



ADVISING WORKSHEET

**BACHELOR OF SCIENCE IN HEALTH AND HUMAN PERFORMANCE
HEALTH PROMOTION OPTION
GENERAL BULLETIN 2007-2009**

TRANSFER INSTITUTION(S):

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Name _____

Student ID # _____

ACADEMIC FOUNDATION REQUIREMENTS – SEE PAGE 4 FOR SPECIFIC COURSES

Academic Foundations Category	Course #	Credits	Grade	Semester	Equivalent
Category I: Global Academic Skills (12 credits) A. Mathematics (3 credits) <i>STAT 241 – Recommended</i> B. English (6 credits)					
	ENGL 150				
C. Information Literacy (3 credits)					
Category II: Natural Sciences (7 credits) 2 lectures (6 credits) & 1 lab (1 credit) (1 life science & 1 physical science & 1 lab)					
Category III: Social Sciences (6 credits) Courses must be from separate prefixes <i>PSYC 101 – Recommended</i> <i>HHP 101 – Recommended</i>					
Category IV: History & Cultural Diversity (6 credits) A. History (3 credits) B. Cultural Diversity (3 credits) <i>HHP 270 – Recommended</i>					
Category V: Arts & Humanities (6 credits) A. Arts (3 credits) B. Humanities (3 credits)					

A minimum grade of “C-” required in all Academic Foundation courses. *Note: Certain degrees may require a minimum grade of “C” in Academic Foundation courses.*

Reviewed:

ACADEMIC FOUNDATIONS REQUIREMENTS

CATEGORY I: GLOBAL ACADEMIC SKILLS			12 credits
Subcategory A - Mathematics			3 credits
MATH	106	College Algebra	3
MATH	107	Precalculus	5
MATH	112	Calculus I	4
MATH	121	Finite Mathematics	4
MATH	122	College Mathematics for Technology	3
MATH	141	Contemporary Mathematics	3
MATH	202	Fundamentals of Mathematics II	3
STAT	141	Introduction to Statistics	3
STAT	241	Statistical Methods	4
Subcategory B - English			6 credits
ENGL	150	<i>College Composition</i>	3
ENGL	201	Business Communications	3
ENGL	226	Research Writing	3
ENGL	140	Business Writing	3
ENGL	145	Technical Communication	3
Subcategory C - Information Literacy			3 credits
COMT	130	Introduction to Public Speaking	3
LS	125	Research in the Information Age	3
MIS	150	Information Access and Organization	3

CATEGORY II: NATURAL SCIENCES			6 cr. lecture & 1 cr. lab
<i>Students are required to take one course from each subcategory and at least one corresponding lab or SCIN 101, 102, 103 & 104</i>			
Subcategory A – Life Sciences			
BIOL	101	Survey of Biology	3
BIOL	115	Survey of Biology Lab	1
BIOL	178	Principles of Biology	3
BIOL	188	Principles of Biology Lab	1
Subcategory B – Physical Sciences			
CHEM	104	Fund of General Chemistry	3
CHEM	105	Fund of General Chem Lab	1
CHEM	115	General Chemistry I	3
CHEM	118	General Chemistry I Lab	1
EASC	100	Lithosphere and Hydrosphere	3
EASC	101	Lithosphere and Hydrosphere Lab	1
GEOG	100	Physical Geography Lab	1
GEOG	101	Physical Geography	3
PHYS	101	Earth, Air, Fire and Water	3
PHYS	102	Earth, Air, Fire and Water Lab	1
PHYS	110	College Physics I	3
PHYS	111	College Physics I Lab	1
PHYS	201	Introduction to Astronomy	3
PHYS	203	Introduction to Astronomy Lab	1
PSSC	101	Physical World Around Us	3
PSSC	102	Physical World Around Us Lab	1
Subcategories A and B – Integrated Sciences			
SCIN	101, 102, 103 & 104	Integrated Sciences	3, ½, 3, ½

CATEGORY III: SOCIAL SCIENCES			6 credits
<i>Two courses from separate prefixes</i>			
BUS	101	Introduction to Business	3
COMT	109	Human Relations	3
COMT	110	Interpersonal Communication	3
ECON	200	Principles of Microeconomics	3
ECON	201	Principles of Macroeconomics	3
EDF	100	Education and Democracy	3
GEOG	102	World Geography	3
HHP	101	Health Sciences	3
POLS	101/200	Intro to Gov't/Intro to Comparative Gov't	3
POLS	212	United States Government	3
PSYC	101	General Psychology	3
PSYC	271	Human Relations	3
SOCL	101	Introduction to Sociology	3
SOCL	212	Physical Anthropology & Archeology	3
SOCL	221	Social Problems	3

CATEGORY IV: HISTORY & CULTURAL DIVERSITY			6 credits
Subcategory A - History			3 credits
HIST	104	The West and the World to 1648	3
HIST	105	The West and the World since 1648	3
HIST	106	Honors: History of Western Civ to 1500	3
HIST	107	Honors: History of Western Civ since 1500	3
HIST	204	United States History to 1877	3
HIST	205	United States History Since 1877	3
POLS	221	International Relations	3
Subcategory B - Cultural Diversity			3 credits
ART	131	Global Visual Culture	3
COMT	160	Introduction to Intercultural Communication	3
ENGL	260	World Foundations of Literature	3
GEOG	120	Environment and Culture	3
HHP	270	Global Health Issues	3
NAMS	181	Introduction to Native American Studies	3
NAMS	211	Social Issues of the Native American	3
PHIL	105	The Religious Quest	3
REHA	201	Introduction to Diversity	3
SOCL	211	Cultural Anthropology	3
A&SC/SOCL	250	Women, Culture and Society	3
SPAN	150	The Hispanic Tradition	3

CATEGORY V: ARTS & HUMANITIES			6 credits
Subcategory A - Arts			3 credits
ART	110	Art Studio Essentials for the Non-Art Major	3
ART	142	Introduction to Pottery	3
ART	161	Introduction to Drawing	3
COMT	150	Introduction to Theatre and Performance	3
COMT	155	Global Cinema	3
COMT	250	Introduction to Acting	3
ENGL	204	Fundamentals of Creative Writing	3
ENGL	280	Fiction into Film	3
MUSC	100	Music Appreciation	3
MUSC	150	Musics of the World	3
DSGN	248	Computer Presentation and Animation	3
Subcategory B - Humanities			3 credits
ART	132	Art History Survey	3
ENGL	160	Reading and Responding to Literature	3
ENGL/PHIL	240	The Bible as Literature	3
HON	181	The Ancient and Medieval Worlds	3
HON	182	The Renaissance and Modern Worlds	3
HON	281	Humanistic Thought of the U.S. to 1877	3
HON	282	Humanistic Thought of the U.S. since 1877	3
PHIL	115	Ethics	3
PHIL	117	Philosophies of Life	3

Course		Credits	Grade	Semester	Equivalent
Health Promotion Major Core					
HHP	210	First Aid and CPR	2		
HHP	211	Community Health	3		
HHP	265	Foundations of Health Promotion	3		
HHP	330	Health Behavior Theories	3		
HHP	335	Methods of Health Promotion	3		
HHP	340	Health Education Strategies	3		
HHP	364	Research Methods in Health and Human Performance	3		
HHP	450	Worksite Health Promotion	3		
HHP	455	Technological Applications in the Health Sciences	3		
HHP	461	Organization and Administration in Health Enhancement	3		
HHP	490	Internship/Practicum	7		

Health Promotion Content Electives

Select at least six (6) of the following courses (18 cr.) with assistance of your advisor:

HHP	411	Alcohol, Tobacco and Other Drug Prevention	3		
HHP	425	Health and Sexuality	3		
HHP	430	Exercise Physiology	3		
HHP	431	Exercise Physiology Lab	1		
HHP	432	Nutrition in Health and Human Performance	3		
HHP	433	High Level Wellness Through Decision Making	3		
HHP	435	Health Aspects of Aging	3		
HHP	436	Stress Management and Emotional Health	3		
HHP	445	Exercise Testing and Prescription	3		

Science/Communication Core

BIOL	241	Human Physiology and Anatomy I	3		
BIOL	243	Human Physiology and Anatomy I Lab	1		
BIOL	245	Human Physiology and Anatomy II	3		
BIOL	246	Human Physiology and Anatomy Lab II	1		
BIOL	251	Microbiology for the Health Sciences	3		
COMT	481	Media for Social Change	3		

Restricted Electives

Select at least 5 (15 cr.) courses from the following list with assistance from your advisor. Upon consultation with the advisor, students may request to substitute additional courses to meet their future professional needs. Student may also choose to adopt a minor in lieu of these restricted electives.

BIOL	221	Human Nutrition	3		
*BUS	101	Introduction to Business	3		
COMT	230	Advanced Public Speaking	3		
COMT	480	Health Communication	3		
COMT/ HHP/ HADM	482	Women, Media and Health	3		
EDF	225	Human Development in Education	3		
EDF	250	Educational Psychology	3		
HADM	210	Healthcare Mega Trends	3		
HS	201	Survey of the Human Services	3		
HS	335	Introduction to Counseling	3		

HS	385	Behavioral Pharmacology and Human Services	3			
MKT	343	Integrated Marketing Communications	3			
*PSYC	271	Human Relations	3			
PSYC	314	Learning & Motivation	4			
PSYC	382	Adult Psychology	3			
*REHA	201	Introduction to Diversity	3			
SOCL	380	Sociology of Health, Healing and Illness	3			
SOCL	442	Environmental Sociology	3			

*May satisfy Academic Foundations requirements.

Electives

BACHELOR OF SCIENCE IN HEALTH AND HUMAN PERFORMANCE – HEALTH PROMOTION OPTION

Categories	Credits	Earned
Academic Foundations	37	_____
Health Promotion Option	83	_____
Total	120	_____

It is the student's responsibility to know and meet the requirements for graduation. A minimum of 36 credits must be upper division classes (300 and above).

All students desiring admission to the Health Promotion Option are required to file an application for admission. Approval of this application by all appropriate individuals is necessary prior to registration for courses at the 300 and 400 levels. Due to the competitive nature of the admissions process, application to the program does not constitute admission.

1. A minimum cumulative grade point average of 2.65 is required in all courses completed.
2. All applicants must complete a minimum of 30 hours from the Academic Foundations Category Requirements at Montana State University-Billings, or at another regionally accredited institution of higher education, earning a minimum grade point average of 2.65. Courses taken on a pass/no pass or credit/noncredit basis will not be accepted to fulfill the requirements. Students should consult with their academic advisor.
3. Each applicant must receive recommendations from the faculty advisor; the Health and Human Performance Department Chairperson; and approval from the Dean of the College of Allied Health Professions.
4. Applications for admission to the Health Promotion Option can be obtained from the Department of Health and Human Performance Office in the Physical Education Building, Room 120. The application should be submitted to the faculty advisor for review and approval, signed by the advisor and the Department Chairperson. A current **working copy** of the transcript will be attached to the application form.
5. Due to the competitive nature of admission to the Health Promotion Option and the fact that only a limited number of students are admitted each year, applications must be completed and received in the Health and Human Performance Office by January 15 of each calendar year. Students not accepted are **encouraged to apply for admission** during the next application period. It is the responsibility of each student to ensure that a completed application is submitted by the deadline. It is suggested that applications be submitted at least three (3) weeks prior to the deadline.
6. Applicants will be notified of the status of their application within forty-five (45) days of the application deadline (January 15).
7. If admission to the Health Promotion Option is denied, the applicant may appeal the decision to the Health Promotion Committee of the Department. The Department Chairperson serves as chair of the appeals committee.
8. No student will be allowed to register for restricted upper division courses in Health and Human Performance without formal admission to the Health Promotion Option.