ADVISING WORKSHEET

BACHELOR OF SCIENCE IN HEALTH AND HUMAN PERFORMANCE/
MASTER OF SCIENCE IN ATHLETIC TRAINING 3+2 OPTION
General Bulletin 2020-2021

TRANSFER INSTITUTION(S):
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_____

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Name _____

Student ID # _____

GENERAL EDUCATION REQUIREMENTS – SEE ATTACHED PAGE FOR SPECIFIC COURSES

General Education Category	Course #	Credits	Grade	Semester	Equivalent
Category I: Global Academic Skills (9 credits) A. Mathematics (3 credits) *STAT 216 – Major Requirement*					
B. English (3 credits)					
C. Communication & Information Literacy (3 credits)					
Category II: Natural Sciences (7 credits) 2 lectures (6 credits) & 1 lab (1 credit) (1 life science & 1 physical science & 1 lab)					
BIOB 101/102 – Major Requirement					
CHMY 121/122 Major Requirement					
Category III: Social Sciences and History (6 credits) A. Social Science (3 credits) *PSYX 100 – Major Requirement*					
B. History (3 credits)					
Category IV: Cultural Diversity (3 credits)					
Category V: Arts & Humanities (6 credits) A. Fine Arts (3 credits)					
B. Humanities (3 credits)					

A minimum grade of "C-" required in all General Education courses.
Note: Certain degrees may require a minimum grade of "C" in General Education courses.

Reviewed:

_____
_____
_____
_____

GENERAL EDUCATION REQUIREMENTS

CATEGORY I: GLOBAL ACADEMIC SKILLS — 9 credits

Students are required to take one course from each subcategory

Subcategory A - Mathematics			**3 credits**
M	105	Contemporary Mathematics	3
M	114	Extended Technical Mathematics	3
M	121	College Algebra	3
M	122	College Trigonometry	3
M	130	Mathematics for Elementary Teachers I	3
M	140	College Math for Healthcare	3
M	143	Finite Mathematics	4
M	161	Survey of Calculus	3
M	171	Calculus I	4
STAT	141	Introduction to Statistical Concepts	3
STAT	216	Introduction to Statistics	4

Subcategory B - English			**3 credits**
WRIT	101	College Writing I	3
WRIT	121	Introduction to Technical Writing	3
WRIT	122	Introduction to Business Writing	3
WRIT	201	College Writing II	3
WRIT	220	Business & Professional Writing	3
WRIT	221	Intermediate Technical Writing	3

Subcategory C- Communication & Information Literacy			**3 credits**
BMIS	150	Cyber Security and Electronic Communication	3
COMX	111	Introduction to Public Speaking	3
COMX	115	Introduction to Interpersonal Communication	3
LSCI	125	Research in the Information Age	3

CATEGORY II: NATURAL SCIENCES — 6 cr. lecture & 1 cr. lab

Students are required to take one course from each subcategory and at least one corresponding lab or Integrated Sciences

Subcategory A – Life Sciences			**3-4 credits**
BIOB	101	Discover Biology	3
BIOB	102	Discover Biology Lab	1
BIOB	121	Fundamentals of Biology for Allied Health	3
BIOB	122	Fund of Biology: Evolution, Ecology, and Biodiversity	3
BIOB	123	Fund of Biology: The Nature of Nutrition	3
BIOB	160	Principles of Living Systems	3
BIOB	161	Principles of Living Systems Lab	1

Subcategory B – Physical Sciences			**3-4 credits**
ASTR	110	Introduction to Astronomy	3
ASTR	111	Introduction to Astronomy Lab	1
CHMY	121	Introduction to General Chemistry	3
CHMY	122	Introduction to General Chemistry Lab	1
CHMY	141	College Chemistry I	3
CHMY	142	College Chemistry Laboratory I	1
GEO	101	Introduction to Physical Geology	3
GEO	102	Introduction to Physical Geology Laboratory	1
GPHY	262	Spatial Sciences Technology & Applications	3
GPHY	263	Spatial Sciences & Technology Lab	1
PHSX	103	Our Physical World	3
PHSX	104	Our Physical World Lab	1
PHSX	205	College Physics I	3
PHSX	206	College Physics I Lab	1

Integrated Sciences

SCIN	101, 102, 103, 104	Integrated Sciences	3, 1, 3, 1

CATEGORY III: SOCIAL SCIENCES AND HISTORY — 6 CREDITS

Students are required to take one course from each subcategory

Subcategory A – Social Sciences			**3 credits**
ANTY	217	Physical Anthropology & Archeology	3
BGEN	105	Introduction to Business	3
COMX	106	Communicating in a Dynamic Workplace	3
ECNS	201	Principles of Microeconomics	3
ECNS	202	Principles of Macroeconomics	3
EDU	105	Education and Democracy	3
HTH	110	Personal Health and Wellness	3
PSCI	210	Introduction to American Government	3
PSCI	220	Introduction to Comparative Government	3
PSYX	100	Introduction to Psychology	3
SOCI	101	Introduction to Sociology	3
SOCI	201	Social Problems	3

Subcategory B - History			**3 credits**
HSTA	101	American History I	3
HSTA	102	American History II	3
HSTR	101	Western Civilization I	3
HSTR	102	Western Civilization II	3
HSTR	103	Honors Western Civilization I	3
HSTR	104	Honors Western Civilization II	3
PSCI	230	Introduction to International Relations	3

CATEGORY IV: CULTURAL DIVERSITY — *3 credits*

ANTY	220	Culture and Society	3
ARTH	160	Global Visual Culture	3
COMX	212	Intro to Intercultural Communication	3
GPHY	121	Human Geography	3
HTH	270	Global Health Issues	3
LIT	230	World Literature Survey	3
MUSI	207	World Music	3
NASX	105	Introduction to Native American Studies	3
NASX	205	Native Americans in Contemporary Society	3
PHL	271	Indian Philosophies and Religions	3
PHL	272	Chinese Philosophies and Religions	3
REHA	201	Introduction to Diversity in Counseling	3
RLST	170	The Religious Quest	3
SPNS	150	The Hispanic Tradition	3
WGSS	274	Women, Culture, and society	3

CATEGORY V: ARTS & HUMANITIES — 6 credits

Students are required to take one course from each subcategory

Subcategory A – Fine Arts			**3 credits**
ARTZ	101	Art Fundamentals	3
ARTZ	105	Visual Language-Drawing	3
ARTZ	106	Visual Language-2-D Foundations	3
ARTZ	108	Visual Language-3-D Foundations	3
ARTZ	131	Ceramics for Non-majors	3
CRWR	240	Intro Creative Writing Workshop	3
FILM	160	Introduction to World Cinema	3
LIT	270	Film & Literature	3
MART	260	Computer Presentation and Animation	3
MUSI	101	Enjoyment of Music	3
MUSI	114	Band: MSUB Symphonic	1
MUSI	131	Jazz Ensemble I: MSUB	1
MUSI	147	Choral Ensemble: University Chorus	1
PHOT	154	Exploring Digital Photography	3
THTR	101	Introduction to Theatre	3
THTR	120	Introduction to Acting I	3

Subcategory B - Humanities			**3 credits**
ARTH	150	Introduction to Art History	3
HONR	111	Perspectives and Understanding	3
LIT	110	Introduction to Literature	3
LIT	213	Montana Literature	3
PHL	110	Introduction to Ethics	3
PHL	111	Philosophies of Life	3
PHL	254	People and Politics	3

		Course	Credits	Grade	Semester	Equivalent
		A minimum grade of C- or better is required in all major coursework				
Health and Human Performance Requirements						
*BIOB	101	Discover Biology	3			
*BIOB	102	Discover Biology Lab	1			
*CHMY	121	Introduction to General Chemistry	3			
*CHMY	122	Introduction to General Chemistry Lab	1			
*PSYX	100	Intro to Psychology	3			
*STAT	216	Introduction to Statistics	4			
ECP	120	Emergency Medical Responder	3			
KIN	105	Foundations of Exercise Science	3			
KIN	106	Foundations of Exercise Science Lab	1			
AHMS	144	Medical Terminology	3			
WRIT	201	College Writing II	3			
AHAT	210	Prevention and Care of Athletic Injuries	3			
NUTR	221	Basic Human Nutrition	3			
BIOH	301	Human Physiology and Anatomy I	3			
BIOH	302	Human Physiology and Anatomy I Lab	1			
BIOH	311	Human Physiology and Anatomy II	3			
BIOH	312	Human Physiology and Anatomy II Lab	1			
CHTH	317	Health Behavior Theories	3			
KIN	320	Exercise Physiology	3			
KIN	321	Exercise Physiology Lab	1			
KIN	322	Kinesiology	3			
KIN	323	Anatomical Kinesiology Lab	1			
KIN	325	Biomechanics	3			
KIN	328	Kinesiology and Biomechanics Lab	1			
KIN	330	Motor Learning and Control	3			
KIN	331	Motor Learning and Control Lab	1			
KIN	364	Research Methods in Health and Human Performance	3			
HTH	411	Alcohol, Tobacco and Other Drug Prevention	3			
KIN	415	Advanced Exercise Testing and Prescription	3			
HTH	435	Health and Wellness Across the Lifespan	3			
KIN	462	Evidence Based Assessment and Treatment	3			
PHSX	103	Our Physical World	3			
ACT	498	Internship	3			
One ACT or REC elective selected in consultation with advisor (suggested ACT 110, ACT 150, ACT 155, ACT 294, REC 155, or REC 285):						
			2			

*May satisfy General Education requirements.

Athletic Training Requirements

ATEP	534	Athletic Training Techniques I	3			
ATEP	535	Athletic Training Techniques II	3			
ATEP	540	Practicum in Athletic Training I	1			
ATEP	541	Practicum in Athletic Training II	1			
ATEP	542	Lower Extremity Assessment	3			
ATEP	544	Upper Extremity Assessment	3			
ATEP	546	General Medical Assessment	3			
ATEP	550	Practicum in Athletic Training III	1			
ATEP	551	Practicum in Athletic Training IV	1			
ATEP	559	Clinical Education I	2			
ATEP	559	Clinical Education II	2			
ATEP	566	Therapeutic Modalities	3			
ATEP	572	Therapeutic Exercise	3			
ATEP	574	Manual Therapy Techniques	3			
ATEP	577	Clinical Education III	2			
ATEP	578	Organization and Administration in Athletic Training	3			
ATEP	582	Clinical Education IV	2			
HADM	607	Health Information and Information Systems	3			
HHP	502	Research in Exercise and Sport Science	3			
NUTR	411	Nutrition for Sports and Exercise	3			
Elective selected in consultation with advisor:						
			3			
HHP or HHP	598 599	Research Project Thesis	3 6			

BACHELOR OF SCIENCE IN HEALTH AND HUMAN PERFORMANCE/
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Categories	**Credits**	**Earned**	**Remaining**
General Education Requirements	31	_____	_____
HHP Requirements	85	_____	_____
Athletic Training Requirements	49-52	_____	_____
Total	*165-168	_____	_____

*Some courses may be used to satisfy both General Education and major requirements, resulting in fewer overall credits.

A grade of C- or higher is mandatory in all health and human performance courses satisfying the major requirements.
Certain Courses in this program have prerequisites; students should check the course descriptions for required prerequisites.

It is the student's responsibility to know and meet the requirements for graduation.
A minimum of 36 credits must be upper division classes (300 and above).

Notes: