



ADVISING WORKSHEET
MINOR IN HEALTH EDUCATION
GENERAL BULLETIN 2015-2017

TRANSFER INSTITUTION(S):

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Name _____

Student ID # _____

Course	Credits	Grade	Semester	Equivalent
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REQUIRED COURSES

HTH 101	Opportunities in the Health Professions	3		
OR				
*HTH 110	Personal Health and Wellness			
CHTH 317	Health Behavior Theories	3		
HEE 340	Methods of Health Education	3		
HTH 391	Special Topics	3		

Choose 4 courses from those listed below:

CHTH 410	High Level Wellness through Decision Making	3		
CHTH 435	Human Response to Stress	3		
HTH 411	Alcohol, Tobacco and Other Drug Prevention	3		
HTH 425	Health and Sexuality	3		
HTH 435	Health and Wellness Across the Lifespan	3		
KIN 320	Exercise Physiology	3		
KIN 415	Advanced Exercise Testing and Prescription	3		
NUTR 411	Nutrition for Sports and Exercise	3		

Total credits required for minor

24

***May satisfy General Education requirements.**

Certain courses in this program have prerequisites; students should check the course descriptions in the General Bulletin for required prerequisites.