

GREAT NORTHWEST ATHLETIC CONFERENCE

Contact: Bob Guptill (509-535-5291/Fax 535-5293/e-mail – bguptill@gnacsports.com)

2007-08 Report 10 (Oct. 22, 2007)

Volleyball

	Conference				All			
	W	L	GW	GL	W	L	GW	GL
Western Washington	11	1	35	5	15	4	51	17
Western Oregon	10	3	31	16	13	7	45	31
Northwest Nazarene	8	4	28	18	14	6	48	30
MSU Billings	8	5	29	24	15	7	51	36
Central Washington	7	5	25	19	8	13	37	44
Seattle	7	6	28	24	10	11	41	39
Seattle Pacific	6	6	24	24	11	9	39	39
Alaska Fairbanks	3	10	18	32	9	12	37	46
Saint Martin's	2	11	9	34	2	21	13	64
Alaska Anchorage	1	12	7	38	5	14	19	51

LAST WEEK: Thursday – Alaska Anchorage 1 at MSU Billings 3 (30-28, 19-30, 30-18, 30-16); Alaska Fairbanks 0 at Seattle 3 30-26, 30-28, 30-27; Western Oregon 0 at Northwest Nazarene 3 (30-14, 30-18, 30-26); Saint Martin's 0 at Seattle Pacific 3 (20-25, 30-24, 30-25); Central Washington 0 at Western Washington 3 (30-14, 30-15, 30-22). **Saturday** – Alaska Anchorage 1 at Seattle 3 (30-19, 29-31, 30-24, 32-30); Alaska Fairbanks 2 at MSU Billings 3 (25-30, 25-30, 30-22, 30-24, 15-8); Western Oregon 0 at Seattle Pacific 3 (30-19, 30-18, 30-22); Saint Martin's 0 at Northwest Nazarene 3 (30-28, 30-23, 30-19).

UPCOMING: Thursday – Northwest Nazarene at Alaska Anchorage; Seattle Pacific at Alaska Fairbanks; MSU Billings at Central Washington; Seattle at Western Washington. **Saturday** – Seattle Pacific at Alaska Anchorage; Northwest Nazarene at Alaska Fairbanks; Seattle at Central Washington; MSU Billings at Western Washington; Western Oregon at Saint Martin's. (All matches begin at 7 p.m.).

CST/IVCA National Division II (Oct. 16) - 27. Western Washington; 31. Western Oregon. **NCAA Division II Pacific Region (Oct. 10)** - 1. Cal State San Bernardino (17-0); 2. Western Washington (11-3); 3. Cal State L.A. (10-6); 4. Cal Poly Pomona (13-4); 5. Chico State (11-6); 6. Western Oregon (11-5); 7. UC San Diego (11-6); 8. Northwest Nazarene (11-6); 9. Montana State Billings (12-5); 10. Seattle Pacific (9-8). (Note: Regional polls will also be released this Wednesday and Nov. 7).

NCAA National Statistics (Oct. 14): Individuals (Top 50): Kills - 27. Alyssa Given, SPU, 4.40; 35. Devon Crotteau, MSUB, 4.26; 40. Alicia Cazemier, MSUB, 4.22. Hitting Percentage - 37. Rachael Schurman, CWU, .353; 41. Tiana Roma, WWU, .345. Assists - 47. Stefania Aladjova, MSUB, 11.45. Aces - 9. Alyssa Given, SPU, 0.79; 26. Stefania Aladjova, MSUB, 0.69; 36. Erin Norris, CWU, 0.65. Digs - 2. Courtney Schneider, WWU, 7.45. Blocks - 12. Rachael Schurman, CWU, 1.40; 16. Angie Alvord, WWU, 1.37; 26. Emily Powell, SU, 1.29; 29. Cammy Dranginis, NNU, 1.28. **Team (Top 50):** Kills - 45. Western Washington 14.95. Hitting PCT. - 33. Western Washington .244. Digs - 6. Western Oregon 21.16, 29. Seattle 19.73. Blocks - 12. Central Washington 2.75; 43. Western Washington 2.50; 46. Seattle 2.49.

GNAC PLAYERS-OF-THE-WEEK: Angie Wodrich, Seattle Pacific (OH, 5-10, Sr., Richland, WA) had 28 kills and a team-best seven blocks to leads the Falcons to a pair of 3-0 sweeps of Saint Martin's and Western Oregon as SPU leveled its GNAC record at 6-6. Wodrich also had 19 digs and hit for a .294 percentage in the two victories.

HONORABLE MENTION: Alicia Cazemier, MSU Billings (MB, 6-0, Sr., Vauxhall, Alberta) had 35 kills and eight blocks and hit for a .297 percentage to lead the Yellowjackets to two home wins. Cazemier is now just two kills short of tying Jessica Bratton's all-time MSUB school record of 1,376 kills. She also has more than 500 career blocks. The GNAC block record is 402, however most of Cazemier's blocks came before MSUB joined the conference. . Tina Roma, Western Washington (MB, 6-0, Jr., Edmonds, WA –Woodway) hit for a .600 percentage (12-0-20) in the Vikings' sweep of arch-rival Central Washington. Roma's percentage is the third best this fall by a GNAC player (minimum 12 kills). . Cammy Dranginis, Northwest Nazarene (MB, 6-0, So., Nampa, ID - Skyview) had 25 kills and 13 blocks and hit for a .367 percentage (25-7-49) in sweeps of Western Oregon and Saint Martin's.

AROUND THE GNAC: Angie Alvord had 12 kills and eight blocks and Jaime Anderson had 12 kills and 18 digs as Western Washington extended its win streak to 10. The Vikings have won 30 of 32 games during the streak. Courtney Schneider had 21 digs to her career total to 2,349, which ranks sixth on the NCAA Division II all-time career list. Her career average of 6.86 is on pace to set a NCAA record. The NCAA doesn't recognize per game performances until an athlete has completed their eligibility. . Alyssa Given hit .319 and also had 30 kills, four aces and 31 digs in Seattle Pacific's two wins. Given currently ranks fifth in GNAC history with 1,340 kills and has 180 career aces, two off the GNAC record. . Nikole Thompson led Seattle University with 25 kills and 24 digs in two matches. Thompson ranks second in SU school history with 1,145 kills and needs only 40 more to break into the GNAC Top 10. . Loni Evenson had 20 kills, 24 digs and five blocks in Northwest Nazarene's two wins. After falling behind 5-0 in Game 1 to Western Oregon, the Crusaders outscored the Wolves 90-53 the remainder of the way. Ironically, WOU outscored NNU by that identical margin (90-53) in their win earlier this season in Monmouth. . Central Washington will need to win its final six matches to avoid its first losing season in the seven-year history of the conference. Twice the Wildcats have finished with 13-13 records. . Devon Crotteau had 38 kills and 28 digs in MSU Billings' wins over Alaska Anchorage and Alaska Fairbanks. . UAA's Joanna Johnson had 35 kills and 35 digs in a pair of 3-1 road losses. Rhea Cardwell, who has missed the Seawolves' last six matches with a stress fracture, will probably return next week for contests against Northwest Nazarene and Seattle Pacific at the Wells Fargo Sports Complex. Cardwell leads the Seawolves, who have lost seven straight, in both kills and digs per game. . Megan Thigpen had team-highs of 28 kills and 30 digs in UAF's losses at Seattle and MSU Billings. . Shealun Campisi matched a GNAC season-best for a three-game match with 19 kills in Saint Martin's loss at NNU. In two matches, Campisi had 29 kills and 24 digs. . Stacey Bennett led Western Oregon with 23 kills in its two road losses. The Wolves were out-hit .341 to .103 in the two contests.

W-L RECORDS: Five GNAC teams were ranked in the Top 10, including three in the Top 8, in the first NCAA Pacific Regional poll. Another poll will be released Wednesday. .GNAC teams are 39-41 in non-conference matches. The only remaining non-conference contest is Nov. 1 when Montana State Billings hosts Rocky Mountain. . . GNAC teams finished 22-25 against Pacific Region opponents, including 17-18 against CCAA teams and 5-7 against the PacWest.

ALL-TOURNAMENT: Sonoma State (Aug. 24-25) – Cammy Dranginis, NNU (MVP); Allison James, NNU; Kayla Mainer, WOU. **Hawaiian Style Classic (Aug. 23-25)** – Megan Thigpen, UAF; Jessica Hill, UAF. **Ferris State (Aug. 24-25)** – Rachel Kidwell, UAA. **CSU San Bernardino (Aug. 23-25)** – Alyssa Given, SPU. **Western Washington (Aug. 31-Sept. 1)** – Jaime Anderson, WWU; Courtney Schneider, WWU; Emily Castro, WWU; Emily Powell, SU; Kayla Mainer, WOU. **Colorado Mines (Aug. 31-Sept. 1)** – Alicia Cazemier, MSUB. **Alaska Fairbanks (Aug. 31-Sept. 1)** – Jessica Hill, UAF; Jessica King, UAF.

Women's Soccer

	Conference						All					
	W	L	T	GF	GA	Pts	W	L	T	GF	GA	
Seattle Pacific	11	0	0	26	7	33	17	0	0	46	9	
Seattle	10	1	0	25	5	30	15	2	0	44	7	
Western Washington	5	5	1	21	14	16	10	6	1	32	16	
MSU Billings	4	6	1	18	21	13	8	8	1	32	27	
Northwest Nazarene	4	6	1	16	18	13	7	7	2	26	24	
Western Oregon	4	7	0	9	19	12	4	11	2	11	27	
Central Washington	3	7	1	11	15	10	6	9	3	24	24	
Saint Martin's	1	10	0	7	34	3	2	15	0	14	57	

LAST WEEK: Wednesday – Seattle Pacific 2 at Western Washington 0. **Thursday** – Northwest Nazarene 2 at Central Washington 2 (2ot). **Friday** – MSU Billings 0 at Saint Martin's 2; Seattle 1 at Western Oregon 0 (ot). **Saturday** – Seattle Pacific 3 at Central Washington 1; Northwest Nazarene 0 at Western Washington 4. **Sunday** – MSU Billings 2 at Western Oregon 3 (ot); Seattle 4 vs. Saint Martin's 0 (at Federal Way).

THIS WEEK: Wednesday – Seattle at Seattle Pacific, 7 p.m. **Thursday** – Northwest Nazarene at MSU Billings, 2 p.m. **Saturday** – Central Washington at Western Oregon, noon; Seattle Pacific at MSU Billings, 1 p.m.; Northwest Nazarene at Seattle, noon; Saint Martin's at Western Washington, 4 p.m.

NEXT WEEK: Monday – Saint Martin's at Central Washington, 2 p.m.; Western Oregon at Western Washington, 2 p.m. **Saturday** – Western Washington at Central Washington, noon; MSU Billings at Seattle, 1 p.m.; Western Oregon at Saint Martin's, 1 p.m.; Seattle Pacific at Northwest Nazarene, noon. **(End-of-regular season).**

NSCAA National (Oct. 16) - 2. Seattle Pacific, 11. Seattle. **NSCAA Far West Regional (Oct. 16)** - 1. Seattle Pacific, 2. Seattle, 6. Western Washington. **NCAA Division II Far West Region (Oct. 17)** - 1. Seattle Pacific (15-0); 2. UC San Diego (11-1-1); 3. Seattle (13-2); 4. Cal State Dominguez Hills (9-2-2); 5. Western Washington (8-5-1); 6. Chico State (9-5-1); 7. Hawaii Hilo (7-3-0); 8. Cal Poly Pomona (7-5-0); 9. Cal State Stanislaus (9-6-2); 10. BYU-Hawaii (7-3-1); 11. Cal State L.A. (6-5-1). **Note:** Records listed are versus NCAA Division II opponents through Oct. 7. Polls will also be released on Oct. 17, Oct. 24, Oct. 31 and Nov. 5.

NCAA National Statistics (Oct. 14): Individuals: Points - 19. Sarah Martinez, SPU, 2.27; 23. Leah Wymer, SU, 2.20. Goals - 15. Sarah Martinez, SPU, and Leah Wymer, SU, 1.00. Assists - 2. Ashley Porter, SU, 0.87; 8. Meredith Teague, SPU, 0.73; 41. Claire Morgan, WWU, 0.53. Goals Against - 7. Jesslyn Rahm, SPU, 0.46; 9. Kaitlyn Jackson, SPU, 0.46; 37. Amber Easterbrook, CWU, 0.85; 42. Teresa Fish, WWU, 0.92.

Save PCT. - 18. Amber Easterbrook, CWU, .860; 48. Kaitlyn Jackson, SU, .829. Saves - 29. Breanna Klasen, SMU, 7.21. **Team:** Scoring - 28. Seattle Pacific 2.73; 32. Seattle 2.60. Goals Against - 8. Seattle 0.46; 11. Seattle Pacific 0.53; 43. Western Washington 0.91. Shutout Percentage - 7. Seattle .667; 12. Seattle Pacific .600; 23. Western Washington .533. . Save Percentage - 37. Seattle .837.

GNAC PLAYER-OF-THE-WEEK: Madison Collins, Seattle University (D, 5-4, Jr., Boise, ID) led the Redhawk defense, which allowed just five shots in recording their 11th and 12th shutouts of the season. She also had an assist on one of SU's four goals in Sunday's win over Saint Martin's. The Redhawks have allowed just seven goals this season. "Madison has been a key leader for our defense and is one of our most valuable players," SU coach Julie Woodward said.

HONORABLE MENTION: Claire Morgan, Western Washington (F, 5-7, Fr., Bellingham, WA) scored her sixth and seventh goals of the season in the Vikings' 4-0 win over Northwest Nazarene. Morgan has participated in nearly half of WWU's 32 goals this season, scoring seven and assisting on eight others. She is the team leader in both categories. . Shannon Oakes, Seattle Pacific (M, 5-5, Jr., Boise, ID) scored the game-winning goal in Thursday's 2-0 win at Western Washington and earned assists on two of her team's three goals in Saturday's 3-1 win at Central Washington.

AROUND THE GNAC: Though she only was called upon to make two saves, Seattle University's Kaitlyn Jackson equaled a GNAC single-season record with her 11th and 12th shutouts of the season. Seattle is still four short of the GNAC team record for most shutouts of 16. . . Leah Wymer and Kahlyn Keilty-Lucas each had a goal and an assist in SU's 4-0 win over Saint Martin's. Sarah Dean had the game-winning goal in a 1-0 win at Western Oregon. . Meredith Teague scored two of Seattle Pacific's three goals, including the game-winner in their win at Ellensburg. . Kayci Donatelli and Ashley Biral scored goals as Saint Martin's earned its first conference win, defeating MSU Billings 2-0. . Samantha Sandau and Chelsea Libby had goals in MSUB's 3-2 overtime loss at Western Oregon. . Teresa Fish extended her own GNAC record recording her 29th career shutout in WWU's 4-0 shutout of Northwest Nazarene though she did not make a save. . Central Washington got goals from Ellie Eckroth and Amanda Biggs in the final six minutes of regulation in its 2-2 tie with Northwest Nazarene. Katy McNutt and Hilary Hughes scored NNU's goals. For McNutt, it was her ninth of the season and the 39th of her career. . Erica Hibbard scored two goals, including the game-winner in Western Oregon's 3-2 win over MSU Billings. The Wolves have won four of their last six after a 0-9-2 start.

WON-LOSS RECORDS: Seattle Pacific extended its consecutive win record to 17. The GNAC record for most consecutive games without a loss is 24 by the Falcons in 2005. . GNAC teams are 27-16-5 against outside competition, including 22-13-1 against Division II schools. Conference teams are 19-11-1 against the Far West Region, 11-8 versus the CCAA and 8-3-1 against the PacWest.

HEAD-TO-HEAD: GNAC vs. CCAA – Seattle Pacific 4-0, Seattle 4-1, Western Washington 2-1, Western Oregon 0-3, Saint Martin's 0-3. **CCAA vs. GNAC** – CSU Dominguez Hills 1-0, Cal State L.A. 1-0, CSU Monterey Bay 1-0, Chico State 2-1, Humboldt State 1-2, San Francisco State 1-2, CSU Stanislaus 1-3,

Sonoma State 0-3. **GNAC vs. PacWest** – Western Washington 2-0, Seattle Pacific 2-0, Seattle 1-0, Saint Martin's 1-1, Central Washington 2-2-1. **PacWest vs. GNAC:** Hawaii Hilo 2-2, Notre Dame de Namur 1-2, BYU-Hawaii 0-0-1, Hawaii Pacific 0-1, Chaminade 0-1, Grand Canyon 0-2.

ALL-TOURNAMENT: Sonoma State (Aug. 23-25) – Jasmine Wilson, SU; Madison Collins, SU; Ashley Porter, SU; Leah Wymer, SU; Kaitlyn Jackson, SU; Kate Edstrom, SU. **Humboldt State (Aug. 30-Sept. 1)** – Trisha Halvorson, SMU (MVP); Julianna Sackeyfio, SMU.

Men's Soccer

	Conference						All					
	W	L	T	GF	GA	Pts	W	L	T	GF	GA	
Seattle	5	1	0	15	4	15	13	2	0	36	9	
MSU Billings	4	2	1	12	6	13	11	4	1	39	13	
Seattle Pacific	2	1	2	8	6	8	7	3	6	28	16	
Western Washington	2	2	1	8	5	7	11	5	1	32	14	
Saint Martin's	0	7	0	5	27	0	2	15	0	8	61	

LAST WEEK: Monday – Western Washington 0 at Grand Canyon 1. **Tuesday** – Saint Martin's 2 at Seattle Pacific 4. **Friday** – Western Washington 1 at Seattle Pacific 1 (2ot). **Saturday** – Jamestown 1 at MSU Billings 7. **Sunday** – Seattle 8 vs. Saint Martin's 1 (at Federal Way).

THIS WEEK: Monday – Seattle Pacific at MSU Billings, 2:30 p.m. **Tuesday** – Northwest at Saint Martin's, 3 p.m. **Thursday** – Western Washington at Seattle, 2:30 p.m. **Saturday** – Saint Martin's at Western Washington, 7 p.m.; Incarnate Word at Seattle Pacific, 7 p.m.; MSU Billings at Great Falls, 3 p.m.

NEXT WEEK: Monday – Incarnate Word at Seattle, 2:30 p.m. **Wednesday** – Seattle Pacific at Western Washington, 7 p.m. **Saturday** – Seattle at Seattle Pacific, 7 p.m. (End-of-regular season).

NCAA National (Oct. 16) - 5. Seattle. **Far West Regional (Oct. 16)** - 1. Seattle, 4. Seattle Pacific, 6. Western Washington; 7. MSU Billings. **NCAA Division II Far West Regional** – Polls will be released Oct. 23 and Oct. 30.

NCAA National Statistics (Oct. 14): Individuals: Points - 4. Sam Charles, MSUB, 2.53. Goals Per Game - 4. Sam Charles, MSUB, 1.20. Assists - 22. Dustin Allbery, SU, 0.50; 49. James Coggan, SPU, 0.43. Goals Against - 7. Emerson DeOliveira, SU, 0.64; 17. Michael Lockwood, WWU, 0.74; 27. Kellen Rosten, SPU, 0.82; 29. Sander Tollefson, MSUB, 0.86. Saves - 17. Zac Lubin, SMU, 6.07. Save Percentage - 9. Michael Lockwood, WWU, .836; 11. Kellen Rosten, SPU, .833. **Team (Top 50):** Scoring - 49. Montana State Billings 2.13. Goals Against - 5. Seattle 0.57; 22. Montana State Billings 0.78; 24. Western Washington 0.80; 27. Seattle Pacific 0.85. Shutout Percentage - 15. Seattle .500; 24. Montana State Billings and Western Washington .467. Save Percentage - 20. Western Washington .826; 23. Seattle Pacific .824; 39. Seattle .795.

GNAC PLAYER-OF-THE-WEEK: Jason Cascio, Seattle University (F, 5-11, Sr., Gilbert, AZ – Hamilton) earned his first career hat trick scoring three goals in a 8-1 win against Saint Martin's as the Redhawks extended their win streak to eight games. Cascio now has 10 goals this season and 28 in his career.

HONORABLE MENTION: Jarred Weisen, Montana State Billings (M, So., Great Falls, MT – Russell) scored three goals in the Yellowjackets' 7-1 rout of Jamestown. Weisen is one of five players to score three goals in a game and is also one of three players to have three assists in a contest this fall.

AROUND THE GNAC: Cascio and Weisen's hat-tricks were the fifth and sixth this season in the GNAC. MSUB's Sam Charles has had two. MSUB's Scott Dixon had three assists against Jamestown. Michael Lockwood had 11 saves and allowed just two goals as Western Washington lost to Grand Canyon 1-0 and earned a 1-1 draw with Seattle Pacific. It was SPU's sixth tie of the season, five by identical 1-1 scores. Victor Kelmel's goal in a 4-2 loss at Seattle Pacific snapped a three-game scoreless streak for Saint Martin's. Chase Franklin scored SMU's lone goal in their loss to Seattle.

WON-LOSS RECORDS: The GNAC's top four teams are 29-8-4 against outside competition. Including first-year program Saint Martin's, which has lost 12 straight, they are 31-16-4. Conference teams are 27-10-4 versus Division II opponents, 17-10-4 against Far West Region teams (10-8-2 vs. the CCAA, 7-2-2 against the PacWest).

HEAD-TO-HEAD: GNAC vs. CCAA – Seattle 6-1-0, Seattle Pacific 3-2-2, Western Washington 1-2-0, Saint Martin's 0-3-0. **CCAA vs. GNAC** – CSU Dominguez Hills 2-0, San Francisco State 1-1, UC San Diego 1-1, Cal State L.A. 1-1-1, Humboldt State 1-1, CSU Monterey Bay 1-1, Sonoma State 1-2, CSU Stanislaus 0-2-1, Chico State 0-1. **GNAC vs. PacWest** – Western Washington 4-1, Seattle 1-0, Saint Martin's 2-1, Seattle Pacific 0-0-2. **PacWest vs. GNAC:** Notre Dame de Namur 1-2, Grand Canyon 1-1-2, Hawaii Pacific 0-1, Hawaii Hilo 0-3

ALL-TOURNAMENT: Sonoma State (Aug. 24-26) – Jason Cascio, SU (Offensive MVP); John Fishbaugher, SU; Andrew Kreiter, SU; Emerson DeOliveira, SU. **Humboldt State (Aug. 30-Sept. 1)** – Tucker Maxwell, SMU; Vlad Voin, SMU; Daniel Palermo, SPU.

Cross Country

UPCOMING: Saturday – MSU Billings Yellowjacket Invitational (MSUB).

NEXT WEEK: Saturday – NCAA Division II West Regional (Eagle Island - Boise).

USTFCCA National (Oct. 16): Men – 11. Western Washington; 19. Alaska Anchorage. **Women** – 7. Seattle Pacific. **West Regional (Oct. 17): Men** – 1. Chico State, 2. Western Washington, 3. Alaska Anchorage, 4. Humboldt State, 5. UC San Diego, 6. Hawaii Pacific, 7. Western Oregon, 8. Cal State Stanislaus, 9. BYU Hawaii, 10. Cal Poly Pomona. **Women** – 1. Cal State L.A., 2. Chico State, 3. Seattle Pacific, 4. UC San Diego, 5. Cal Poly Pomona, 6. Seattle, 7. Western Washington, 8. Northwest Nazarene, 9. Central Washington, 10. Alaska Anchorage.

GNAC CHAMPIONSHIPS (Oct. 20 at Nampa): Men - Western Washington 35, Western Oregon 67, Alaska Anchorage 81, Central Washington 141, Alaska Fairbanks 151, Seattle 163, Northwest Nazarene 164, Saint Martin's 179, Seattle Pacific 218, Montana State Billings 296. **All-Conference (8,000 Meters)** - 1. John Riak, SMU, 24:56.77; 2. Daniel Phillips, WWU, 25:05.96; 3. Bennett Grimes, WWU, 25:09.03; 4. Sam Scotchmer, CWU, 25:17.56; 5. Kevin Lambert, NNU, 25:26.29; 6. Mike Schmidt, WOU, 25:33.92; 7. Peter Doner, UAA, 25:39.68; 8. Blake Medhaug, WWU, 25:40.82; 9. Braxton Jackson, WOU, 25:42.68; 10. Jordan Welling, WWU, 25:56.31. **Women** - Seattle Pacific 24, Western Oregon 99, Northwest Nazarene 110, Alaska Anchorage 123, Seattle 131, Central Washington 139, Western Washington 151, Saint Martin's 188, Alaska Fairbanks 192, Montana State Billings 233. **All-Conference (6,000 Meters)** - 1. Jessica Pixler, SPU, 20:53.48; 2. Jane Larson, SPU, 21:45.32; 3. Ashley Puga, NNU, 21:48.67; 4. Suzie Strickler, SPU, 22:06.74; 5. Katie Hansen, SU, 22:07.92; 6. Marcie Mullen, CWU, 22:08.37; 7. Karin Rohde, SPU, 22:16.22; 8. Elizabeth Chepkosgei, UAA, 22:18.27; 9. Sarah Porter, WWU, 22:21.97; 10. Kate Harline, SPU, 22:24.68.

ATHLETES-OF-THE-YEAR: Seattle Pacific sophomore Jessica Pixler and Saint Martin's junior John Riak finished first in the conference meet in their respective divisions to win *GNAC Athlete-of-the-Year* honors. Pixler's 6,000-meter time of 20:53.48 was the quickest in meet history, eclipsing her time of 21:11 last year at Lacey. She is the second woman to win two conference titles joining Western Washington's Ashlee Vincent, who won titles in 2001 and 2002 before transferring to UW for academic reasons. . Riak is the seventh different male (from seven different schools) to win the men's conference title. It is his 11th overall individual title, the most in GNAC history.

FRESHMEN-OF-THE-YEAR: Five freshmen, all from Western Washington, earned all-conference honors with Top 10 finishes. On the women's side, Sarah Porter finished ninth to win *GNAC Female Freshman-of-the-Year* honors. On the men's side, the Vikings' Daniel Phillips finished second to earn *GNAC Male Freshman-of-the-Year* honors. Three other WWU freshmen – Bennett Grimes (3rd), Blake Medhaug (8th) and Jordon Welling (10th) – also finished in the Top 10.

NEWCOMER-OF-THE-YEAR: Peter Doner of Alaska Anchorage placed seventh in the men's race and Jessica Harper of Western Oregon finished 12th in the women's race to win *GNAC Newcomer-of-the-Year* honors. Doner, a sophomore from Palmer, Alaska, is a transfer from Adams State. Harper, a junior from Oregon City, is a transfer from Clackamas CC. She previously competed in track-and-field for the Wolves, but is a first-year participant in cross country.

AND NOW THERE ARE 10: Prior to Saturday, only six freshmen – Seattle Pacific's Tim LeCount in 2002, Tris O'Bluck of Saint Martin's in 2003, Keever Henry of Western Washington in 2004, David Kiplagat of Alaska Anchorage in 2005 and Cale McCulloch and Anthony Tomsich of Western Washington in 2006 – had won all-conference honors in the men's division.

SURPRISE, SURPRISE: Western Oregon was the surprise team of the GNAC Championships, finishing second in both divisions. The Wolves previous best finishes in GNAC history were a pair of thirds by its men in 2002 and 2003. Its women had finished sixth three times (2001, 2003, 2006), but never higher. WOU was also the "unofficial" combined team champion with a score of 166. Western Washington, which won its second straight men's team title and its third overall, was second in the combined team standings with 186 points. . Seattle Pacific's women won their third straight title and their fourth in five years. . Alaska Fairbanks' men and Northwest Nazarene's women had their best finishes in meet history. The Nanook men, who had five straight 10th place finishes before moving up to eighth last year, vaulted all the way to fifth. The Crusader women placed third to better their previous best of fifth in 2005.

NCAA WEST REGIONALS (Nov. 3 at Eagle Island, Boise): All conference teams are eligible to compete in the West Regionals. The top four women's teams and the top three men's teams from the regional qualify for the NCAA Division II national meet Nov. 17 at Joplin, Mo. The top two individuals not on a qualifying team along with anyone else in the Top 5 also will qualify for the national meet. Pixler is the defending champion in the women's regional.

Men's Basketball

THIS WEEK: Saturday - Washington Athletic Club at Seattle (exh).

Men's Golf

THIS WEEK: Monday-Tuesday - Sonoma State Invitational (WWU).

NEXT WEEK: Monday-Tuesday – Hawaii Hilo Invitational (WWU, SMU).

Chico State Invitational (Oct. 15-16 at Butte Creek Country Club): Team Scores – 1. Wayland Baptist 886 (294-300-292); 2. Sonoma State 887 (292-299-296); 3. Chico State 904 (295-305-304); 4. Cal State Monterey Bay 910 (214-293-302); 5. Cal State San Bernardino 912 (306-307-299); 7. Northwest Nazarene 948 (315-315-318). **Individuals (6,977 Yards-Par 72)** – 1. Michael Loppnow, Wayland Baptist, 218 (72-74-72); 14. Dale Reybould, NNU, 226 (79-73-74).