



**ADVISING WORKSHEET**  
**MINOR IN HEALTH EDUCATION**  
**GENERAL BULLETIN 2007-2009**

TRANSFER INSTITUTION(S):

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Name \_\_\_\_\_

Student ID # \_\_\_\_\_

Course	Credits	Grade	Semester	Equivalent
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**REQUIRED COURSES**

*HHP 101	Health Sciences	3			
OR					
HHP 201	Core Concepts in Health				
HHP 211	Community Health	3			
HHP 320	Current Issues in Health	3			
HHP 330	Health Behavior Theories	3			
HHP 340	Health Education Strategies	3			

\*May satisfy Academic Foundations requirements.

**CHOOSE 4 COURSES FROM THOSE LISTED BELOW:**

HHP 411	Alcohol, Tobacco and Other Drug Prevention	3			
HHP 425	Health and Sexuality	3			
HHP 430/431	Exercise Physiology / Exercise Physiology Lab	3/1			
HHP 432	Nutrition in Health and Human Performance	3			
HHP 433	High Level Wellness through Decision Making	3			
HHP 435	Health Aspects of Aging	3			
HHP 436	Stress Management and Emotional Health	3			
HHP 445	Exercise Testing and Prescription	3			

**Total credits required for minor**

**27**

*Certain courses in this program have prerequisites; students should check the course descriptions for required prerequisites.*