

ADVISING WORKSHEET

MSUBILLINGS BACHELOR OF SCIENCE IN HEALTH AND HUMAN PERFORMANCE HUMAN PERFORMANCE OPTION General Bulletin 2017-2018

TRANSFER INSTITUTION(S)

Montana State University Billings Advising and Career Services Phone: 406-657-2240 Fax: 406-657-2302 advising@msubillings.edu

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Name	 	
Student ID#	 	

GENERAL EDUCATION REQUIREMENTS - SEE ATTACHED PAGE FOR SPECIFIC COURSES

General Education Category	Course #	Credits	Grade	Semester	Equivalent
Category I: Global Academic Skills (9 credits)					
A. Mathematics (3 credits)					
STAT 216 – Interdisciplinary Core Requirement					
B. English (3 credits)					
C. Communication & Information Literacy (3 credits)					
Category II: Natural Sciences (7 credits)					
2 lectures (6 credits) & 1 lab (1 credit) (1 life science & 1 physical science & 1 lab)					
BIOB 101/102 – Interdisciplinary Core Requirement					
CHMY 121/122 Interdisciplinary Core Requirement					
CITATI 121/122 Interassorption y Core Requirement					
Category III: Social Sciences and History (6 credits)					
A. Social Science (3 credits)					
PSYX 100 – Interdisciplinary Core Requirement					
B. History (3 credits)					
Category IV: Cultural Diversity (3 credits)					
Category V: Arts & Humanities (6 credits)					
A. Fine Arts (3 credits)					
B. Humanities (3 credits)					
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A minimum grade of "C-" required in all General Education courses.

Note: Certain degrees may require a minimum grade of "C" in General Education courses.

Reviewed:			

GENERAL EDUCATION REQUIREMENTS

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PHL 111 Philosophies of Life 3							
FIL 234 People and Politics 3							
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		Course	Credits	Grade	Semester	Equivalent
		A minimum grade of C- or better is req	uired in all m	ajor cours	sework	
Human I	Performai	nce Major Core				
ECP	120	Emergency Medical Responder	3			
KIN	105	Foundations of Exercise Science	3			
KIN	106	Foundations of Exercise Science Lab	1			
KIN	320	Exercise Physiology	3			
KIN	321	Exercise Physiology Lab	1			
KIN	322	Kinesiology	3			
KIN	323	Anatomical Kinesiology Lab	1			
KIN	325	Biomechanics	3			
KIN	328	Kinesiology and Biomechanics Lab	1			
KIN	330	Motor Learning and Control	3			
KIN	331	Motor Learning and Control Lab	1			
KIN	364	Research Methods in Health and Human Performance	3			
KIN	415	Advanced Exercise Testing and Prescription	3			
KIN	462	Evidence Based Assessment and Treatment	3			
^NUTR	411	Nutrition for Sports and Exercise	3			
ACT	498	Internship	3			
ACT	499	Senior Thesis	3			

[^]Prerequisite of NUTR 221.

Interdisciplinary Core

*BIOB	101	Discover Biology	3		
*BIOB	102	Discover Biology Lab	1		
BIOH	301	Human Physiology and Anatomy I	3		
BIOH	302	Human Physiology and Anatomy I Lab	1		
BIOH	311	Human Physiology and Anatomy II	3		
BIOH	312	Human Physiology and Anatomy II Lab	1		
^*CHMY	121	Introduction to General Chemistry	3		
^*CHMY	122	Introduction to General Chemistry Lab	1		
*PSYX	100	Intro to Psychology	3		
*STAT	216	Introduction to Statistics	4		

[^] Students who intend to pursue a Physical Therapy program should take CHMY 141 College Chemistry I and CHMY 142 College Chemistry I Lab as a substitution for CHMY 121 and 122 in the Interdisciplinary Core. If CHMY 121/122 are already completed, students may take CHMY 141/142 as a Related Elective.

Related Electives

Select 25 credits in consultation with an advisor. The following list is illustrative and not limiting. Students may structure electives to earn a minor.

AHAT	210	Prevention and Care of Athletic Injuries	3		
AHMS	144	Medical Terminology	3		
*CHMY	141/142	College Chemistry I w/ Lab	4		
СНТН	435	Human Response to Stress	3		
НТН	411	Alcohol, Tobacco and Other Drug Prevention	3		
HTH	435	Health and Wellness Across the Lifespan	3		
NUTR	221	Basic Human Nutrition	3		
*PHSX	205/206	College Physics I w/ Lab	4		
PHSX	207/208	College Physics II w/ Lab	4		
PSYX	222	Psychological Statistics	3	•	

PSYX	223/224	Research Design and Analysis I w/ Lab	4		
PSYX	320/321	Research Methods III w/ Lab	4		
PSYX	350/351	Physiological Psychology w/ Lab	4		
PSYX	360	Social Psychology	3		
PSYC	520	Human Neuropsychology	3		

^{*}May satisfy General Education requirements.

Electives

BACHELOR OF SCIENCE IN HEALTH AND HUMAN PERFORMANCE - HUMAN PERFORMANCE OPTION

Categories	Credits	Earned	Remaining
General Education Requirements	31		
Human Performance Major Core	41		
Interdisciplinary Core	9-23		
Related Electives	25		
Electives	V		
Total	120		

A grade of C- or higher is mandatory in all health and human performance courses satisfying the major requirements. *Certain Courses in this program have prerequisites; students should check the course descriptions for required prerequisites.*

It is the student's responsibility to know and meet the requirements for graduation. A minimum of 36 credits must be upper division classes (300 and above).

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Enrollment in several major courses is dependent upon Admission to the Human Performance program and admission to the program is separate from enrollment at the University. Students are encouraged to explore their interest and skill in lower division courses but must realize that admission to the program, which allows access to several majors courses, is selective. The application process is outlined below and applications are available at www.msubillings.edu/hhp.

- 1. All applicants must complete a minimum of 23 credits from the General Education requirements, including specific courses, at Montana State University Billings, or at another regionally accredited institution of higher education, earning a minimum grade point average of 3.0. Courses taken on a pass/no pass or credit/noncredit basis will not be used to calculate the GPA requirement. Students should consult with their academic advisor.
- 2. Each applicant also must complete 18 credits from the approved list of prerequisite courses with a GPA of at least 3.0 (see application for list of courses).
- 3. Each applicant must receive a letter advocating for his/her admission to the program from (a) a member of the Health and Human Performance Department and (b) a faculty member in the Biological and Physical Sciences Department.
- 4. Each applicant must submit a letter of application in which he/she provides a statement as to how the program serves his/her personal goals and how he/she intends to contribute to the program. The applicant's faculty advisor must approve this letter.
- 5. Each application must be approved by the Chairperson of the Department.
- 6. Applications for admission to the Human Performance Option can be obtained online at www.msubillings.edu/hhp or from the Department of Health and Human Performance Office in the Physical Education Building, Room 120. The application should be submitted to the faculty advisor for review and approval, signed by the advisor and the Department Chairperson. A current **working copy** of the transcript will be attached to the application form in addition to the materials mentioned above.
- 7. Since admission to the Human Performance Option is selective, applications are to be submitted as soon as the student meets the requirements. Applications are handled on a rolling admissions basis. Students will be notified of the status of their application within 15 working days of submitting the complete application. Enrollment in some majors courses is limited to students admitted to the program.

If application to the Human Performance Option is initially unsuccessful, the student should meet with his/her advisor to address any shortcomings and applicants have the right to appeal the decision to the Human Performance Committee of the Department. The Department Chairperson serves as chair of the appeals committee.

No student will be allowed to register for upper division courses in Health and Human Performance without formal admission to the Human Performance Option.

It is the student's responsibility to know and meet the requirements for graduation.