

Health and Physical Education K-12 Teacher Licensure



Department
of Health
and
Human
Performance

BACHELOR OF SCIENCE

The degree program in Health and Human Performance Teacher Licensure Option prepared the pre-service professional to teach physical education and health education in a variety of school settings, grades K-12. The program has been designed to provide a comprehensive, sequential professional preparation combining liberal arts, professional education and specialty studies. Extensive fieldwork enables the student to apply skills in a supervised setting. The degree program provides teaching competencies in:

- personal health education
- community health and safety
- health prevention and intervention
- motor learning, physiology and kinesiology
- individual, dual and team sports
- rhythm and dance
- outdoor education
- Native American games and activities
- organization and administration of health and physical education programs.

The Academic Foundations requirements for secondary and K-12 education majors have been designed to prepare pre-service educators in a liberal arts curriculum which:

- stimulates scholarship
- promotes a critical understanding of human concepts
- fosters individual fulfillment
- nurtures the development of free, rational, and responsible professions
- cultivates an appreciation for the values associated with life in a free, democratic society
- develops intellectually competent, imaginative and vigorous educators

- encourages an analysis of values inherent in foreign cultures, the variety of American ethnic cultures, and Native American cultures with an aim toward developing a clearer understanding of other peoples.

Health and Human Performance

Teacher Licensure Required Courses

- HHP 100 Foundations of Exercise Science
- HHP 260 Foundations/Scientific Fundamentals
- HHP 300 Motor Learning & Control
- HHP 301 Motor Learning & Control Lab
- HHP 330 Health Behavior Theories
- HHP 340 Health Education Strategies
- HHP 344 Physical Education Techniques I
- HHP 346 Physical Education Techniques II
- HHP 348 Physical Education Techniques III
- HHP 365 Special Populations in Health & PE
- HHP 390 Junior Field Experience
- HHP 405 Outdoor & Camping Education
- HHP 411 Alcohol, Drug & Other Drug Prevention
- HHP 430 Exercise Physiology
- HHP 431 Exercise Physiology Lab
- HHP 432 Nutrition in HHP
- HHP 461 Organization & Administration
- HHP 463 Kinesiology & Biomechanics
- HHP 464 Kinesiology & Biomechanics Lab

Health and Human Performance students who are completing the teacher licensure option are required to demonstrate current competency in first aid, CPR and AED. Presentation of certification documents for First Aid, current Adult/Child/Infant CPR and Automatic External Defibrillation will be accepted as proof of this competency if met through the American Red Cross, National Safety Council, and/or American Heart Association.

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