



# Outdoor Adventure Leadership

## Bachelor of Science

The Outdoor Adventure Leadership (OAL) degree is designed to prepare students for careers in a wide variety of leadership settings with hands-on learning activities. The program develops student's skills in group dynamics, leadership principles, educational philosophy, as well as teaching and communication. This degree combines the study of educational and leadership theory and practice with technical outdoor travel and adventure. Students will acquire skills and knowledge related to a variety of populations and explore issues ranging from ethical controversies and risk management to program design.

An Outdoor Adventure Leadership degree will allow the student to teach outdoor skills, safely oversee outdoor programs, and design programs for corporate and community organizations while preparing students for professions with agencies that have a natural resource base foundation and public and private entities for utilizing the outdoors.

### Future Possibilities:

- Adventure Business Companies
- Travel and Tourism
- Ski Resorts
- Whitewater Guide
- Mountaineering Guide
- City, State, and National Parks
- U.S. Forest Service
- Ecotourism
- Natural Resources Manager
- Leisure and Fitness Programming
- Recreation Guiding/Programming
- Outfitter Organizations
- Camp Management
- Military Recreation
- At-Risk Youth Programs
- Therapeutic Recreation
- Outdoor Adventure/Recreation Education
- Wilderness Expeditions

### Degree Core Courses Include:

HHP 200 Foundations of OAL  
HHP 214 Outdoor Recreation in U.S.  
HHP 280 Challenge Course Fundamentals  
HHP 310 Adventure Leadership  
HHP 350 OAL for Diverse Populations  
HHP 381 Introduction to Adventure Therapy  
HHP 466 Ethical & Legal Aspects in OAL  
HHP 492 Sem: Wilderness First Responder  
HHP 480 Advanced Challenge Skills  
HHP 490 Senior Internship

### Skills Areas

#### I: Outdoor Activities

HHP 103 Archery  
HHP 190 Rappelling/Belaying  
HHP 191 Low Element Challenges  
HHP 192 Caving/Spelunking  
HHP 292 Fly Fishing  
HHP 292 Rock Climbing  
HHP 191 Advanced Rock Climbing

#### II: Outdoor Camping

HHP 181 Basic Wilderness Navigation  
HHP 182 Advanced Navigation  
HHP 183 Environment/Leave No Trace  
HHP 184 Hiking/Backpacking  
HHP 187 Mountain Biking  
HHP 189 Basic Survival in the Outdoors

#### III: Water Based Activities

HHP 142 Basic Lifeguard  
HHP 143 Water Safety Instructor  
HHP 144 Head Lifeguard/Instructor  
HHP 193 Canoeing  
HHP 195 Kayaking  
HHP 197 Scuba Diving  
HHP 198 Rafting

#### IV: Snow and Ice Based Activities

HHP 131 Cross Country Skiing  
HHP 132 Beginning Downhill Skiing  
HHP 133 Intermediate Downhill Skiing  
HHP 134 Beginning Snowboarding  
HHP 136 Snowshoeing  
HHP 138 Telemark Skiing  
HHP 185 Winter Survival  
HHP 199 Avalanche Awareness and Safety

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