

GREAT NORTHWEST ATHLETIC CONFERENCE

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2007-08 Report 3 (Sept. 3, 2007)

Volleyball

	Conference				All			
	W	L	GW	GL	W	L	GW	GL
Northwest Nazarene	0	0	0	0	6	2	20	12
MSU Billings	0	0	0	0	6	2	19	11
Alaska Fairbanks	0	0	0	0	6	2	19	14
Alaska Anchorage	0	0	0	0	4	2	12	13
Seattle Pacific	0	0	0	0	5	3	15	15
Western Washington	0	0	0	0	4	3	16	12
Western Oregon	0	0	0	0	3	4	14	15
Seattle	0	0	0	0	3	5	13	15
Central Washington	0	0	0	0	1	7	10	22
Saint Martin's	0	0	0	0	0	8	2	24

LAST WEEK: Tuesday – Armstrong Atlantic 2 at Alaska Fairbanks 3 (30-24, 26-30, 30-25, 23-40, 15-10). **Wednesday** – Northwest 0 at Seattle 3 (30-17, 30-19, 30-13). **Thursday** – Hawaiian Division II Invitational (Northwest Nazarene d. Cal State Stanislaus, 30-19, 30-12, 30-27; Hawaii Pacific d. Central Washington, 30-21, 30-26, 27-30, 24-30, 16-14); Saint Martin's 1 at Northwest 3 (30-17, 26-30, 30-18, 30-22). **Friday** – CSU Monterey Bay Otter Invitational (Saginaw Valley d. Seattle Pacific, 30-24, 30-25, 32-30; Seattle Pacific d. CSU Monterey Bay, 30-17, 30-26, 30-23); UAF Auto Service Nanook Classic (Alaska Fairbanks d. Hawaii Hilo, 30-20, 21-30, 30-22, 30-24); Hawaiian Division II Invitational (Central Washington d. Sonoma State, 27-30, 30-24, 30-25, 30-26; UC San Diego d. Northwest Nazarene, 30-24, 30-19, 31-29; CSU Stanislaus d. Central Washington, 30-24, 30-24, 28-30, 31-29; Northwest Nazarene d. BYU-Hawaii, 30-24, 28-30, 30-26, 28-30, 15-12); Colorado Mines Invitational (MSU Billings d. Colorado Mines, 30-27, 19-30, 30-27, 28-30, 15-12; MSU Billings d. Mesa State, 32-30, 30-20, 22-30, 30-28); Western Washington Invitational (Cal Poly Pomona d. Western Oregon, 31-29, 31-33, 22-30, 30-14, 15-9; CSU San Bernardino d. Saint Martin's, 30-16, 30-23, 30-22; Western Washington d. Cal Poly Pomona, 30-18, 30-17, 30-19; Western Oregon d. CSU Dominguez Hills, 30-14, 30-16, 30-25; Cal State Bernardino d. Seattle, 30-24, 30-18, 30-24; Western Washington d. CSU Dominguez Hills, 30-9, 30-11, 30-18); Armstrong Atlantic 2 at Alaska Anchorage 3 (30-28, 23-30, 30-26, 24-30, 15-11). **Saturday** – UAF Auto Service Nanook Classic (West Florida d. Alaska Fairbanks, 32-30, 30-23, 30-25; Alaska Fairbanks d. Humboldt State, 24-30, 30-12, 30-27, 31-29); Hawaiian Division II Invitational (Chaminade d. Central Washington, 32-30, 14-30, 30-20, 30-28; Chaminade d. Northwest Nazarene, 30-27, 24-30, 30-17, 30-32, 15-13); Colorado Mines Invitational (MSU Billings d. Western State, 30-32, 30-28, 30-24, 30-18; MSU Billings d. Western New Mexico, 25-30, 30-24, 30-17, 30-25); Western Washington Invitational (Cal Poly Pomona d. Saint Martin's, 30-13, 30-13, 30-25; Seattle d. CSU Dominguez Hills, 30-20, 30-24, 30-18; CSU San Bernardino d. Western Oregon, 30-24, 30-27, 30-17; CSU Dominguez Hills d. Saint Martin's, 30-26, 30-22, 30-24; Cal Poly Pomona d. Seattle, 30-21, 30-23, 30-26; CSU San Bernardino d. Western Washington, 27-30, 20-30, 30-20, 30-24, 15-12); CSU Monterey Bay Invitational (Tampa d. Seattle Pacific, 30-18, 30-22, 30-26; Seattle Pacific d. Notre Dame de Namur, 28-30, 30-24, 30-19, 28-30, 15-9); Armstrong Atlantic 2 at Alaska Anchorage 3 (30-19, 23-30, 25-30, 30-24, 15-7).

UPCOMING: Tuesday – Hawaii Hilo at Saint Martin's. **Thursday** – Central Washington at Western Oregon; Western Washington at Saint Martin's; Seattle at Seattle Pacific; MSU Billings at Northwest Nazarene. **Saturday** – Alaska Anchorage at Alaska Fairbanks; Western Washington at Western Oregon, 1 p.m.; Central Washington at Saint Martin's; MSU Billings at Seattle Pacific; Seattle at Northwest Nazarene.

POLLS: CSTV/AVCA National Division II (Sept. 3) - 26. Seattle Pacific; 27. Western Washington; 30. Northwest Nazarene. **NCAA Pacific Regional** - The first poll will be released later this fall.

GNAC PLAYERS-OF-THE-WEEK: Alicia Cazemier, Montana State Billings (MB, 6-0, Sr., Vauxhall, Alberta) had 73 kills, 35 digs, 16 blocks and six service aces to lead the Yellowjackets to four wins in the Days Inn-Denver West Oredigger Classic. Cazemier averaged 4.29 kills per game and hit .275 (73-24-178) in wins over Colorado School of the Mines, Mesa State, Western State and Western New Mexico. She had 22 kills, two short of her career high, had hit .439 in Saturday's win over WNMU.

HONORABLE MENTION: Rhea Cardwell, Alaska Anchorage (OH, 5-10, Jr., Prineville, OR – Crook County & Clackamas CC) and Jessica Hill, Alaska Fairbanks (RS, 6-0, So., Colorado Springs, CO – Doherty). . Cardwell had 40 kills, 44 digs and eight blocks as the Seawolves extended their win streak to four with two 3-2 wins over Armstrong Atlantic. Hill had 61 kills, 35 digs, 14 blocks and 15 assists as the Nanooks won three of four matches beating Armstrong Atlantic, Hawaii Hilo and Humboldt State.

TOURNAMENT HIGHLIGHTS: Cazemier was the lone MSUB player named to the all-tournament team at Denver though Devon Crotteau had similar numbers, finishing with 72 kills, a team-best 67 digs, 15 aces and eight blocks. Crotteau had eight aces in the Yellowjackets' win over Colorado Mines, equaling the second-best single-match total in GNAC history. . . Five GNAC players – WWU's Jaime Anderson, Emily Castro and Courtney Schneider along with Emily Powell of Seattle and Kayla Mainer of Western Oregon – were named to the all-tournament team in the Western Washington Invitational. . . Anderson led WWU, which won two of three matches and forced Cal State San Bernardino to five games, with 46 kills, six aces and five blocks, while Castro had 37 kills. Schneider had 87 digs increasing her career total to a GNAC-record 2,023. . Powell had a team-best 19 blocks as the Redhawks split four matches at Bellingham. Nikole Thompson led SU with 47 kills and also had 31 digs. . Mainer led Western Oregon with 45 kills and eight aces and also had 46 digs to lead the Wolves to one win in three matches. . Two Alaska Fairbanks players – Hill and Jessica King - earned all-tournament honors in the Nanook Classic. The two combined for 117 kills, 56 by King, who also had six aces and nine blocks. . Alyssa Given averaged 4.29 kills (60), 1.07 aces (15) and hit .238 as Seattle Pacific split four matches at Monterey Bay. She had eight aces in Saturday's win over Cal State Monterey Bay, equaling the second-best total in SPU history and also earning a share of the No. 2 position in GNAC history along with Crotteau.

AROUND THE GNAC: In addition to Cardwell's 40 kills, Alaska Anchorage also got 25 kills from Joanna Johnson and 24 from Kim Stolk in its wins over Armstrong Atlantic. . Lindsay Forseth and Cammy Dranginis had 60 and 55 kills, respectively,

as Northwest Nazarene split four matches in Hawaii, handing BYU-Hawaii a rare home loss before a crowd of 683. Forseth also had 70 digs, while Dranginis was credited with 13 blocks. The two had attack percentages of .240 and .245, respectively. NNU takes a 6-2 region record, 5-1 against the CCAA, into conference play. . Angie Wodrich had 45 kills, 33 digs and eight blocks in Seattle Pacific's four matches at Monterey Bay. . Rachael Schurman had 74 kills and 15 blocks and Kady Try had 57 kills as Central Washington won one of four matches in Hawaii. . Andrea Tarbet had 30 kills and 12 aces as Saint Martin's lost four matches, three of them at Bellingham.

AROUND THE REGION: GNAC teams completed the first two weeks of their pre-conference schedule with a cumulative record of exactly .500. Only once (in 2004 when GNAC teams finished two matches above .500) have conference teams finished a season with more wins than losses. . GNAC teams are 22-23 against the Pacific Region, including 17-18 against CCAA teams and 5-5 against PacWest opponents.

ALL-TOURNAMENT: **Sonoma State (Aug. 24-25)** – Cammy Dranginis, NNU (MVP); Allison James, NNU; Kayla Mainer, WOU. **Hawaiian Style Classic (Aug. 23-25)** – Megan Thigpen, UAF; Jessica Hill, UAF. **Ferris State (Aug. 24-25)** – Rachel Kidwell, UAA. **CSU San Bernardino (Aug. 23-25)** – Alyssa Given, SPU. **Western Washington (Aug. 31-Sept. 1)** – Jaime Anderson, WWU; Courtney Schneider, WWU; Emily Castro, WWU; Emily Powell, SU; Kayla Mainer, WOU. **Colorado Mines (Aug. 31-Sept. 1)** – Alicia Cazemier, MSUB. **Alaska Fairbanks (Aug. 31-Sept. 1)** – Jessica Hill, UAF; Jessica King, UAF.

Women's Soccer

	Conference						All					
	W	L	T	GF	GA	Pts	W	L	T	GF	GA	
Seattle Pacific	0	0	0	0	0	0	4	0	0	16	2	
Western Washington	0	0	0	0	0	0	4	0	0	9	0	
Seattle	0	0	0	0	0	0	4	1	0	18	2	
MSU Billings	0	0	0	0	0	0	3	1	0	11	3	
Central Washington	0	0	0	0	0	0	3	1	1	12	7	
Northwest Nazarene	0	0	0	0	0	0	2	1	0	6	3	
Saint Martin's	0	0	0	0	0	0	1	3	0	5	13	
Western Oregon	0	0	0	0	0	0	0	3	0	0	5	

LAST WEEK: **Monday** – Humboldt State 1 at Seattle Pacific 4, Central Washington 3 at BYU-Hawaii 3 (2ot), Hawaii Hilo 3 at Saint Martin's 1. **Tuesday** – Seattle 0 at Chico State 1. **Wednesday** – Central Washington 5 at Chaminade 1; Northwest 0 at Western Washington 2. **Thursday** – Central Washington 0 at Hawaii Hilo 3; Eastern Oregon 0 at Northwest Nazarene 1; Cal State Stanislaus 1 at Seattle 7; Sonoma State 0 at Seattle Pacific 1; Humboldt State Classic (Humboldt State 4, Saint Martin's 2). **Saturday** – Albertson 0 at Northwest Nazarene 3; San Francisco State 0 at Seattle 4; Cal State Stanislaus 1 at Seattle Pacific 7; Chico State 1 at Western Oregon 0; Sonoma State 0 at Western Washington 2; Humboldt State Classic (Saint Martin's 2, Notre Dame de Namur 1).

THIS WEEK: **Monday** – Cal State Stanislaus 0 at Western Washington 3; San Francisco State 0 at Central Washington 1; Regis 1at MSU Billings 3. **Tuesday** – Seattle Pacific at Chico State, 7 p.m.; Northwest at Central Washington, 3 p.m. **Wednesday** – Linfield at Western Oregon, 3 p.m.; MSU Billings at Mary, 4 p.m.; Northwest Nazarene at Westminster, 5 p.m. **Friday** – Notre Dame de Namur at Central Washington, 3 p.m. **Saturday** – Saint Martin's at Whitworth, noon or 2 p.m.; Notre Dame de Namur at Seattle Pacific, 1 p.m.; Whitman at Northwest Nazarene, noon;

Seattle at Western Washington, 7 p.m. **Sunday** – Pacific at Western Oregon, 4 p.m.

POLLS: NSCAA National (Aug. 28) - 10. Seattle Pacific, 12. Seattle. **NSCAA Far West Regional (Aug. 28)** - 2. Seattle and Seattle Pacific, 5. Western Washington.

GNAC PLAYER-OF-THE-WEEK: Sarah Martinez, Seattle Pacific (F, 5-6, Sr., Bothell, WA – Cedar Park Christian) had the most productive offensive week in GNAC history, scoring 13 points on five goals and three assists in wins over Humboldt State, Sonoma State and Cal State Stanislaus. She scored three goals and also earned an assist in a 4-1 win over Humboldt, was credited with an assist on SPU's lone goal in a 1-0 win over Sonoma and scored her team's first two goals and got another assist in a 7-1 thrashing of Stanislaus. Martinez already has 17 points (7 goals, 3 assists) and three game-winning goals this season and now ranks fourth in GNAC history in points with 96 and first in GWG with 17.

HONORABLE MENTION: Teresa Fish, Western Washington (GK, 5-7, Sr., Snohomish, WA – Monroe) and Leah Wymer, Seattle (F, 5-6, Sr., Bothell, WA). . Fish was credited with seven saves in recording her 22nd and 23rd career shutouts in 2-0 wins over Northwest and Sonoma State. Including Monday's 3-0 shutout of Cal State Stanislaus, Fish has stopped 14 shots this fall without allowing a goal and now has a school-record 24 career shutouts, one short of the GNAC record. . Wymer had four goals, including three in a 7-1 win over Cal State Stanislaus, to lead the Redhawks to two wins in three games. Wymer has 15 points this season (7 goals, 1 assist) and ranks seventh in GNAC history with 82 points (34 goals, 14 assists).

AROUND THE GNAC: Martinez' scoring heroics overshadowed a seven-point performance (2 goals, 3 assists) from Meredith Teague in Saturday's 7-1 win over Cal State Stanislaus. For the week, Teague had two goals and four assists. Shannon Oakes was also productive with two goals and three assists. . Ashley Porter and Kara Kuttler each had a goal and two assists in Seattle's three contests. Porter already has seven assists this season to extend her GNAC career record to 41. . Seven different players had either a goal or an assist in Western Washington's 2-0 wins over Northwest and Sonoma. Claire Morgan, Amanda Font, Bryn Gibson and Kasey Hostetler had the goals and Molly Shannon, Kelly Gagne and Rosie Zadra earned assists. . Kelsey Penn had four goals, including a hat-trick in Central Washington's 5-1 win at Chaminade, as the Wildcats finished off a four-game trip to Hawaii with a win, draw and loss. Kaycie Hutchins also contributed a goal and two assists. . Trisha Halvorson scored two goals, including the game-winner in Saint Martin's 2-1 win over Notre Dame de Namur as the Saints earned their first win in school history. Halvorson's game-winner came off a corner kick from Jessica Wilson. She was named the MVP in the Quiznos Soccer Classic at Arcata. Saint defender Julianna Sackeyfio was also named to the all-tournament team . Amanda Peters had 10 saves and didn't allow a goal in 167 ½ minutes as Northwest Nazarene earned shutout wins over Eastern Oregon (1-0) and Albertson (3-0).

ALL-TOURNAMENT: **Sonoma State (Aug. 23-25)** – Jasmine Wilson, SU; Madison Collins, SU; Ashley Porter, SU; Leah Wymer, SU; Kaitlyn Jackson,

SU; Kate Edstrom, SU. **Humboldt State (Aug. 30-Sept. 1)** – Trisha Halvorson, SMU (MVP); Julianna Sackeyfio, SMU.

Men's Soccer

	Conference						All					
	W	L	T	GF	GA	Pts	W	L	T	GF	GA	
MSU Billings	0	0	0	0	0	0	3	0	0	8	0	
Seattle Pacific	0	0	0	0	0	0	3	0	1	6	3	
Seattle	0	0	0	0	0	0	3	1	0	7	4	
Western Washington	0	0	0	0	0	0	2	2	0	8	6	
Saint Martin's	0	0	0	0	0	0	2	3	0	3	15	

LAST WEEK: Monday – Hawaii Hilo 1 at Saint Martin's 2. **Wednesday** – Seattle 2 at Cal State Stanislaus 1; Cascade 1 at Western Washington 2. **Thursday** – Humboldt State Classic (Humboldt State 7, Saint Martin's 0). **Saturday** – San Francisco State 0 at Seattle Pacific 1; Sonoma State 3 at Western Washington 1; Humboldt State Classic (Saint Martin's 1, Notre Dame de Namur 0); Great Falls 0 at MSU Billings 4. **Sunday** – Seattle 0 at Cal State Dominguez Hills 2.

THIS WEEK: Monday – Sonoma State 1 at Seattle Pacific 2 (ot); San Francisco State 2 at Western Washington 1. **Tuesday** – Seattle at Cal State L.A., 1 p.m.; Whitman at Saint Martin's, 2 p.m. **Friday** – Pacific at Western Washington, 5 p.m.; Seattle Pacific at Saint Martin's, 4 p.m. **Saturday** – Mary at MSU Billings, 1 p.m. **Sunday** – Notre Dame de Namur at Seattle, 2:30 p.m. **Monday (Sept. 10)** – Western Washington at MSU Billings, 2:30 p.m. **Tuesday (Sept. 11)** – Seattle Pacific at Cal State L.A., 7 p.m.; Notre Dame de Namur at Saint Martin's, 1:30 p.m.

POLLS: NSCAA National (Aug. 28) – 6. Seattle, 19. Seattle Pacific. **NSCAA Regional (Aug. 28)** – 1. Seattle, 3. Seattle Pacific. **NCAA Regional** – The first poll will be released later this fall.

GNAC PLAYER-OF-THE-WEEK: Jeff Hallenbeck, Seattle Pacific (M, 5-8, Sr., Redmond, WA – Inglemoor) and Daniel Palermo, Saint Martin's (D, 5-7, Jr., Seattle, WA – Mt. Rainier). .Hallenbeck forced three saves and also assisted on James Coggan's winning goal as the Falcons blanked San Francisco State 1-0 to stay unbeaten in three contests. Palermo was credited with an assist on the Saints' first goal in a 2-1 win over Hawaii Hilo and scored the lone goal in a 1-0 win over Notre Dame de Namur as SMU earned its first two wins in the program's history.

AROUND THE GNAC: Palermo and two other Saint players – midfielders Tucker Maxwell and Vlad Voin – were named to the all-tournament team at the Quiznos Soccer Classic at Arcata. Jacob Dupuis matched Palermo also getting a goal and an assist as Saint Martin's improved to 2-3, winning twice despite being outshot 46-30 in a trio of contests. .Montana State Billings' 3-0 start is the best in school history as is its four-game win streak, all shutouts, dating back to the final contest of last season. Goalkeeper Sander Tollefson was not called upon to make a save in Saturday's 4-0 shutout of Great Falls as he extended his school record scoreless streak to 392:29. He has seven saves in three shutouts this season. .Andrew Kreiter had a goal and an assist as Seattle University split two road matches in California. .Gibson Bardsley and Brendan Quilici each had a goal and an assist as Western Washington split two contests. .Bardsley added another assist in Monday's loss to San Francisco State and now has

been involved in six of the Vikings' eight goals this season, scoring four and assisting two.

ALL-TOURNAMENT: Sonoma State (Aug. 24-26) – Jason Cascio, SU (Offensive MVP); John Fishbaugher, SU; Andrew Kreiter, SU; Emerson DeOliveira, SU. **Humboldt State (Aug. 30-Sept. 1)** – Tucker Maxwell, SMU; Vlad Voin, SMU; Daniel Palermo, SPU.

Cross Country

UPCOMING: Friday – Northwest Invitational (SMU, CWU). **Saturday** – South Dakota Tech Invitational (MSUB); Emerald City at Lower Woodland Park (SPU, SU, WWU); NNU Invitational (NNU).

GNAC ATHLETES-OF-THE-WEEK: Men – Nik Karr, Western Oregon (Jr., Tigard, OR) led a 1-2 Western Oregon finish as the Wolves placed second in the WOU Summer's End Invite at Monmouth. Karr was clocked on the 8,000-meter layout in a time of 25:01, two seconds ahead of teammate Chris Reed. **Women** – Anna Coulter, Alaska Fairbanks (Jr., Traverse City, MI) and Elizabeth Chepkosgei, Alaska Anchorage (Jr., Kapsabet, Kenya). .Chepkosgei recorded her first career victory in the UAA Invitational in a time of 18:39, finishing 30 seconds ahead of the field. Coulter led her team to three wins in a pair of double duals, finishing second in Thursday's 6,000 meter run in a time of 24:49.4 and fourth Saturday on the 3,870 meter loop in a time of 14:36.1.

POLLS: USTFCCA National (Pre-Season): Men – 22. Western Washington; 25. Alaska Anchorage. **Women** – 5. Seattle Pacific. **West Regional (Pre-Season): Men** – 1. Chico State, 2. Western Washington, 3. Alaska Anchorage, 7. Western Oregon, 10. Seattle Pacific. **Women (Pre-Season)** – 1. Seattle Pacific, 5. Central Washington; 6. Alaska Anchorage, 7. Western Oregon.

UAF Three-Way (Aug. 30 at Fairbanks): Men – BYU-Hawaii 28, UAF 29; Hawaii Pacific 26, UAF 32. **Individuals (8,000)** – 1. Kenneth Harper, BYUH, 27:22.3; 6. Vahur Teppan, UAF, 28:30.2; 8. Ray Sabo, UAF, 28:34.0. **Women** – UAF 26, Hawaii Pacific 31; UAF 30, BYU-Hawaii inc. **Individuals (6,000)** – 1. Amanda Whitford, BYUH, 24:26.1; 2. Anna Coulter, UAF, 24:49.4; 7. Beth Zirbes, UAF, 25:42.9.

WOU Invitational (Aug. 31 at Monmouth): Men – Wartburg 42, Western Oregon 43, Linfield 57, Lewis & Clark 91, Pacific 137. **Individuals (8,000)** – 1. Nik Karr, WOU, 25:01; 2. Chris Reed, WOU, 25:03; 9. Justin Karr, WOU, 25:47. **Women** – Wartburg 34, Western Oregon 53, Lewis & Clark 62, Linfield 93. **Individuals (6,000)** – 1. Amanda Phillips, L&C, 18:44; 7. Shirlon Moncrief, WOU, 20:18; 9. Alea Rowley, WOU, 20:28.

UAF Three-Way (Sept. 1 at Fairbanks): Men – Hawaii Pacific 20, UAF 35; BYU-Hawaii 28, UAF 29. **Individuals (3,870)** – 1. Kenneth Harper, BYUH, 11:31.9; 5. Vahur Teppan, UAF, 11:51.4; 9. Zach McGill, UAF, 12:07.3. **Women** – UAF 24, Hawaii Pacific 35; BYU-Hawaii 24, UAF 31. **Individuals (3,870)** – 1. Amanda Whitfield, BYUH, 14:12.5; 4. Anna Coulter, UAF, 14:36.1; 5. Beth Zirbes, UAF, 14:38.3; 6. Nikkol Sipes, UAF, 14:41.1.

UAA Invitational (Sept. 1 at Anchorage): Men – Slippery Rock 18, UAA 41. **Individuals (8,000)** – 1. Jeff Weiss, Slippery Rock, 22:41; 3. David Kiplagat, UAA, 23:21; 7. Paul Rottich, UAA, 24:12; 8. Cornelious Sigei, UAA, 24:13. **Women** – Slippery Rock 23, UAA 36. **Individuals (6,000)** – 1. Elizabeth Chepkosgei, UAA, 18:39; 4. Ciri Vail, UAA, 19:51; 9. Kaley Strachan, UAA, 20:53.