriptions in the General Bulletin for required prerequisites.

First Aid Competency

Health and Human Performance students who are completing the teacher certification option are required to demonstrate competency in first aid and CPR. Presentation of certification documents for First Aid and Adult/Child/Infant CPR will be accepted as proof of this competency if met through the following organizations:

First Aid: National Safety Council or American Red Cross
 CPR: National Safety Council, American Red Cross, American Heart Association

Students can also achieve First Aid and Adult/Child/Infant CPR certification through successful completion of HHP 210 First Aid and CPR.