



# ADVISING WORKSHEET

**BACHELOR OF SCIENCE  
MAJOR IN OUTDOOR ADVENTURE LEADERSHIP  
General Bulletin 2007-2009**

TRANSFER INSTITUTION(S):

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Name \_\_\_\_\_

Student ID # \_\_\_\_\_

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**ACADEMIC FOUNDATIONS REQUIREMENTS – SEE PAGE 4 FOR SPECIFIC COURSES**

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Academic Foundations Category	Course #	Credits	Grade	Semester	Equivalent
<b>Category I: Global Academic Skills</b> (12 credits) A. Mathematics (3 credits)  B. English (6 credits)					
	ENGL 150				
C. Information Literacy (3 credits)					
<b>Category II: Natural Sciences</b> (7 credits) 2 lectures (6 credits) & 1 lab (1 credit) (1 life science & 1 physical science & 1 lab)					
<b>Category III: Social Sciences</b> (6 credits) Courses must be from separate prefixes  <i>HHP 101 - Recommended</i>					
<b>Category IV: History &amp; Cultural Diversity</b> (6 credits) A. History (3 credits)  B. Cultural Diversity (3 credits) <i>HHP 270 - Recommended</i>					
<b>Category V: Arts &amp; Humanities</b> (6 credits) A. Arts (3 credits)  B. Humanities (3 credits)					

A minimum grade of "C-" required in all Academic Foundations courses. *Note: Certain degrees may require a minimum grade of "C" in Academic Foundations courses.*

Reviewed:

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## ACADEMIC FOUNDATIONS REQUIREMENTS

<b>CATEGORY I: GLOBAL ACADEMIC SKILLS</b>			<b>12 credits</b>
<b>Subcategory A - Mathematics</b>			<b>3 credits</b>
MATH	106	College Algebra	3
MATH	107	Precalculus	5
MATH	112	Calculus I	4
MATH	121	Finite Mathematics	4
MATH	122	College Mathematics for Technology	3
MATH	141	Contemporary Mathematics	3
MATH	202	Fundamentals of Mathematics II	3
STAT	141	Introduction to Statistics	3
STAT	241	Statistical Methods	4
<b>Subcategory B - English</b>			<b>6 credits</b>
ENGL	150	<i>College Composition</i>	3
ENGL	201	Business Communication	3
ENGL	226	Research Writing	3
ENGL	140	Business Writing	3
ENGL	145	Technical Communication	3
<b>Subcategory C - Information Literacy</b>			<b>3 credits</b>
COMT	130	Introduction to Public Speaking	3
LS	125	Research in the Information Age	3
MIS	150	Information Access and Organization	3

<b>CATEGORY II: NATURAL SCIENCES</b>			<b>6 cr. lecture &amp; 1 cr. lab</b>
<i>Students are required to take one course from each subcategory and at least one corresponding lab or SCIN 101, 102, 103 &amp; 104</i>			
<b>Subcategory A – Life Sciences</b>			
BIOL	101	Survey of Biology	3
BIOL	115	Survey of Biology Lab	1
BIOL	178	Principles of Biology	3
BIOL	188	Principles of Biology Lab	1
<b>Subcategory B – Physical Sciences</b>			
CHEM	104	Fund of General Chemistry	3
CHEM	105	Fund of General Chem Lab	1
CHEM	115	General Chemistry I	3
CHEM	118	General Chemistry I Lab	1
EASC	100	Lithosphere and Hydrosphere	3
EASC	101	Lithosphere and Hydrosphere Lab	1
GEOG	100	Physical Geography Lab	1
GEOG	101	Physical Geography	3
PHYS	101	Earth, Air, Fire and Water	3
PHYS	102	Earth, Air, Fire and Water Lab	1
PHYS	110	College Physics I	3
PHYS	111	College Physics I Lab	1
PHYS	201	Introduction to Astronomy	3
PHYS	203	Introduction to Astronomy Lab	1
PSSC	101	Physical World Around Us	3
PSSC	102	Physical World Around Us Lab	1
<b>Subcategories A and B – Integrated Sciences</b>			
SCIN	101, 102, 103 & 104	Integrated Sciences	3, ½, 3, ½

<b>CATEGORY III: SOCIAL SCIENCES</b>			<b>6 credits</b>
<i>Two courses from separate prefixes</i>			
BUS	101	Introduction to Business	3
COMT	109	Human Relations	3
COMT	110	Interpersonal Communication	3
ECON	200	Principles of Microeconomics	3
ECON	201	Principles of Macroeconomics	3
EDF	100	Education and Democracy	3
GEOG	102	World Geography	3
HHP	101	Health Sciences	3
POLS	101/200	Intro to Gov't/Intro to Comparative Gov't	3
POLS	212	United States Government	3
PSYC	101	General Psychology	3
PSYC	271	Human Relations	3
SOCL	101	Introduction to Sociology	3
SOCL	212	Physical Anthropology & Archeology	3
SOCL	221	Social Problems	3

<b>CATEGORY IV: HISTORY &amp; CULTURAL DIVERSITY</b>			<b>6 credits</b>
<b>Subcategory A - History</b>			<b>3 credits</b>
HIST	104	The West and the World to 1648	3
HIST	105	The West and the World since 1648	3
HIST	106	Honors: History of Western Civ to 1500	3
HIST	107	Honors: History of Western Civ since 1500	3
HIST	204	United States History to 1877	3
HIST	205	United States History Since 1877	3
POLS	221	International Relations	3
<b>Subcategory B - Cultural Diversity</b>			<b>3 credits</b>
ART	131	Global Visual Culture	3
COMT	160	Introduction to Intercultural Communication	3
ENGL	260	World Foundations of Literature	3
GEOG	120	Environment and Culture	3
HHP	270	Global Health Issues	3
NAMS	181	Introduction to Native American Studies	3
NAMS	211	Social Issues of the Native American	3
PHIL	105	The Religious Quest	3
REHA	201	Introduction to Diversity	3
SOCL	211	Cultural Anthropology	3
A&SC/SOCL	250	Women, Culture and Society	3
SPAN	150	The Hispanic Tradition	3

<b>CATEGORY V: ARTS &amp; HUMANITIES</b>			<b>6 credits</b>
<b>Subcategory A - Arts</b>			<b>3 credits</b>
ART	110	Art Studio Essentials for the Non-Art Major	3
ART	142	Introduction to Pottery	3
ART	161	Introduction to Drawing	3
COMT	150	Introduction to Theatre and Performance	3
COMT	155	Global Cinema	3
COMT	250	Introduction to Acting	3
ENGL	204	Fundamentals of Creative Writing	3
ENGL	280	Fiction into Film	3
MUSC	100	Music Appreciation	3
MUSC	150	Musics of the World	3
DSGN	248	Computer Presentation and Animation	3
<b>Subcategory B - Humanities</b>			<b>3 credits</b>
ART	132	Art History Survey	3
ENGL	160	Reading and Responding to Literature	3
ENGL/PHIL	240	The Bible as Literature	3
HON	181	The Ancient and Medieval Worlds	3
HON	182	The Renaissance and Modern Worlds	3
HON	281	Humanistic Thought of the U.S. to 1877	3
HON	282	Humanistic Thought of the U.S. since 1877	3
PHIL	115	Ethics	3
PHIL	117	Philosophies of Life	3

Course		Credits	Grade	Semester	Equivalent
<b>Degree Core</b>					
HHP	200	Foundations of Outdoor Adventure Leadership	3		
HHP	214	Outdoor Recreations in the United States	3		
HHP	280	Challenge Course Fundamentals	3		
HHP	310	Adventure Leadership	3		
HHP	490	Internship/Practicum	6		

#### Department Required Courses

HHP	100	Foundations of Exercise Science	4		
HHP	210	First Aid and CPR	2		
HHP	300	Motor Learning and Control	3		
HHP	301	Motor Learning and Control Lab	1		
HHP	365	Special Populations in Health and Physical Education	3		
HHP	381	Adventure Counseling and Leadership	3		
HHP	405	Outdoor and Camping Education	3		
HHP	430	Exercise Physiology	3		
HHP	431	Exercise Physiology Lab	1		
HHP	461	Organization and Administration in Health Enhancement	3		
HHP	466	Ethical/Legal Aspects in Outdoor Adventure Leadership	3		

#### Basic Skills

Choose at least 5 credits from the following:

HHP	131	Cross Country Skiing	1		
HHP	132	Skiing, Beginning Downhill	1		
HHP	134	Beginning Snowboarding	1		
HHP	142	Lifeguard Training: Basic	2		
HHP	181	Basic Navigation/Orienteering	1		
HHP	292	Fly Fishing	1		
HHP	292	Rock Climbing	1		

#### Advanced Skills

Choose at least 12 credits from the following:

HHP	133	Skiing, Intermediate Downhill	1		
HHP	143	Water Safety Instructor	3		
HHP	144	Lifeguarding Instructor/ Head Lifeguard/ Waterfront Modules	2		
HHP	182	Advanced Navigation	2		
HHP	185	Winter Survival Skills	2		
^HHP	230	Wilderness First Responder	3		
HHP	292	Advanced Rock Climbing/ Rappelling	2		
HHP	480	Advanced Challenge Skills and Facilitation	3		

^ or equivalent/comparable training (Ski Patrol, Park & Rec., Health Organizations, etc.)

**Electives**


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**BACHELOR OF SCIENCE IN OUTDOOR ADVENTURE LEADERSHIP**

<b>Categories</b>	<b>Credits</b>	<b>Earned</b>
Academics Foundations	37	_____
Outdoor Adventure Leadership	63	_____
Minor	20	_____
Total	120	_____

**It is the student's responsibility to know and meet the requirements for graduation.  
A minimum of 36 credits must be upper division classes (300 and above).**

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Notes: