



## ADVISING WORKSHEET

BACHELOR OF SCIENCE DEGREE MAJOR IN HEALTH AND HUMAN PERFORMANCE  
TEACHING LICENSURE OPTION (HEALTH AND PHYSICAL EDUCATION K-12)  
General Bulletin 2013-2015

TRANSFER INSTITUTION(S):  
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\_\_\_\_\_  
\_\_\_\_\_

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Name \_\_\_\_\_

Student ID # \_\_\_\_\_

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**GENERAL EDUCATION REQUIREMENTS – SEE ATTACHED PAGE FOR SPECIFIC COURSES**

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General Education Category	Course #	Credits	Grade	Semester	Equivalent
<b>Category I: Global Academic Skills</b> (9 credits) A. Mathematics (3 credits) B. English (3 credits) C. Communication & Information Literacy (3 credits)	#				
	#	WRIT 101			
	#	COMX 111 or 115			
<b>Category II: Natural Sciences</b> (7 credits) 2 lectures (6 credits) & 1 lab (1 credit) (1 life science & 1 physical science & 1 lab)	#				
<b>Category III: Social Sciences and History</b> (6 credits) A. Social Science (3 credits) B. History (3 credits)		EDU 105			
	#	HSTA 101 or 102			
<b>Category IV: Cultural Diversity</b> (3 credits)	#	NASX 105 or 205			
<b>Category V: Arts &amp; Humanities</b> (6 credits) A. Fine Arts (3 credits) B. Humanities (3 credits)					

A minimum grade of "C" required in all General Education courses.  
# = Required for Admission to the Teacher Education Program

Reviewed:

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\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## GENERAL EDUCATION REQUIREMENTS

### CATEGORY I: GLOBAL ACADEMIC SKILLS 9 credits

*Students are required to take one course from each subcategory*

#### Subcategory A - Mathematics 3 credits

M	105	Contemporary Mathematics	3
M	114	Extended Technical Mathematics	3
M	121	College Algebra	3
M	122	College Trigonometry	3
M	131	Mathematics for Elementary Teachers II	3
M	143	Finite Mathematics	4
M	171	Calculus I	4
STAT	141	Introduction to Statistical Concepts	3
STAT	216	Introduction to Statistics	4

#### Subcategory B - English 3 credits

WRIT	101	College Writing I	3
WRIT	121	Introduction to Technical Writing	3
WRIT	122	Introduction to Business Writing	3
WRIT	201	College Writing II	3
WRIT	220	Business & Professional Writing	3
WRIT	221	Intermediate Technical Writing	3

#### Subcategory C- Communication & Information Literacy 3 credits

**COMX 111** *Introduction to Public Speaking* 3

**OR**

**COMX 115** *Introduction to Interpersonal Communication* 3

### CATEGORY II: NATURAL SCIENCES 6 cr. lecture & 1 cr. lab

*Students are required to take one course from each subcategory and at least one corresponding lab or SCIN 101, 102, 103 & 104*

#### Subcategory A – Life Sciences 3-4 credits

BIOB	101	Discover Biology	3
BIOB	102	Discover Biology Lab	1
BIOB	160	Principles of Living Systems	3
BIOB	161	Principles of Living Systems Lab	1

#### Subcategory B – Physical Sciences 3-4 credits

ASTR	110	Introduction to Astronomy	3
ASTR	111	Introduction to Astronomy Lab	1
CHMY	121	Introduction to General Chemistry	3
CHMY	122	Introduction to General Chemistry Lab	1
CHMY	141	College Chemistry I	3
CHMY	142	College Chemistry Laboratory I	1
GEO	101	Introduction to Physical Geology	3
GEO	102	Introduction to Physical Geology Laboratory	1
GPHY	111	Introduction to Physical Geography	3
GPHY	112	Introduction to Physical Geography Lab	1
PHSX	103	Our Physical World	3
PHSX	104	Our Physical World Lab	1
PHSX	205	College Physics I	3
PHSX	206	College Physics I Lab	1
PHSX	105	Fundamentals of Phys Sci	3
PHSX	106	Fundamentals of Phys Sci Lab	1

#### Subcategories A and B – Integrated Sciences 7 credits

SCIN 101, 102, 103 & 104 Integrated Sciences 3, ½, 3, ½

### CATEGORY III: SOCIAL SCIENCES AND HISTORY 6 credits

*Students are required to take one course from each subcategory*

#### Subcategory A – Social Sciences 3 credits

ANTY	217	Physical Anthropology & Archeology	3
BGEN	105	Introduction to Business	3
COMX	106	Communicating in a Dynamic Workplace	3
ECNS	201	Principles of	
Microeconomics	3ECNS		202
Principles of Macroeconomics			3
<b>EDU 105</b>		<b>Education and Democracy</b>	<b>3</b>
GPHY	141	Geography of World Regions	3
HTH	110	Personal Health and Wellness	3
PSCI	210	Introduction to American Government	3
PSCI	220	Introduction to Comparative Government	3
PSYX	100	Introduction to Psychology	3
PSYX	231	Human Relations	3
SOCI	101	Introduction to Sociology	3
SOCI	201	Social Problems	3

#### Subcategory B - History 3 credits

**HSTA 101** *American History I* 3

**OR**

**HSTA 102** *American History II* 3

### CATEGORY IV: CULTURAL DIVERSITY 3 credits

**NASX 105** *Introduction to Native American Studies* 3

**OR**

**NASX 205** *Native Americans in Contemporary Society* 3

### CATEGORY V: ARTS & HUMANITIES 6 credits

*Students are required to take one course from each subcategory*

#### Subcategory A – Fine Arts 3 credits

ARTZ	101	Art Fundamentals	3
ARTZ	105	Visual Language-Drawing	3
ARTZ	131	Ceramics for Non-majors	3
CRWR	240	Intro Creative Writing Workshop	3
FILM	160	Introduction to World Cinema	3
LIT	270	Film & Literature	3
MART	260	Computer Presentation and Animation	3
MUSI	101	Enjoyment of Music	3
MUSI	114	Band: MSUB Symphonic	1
MUSI	131	Jazz Ensemble I: MSUB	1
MUSI	147	Choral Ensemble: University Chorus	1
THTR	101	Introduction to Theatre	3
THTR	120	Introduction to Acting I	3

#### Subcategory B - Humanities 3 credits

ARTH	150	Introduction to Art History	3
HONR	111	Perspectives and Understanding	3
LIT	110	Introduction to Literature	3
LIT	240	The Bible as Literature	3
PHL	110	Introduction to Ethics	3
PHL	111	Philosophies of Life	3

Course		Credits	Grade	Semester	Equivalent
<i>A minimum grade of C or better is required in all major coursework</i>					
<b>Professional Education Core</b>					
*#EDU	105	Education and Democracy	(3)		
^#EDU	220/ 220L	Human Growth and Development/ Lab (45 hour practicum required)	3		
#EDU	221	Educational Psychology and Measurement	3		
^#EDSP	204	Introduction to Teaching Exceptional Learners (15 hour practicum required)	3		
HTH	412	Alcohol, Tobacco and Other Drug Awareness (ATOD)	1		
EDU	333	Reading and Writing Across the Curriculum	3		
EDU	380	Introduction to Curriculum Planning/Practice	2		
EDU	354	Secondary Junior Field	2		
HEE	308	Methods of Physical Education K-12	3		
EDU	406	Philosophical, Legal & Ethical Issues in Education	3		
EDU	495A	Student Teaching: K-12	9		
OR EDU	495C	Student Teaching: 5-12			

**#Required for Admission to the Teacher Education Program**

**\*May satisfy Academic Foundations/General Education requirements.**

**Required Courses**

ECP	100	First Aid and CPR	2		
KIN	105	Foundations of Exercise Science	3		
KIN	106	Foundations of Exercise Science lab	1		
KIN	205	Foundations in HHP	3		
HEE	303	Methods of Lifetime Fitness Activities	3		
HEE	305	Methods of Teaching Movement Exploration	3		
HEE	306	Methods of Conditioning Activities	3		
HEE	310	Methods of Adapted Health Enhancement	2		
HEE	340	Methods of Health Education	3		
HTH	201	Health Issues of Educators	3		
HTH	411	Alcohol, Tobacco and Other Drug Prevention	3		
HTH	435	Health and Wellness across the Lifespan	3		
KIN	320	Exercise Physiology	3		
KIN	321	Exercise Physiology lab	1		
KIN	327	Kinesiology and Biomechanics	3		
KIN	328	Kinesiology and Biomechanics lab	1		
KIN	330	Motor Learning and Control	3		
KIN	331	Motor Learning and Control lab	1		
NUTR	221	Basic Human Nutrition	3		
REC	310	Adventure Leadership	3		

**Restricted Electives**

Select two course from the following:

CHTH	262	Community Health	3			
CHTH	435	Human Response to Stress	3			
*HTH	270	Global Health Issues	3			
HHP	364	Research Methods in Health and Human Performance	3			
HTH	391	Special Topics	3			
HTH	425	Health and Sexuality	3			
KIN	415	Advanced Exercise Testing and Prescription	3			

Select one course from the following:

REC	200	Foundations of Outdoor Adventure Leadership	2			
REC	280	Challenge Course Fundamentals	3			
REC	381	Leadership and Group Dynamics	2			

Select one course from the following:

ACT	170	Beginning Swimming	1			
ACT	270	Intermediate Swimming	1			

**Electives**


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**BACHELOR OF SCIENCE IN HEALTH AND HUMAN PERFORMANCE – TEACHER LICENSURE OPTION – HEALTH AND PHYSICAL EDUCATION (K-12)**

Categories	Credits	Earned	Remaining
General Ed.	31	_____	_____
Professional Education Core	**34	_____	_____
HPE Major	50	_____	_____
Restricted Electives	9	_____	_____
Total	124	_____	_____

**\*\*Three (3) credits also satisfy General Education requirements and are not included in the total credits for the Professional Education Core.**

**It is the student’s responsibility to know and meet the requirements for graduation. A minimum of 36 credits must be upper division classes (300 and above).**

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**NOTES:**

^ Course requires a completed Federal Criminal Background Check in order to complete the required practicum hours within the class. Packets may be picked up at either the Advising Center in McMullen Hall or in the College of Education, or can be printed off the website at <http://www.msbillings.edu/coe/etp/FieldExper/FingerprintInfo.htm>. The background check is only valid for 24 months.