# Women's Soccer 

## This Week's Schedule:

2006 MSU-Billings Cup
Sep. 2-MSUB vs. Texas-Permian Basin, 1 p.m.
Sep. 2-Univ. of Mary vs. Univ. of Great Falls, 3:30 p.m.
Sep. 3-Texas Permian Basin vs. Univ. of Great Falls, 1:30 p.m.
Sep. 3-MSUB vs. Univ. of Mary, 4 p.m.

## The Week in Review

The Yellowjackets had the best road trip in the program's history, going 3-0 against regional teams to start the season. They kicked off 2006 with a 1-0 win at Colorado School of Mines on Thursday, with Ally Stroup scoring the game winner in the 20th minute. The goal gave Stroup the school record for career points scored. The game was evenly matched throughout with the Orediggers posting an 8-7 advantage on total shots. Megan Plank stopped all four shots that CSM put on goal. The Jackets followed up two days later with another 1-0 shutout, this time against Fort Lewis in a neutral site game in Portales, NM. Jelisa Guy scored her first collegiate goal with just 49 seconds left in the first overtime to provide the winning margin. Plank saved the day, making 10 saves as the Jackets were out-shot 15-5. The Yellowjackets closed the week with a dominating 3-1 win at Eastern New Mexico. Stroup found the net twice and Sandau scored her first goal of the season. Sandau, Mandy Ploskonka, Sara Gress, and Abby Bennett all recorded assists. MSUB had a 19-4 shots advantage, including 10-3 shots on goal. Plank's streak of shutout minutes ended at 241:20 when she gave up a goal in the 52nd minute.

## This Week's Opponents

## University of Texas-Permian Basin

The Falcons, from Odessa, TX, are in their first year of reclassifying from NAIA to NCAA Division II and are a new member to the Heartland Conference. Although they still count as an NAIA game for the Yellowjackets, the teams in the Heartland have all agreed to play them in a home-and-home schedule. Last season the Falcons were 4-10-0 overall. Their top three scorers from that team did not return this year. UTPB opened this season with a 1-0 loss to defending Heartland Champion Incarnate Word last Thursday. They played a pair of games over the weekend, losing to Angelo State, 3-1 and defeating Embry Riddle 6-2. The Falcons will play at Eastern New Mexico and at West Texas A\&M before traveling to Billings for the weekend tourney.

## University of Mary

The Marauders started the reclassification from NAIA to NCAA Division II last year and will count as an NCAA opponent this season. Last year they were $8-8-2$ while playing a mix of NAIA and NCAA opponents. It was the first non-winning record for the Marauders since the 2000 season. Brannigan Coyle returns in goal after posting a 1.35 goals against average last season as a freshman. That was good for the No. 6 spot in the school single season record book. The Marauders graduated Nicole Benedict, the all-time leading scorer in school history. Mary opened the season last Friday at North Dakota State, losing 5-1. Coyle made six saves. NDSU out-shot the Marauders 17-4. Alyssa Deutscher scored Mary's lone goal.

## University of Great Falls

The Yellowjackets will not play the Argos this weekend. Great Falls will play neu-tral-site games against Texas-Permian Basin and Mary. UGF, an NAIA school, started its women's soccer program last year. The Argos are coached by Jamie Rizzuto, a University of Montana graduate and former team MVP for the Griz. The Argos started the season with a pair of games in Salem, OR last weekend, dropping both. They opened with a 4-0 loss to Corban College before losing to Oregon Tech, 4-1. Great Falls was out-shot 24-11 over the two games. Bethany Peterson scored the Argos' only goal of the weekend. Jessica Selmer had three of the team's nine shots on goal.

## 2006 Women's Soccer Schedule \& Results

| Date | Opponent | Time/Result |
| :---: | :---: | :---: |
| Aug. 24 | at Colorado School of Mines | W, 1-0 |
| Aug. 26 | vs. Fort Lewis | W, 1-0 |
| Aug. 27 | at Eastern New Mexico | W, 3-1 |
| Sep. 2 | Texas-Permian Basin | 1:00 p.m. |
| Sep. 3 | University of Mary | 4:00 p.m. |
| Sep. 9 | at St. Mary's* | 1:00 p.m. |
| Sep. 10 | at Texas A\&M-International | 4:00 p.m. |
| Sep. 12 | at Incarnate Word* | 7:00 p.m. |
| Sep. 16 | Texas A\&M-International | 4:00 p.m. |
| Sep. 20 | vs. Rocky Mountain (Daylis) | 7:00 p.m. |
| Sep. 22 | at Montana | 5:00 p.m. |
| Sep. 28 | Dallas Baptist* | 4:00 p.m. |
| Oct. 6 | at Metro State | 3:30 p.m. |
| Oct. 8 | at Regis University | 12 noon |
| Oct. 13 | St. Mary's* | 3:30 p.m. |
| Oct. 15 | Incarnate Word* | 1:00 p.m. |
| Oct. 20 | Texas-Permian Basin | 1:00 p.m. |
| Oct. 22 | at St. Edward's* | 1:00 p.m. |
| Oct. 23 | at Dallas Baptist* | 7:00 p.m. |
| Oct. 28 | St. Edward's* | 1:00 p.m. |

All game time are local to site played
Home games are listed in bold

* Heartland Conference games


## Heartland Conference Standings (as of 8/27/06)

|  | Conf. | Pct. | All | Pct. |
| :---: | :---: | :---: | :---: | :---: |
| MSU-Billings | 0-0 | . 000 | 3-0 | 1.00 |
| Incarnate Word | 0-0 | . 000 | 2-0 | 1.00 |
| St. Mary's | 0-0 | . 000 | 1-0 | 1.00 |
| Dallas Baptist | 0-0 | . 000 | 1-1 | . 500 |
| St. Edward's | 0-0 | . 000 | 1-1 | . 500 |

## NCAA Regional Rankings (final 2005)

1. Metro State
2. Regis
3. Central Oklahoma
4. Incarnate Word
5. Fort Lewis
6. Texas A\&M-Commerce
7. West Texas A\&M

| Ticket Information |  |
| :---: | :---: |
| General Admission Adult. | . $\$ 5.00$ |
| Seniors | . $\$ 3.00$ |
| Faculty \& Staff | . ${ }^{3.00}$ |
| Preschool \& K-6 |  |
| MSUB Students | .Free |
| For more information on |  |

## Corner Kicks

Senior Ally Stroup scored a goal in the first game of the season to become the alltime points leader at MSUB. For the week she had three goals and an assist for seven points, giving her 77 career points. She overtook Margot Merrill-Johnson's previous record of 71 points....The Yellowjackets won all three games of a threegame road trip for the first time in the program's history. Their previous best on such a trip was a 1-1-1 record....Senior goalkeeper Megan Plank won't be breaking too many career school records this year-she already holds most of them. This week she added to them all, including notching her 15th career shutout and 32nd career win. Plank's entries in the record book coincide with when the program turned around. The keeper with the second-most wins in school history is Gretchan Kaus, who had 10....Fast starts were a key component in two of last week's three wins. The Jackets scored inside the first 25 minutes in the wins against Colorado Mines and Eastern New Mexico....The Lady Jackets will be shooting for the best five-game start in school history this weekend when they host the Fifth Annual MSU-Billings Cup. The previous best was a 4-0-1 start in 2004. That season the Jackets also posted their best overall record in school history at 12-4-3....Although the Yellowjackets have had success at the MSU-Billings Cup over its first four years-a 4-2-2 overall record-they have actually only won the Cup twice, in 2003 and 2005. North Dakota took home the Cup in 2004, and Metro State won the inaugural MSU-Billings Cup in 2002. This week's three visiting teams-UTPermian Basin, University of Mary, and University of Great Falls-have never participated in the MSU-Billings Cup.

## School Record Watch <br> Goals

Ally Stroup, 3rd, 27 (Margot Merrill-Johnson, 30)
Brittney Sandau, 4th, 13 (Ally Stroup, 27)
Game Winning Goals
Ally Stroup, 2nd, 10 (Margot Merrill-Johnson, 11)
Assists
Ally Stroup, 1st, 23
Brittney Sandau, 5th, 10 (Margot Merill-Johnson/Sara Otis, 11)
Points
Ally Stroup, 1st, 77
Brittney Sandau, 4th, 35 (Abby Farmer, 70)
Mandy Ploskonka, 12th, 12 (Candy Cherry, 13)
Goalkeeping Wins Megan Plank, 1st, 31
Saves Megan Plank, 1st, 275
Shutouts Megan Plank, 1st, 16
Goals Against Average
Megan Plank, 1st, 0.97

## 2006 Women's Soccer Roster

| No. | Name | Pos. | Yr. | Hometown/Previous School |
| :--- | :--- | :--- | :--- | :--- |
| 0 | Kaily Hoffman | GK | Fr. | Fort Collins, CO/Rocky Mountain HS |
| 1 | Megan Plank* | GK | Sr. | Phoenix, AZ/Thunderbird HS |
| 2 | Mandy Ploskonka | MF | So. | Federal Way, WA/Federal Way HS |
| 3 | Amy Stephens | MF/D | Jr. | Colorado Sprgs.,CO/Rampart HS |
| 4 | Jenny Moellendorf | MF/F | Sr. | Green River, WY/Green River HS |
| 5 | Abby Bennett | D | Jr. | Livingston, MT/Park County HS |
| 6 | Whitney Prescott | D | Fr. | Colorado Sprgs.,CO/Rampart HS |
| 7 | Brittney Sandau | MF/F | Jr. | Billings, MT/West HS |
| 8 | Janica Larsen | D | Jr. | Salt Lake City, UT/Skyline HS |
| 9 | Chelsea Libby | F | So. | Puyallup, WA/Emerald Ridge HS |
| 10 | Jelisa Guy | MF/F | Fr. | Kalispell, MT/Flathead HS |
| 12 | Micah Merrill-Johnson | D | So. | Salt Lake City, UT/East HS |
| 14 | Samantha Boehm | D | Fr. | Wilsonville, OR/Wilsonville HS |
| 15 | Ally Stroup* | MF/F | Sr. | Ojai, CA/Nordhoff HS |
| 16 | Melissa Carlson | MF | So. | Renton, WA/Lindbergh HS |
| 17 | Sara Gress | D | So. | Boise, ID/Mountain View HS |
| 20 | Danielle Ritter | D | Fr. | Great Falls, MT/C.M. Russell HS |
| 21 | Emily English | GK | Fr. | Whitefish, MT/Whitefish HS |
| 22 | Ashley Glathar | MF | Fr. | Graham, WA/Bethel HS |
| 23 | Caitlin Differding | F | Fr. | Sammamish, WA/Eastlake HS |
|  |  |  |  |  |
| *eam Captains |  |  |  |  |
| Head Coach: Don Trentham (5th Season) |  |  |  |  |
| Assistant Coach: Kevin Petritz (3rd Season) |  |  |  |  |
| Strength \& Conditioning: Greg Alario (3rd Season) |  |  |  |  |

## The Last Time in Yellowjacket Women's Soccer...

A player had 5 or more points in a game-Oct. 2, 2005 (Ally Stroup, 5 vs. Mary)
A player had 3 or more assists in a game-Sept. 2, 2000 (Abby Farmer, 4 vs. Concordia (NE))
A player had 3 or more goals in a game-Sept. 30, 2001 (Abby Farmer, 3 vs. Monterey Bay)
A player had 15 or more saves in a game-Oct. 29, 1999 (Gretchen Kaus, 20 vs. Humboldt)
A player scored a goal in the first 5 minutes -Oct. 6, 2005 (Ally Stroup, 1:10 vs. Dallas Baptist)
Two players scored back to back goals < 2:00-Oct. 29, 2005 (Chelsea Libby/Abby Bennett, 1:16 vs. Rocky Mountain)
A player scored goals in 3+ cons. games-Aug. 25-Sept. 3, 2005 (Brittney Sandau, 4)
A player posted 200+ consecutive shutout min-Aug. 24-27, 2006 (Megan Plank, 241:20)

The team had 15 or more points in a game-Sept. 14, 2004 (19 vs. Rocky Mountain)
The team had 5 or more goals in a game-Oct. 64, 2005 (5 vs. Dallas Baptist)
The team had 5 or more assists in a game-Sept. 14, 2004 (5 vs. Rocky Mountain)
The team had 15 or more saves in a game-Oct. 29, 1999 (20 vs. Humboldt)

```
MSUB Season Stats Leaders
    Goals
            Ally Stroup - 3
            Jelisa Guy - 1
            Brittney Sandau-1
    Assists
            Brittney Sandau - 2
            Abby Bennett - 1
            Sara Gress - 1
            Mandy Ploskonka - 1
            Ally Stroup - 1
    Points
            Ally Stroup - }
            Brittney Sandau - 4
            Jelisa Guy - 2
    Goals Against Average
        Megan Plank - 0.32
```

Visit www.msubillings.edu/athletics/womenssoccer for complete season statistics and information

```
Heartland Conference Stats Leaders
    Goals
            Ally Stroup, MSUB - }
            Several with 1 goal
    Assists
        Brittney Sandau, MSUB - }
        Elizabeth Hoffman, STMU - 2
        Several with 1 assists
    Points
        Ally Stroup, MSUB - }
        Brittney Sandau, MSUB - 4
        Several with 2 points
    Goals Against Average
        Lily Cano, STMU - 0.00
        Megan Plank, MSUB - 0.32
        Amy Menegaz, UIW - 0.50
    Shutouts
        Megan Plank, MSUB - 2
        Amy Menegaz, UIW - 1
```

Visit www.heartlandsports.org for complete season statistics

| RECORD : | OVERALL | HOME | AWAY | NEUTRAL |
| :---: | :---: | :---: | :---: | :---: |
| ALL GAMES | 3-0-0) | ( 0-0-0) | ( 2-0-0) | ( 1-0-0) |
| CONFERENCE | 0-0-0) | 0-0-0) | 0-0-0) | (0-0-0) |
| NFERE | 3-0-0) | 0-0-0) | 2-0-0) | 1-0-0 |



|  | POINTS | GP | G | A Pts Shots |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 15 | Ally Stroup | 3 | 3 | 1 | 7 | 6 |
| 7 | Brittney Sandau | 3 | 1 | 2 | 4 | 8 |
| 10 | Jelisa Guy | 3 | 1 | 0 | 2 | 4 |
| 17 | Sara Gress | 3 | 0 | 1 | 1 | 2 |
| 5 | Abby Bennett | 3 | 0 | 1 | 1 | 1 |
| 2 | Mandy Ploskonka | 3 | 0 | 1 | 1 | 1 |
| \#\# | GOALS | GP | G | A Pts Shots |  |  |
| 15 | Ally Stroup | 3 | 3 | 1 | 7 | 6 |
| 10 | Jelisa Guy | 3 | 1 | 0 | 2 | 4 |
| 7 | Brittney Sandau | 3 | 1 | 2 | 4 | 8 |
| \#\# | GAME WINNING GOALS | GP GWG |  |  |  |  |
| 7 | Brittney Sandau | 3 | 1 |  |  |  |
| 10 | Jelisa Guy | 3 | 1 |  |  |  |
| 15 | Ally Stroup | 3 | 1 |  |  |  |
| \#\# | ASSISTS | GP | G | A Pts Shots |  |  |
| 7 | Brittney Sandau | 3 | 1 | 2 | 4 | 8 |
| 2 | Mandy Ploskonka | 3 | 0 | 1 | 1 | 1 |
| 15 | Ally Stroup | 3 | 3 | 1 | 7 | 6 |
| 5 | Abby Bennett | 3 | 0 | 1 | 1 | 1 |
| 17 | Sara Gress | 3 | 0 | 1 |  | 2 |


|  | SHOTS | GP | G | A | Sh Shot\% |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 7 | Brittney Sandau | 3 | 1 | 2 | 8 | . 125 |  |
| 15 | Ally Stroup | 3 | 3 | 1 | 6 | . 500 |  |
| 10 | Jelisa Guy | 3 | 1 | 0 | 4 | . 250 |  |
| 3 | Amy Stephens | 3 | 0 | 0 | 3 | . 000 |  |
| 23 | Caitlin Differding | 3 | 0 | 0 | 3 | . 000 |  |
| 17 | Sara Gress | 3 | 0 | 1 | 2 | . 000 |  |
| 4 | Jenny Moellendorf | 3 | 0 | 0 | 2 | . 000 |  |
| 16 | Melissa Carlson | 3 | 0 | 0 | 1 | . 000 |  |
| 2 | Mandy Ploskonka | 3 | 0 | 1 | 1 | . 000 |  |
| 5 | Abby Bennett | 3 | 0 | 1 | 1 | . 000 |  |
| \#\# | SHOT PCT | GP | G | A | Sh | Shot\% |  |
| 15 | Ally Stroup | 3 | 3 | 1 | 6 | . 500 |  |
| 10 | Jelisa Guy | 3 | 1 | 0 | 4 | . 250 |  |
| 7 | Brittney Sandau | 3 | 1 | 2 | 8 | . 125 |  |
| 23 | Caitlin Differding | 3 | 0 | 0 | 3 | . 000 |  |
| 3 | Amy Stephens | 3 | 0 | 0 | 3 | . 000 |  |
| 17 | Sara Gress | 3 | 0 | 1 | 2 | . 000 |  |
| 4 | Jenny Moellendorf | 3 | 0 | 0 | 2 | . 000 |  |
| 5 | Abby Bennett | 3 | 0 | 1 | 1 | . 000 |  |
| 16 | Melissa Carlson | 3 | 0 |  | 1 | . 000 |  |
| 2 | Mandy Ploskonka | 3 | 0 | 1 | 1 | . 000 |  |
| \#\# | SHOTS ON GOAL | GP | G | A | Sh | SOG | SOG\% |
| 7 | Brittney Sandau | 3 | 1 | 2 | 8 | 6 | . 750 |
| 15 | Ally Stroup | 3 | 3 | 1 | 6 | 3 | . 500 |
| 10 | Jelisa Guy | 3 | 1 | 0 | 4 | 2 | . 500 |
| 3 | Amy Stephens | 3 | 0 | 0 | 3 | 2 | . 667 |
| 23 | Caitlin Differding | 3 | 0 | 0 | 3 | 1 | . 333 |
| 17 | Sara Gress | 3 | 0 | 1 | 2 | 1 | . 500 |
| 16 | Melissa Carlson | 3 | 0 | 0 | 1 |  | 1.000 |
| \#\# | SOG PCT | GP | G | A | Sh | SOG | SOG\% |
| 16 | Melissa Carlson | 3 | 0 | 0 | 1 |  | 1.000 |
| 7 | Brittney Sandau | 3 | 1 | 2 | 8 | 6 | . 750 |
| 3 | Amy Stephens | 3 | 0 | 0 | 3 | 2 | . 667 |
| 15 | Ally Stroup | 3 | 3 | 1 | 6 | 3 | . 500 |
| 10 | Jelisa Guy | 3 | 1 | 0 | 4 | 2 | . 500 |
| 17 | Sara Gress | 3 | 0 | 1 | 2 | 1 | . 500 |
| 23 | Caitlin Differding | 3 | 0 | 0 | 3 | 1 | . 333 |
| 4 | Jenny Moellendorf | 3 | 0 | 0 | 2 | 0 | . 000 |
| 2 | Mandy Ploskonka | 3 | 0 | 1 | 1 | 0 | . 000 |
| 5 | Abby Bennett | 3 | 0 | 1 | 1 | 0 | . 000 |
| \#\# | CAUTIONS | GP |  |  |  |  |  |
|  | team | 3 |  |  |  |  |  |

